Wisocracy World Café
Love
Earth
Wisdom
Nature
Love
Justice
Peace

Wisocracy World Café
Love Earth
Wisdom
Nature
Love
Peace
Wisocracy
World
Café

Despite their best intentions, energy, and resources,
many organizations create online meetings that recycle the
same conversations without fostering transformative change
the world desperately needs.

Wisocracy World Café

provides a meeting place that is not recorded.

You can join us, and say what can't be said
in a recording that is then posted for the world to see and hear.
So, no need to be performative, sound professional, or visionary.
Just share creatively your thoughts and feelings
in a friendly café conversation about life and the world.

Join Our Creative Conversation Here

Wisocracy World Café

1	Wisocracy	5
2	Invitation to the Café	12
3	Welcome to the Café	22
4	The Serendipity Room	30
5	Our Present Life	37
6	Our Present World Situations	43
7	Seeking World Solutions	49
8	Better Thinking	75
9	Café Music & Art	87
10	Gatherings In The Café	95
11	Postcards from the Café ☺	99
12	Café Host	105

Wisocracy World Café
Love
Earth
Wisdom
Nature
Love
Wisocracy

WISOCRACY

for

Wise People,
Wise Leaders,
Wise Systems,
Wise Democracy,
Peace & Nature

Become A Wisocracy Member Here

"Democracy cannot succeed unless those who express their choice are prepared to choose wisely. The real safeguard of democracy, therefore, is education."

President Franklin Roosevelt

Strengthening Democracy Worldwide

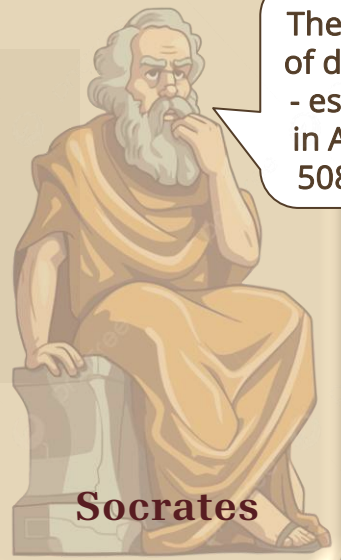
The Four Pillars of Democracy

Equity/Opportunity	Representation	Freedom	Justice

Wisdom is needed for democracy to flourish.

Sophía

Democracy Education
Governance Literacy
Civic Deliberation



Socrates

The first type of democracy - established in Athens. in 508–507 BC

Democratic Institutions

Quality Education Free Media Free & Fair Elections Fair Courts

Entrepreneurship Worker-Owned Cooperatives Unions

The Evolution of Wisocracy

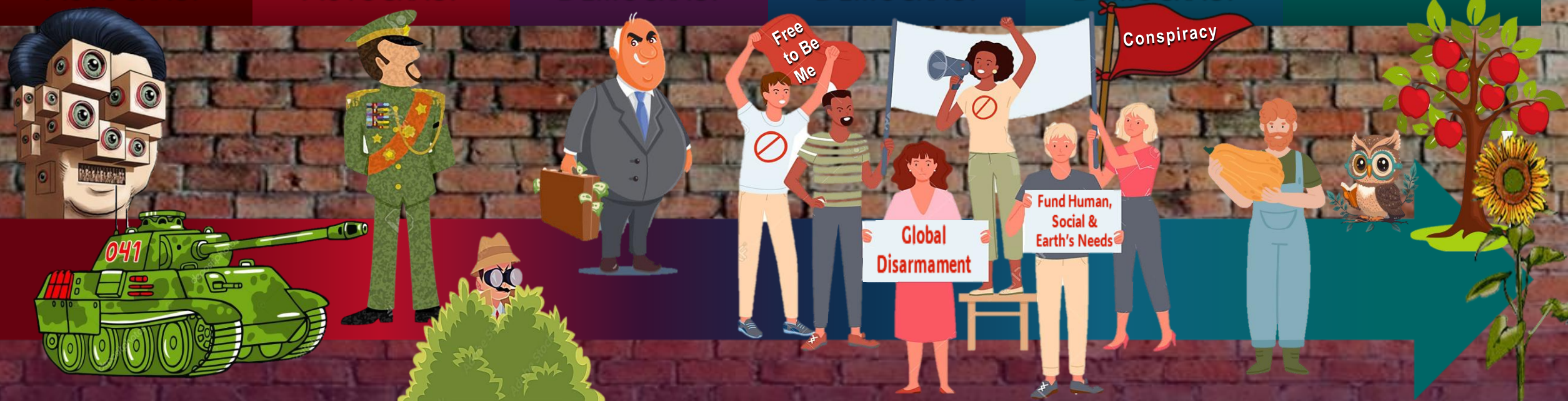
No freedom of speech, religion, education and information, constant surveillance, repression of dissent, military expansion

Multiparty elections are free and fair, satisfactory degrees of freedom of expression, freedom of association

Fake facts, conspiracies, greed, corruption, incivility, animosity, political polarization, social media culture war, can't stop 110 conflicts & wars, climate catastrophes, lack of problem-solving

Quality education for all, seek common ground, seek peace, wisdom & wellness solutions, fund human, social & Earth needs, regeneration

Closed Autocracy	Electoral Autocracy	Electoral Democracy	Liberal Democracy	Dysfunctional Democracy	Wisocracy



Wisocracy Development Committees

You Can Become A Committee Volunteer Here

You Can Become A Member Here

Homes for All
Health Care for All
Quality Education for All
Nature's Health
Wisocracy Works for Common Ground & Societal Goods We All Agree On
Fair Work for All
World Peace
Friendly Communities for All

Invitation to the Café

Wisocracy World Café

Dear Friend for Conscious Leadership & A Better World,

Wisocracy World Café is like the village coffee shop, where we enjoyably meet monthly to share what's going on and what we can do next.

We see that after six million years of evolution, most humans are not very evolved in consciousness. Authoritarian leaders, controlling 70% of the world's population, with massive weapons systems, are on the verge of global war, and are bombing civilians.

Many of the authoritarian thugs have now banded together in BRICS, saying they run "their version of democracy". They are not democracies. They are coopting the word democracy with democracy-washing, like green-washing. Wisocracy seeks to improve democracy, which is being twisted by greed, lobbying, oligarchy, corporatocracy, and corrupt juristocracy.

Wisocracy works to create wise people, wise leaders, wise systems, and wise democracy with the 10 Methods of Wisocracy.

Our Wisocracy website serves as a steady beacon for like-minded people who share the values of wisdom, wellness, and creating a wiser world, being science-appreciative, wisdom-seeking, collaborative, and co-creative.

more...

Wisocracy World Café

We are delighted to invite you to join our *Wise Intelligence Network (WIN),* a gathering of visionary thinkers and committed changemakers dedicated to advancing peace, justice, and sustainability.

As part of Wisocracy, *WIN* aims to provide a platform where wise minds can converge, explore transformative ideas, and take meaningful steps toward a better world. At *WIN,* we believe that collective intelligence can generate insights and solutions that benefit all of humanity and our planet.

By fostering a space that nurtures open dialogue, creative flow, and bold thinking, we hope to empower our members to reimagine governance, innovate beyond outdated systems, and develop paths for a healthier and more sustainable Earth.

Our network meets monthly in the Wisocracy World Cafe, a Café of the Imagination and a sanctuary for those who seek a meaningful connection with other world-minded individuals.

We encourage out-of-the-box thinking and share insights aligned with our shared vision of global wisdom and wellness.

more...

Wisocracy World Café

If this aligns with your passions, we welcome you to join us in cultivating hope, wisdom, and effective actions toward systemic change.

Together, we can strengthen a network that understands our planet's critical needs and is prepared to work for solutions that respect all life.

Please feel free to bring along others who share a genuine commitment to these values.

We meet on the
first Friday of each month at 2:00 PM, ET on Zoom.

Zoom Registration Here

We look forward to welcoming you to *WIN* and our upcoming Cafe meeting!

Warm regards,
Sanford (Sandy) Hinden
Wisocracy Founder & Organizer

Postcard from the Café... to see more postcards click here...

Dear One,

I hope you can join us at the next Wisocracy World Café gathering next month. We enjoy trying to figure out how to have more peace, love, happiness, and sustainable, wiser systems where all people thrive.

The hot chocolate is delicious... Tell friends who are bright, fun, creative, and care about our planet... Hope to see you there...
Hugs & Love, S. ☺

