

GOLDEN TIGER KARATE

Class Schedule

Schedule Effective January 1, 2022 - Schedule is subject to change.

| Group | Monday (A) | Tuesday (A) | Thursday (B) | Friday (B) | Saturday (A,B) |
|-------------------------------|---------------|--------------|--------------|--------------|----------------|
| Karate Kids (Homeschool) | 10:15-11:15AM | | | | |
| Karate Kids (Homeschool) | 11:30-12:30AM | | | | |
| White & Yellow Belts (HS) | 12:45-1:45 PM | | | | |
| Yel., Org, Hi Org. Belts (HS) | 2:00-3:00 PM | | | | |
| Hi Orange & above Belts (HS) | 3:15-4:15 PM | | | | |
| Tiger Tots | | | | | 10:00-10:30AM |
| Tiger Cubs | 4:30-5:00 PM | | 4:30-5:00 PM | 4:30-5:00 PM | 10:45-11:15AM |
| Karate Kids | 5:15-5:45 PM | 4:30-5:00 PM | 5:15-5:45 PM | | 11:30-12:00PM |
| White Belts | 6:00-6:45 PM | | 6:00-6:45 PM | 5:15-6:00 PM | 12:15-1:00 PM |
| Yel. and Org. Belts | 7:00-7:45 PM | 5:15-6:00 PM | 7:00-7:45 PM | | 12:15-1:00 PM |
| High Org., All Green, Purple | | 6:15-7:00 PM | | 6:15-7:00 PM | 1:15-2:00 PM |
| Purple, Brown and Black | | 7:15-8:00 PM | | 7:15-8:00 PM | 1:15-2:00 PM |
| Adult only karate classes | 8:00-8:45 PM | | 8:00-8:45 PM | | |
| Black Belt Club | | | | | 2:15-3:00 PM |

SATURDAY classes may be closed occasionally for special events. Watch for notices.

Tiger Tots = 2 and 3 year old "Parent and I" class (attend one class / week).

Tiger Cubs = 3 through 5 years old (attend one class / week).

Karate Kids = 5 through 8 years old (attend one class / week)

White Belts = Students with White belt rank (attend two classes/ week).

Beginners = Students with Yellow, Orange and High Orange belts.

Intermediates = Students with Green, High Green, Purple and High Purple belts.

Advanced = Students with Brown, High Brown, and Black belts.

Therapeutic Martial Arts (TMA) = Students with special needs.

Adult only karate classes = Martial Arts instruction for adults.

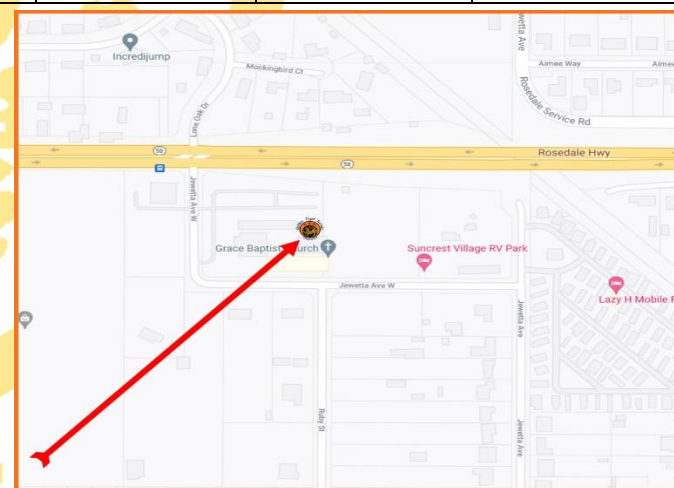
Black Belt Club = Classes available to Black Belt Club members.

NOTE: (A) - Kata Day, (B) – Kumite Day

Scan for Website



golden-tiger-karate.com



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