Name: Course:



consultation framework

Here is a brief guide to the things you must remember during the consultation.

INTRODUCE YOURSELF

Your name Position Practice

CHECK THE PATIENTS NAME + DOB/POSTCODE

Advise re the consultation process and check this is what the patient would like to discuss (if the patient would like to discuss something else, let them tell you what they would like to discuss).

FOR MEDICATION REVIEWS – THE 5 BASIC QUESTIONS?

WHAT MEDICATIONS ARE THE PATIENT TAKING?

Drug name.

Dose.

WHAT CONDITIONS ARE THESE MEDICINES FOR?

DOES THE PATIENT HAVE ANY SIDE EFFECTS TO THEIR MEDICATIONS?

Depending on the condition check for red flags.

DOES THE PATIENT HAVE ANY ALLERGIES?

DOES THE PATIENT HAVE ANY OTHER MEDICATIONS?

OTC?

Herbal?

Homeopathic?

CHECK BASIC LIFESTYLE:

Does the patient smoke(offer smoking cessation)?

Does the patient drink?



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CHECK THE PATIENT'S BLOOD TESTS:

Are they all in date? Are they all normal?

TACKLE EACH ISSUE AS IT ARISES, IF NO ISSUES I WOULD BE HAPPY TO UPDATE MEDICATION AS FOLLOWS:

CD's and DMARDS – 3 MONTHS
DOACS AND MENTAL HEALTH MEDS – 6 MONTHS
OTHER – ANNUALLY

AT THE END OF THE CONSULTATION ALWAYS ADVISE THE PATIENT:

"IF YOU GET ANY NEW SYMPTOMS OR ANY EXISTING SYMPTOMS GET WORSE, PLEASE CALL US BACK FOR A FARTHER ASSESSMENT."