FROM

Wisocracy World Café

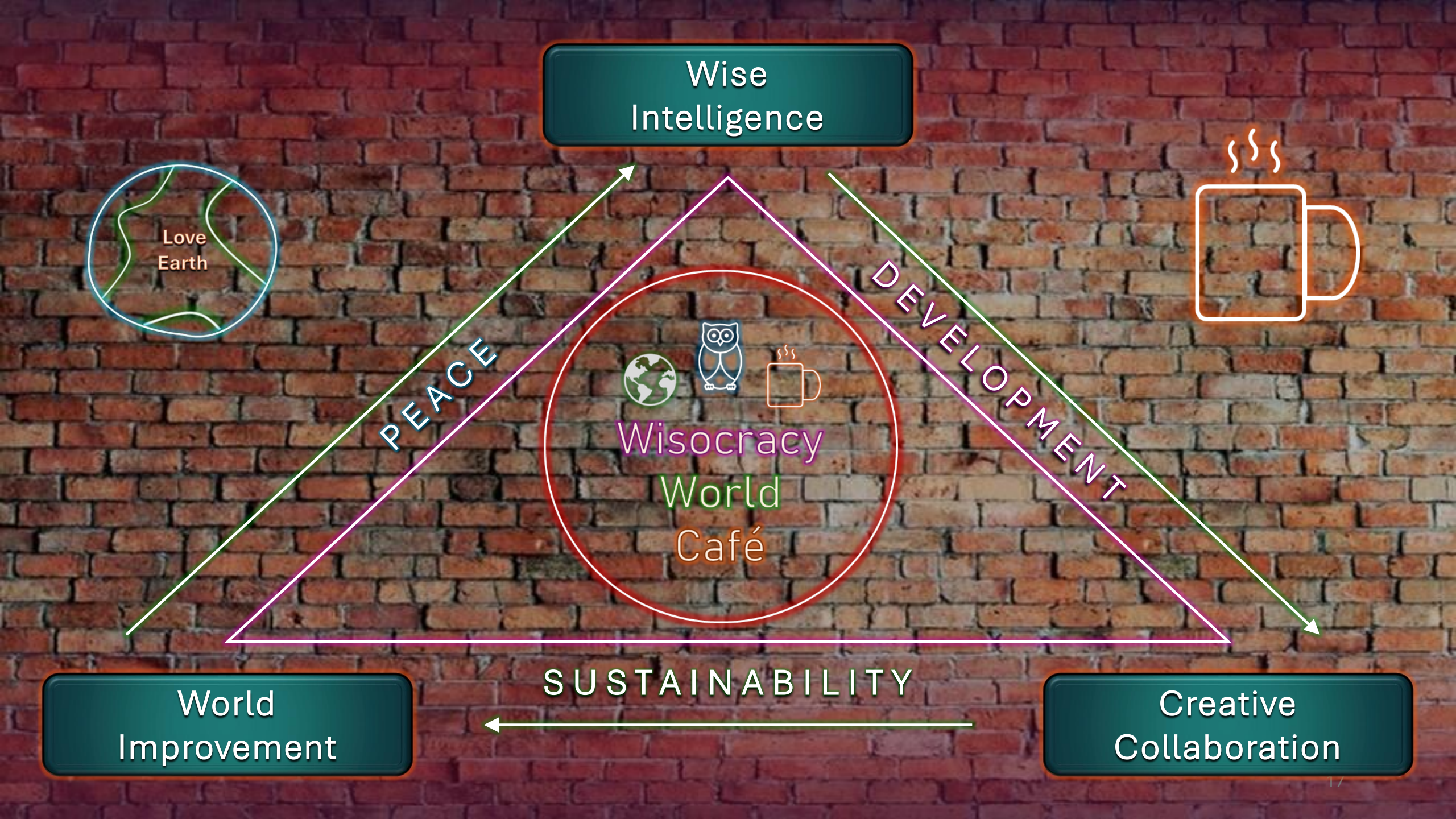
TO

Stardust, Golden,
Billion-Year-Old Carbon

Particles of Change
Orbiting Around the Sun

Grateful for the Universe

An Appreciator of Sacred Earth


Wise
Intelligence
Love
Earth
PEACE
DEVELOPMENT
Wisocracy
World
Café
SUSTAINABILITY
World
Improvement
Creative
Collaboration

Wisocracy World Café

Join us in a Wisocracy World Cafe Conversation
to find HOPE... rekindle the LIGHT in your heart...
and enter your CREATIVE flow... Wisocracy World Café
is a Cafe of the Imagination for World Compatriots
for wisdom, nature, love, justice, and peace...

First Friday of Each Month
2 PM, ET on Zoom

To Meet at the Café,
Register Here

Wisocracy World Café

“I'm traveling in some vehicle
I'm sitting in some cafe
A defector from the petty wars
That shell shock love away”

Joni Mitchell
Hejira

Listen Here
1986

Listen Here
2023

History of Hejira: In the year A.D. 622, the prophet Muhammad was forced to flee his native city, Mecca, to escape persecution from those who rejected his message. Muhammad, the founder of Islam, migrated with a number of his followers to Medina, where they were guaranteed protection by local clans. This event, which traditionally marks the beginning of the Islamic era, is known in Arabic as the Hijra-literally, "departure." That Arabic term passed into Medieval Latin (where it was modified to Hegira), and from there, it eventually made its way into English. By the mid-18th century, English speakers were using hegira for other journeys, too-especially arduous ones. He·gi·ra, hi-jī-rə, he-jə-rə – variants or less commonly hejira: a journey, especially when undertaken to escape from a dangerous or undesirable situation: exodus.

Wisocracy World Café

Find HOPE...
Rekindle the LIGHT in our heart...
Enter the CREATIVE flow...

Wisocracy World Café
is a
Cafe of the Imagination
for World Compatriots for
wisdom, nature, love, justice, and peace...

Wisocracy World Café

- We have a monthly meeting at the café.
- We help each other figure things out.
- We help make connections.
- We encourage each other to reach goals.
- We help each other learn from mistakes and things that did not turn out as planned or wished.
- We help each other make self-corrections.
- We help each other stay positive.
- We gain the wisdom of each other's experiences.

Welcome to the Café

Wisdom Nature Love Justice Peace
Wisocracy World Café
Coffee Tea
Hot Chocolate
Conversation
Good Humour
Creativity
Love
Earth
World Music
Click Here
Serendipity
Wisdom
Simplicity
Appreciation
Gratitude
Compassion
Peace
Serenity
Mindfulness
Meditation
www.Wisocracy.org

Wisocracy World Café

Our Process

1. Understand the world around us.
2. Inspire each other to build a better world.
3. Seek to work with powerful, positive people to create beneficial systems.
4. Hopefully, have some fun ☺

Wisocracy World Café

Opening the Café
Welcome to the Wisocracy World Café!

Today, we're here to explore the topic of
Loving Earth
in a lively, authentic, and interactive way.

This isn't a place for long speeches or polished performances —it's about real conversations that make us feel alive.

Here are a few principles to keep in mind as we dive in:
Keep it fun, kindly interrupt when needed, and focus on sharing fresh insights or asking questions that challenge us.

Let's bring energy to the room!

Wisocracy World Café

Ground Rules

1. **Keep It Lively** Bring energy and curiosity to the conversation. Engage with others as if you're chatting in a cozy café.
2. **Be Authentic** Share your genuine thoughts, even if they feel unconventional or risky. This is a space for truth and vulnerability.
3. **No Performances or Promotions** Avoid self-promotion, hype, or lengthy monologues. Focus on meaningful interaction.
4. **Interrupt, but Kindly** If you feel the energy waning or the conversation veering off course, step in with curiosity or humor to reignite the spark.
5. **Ask the Unasked Questions** Speak what is often left unspoken. Dare to explore the edges of what's possible or rarely discussed.
6. **Share Fresh Insights** Bring recent discoveries or personal "aha" moments to the table to inspire collective learning.
7. **Focus on Aliveness** Ask yourself: *Do I feel alive in this moment? What would make me feel more alive?* Use this reflection to guide your contributions.
8. **Participation** Ensure everyone has a chance to share. Step back if you've spoken a lot, and invite quieter voices to join.

Wisocracy World Café

What are you up to?

How are you doing?

What are your feelings and needs?

What do you like doing?

What would you like to do?

Wisocracy World Café

What is going on for you?

Something new or good.

Something you are working on that you enjoy.

Something you are planning.

Something you would like to do or experience.

A place you would like to visit.

A goal you would like to set.

Wisocracy World Café

Creative Conversation

Wise Mind

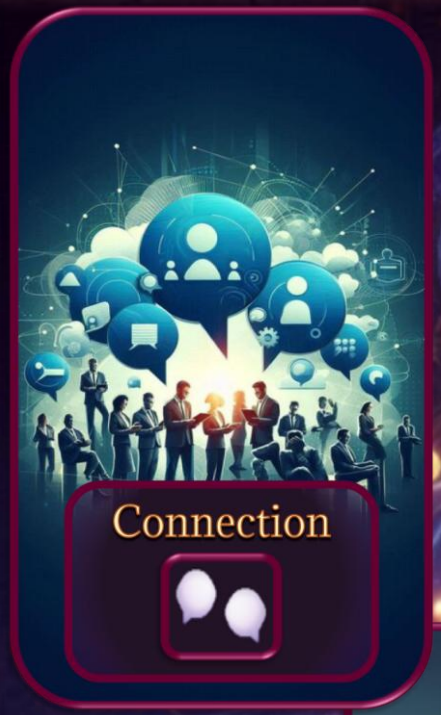
Clear Mind

Quiet Mind

Meditation

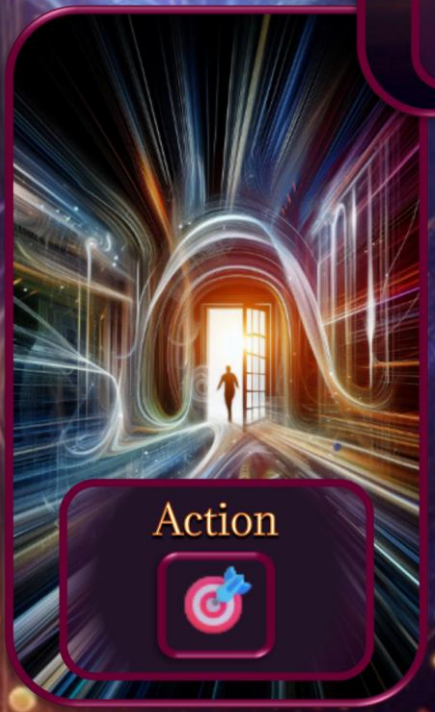
The Serendipity Room

Welcome to
The
Serendipity
Room
Step into a space where chance becomes opportunity, and every connection has meaning...
Engage in deep conversations, unexpected encounters, and meaningful exchanges...
Your mission: Open your mind, follow curiosity, and embrace the unknown!



The Serendipity Cards

Unlock new possibilities with Serendipity Cards – tools for meaningful interactions



Meaningful conversations can spark unexpected discoveries...

