



WOMEN'S

\$39.99

Includes free pepper spray

SELF DEFENSE SEMINAR

June 4, 2022 @ 3PM (filled)

June 4, 2022 @ 4PM

GOLDEN TIGER KARATE

2550 Jewetta Avenue, Bakersfield, California 93312

THE SEMINAR WILL CONSIST OF THE FOLLOWING:

- Self defense & striking techniques
- Active shooter defense
- How to escape an attacker
- Learn proper pepper spray defense
- Learn Kubotan keychain defense
- Flashlight defense
- Duct tape escape
- Cat calls & street harassment

*We are now located
Inside
Grace Baptist Church
Corner Jewetta/Rosedale Hwy.*

Open to women/girls 12 years and older.

Girls under 18 **MUST** be accompanied by an adult.

Pepper spray will be given to adults **ONLY** .

See sample video



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CALL TODAY TO RESERVE YOUR SPOT

661-345-4371