



# REDEEMER CHRISTIAN ACADEMY

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## RCA Athletic Liability Waiver Policy

### 1. Acknowledgment of Risk

Participation in physical activity and sports programs involves inherent risks, including, but not limited to, physical injuries (such as sprains, fractures, and concussions), heat-related illnesses, emotional stress, and, in rare cases, serious disability or death. These injuries may result from the student's own actions or inactions, the actions or inactions of others, or the condition of the premises, equipment, or facilities.

### 2. Voluntary Participation

Participation in RCA athletic activities is strictly voluntary. Students are expected to be physically fit and free of any known medical conditions that would prevent safe participation. If a student has a health condition that may impact their ability to participate safely in sports or physical education, parents/guardians must notify RCA in writing and may be required to provide medical clearance from a licensed physician.

### 3. Medical Authorization

In the event of a medical emergency, RCA staff will act in accordance with the *'RCA Medical Emergencies and Health Care Policy.'* This may include administering first aid and/or seeking appropriate medical treatment for the student. All costs associated with such treatment will be the responsibility of the student's parents or legal guardians.

### 4. Release and Waiver

Parents/guardians understand and accept that participation in athletic activities at RCA may involve risk. In choosing to allow their child to participate, they agree to release and hold harmless RCA, its staff, board members, coaches, volunteers, and agents from any and all claims or liability for injuries, damages, or losses that may occur during school athletic activities, both on and off campus, including travel to and from events.

## **5. Insurance**

RCA does not provide personal injury or accident insurance for students. It is the responsibility of parents/guardians to ensure their child has adequate health and accident insurance coverage while participating in RCA sports or physical activities.

## **6. Code of Conduct**

All students participating in athletic activities are expected to adhere to RCA's behavioral expectations, including school rules, safety protocols, and codes of sportsmanship and conduct.

Failure to follow these expectations may result in disciplinary action, including suspension or removal from athletic participation.