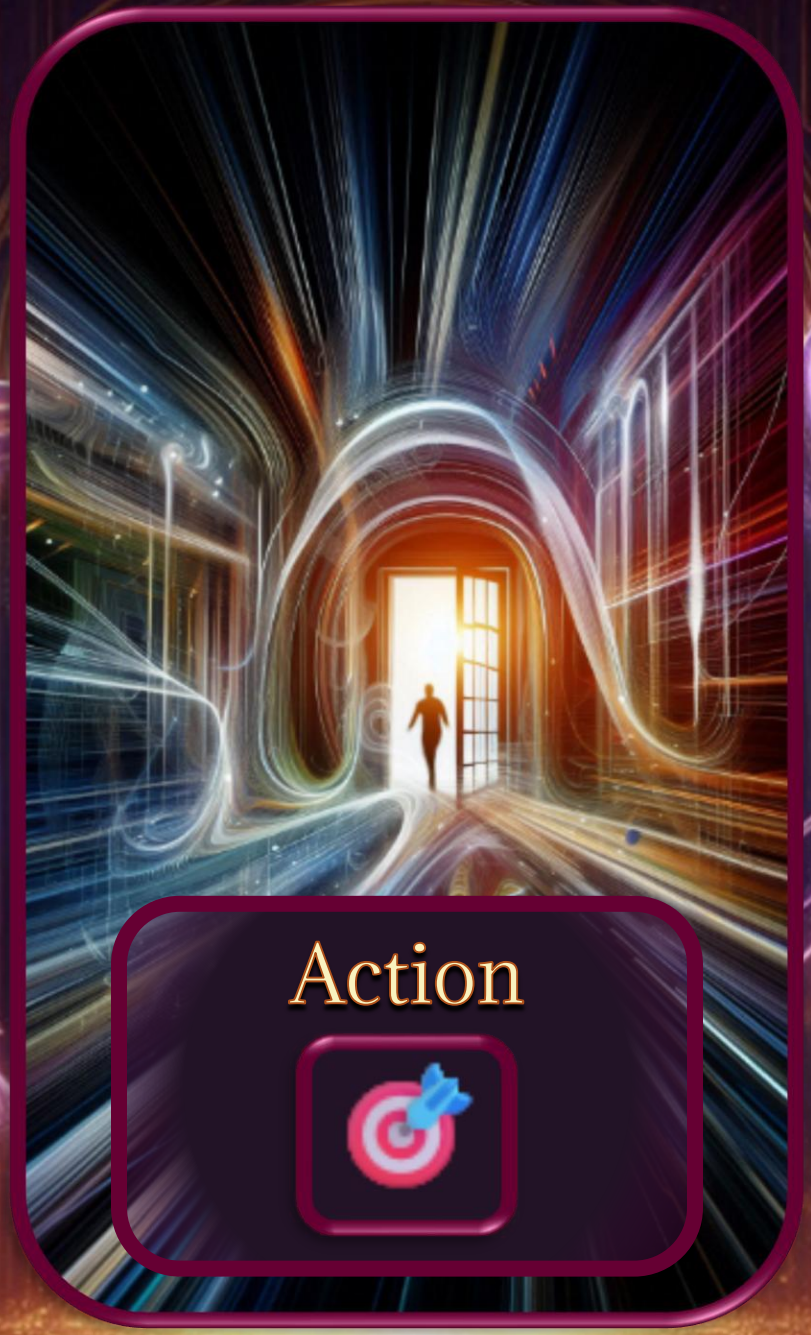
- **The Wisdom Exchange**
  Share ta profound life lesson.
- **Serendipity Storytelling**
  Tell about a chance encounter that shaped your life.
- **Dream Pollination**
  Share a big dream and ask for support or insights.

Take
a bold step ...
opportunities appear
when we step outside
our comfort zone...

- **Random Kindness Mission**
  Do something kind today
  and share the impact.

- **Reverse Advice**
  Ask a stranger for wisdom
  on a personal challenge.

- **The Bold Ask**
  Ask for something
  you truly desire.



New collaborations and great things happen when the right people connect. . .

- **Serendipity Swap**
  Exchange a valuable idea or resource with someone new.
- **Collaboration Roulette**
  Brainstorm a co-creation in 10 minutes.
- **The Connector's Challenge**
  Introduce two people who should meet.

Deepen the experience by pausing, reflecting, and uncovering hidden patterns in your journey. . .

- **Serendipity Journal**
  Write down today's unexpected insight.
- **The Sliding Doors Moment**
  Reflect on a small decision that changed your life.
- **Gratitude Circle**
  Name someone who has transformed your perspective.

Wisocracy World Café
Love
Earth
Wisdom
Justice
Peace
Our
Present Life

An Increasingly Irrational Society

People are becoming increasingly
unbalanced, irrational, self-centered, and selfish.

This is due to
War, Climate Destruction,
Economic & Political Dysfunction, and Cultural Chaos from intense
media activism, mobilization, advertising, and merchandising
of religion, LGBTQIA2S+, hostile conservative backlash,
irrational social media influencers and content creators,
millions of individual pornography content creators,
and obsessions with materialism, celebrity, luxury, fame,
excessive gambling, tattoos, and addictions.

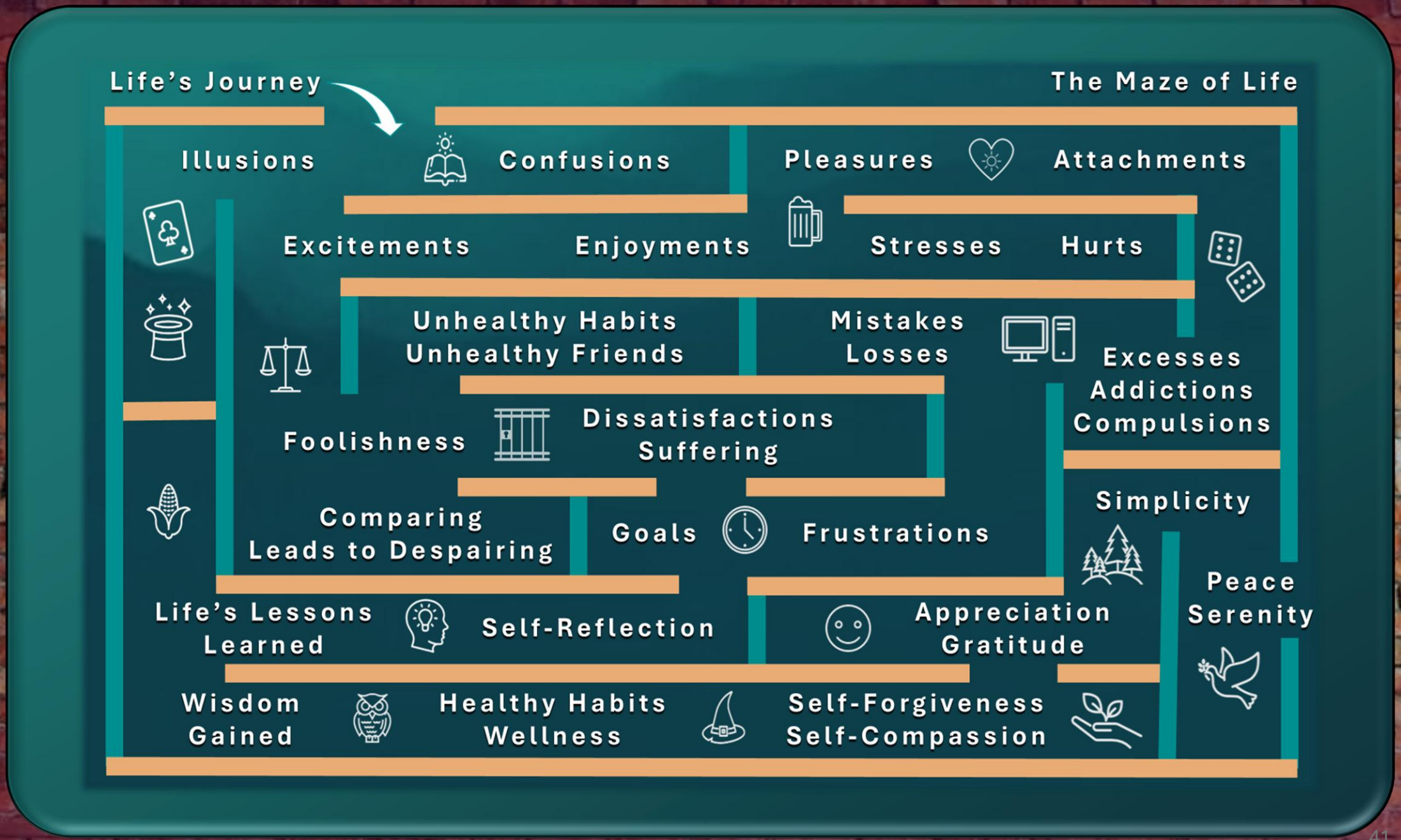
All this is causing
confusion, chaos, conflict,
unwise decisions, and unhealthy choices.

Political hostility and hatred
Negative Media
Guns, violence, and war
Obsession with riches and luxury
Society creates mental confusion and addiction
Obsession with celebrity and fame
Excess speeding in cars
Excess gambling
We need
serenity, compassion, wisdom, and positive humor
to regain wellness and peace.

The world,
is dysfunctional,
with dysfunctional media,
politicians, people, and systems.

Your
health and wellness
depend on focusing on your
inner and outer daily wellness practice
and taking action to improve the world
without attachment to outcomes.

You will become
dysfunctional if you keep
focusing on dysfunctional media,
politicians, people, and systems.


Life's Journey
The Maze of Life
Illusions
Confusions
Pleasures
Attachments
Excitements
Enjoyments
Stresses
Hurts
Unhealthy Habits
Unhealthy Friends
Mistakes
Losses
Excesses
Addictions
Compulsions
Foolishness
Dissatisfactions
Suffering
Simplicity
Comparing
Leads to Despairing
Goals
Frustrations
Peace
Serenity
Life's Lessons
Learned
Self-Reflection
Appreciation
Gratitude
Wisdom
Gained
Healthy Habits
Wellness
Self-Forgiveness
Self-Compassion

Resolving Situations

1	To resolve a situation, understand both the details and the larger context.	
2	Determine what part of the responsibility belongs to us, to others, and to what part fate plays.	
3	Separate the emotional charge from the situation and release the emotions to allow for clear decision-making.	
4	Decide what we want from the situation.	
5	Make and carry out a plan to get what is wanted.	

