



PHARM-ASSISTANT

HELPING YOU TO HELP YOURSELF

Therapeutic framework: Example structure

HELPING YOU PRESCRIBE SAFELY

Presented by

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THE PHARM-ASSISTANT

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WELCOME MESSAGE

What is the Pharm-Assistant Platform

The Pharm-Assistant Platform has been set up to help health professionals widen their scopes of practice, and develop confidence, comfort, and competence in their roles. Over the last 3 years I have helped many pharmacists achieve new goals and succeed in more challenging roles withing the profession. For more information please visit my website at www.pharm-assistant.co.uk.

Message from The Pharm-Assistant

"...I would like to welcome you to the Pharm-Assistant platform and to this simple developmental aid designed to help those wanting to widen their scope of clinical practice.. This guide will give you a framework for continual development, so that you can care for your patients with competence, confidence and comfort..."

Dipal Patel

The Pharm-Assistant

P.S. if you like this guide and want more aid developing in your career. sign up to my website on:

<https://pharm-assistant.co.uk/m/login?r=%2Ffree-resources>

For more free development aid



DISCLAIMER

TO THE READER

This guide is written from a clinical perspective to help health professionals maintain adequate governance within their role while also aiding them in identifying new developmental areas of study.

This guide does not seek to circumvent the Guidelines and clinical training already given to Pharmacists by the NHS in any way. and where this guide differs from the information given to you by the NHS clinicians should follow the national guidance given.

This guide does not aim to replace a Pharmacists clinical judgment and responsibility for decisions made ultimately lies with the Pharmacist making that clinical decision.

we aim only to provide information and structure to the reader, such that the reader is able to use the information provided confidently to the benefit of their patients.

Thank you.



Therapeutic Framework: a definition

- A COMPREHENSIVE FRAMEWORK OF KNOWLEDGE SUMMARISED WITHIN A DOCUMENT COVERING A PARTICULAR AREA OF DEVELOPMENT, USUALLY A CLINICAL TOPIC.
- THE DOCUMENT SHOULD FORM A BREIF REFERENCE GUIDE THAT THE CLINICIAN SHOULD BE ABLE TO USE IN DAY TO DAY PRACTICE.
- KEY GOVERNANCE TOOL OUTLINING CLEARLY THE EXACT SCOPE OF PRACTICE WITHIN A CLINICAL AREA FOR NON MEDICAL PRESCRIBERS.
- IDEALLY SHOULD HELP CLINICIANS IDENTIFY KEY DEVELOPMENT NEEDS WHEN WIDENING THEIR SCOPE OF PRACTICE.



Key sections in the Therapeutic Framework

OUTLINE OF THE SCOPE OF PRACTICE

- This should be in line with your scope of practice document.
- It should be brief.
- it should be a clear explanation of the parameters of the framework.

AIMS OF TREATMENT

- This should clearly outline the desired outcomes that your management seeks to achieve.
- It should be clearly bullet pointed
- Ideally this should correlate to what you look for when reviewing these patients. such that it should be in your medical notes.

MANAGMENT FLOW CHARTS

- Keeping a diagram of the NICE guidelines is useful but you do not need to rewrite the guideline.
- The key thing here is to make sure that you write this section such that it resembles your practice day to day practice in this clinical area.
- Its a good place to put useful information that isn't in the main guidelines as a form of alternate information, just make sure it comes from a reputable course first.

RED FLAGS AND REFERAL CRITERIA

- Clearly outline what types of patients are outside your scope of practice.
- Clearly outline the RED FLAGS you must check for during your reviews and what to do if you come across one of these.
- The point of this is to reinforce you to document these during your review process

Drugs

There should also be a section in the framework for each drug class you are aiming to prescribe within this clinical area. Again, you do not have to copy out the BNF here, but it is a good idea to list out some of the more common issues which you come across with these medicines. This should then help you to remember these.

DRUG CLASS SPECIFICS

When adding drug classes to your therapeutic frameworks i would generally add them in tabular format with the following headings. When filling this out for each drug class, think about those issues that occur commonly, these should go into the table as they should ideally become committed to memory

DRUG CLASS
Contra Indications
Cautions
Common Side Effects

CHOICE OF DRUGS

In many conditions, drugs can become ideal in certain circumstances, you usually get a better feel for this with experience however I would always have a section in the framework for this, it can form a part of your unplanned CPD and also add to the quality and value the framework can provide. It can also help you as you progress in your career and move into more supervisory or mentoring roles.

THANK YOU FOR READING

"...I sincerely hope that you have found this guide both instructive and reassuring and wish you all the best In what is an exiting time for all health professionals everywhere.

I wanted to leave you with centrepiece of my mentoring process in the hope that I have helped you at least take one step towards delivering quality for you patients...

...I WISH YOU THE VERY BEST..."

COMPETENCE

The basic understanding of the theory required to carry out a task or role. this will be the underpinning knowledge which, you will use to benefit your patient

CONFIDENCE

The skills required to translate the knowledge you have learned such that you can inspire and empower your patients to take relevant and beneficial action towards improving their overall health.

COMFORT

The experience you will be able to call on and use to make you feel more at ease dealing with situations that are outside the boundaries set by your service, allowing you to act effectively and reassuringly for the patient such that, they recieve the correct level of care from the appropriate professional without diminishing your own competence.

need more help? get in touch at:

<https://pharm-assistant.co.uk/contact-me>

For a more in depth look at how you can develop your career

**The Pharm-
Assistant**

Reach Us Out

i am ready to help any health professional aiming to develop their career.



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