

WEEK ONE OF LENT

From Dust to
Dependence

www.welcomesoul.com.au





Lent begins with honesty.

*We are not self-
sustaining.*

We are not in control.

(Read that again)





*In the wilderness, Jesus
faced hunger and
weakness —
and trusted the Father.*

(Read Matthew 4:1-11)





*Dependence is not failure
or weakness.*

*It is the birth place of
intimacy.*





*This week, notice where you
feel your need.*

*Instead of fixing it turn to
God in prayer.*

“God, I depend on You.”

*(Repeat it as many times
as you need to)*





*The journey starts with dust
and moves to
dependence.*

FROM DUST TO TRUST.





Lord,

*Help me to notice when I
am trusting in myself rather
than turning to you. Grow in
me this week a greater
trust in who you are.*

Amen





**It's amazing what
God can do with
dust.**