Our Present World Situations

Economics

Electricity use is skyrocketing due to
data centers, electric cars, AI, crypto mining, blockchain,
and 200 million video content creators.

We don’t have a sustainable energy-electric system.

The profit maximization principle in capitalism is destroying
Earth’s biological and environmental systems
upon which capitalism and all life on Earth depends.
We need to create a wise and functional profit principle for capitalism
that recognizes and accepts sustainability and justice on Earth.

Politics

70% of the world’s population is living with authoritarian leaders.

Traditional values are in conflict with progressive values
resulting in culture wars and real wars.

We have no way to replace authoritarians.
The world's population fears the rest of the population and welcomes strongmen.

Budgets are wasted on the military and its destruction of infrastructure and the environment.

The Players / Stakeholders

The Political Leaders

Many are driven by the desire to remain in power.

The Corporate Leaders

Most are driven by the principle of profit maximization.

The Shareholders

Many are driven by the desire to maximize profit.

The Voting Public

There are about 1.5 billion cars powered by gasoline.
So, there are about 2 billion people who value cheap gasoline.

Most Scientists

Recognize the danger we are in.

IN A SUSTAINABLE SOCIETY

nature is not subject to systematically increasing:

1

Concentrations of substances from the Earth's crust (such as fossil CO2, heavy metals and minerals)

2

Concentrations of substances produced by society (such as antibiotics and endocrine disruptors)

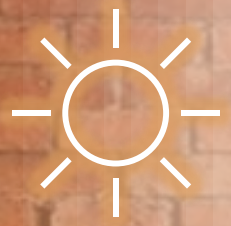
3

Degradation by physical means (such as deforestation and draining of groundwater tables).

4

And in that society there are no structural obstacles to people's health, influence, competence, impartiality, and meaning.

Wisocracy World Café



So, what needs to be done?

We need to stop fossil fuels, but the new systems are not in place.

We need new ideas, new systems, and new resources.

Dysfunctional Ideas Warping Reality

Left	Center	Right
Trans Children Medical Industry	Unbridled Consumerism	Climate Denial
Pornography Industrial Complex	Luxury-Celebrity Worship	Christian Nationalism
Internet Sex Worker Industry	Fossil Fuel Worship	Control of Women
Polyamory	Proliferation of Gambling	Neo-Nazi Worship
		Radical Deregulation
		Gun Worship
		Greed is Good
		Cryptocurrency
		Dismantling Democracy

Wisocracy World Café
Love
Earth
Wisdom
Justice
Seeking
World Solutions

Essential Reports for Earth

Below are articles I wrote with the help of AI. They can help us move forward.

WISER PEOPLE

- The Art of Creative Conversation: Wisocracy World Café
- Values-Based Leadership & Education
- Transcending Egotism: A Pathway to Global Harmony
- Transcending Egotism for a Collective Future
- Why Smart People May Not Take Action to Change the World & What to Do About It
- From Greed to Gratitude: Evolving Consciousness for Sustainable Business and Social Justice
- Mediation with Progressive & Traditional Values for a Peaceful World

WISER SOCIETY

- The Future of Russia
- Lumora ~ from being a foolish planet to a wise planet
- Shifting Realities: How Socioeconomic Change and Digital Culture Are Reshaping Relationships and Society
- Building and Sustaining Healthy, Loving Relationships for a Thriving Society
- Intelligence, Consideration, and Power Dynamics: Rebalancing Leadership for a Sustainable Future
- How to Strengthen Nonviolent Movements to Get Rid of Authoritarians
- Stages in the Development of the Military-Industrial-Education-Espionage State
- Lessons From The Stars: How Advanced Civilizations May Have Evolved Beyond National Sovereignty
- Evolving Earth Institutions: Stronger Institutions for a Better World
- From Shared Roots to Conflict: A Timeline of Jewish and Arab History in the Middle East / Aims for Peace: Navigating a Path to Coexistence

WISER SYSTEMS

- The Rent-to-Own Community Fund
- Bridging the Energy Gap: Balancing Global Electricity Demand with Sustainable Production
- Addressing Intersecting Global Economic Challenges: Economic Inequality, Cryptocurrency & Climate Crisis
- How to Repair Our Broken & Interactive Political and Economic Systems

Wiser People

Wisocracy believes that transformative change begins with meaningful dialogue. In Wisocracy World Cafe, we practice The Art of Creative Conversations – a process of open, dynamic, and thoughtful exchanges that inspire innovative ideas, deepen understanding, and strengthen community bonds. In Wisocracy World Café, imagination finds its wings and creative conversations ignite transformational change.

You can see the report here...

To safeguard humanity and the Earth, we must invest in a Values Education System for Leaders that fosters ethical decision-making, empathy, and sustainability. By doing so, we can pave the way for a more just, peaceful, and thriving global society.

You can see the report here...

A world beyond egotism is one where humility, empathy, and collaboration prevail, paving the way for a more peaceful, sustainable, and harmonious future. Each of us has a role to play in this transformation, starting with our own thoughts, emotions, and actions. Together, we can create a culture of connection and care that uplifts us all.

You can see the report here...

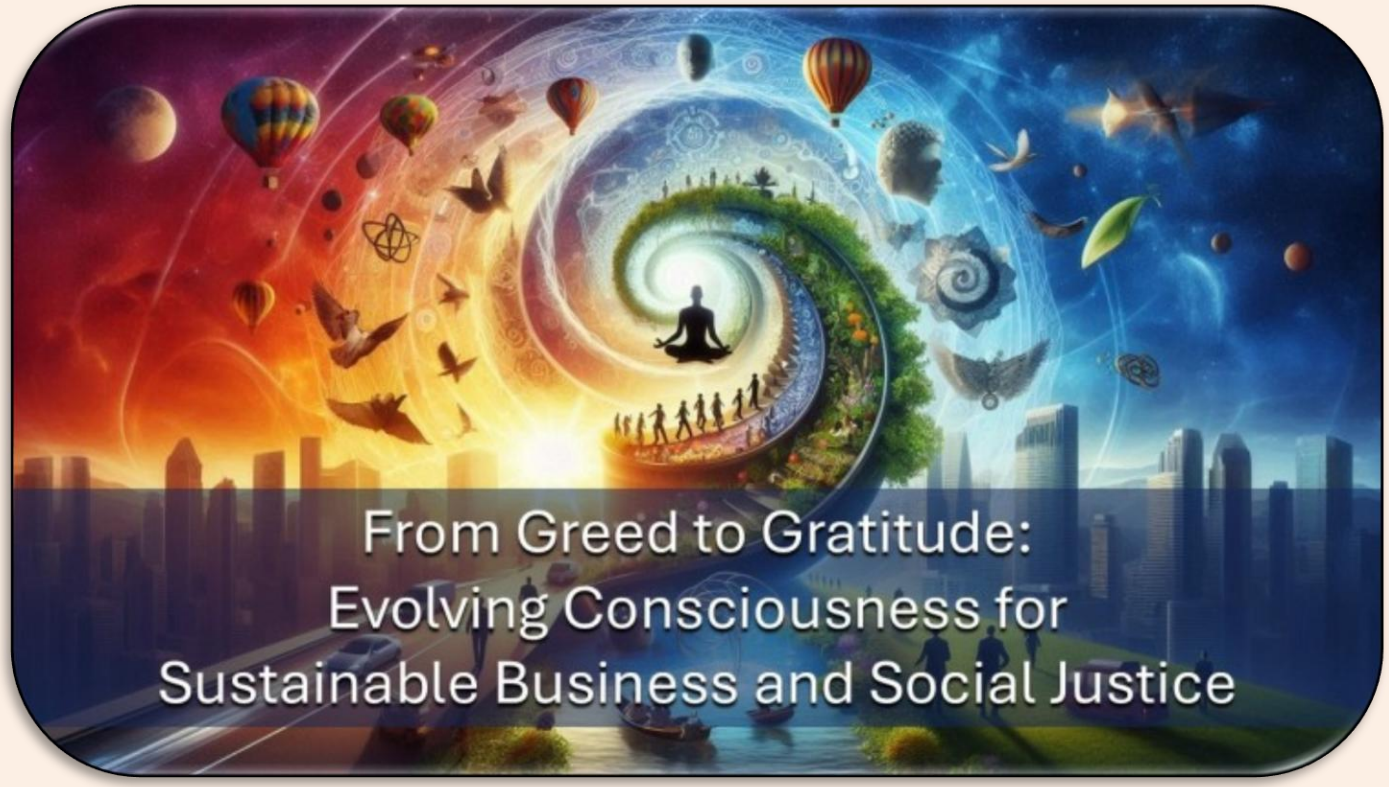
We need to evolve in consciousness
to build a more harmonious, cooperative world.
We now need to transcend egotism with a combination of personal practices,
educational reforms, community programs, and societal shifts.

You can see the report here...

