



WOMEN'S SELF DEFENSE SEMINAR

\$34.99

Includes free pepper spray

February 8, 2020 @ 1:15PM

GOLDEN TIGER KARATE

**9501 Flushing Quail Rd. Suites 11 & 12
Bakersfield, CA 93312**

THE SEMINAR WILL CONSIST OF THE FOLLOWING:

- Self-defense & striking techniques
- Active shooter defense
- How to escape an attacker
- Learn proper pepper spray defense
- Learn Kubotan keychain defense
- Flashlight defense
- Duct tape escape
- Cat calls & street harassment

*Due to added material
Now full 60 minutes
No price increase*

Open to women/girls 12 years and older.

Girls under 18 MUST be accompanied by an adult.

Pepper spray will be given to adults ONLY.

See sample video



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