Why Smart People May Not Take Action To Change The World & What To Do About It

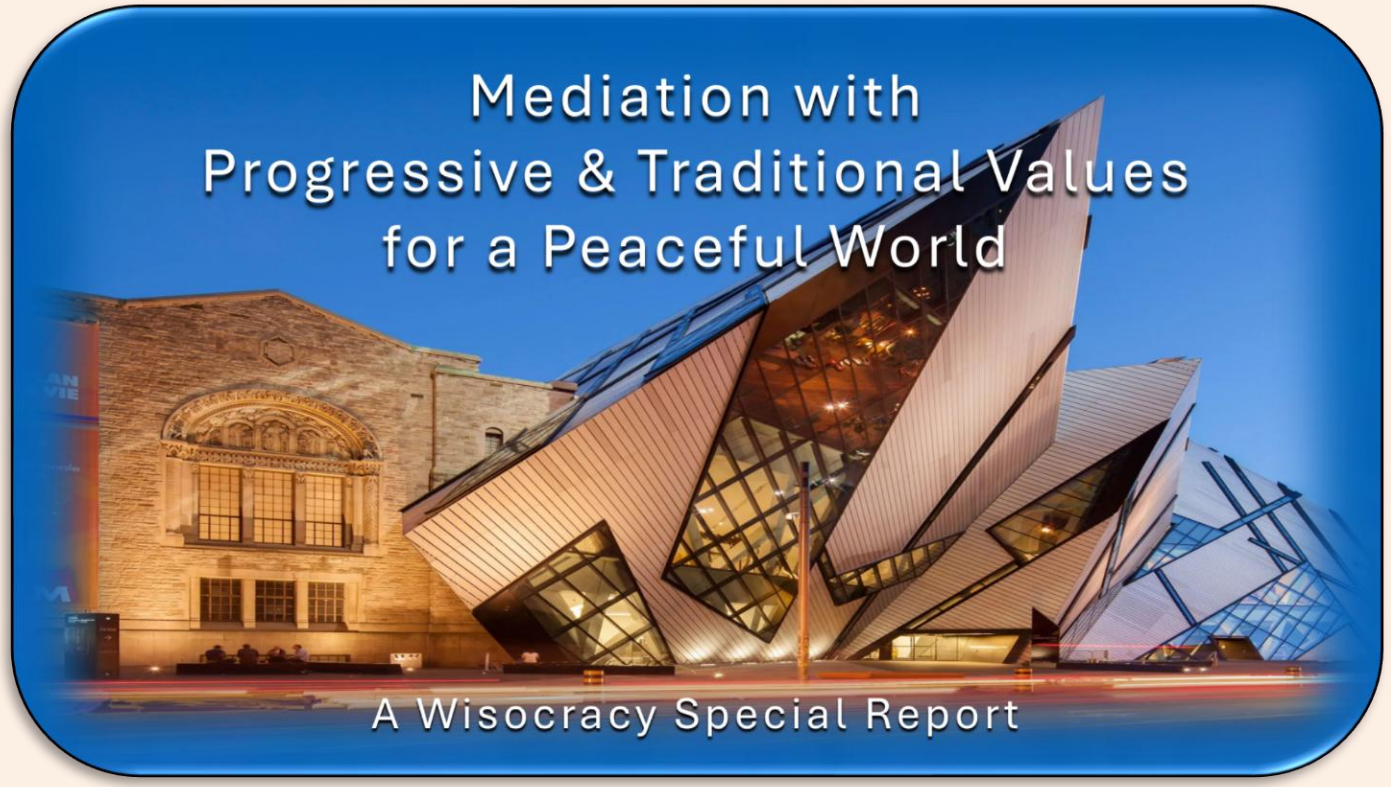
Many intelligent individuals recognize the pressing challenges our world faces, yet often struggle to take meaningful action to address them. Here are common barriers that prevent even the brightest minds from engaging in global change, along with practical steps to overcome these obstacles and inspire impactful solutions.

You can see the article here...



Humanity is witnessing the devastating consequences of greed —particularly its toll on the environment and future generations. We need a new economic principle beyond Profit Maximization that emphasizes sustainability and social justice...

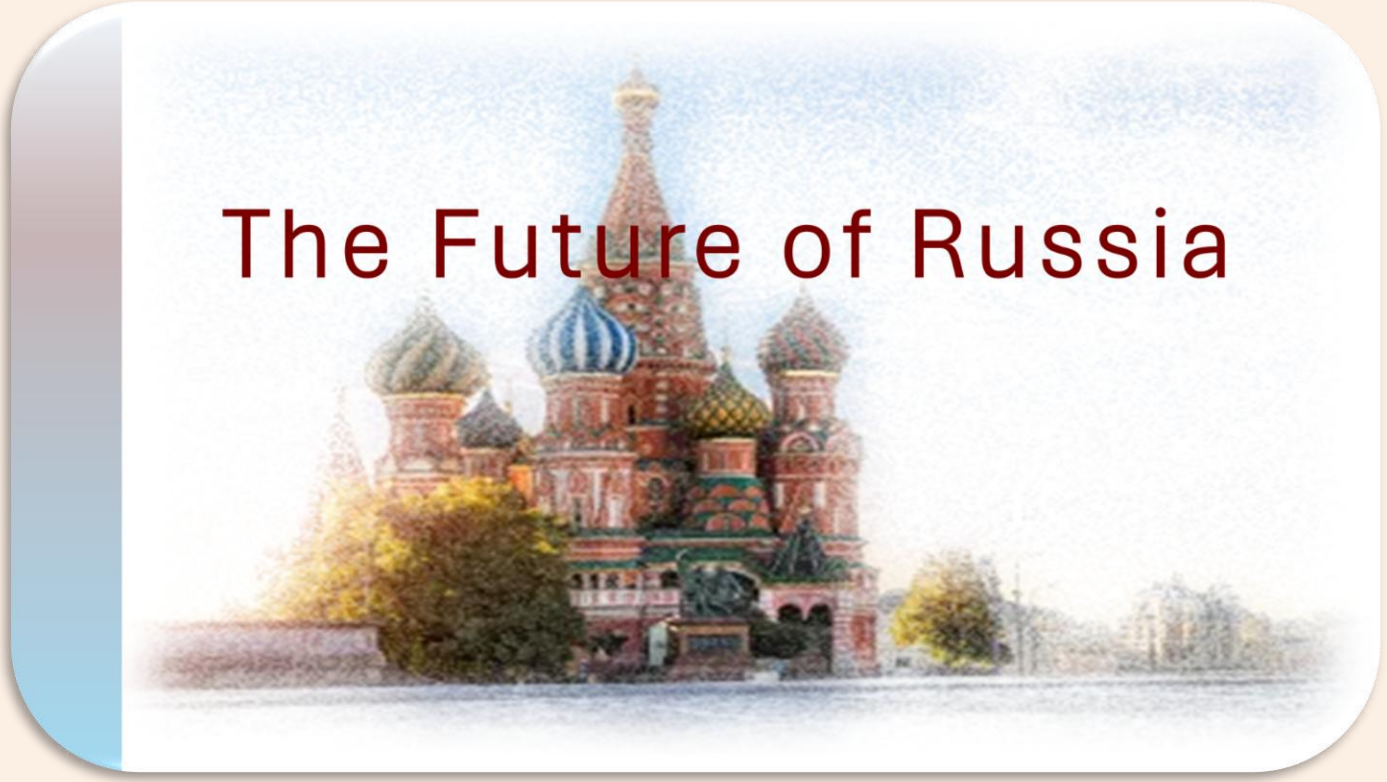
You can see the article here...



The rise of Online Sex Platforms and the decline of marriage are contributing to cultural wars that threaten to escalate into larger global conflicts. To prevent this, peace talks and meaningful dialogue between opposing sides are needed to address the underlying economic, social, and moral concerns while seeking to find common ground that allows both progressive and traditional values to coexist in a rapidly changing world.

You can see the report here...

Wiser Society



Russia's future hinges on its ability to confront and address a host of deeply entrenched issues. Strengthening the rule of law, diversifying its economy, tackling corruption, and fostering cultural integration are key steps toward building a resilient and inclusive society.

You can see the report here...

Lumora is the story about a planet that went from being a Foolish Planet to being a Wise Planet in 5 Periods of Time.
Discover what were the 5 Periods of Time.
Learn about what went on in each of the five periods.

You can see the report here...

The intersection of socioeconomic disparities, cultural shifts, and digital transformations has profoundly impacted relationships and society. Women's growing independence, men's struggles with evolving roles, and the influence of industries like pornography highlight the complexities of modern connection. Addressing these challenges requires a multi-faceted approach.

You can see the report here...

Building and sustaining a healthy, loving relationship is an intentional process involving a rich interplay of positive attitudes, nurturing character traits, and practical skills. This, in turn, enriches communities, helping us move toward a more harmonious and connected society, grounded in the belief that strong relationships can be a powerful force for positive change.

You can see the report here...

This report explores the interplay between groups of leaders characterized by varying degrees of intelligence and self-interest and highlights strategies for countering manipulative forces with integrity and collective wisdom.

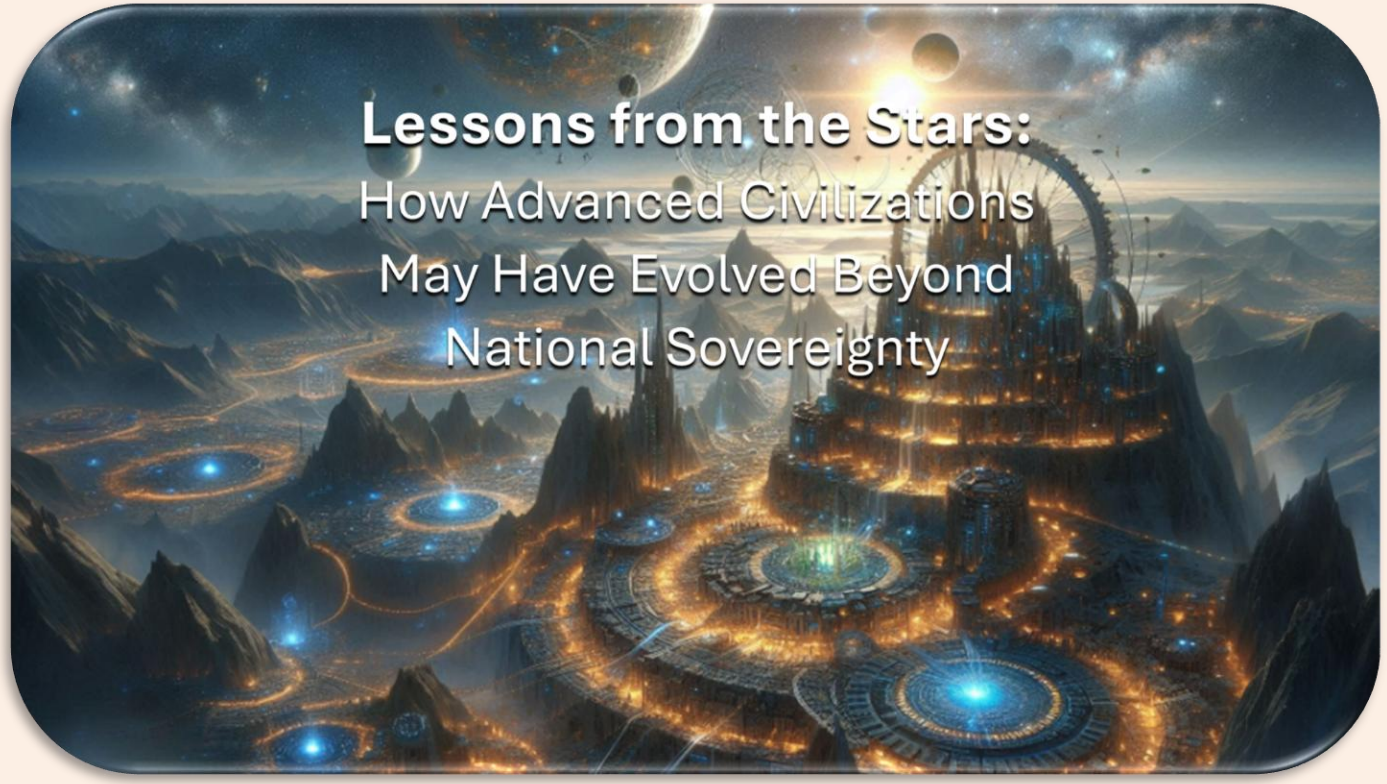
You can see the report here...

Working to delegitimize authoritarian power, gain allies, and inspire courage can create a formidable force for democratic transformation. Movements that endure are those that can adapt, innovate, and stay disciplined in their commitment to nonviolent change.

You can see the report here...

Each of these stages reinforces the structures that support the military-industrial-education-espionage complex, making it increasingly pervasive and resistant to reform or dismantle.

You can see the report here...



As Earth grapples with the limitations of national sovereignty and the inability to establish effective global governance, the question arises: could advanced civilizations elsewhere in the universe have evolved beyond this impasse?

You can see the article here...

Several organizations focus on evolving institutions, strengthening global governance and addressing institutional weaknesses. These organizations aim to create more effective systems for addressing global challenges like violence, corruption, and governance failures.

You can see the article here...

Sustainable peace in the Middle East will require an end to cycles of violence, regional cooperation, and a commitment to diplomacy and dialogue, ensuring that future generations can live in security, dignity, and mutual respect. This timeline presents the historical context necessary for understanding this conflict and serves as a reminder of the challenges and opportunities for building a peaceful and just future in the region.

You can see the history here...

Wiser Systems

With careful planning, strategic partnerships, and the support of dedicated volunteers and donors, the Rent-to-Own Community Fund can become a model of sustainable homeownership, helping to reshape the landscape of affordable housing for generations to come.

You can see the report here...

Without changes,
continued reliance on fossil fuels
to meet rising electricity demand will
exacerbate environmental degradation and drive climate change,
with potentially catastrophic consequences.

You can see the report here...

The convergence of wealth inequality, cryptocurrency-driven environmental destruction, and climate change is not an inevitability. It is a result of policy choices that can and must be changed. Bridging these divides requires rethinking economic priorities, embracing equity-driven governance and transitioning to sustainable development models.

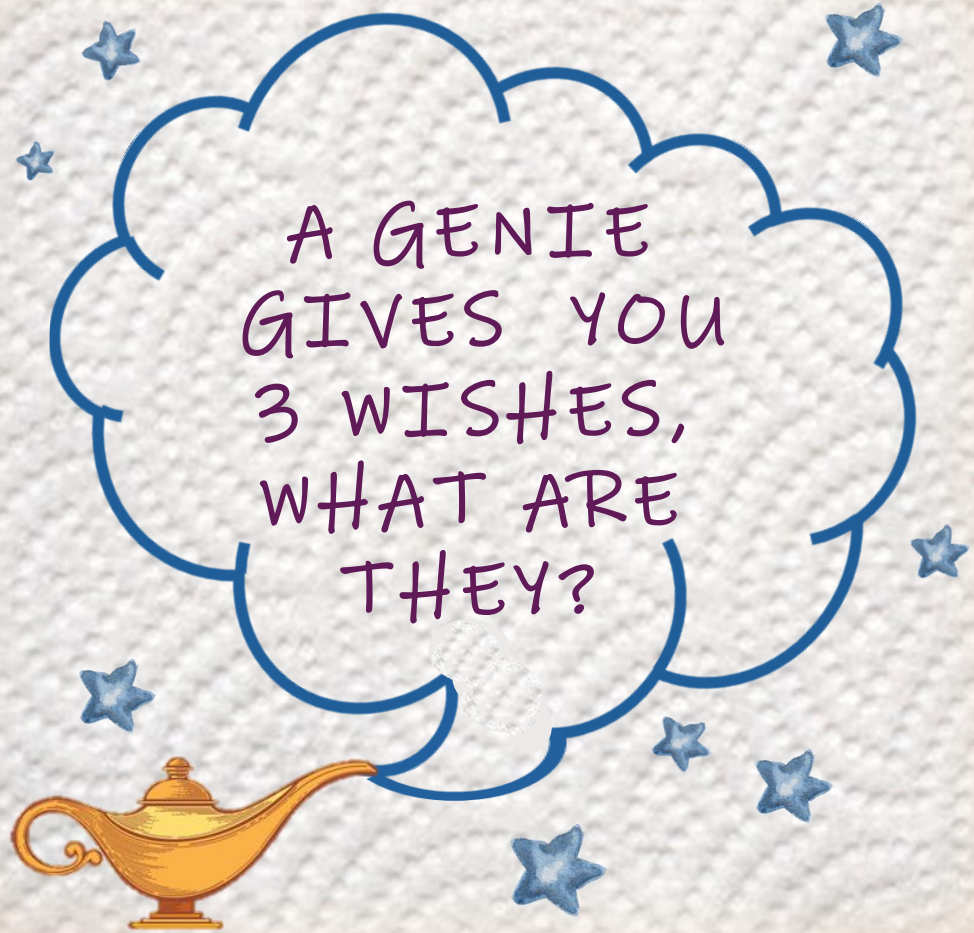
You can see the report here...

Here is a summary of how the broken political and economic systems reinforce each other and create climate destruction.
Reforming these systems requires breaking the feedback loops that allow corporate interests to dominate political decision-making and refocusing policies toward sustainability and environmental justice.

You can see the article here...

Wisocracy World Café
Love Earth
Wisdom
Justice
Peace
Better Thinking

Wisocracy World Café



Figuring Things Out

Six Types of Socratic Questions

Socratic questions stimulate critical thinking

Clarifying Thinking & Understanding

- Can you give me an example?
- Could you explain further?
- Are you saying...?
- What is the problem you are trying to solve?

Challenging Assumptions

- Is that always the case?
- Are you assuming...?
- How could you verify or disprove that?
- What would happen if...?

Examining Evidence & Rationale

- Why do you say that?
- How do you know?
- Why?
- What evidence is there that supports...?

Considering Alternative Perspectives

- Are there any alternatives?
- What is the other side of the argument?
- What makes your viewpoint better?
- Who would be affected and what would they think?

Considering Implications & Consequences

- What are the implications/consequences of...?
- How does that affect...?
- What if you are wrong?
- What does our experience tell us will happen?

Meta Questions

- Why do you think I asked that question?
- What does... mean?
- What is the point of the question?
- What else might I ask?

Wisocracy World Café

- **CQ is Change Quotient, the ability to change when needed.**
- **Low CQ leads to dysfunctionality and addictions, repeated failures, destructive conflict, war, climate destruction, and other catastrophic malevolent events.**
- **Low CQ people and leaders in business and government are in denial they need to change to create more wisdom, nature protection, love, justice, and peace.**
- **High CQ leads to the improvement of people, habits, relationships, organizations, nations, and systems that create more wisdom, nature wellness, love, justice, and peace.**

Wisocracy World Café

CQ is Change Quotient Ability When Needed

Low			Middle				High		
❶	❷	❸	❹	❺	❻	❼	❽	❾	❿

Do you need to change? Can you change?
Does your relationship or organization need to change?
Does your nation need to change?

We are working on an expanded Change Quotient (CQ) Tool for Personal, Organizational, and Global Change Assessment

Wisocracy World Café

What would you like to change?

Personal	
Interpersonal	
Community	
National	
International	
World	

Set a STRATEGY

Apply TOOLS

Set GOALS

Overcome OBSTACLES

Build HABITS

Stay MOTIVATED

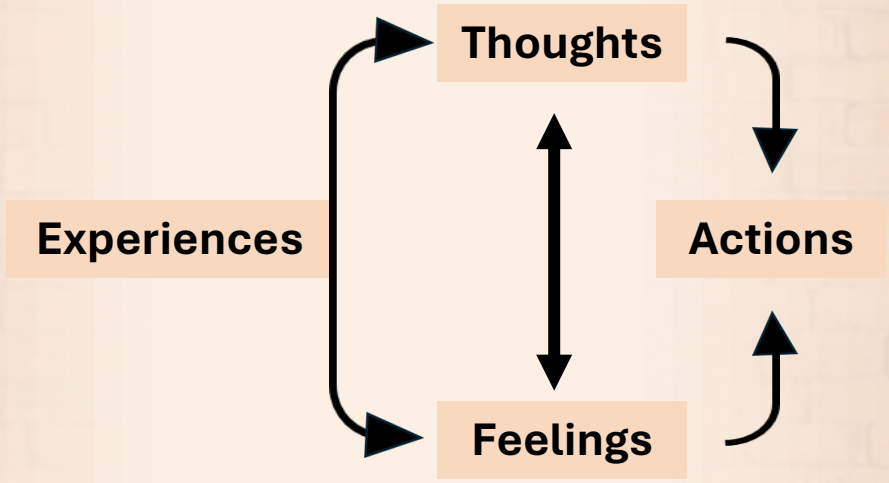
Create A NEW LIFE

Wisocracy World Café

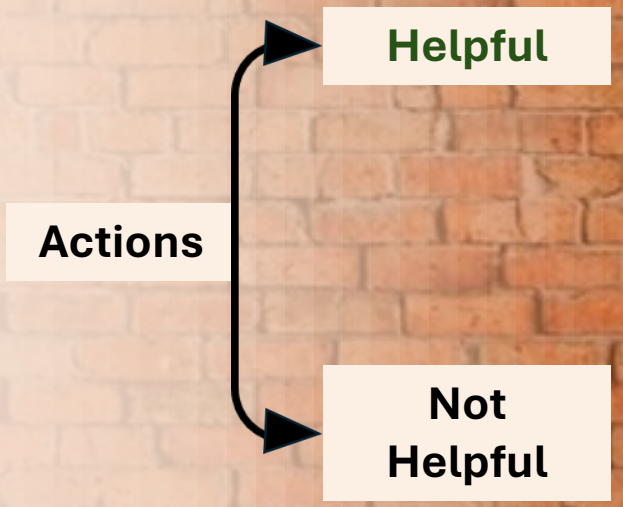
1. THOUGHTS

	NOT HELPFUL	HELPFUL
TRUE	True & Not Helpful	True & Helpful
NOT TRUE	Not True & Not Helpful	Not True & Helpful

2. EXPERIENCES



3. ACTIONS



Wisocracy World Café

Five processes that can help create a healthy, sustainable, just, and peaceful world

Innovative solutions to harmonize human activities with the Earth's ecosystems and natural rhythms.

Social, economic, and environmental justice to ensure that sustainability efforts benefit all communities equitably.

Learn from Indigenous and traditional wisdom to help guide modern approaches to planetary well-being and social harmony.

Foster creativity and collaboration across diverse sectors to accelerate the transition to a peaceful, regenerative, just society.

Personal and collective transformation to build emotional, psychological, and social resilience needed for a sustainable future.

8 Simple Daily Activities That Can Change Your Life

1. Embrace Empathy

Put yourself in others' shoes, truly listen, and respond with compassion.

2. Be Authentic

Let go of the need for perfection and embrace your true self.

3. Cultivate Hope

Nurture a positive outlook, even in challenging times.

4. Practice Resilience

Bounce back from setbacks and inspire others to do the same.

5. Connect with Humanity

Use humor, wit, and storytelling to engage and inspire.

6. Ask the Right Questions

Seek to understand before being understood.

7. Listen Deeply

Give others your undivided attention and truly hear what they're saying.

8. Lead with Heart

Prioritize empathy, authenticity, and a genuine desire to make a positive impact.

Creative Conversations

Professional Discussion	Creative Conversation
Speaking from knowledge and experience	Sharing authentic feelings and what is not being said
Looking and sounding professional	Open to imagination and half-baked ideas
Trying to sound powerful and in control	May sound vulnerable and uncertain
Nothing new generated	New ideas may emerge

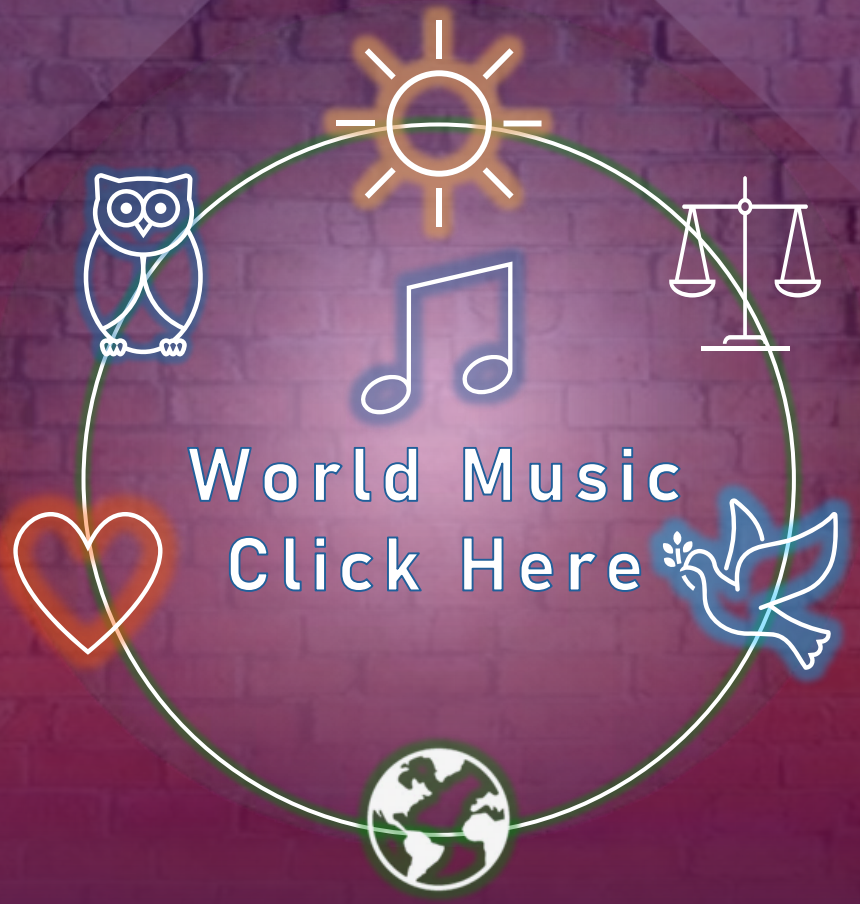
	Toxic	Healthy
Affirmation	**The happy word police ignore real issues** **Moralism creates guilt and shame**	**Healthy thinking creates inner balance and wellbeing**
Dissent	**Harmful to innocent people** **Authoritarian gaslighting** **Dissatisfaction to manipulate and control**	**Needed to identify necessary change and improvement of systems**
Indifference	**Ignores other's feelings, needs, and rights**	**Ignores fake news and toxic media**

Wisocracy World Café
Love
Earth
Wisdom
Nature
Justice
Peace
Café
Music & Art

See you here
on the First Friday
of the Month. . .
Wisdom
Democracy
World Café
Love
Earth
Wisdom
Love
Justice
Peace

Wisocracy World Café

Wisocracy World Café



Serendipity
Wisdom
Simplicity
Appreciation
Gratitude
Compassion
Peace
Serenity
Mindfulness
Meditation
Love
Earth
Wisocracy
World
Gallery

Creating the World We Want

Fun

Friendly

Kind

Warm

Happy

Grateful

Positive

Peaceful

Wisocracy World Café

Wisdom

Nature

Love

Justice

Peace

Wisocracy World Café

Convivial Congenial

Sociable

Pleasant

Friendly

Agreeable

Fun

Gatherings in the Cafe

Wisocracy World Café

Open Mic Night

Wisocracy World Café

Friday, March 7, 2 pm

We will talk about this at the next gathering...

In awe of the sacred,
with reverential respect for whatever created the Universe,
that holds over 200 billion trillion stars...
with such beautiful temples...

Why do religious people like to fight so much?

Bring your sense of humor...
😊

Register Here

Authoritarians
Religions
Cults
Mind Control
Social Control
Political Control
Economic Control
Environmental Control

Postcards from the Café

☺

Dear One,

I hope you can join us at the next Wisocracy World Café gathering next month. We enjoy trying to figure out how to have more peace, love, happiness, and sustainable, wiser systems where all people thrive.

The hot chocolate is delicious... Tell friends who are bright, fun, creative, and care about our planet... Hope to see you there...

Hugs & Love, S. ☺

FROM

Wisocracy World Café

TO

Stardust, Golden, Billion-Year-Old Carbon

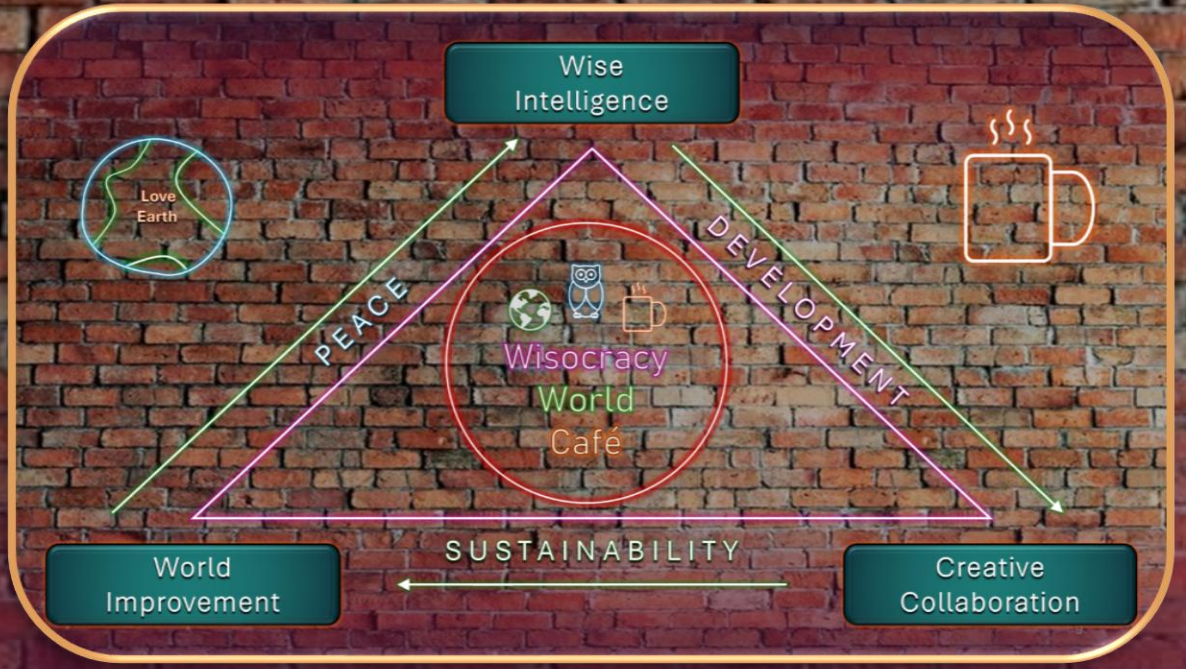
Particles of Change Orbiting Around the Sun

Grateful for the Universe

An Appreciator of Sacred Earth

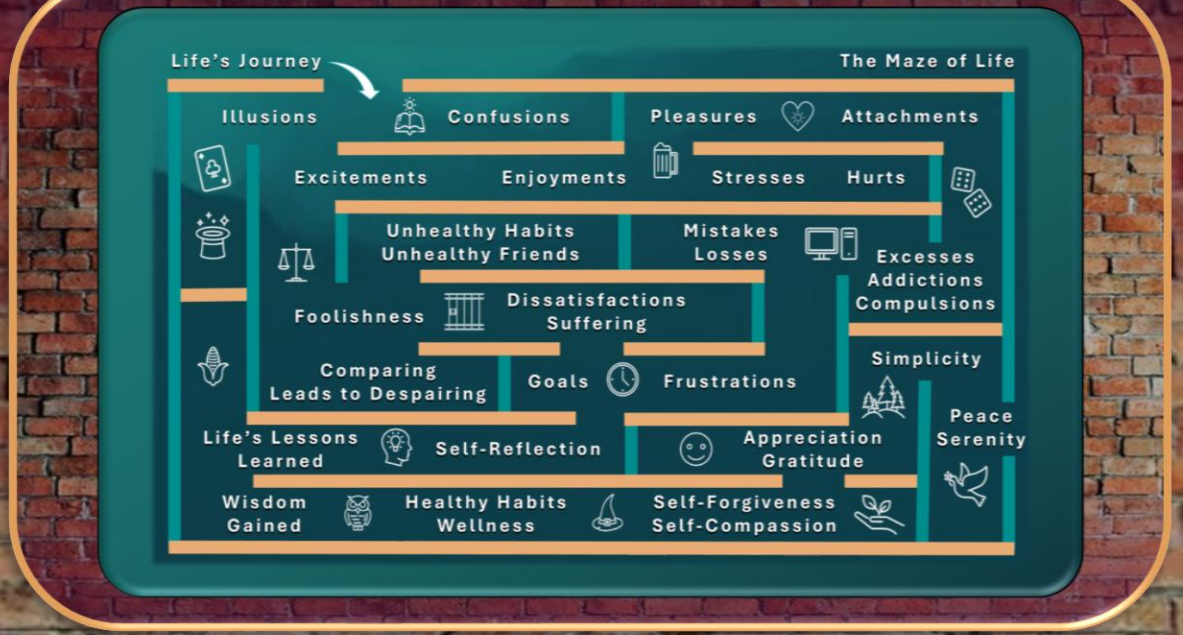
Wisocracy World Café
Love
Earth
Wisdom
Nature
Love
Justice
Peace

Love
Earth
WISOCRACY
for
Wise People,
Wise Leaders,
Wise Systems,
Wise Democracy,
Peace & Nature
Wisocracy
World
Café
Wisocracy
World
Gallery
Become A Wisocracy Member Here


Wise
Intelligence
Love
Earth
PEACE
DEVELOPMENT
Wisocracy
World
Café
SUSTAINABILITY
World
Improvement
Creative
Collaboration

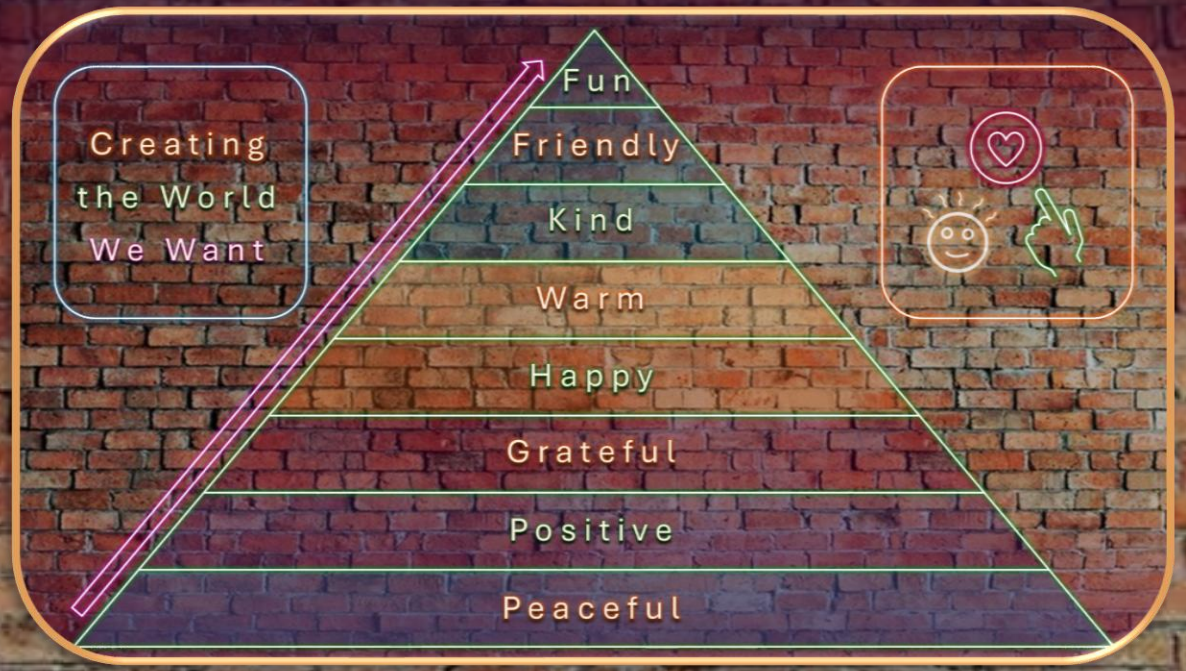
Wisdom
Nature
Love
Justice
Peace
Wisocracy World Café
Coffee Tea
Hot Chocolate
Conversation
Good Humour
Creativity
A portal to our imagination for creating the world we wish to be...
Love
Earth
Serendipity
Wisdom
Simplicity
Appreciation
Gratitude
Compassion
Peace
Serenity
Mindfulness
Meditation
www.Wisocracy.org

Wisocracy World Café



Wisocracy World Café

Wisocracy World Café



Wisocracy World Café

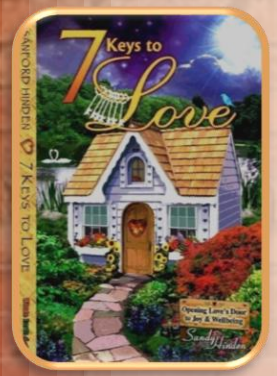
Wisocracy World Café
Love Earth
Wisdom
Nature
Love
Peace
Wisocracy
World
Café

Wisocracy World Café
Love
Earth
Wisdom
Nature
Love
Café Host

Sanford Hinden

Educator, Organizer, Author

Contact



- In his early work life, Sandy Hinden played drums in small jazz and rock bands. His grandfather and father ran *Hinden's Music Shop* in East Harlem, NY, from around 1915 to 1955. Sandy grew up listening to records of classical, jazz, Broadway, and rock music.
- Sandy was director of *Community Partners for Coordinated Services* for *Suffolk Community Council,* and executive director of the *Dix Hills Performing Arts Center*.
- Sandy provides programs for libraries and organizations in person and on Zoom in personal development, communications and relationships, and social and global development for peace and sustainability.
- He worked locally, nationally, and globally developing organizations, projects, and programs for peace, the environment, health, human services, education, and the arts.
- He helps seniors, adults, teens, and children reach their full potential and enjoy life more.
- In 2009, he wrote and published *7 Keys to Love – Opening Love's Door to Joy & Wellbeing.*
- Sandy works on *Wisocracy* for wise democracy, wisdom, wellness, peace, and nature.
- He is available for coaching in communication, habit change, and recovery.

MUSIC SHOP
NOGRAPHS, RECOROS
AND
SUPPLIES
FREE
BROADWAY ROSE
EXPERT REPAIRING
ON PREMISES
1582

c. 1915

Wisdom
Nature
Love
Justice
Peace
Wisocracy
World
Café
Love
Earth

c. 1964

"Sandy's whole-systems thinking is empowering and enlightening. I would recommend any educational materials he creates as of superior value."
Meg Rivers
Senior Production Specialist at HBO / HBO Max

Sandy Hinden is a very exceptional human being entirely devoted to a better, ideal world. I have known him for more than 30 years. He constantly inspired me for my work and efforts at the United Nations. He had ceaseless great ideas.

He encouraged me to not give up. I would be so happy to see him in charge of a major newspaper section on good news and happiness for the people. He would be very precious to a major philanthropic organization, especially one dealing internationally. I would support his candidacy with the highest terms.
Dr. Robert Muller (1923-2010)
Former UN Assistant Secretary General
Cofounder, UN University for Peace, Costa Rica

"Sandy is an inspirational actionist! He is not afraid to ask the tough questions and explore heartfelt responses to them. The ones that have to do with how we got into this mess as humanity, and what it's going to take for us to get out of it. His wealth of experience and human kindness, combined with political savvy and collaborative working style, make learning with and from him an enriching experience, and always a joy."
Alexander Laszlo
Global Systems Educator

"Sanford Hinden is one of the most humane, compassionate, loving human beings I have ever met. He speaks and acts from deep wisdom about what people need – and what the world needs now. I trust him and have learned immensely from him."
Ronald Gross
Founder/Director, Conversations New York
Co-chair, University Seminar on Innovation, Columbia University

WISOCRACY

for

Wise People,
Wise Leaders,
Wise Systems,
Wise Democracy,
Peace & Nature

Become A Wisocracy Member Here

Wisocracy World Café
Love
Earth
Wisdom
Nature
Love
Justice
Peace