

A vibrant, colorful nebula in space, featuring a view of Earth in the center. The nebula is composed of various colors including blue, purple, and pink, with bright star clusters and glowing filaments. The Earth is shown from a perspective that highlights the continents of Africa, Europe, and Asia, with the Atlantic Ocean and Indian Ocean visible. The text "Wisdom Index & Wise Leadership" is overlaid on the Earth in a white, sans-serif font.

Wisdom Index & Wise Leadership

SANFORD HINDEN ❖ WISOCRACY
Wise Democracy through Wisdom & Wellbeing

Wise People



Wise Planet

Many people and leaders are emotionally damaged and become egotistical, selfish, foolish, competitive, aggressive, belligerent, and repressive.

They make decisions that benefit themselves and harm people and nature.

They do not think about the wellbeing of people and our planet into the future.

We needed people and leaders who are humble, egoless, wise, compassionate, and collaborative.

"The better angels of our nature."
- Abraham Lincoln

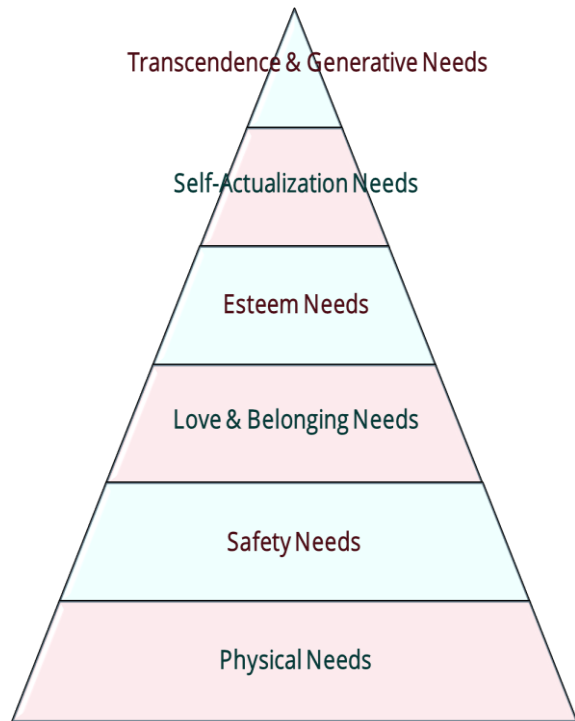
Humans have, so far, been unable or unwilling to live up to the ideal of "the better angels of our nature".

To help people fulfill the need to align with their wiser self, higher self, "the better angels of our nature", we are developing the **Wisdom Index** to help humanity and Earth identify traits of wise people and wise leaders.

Wise People



Wise Planet

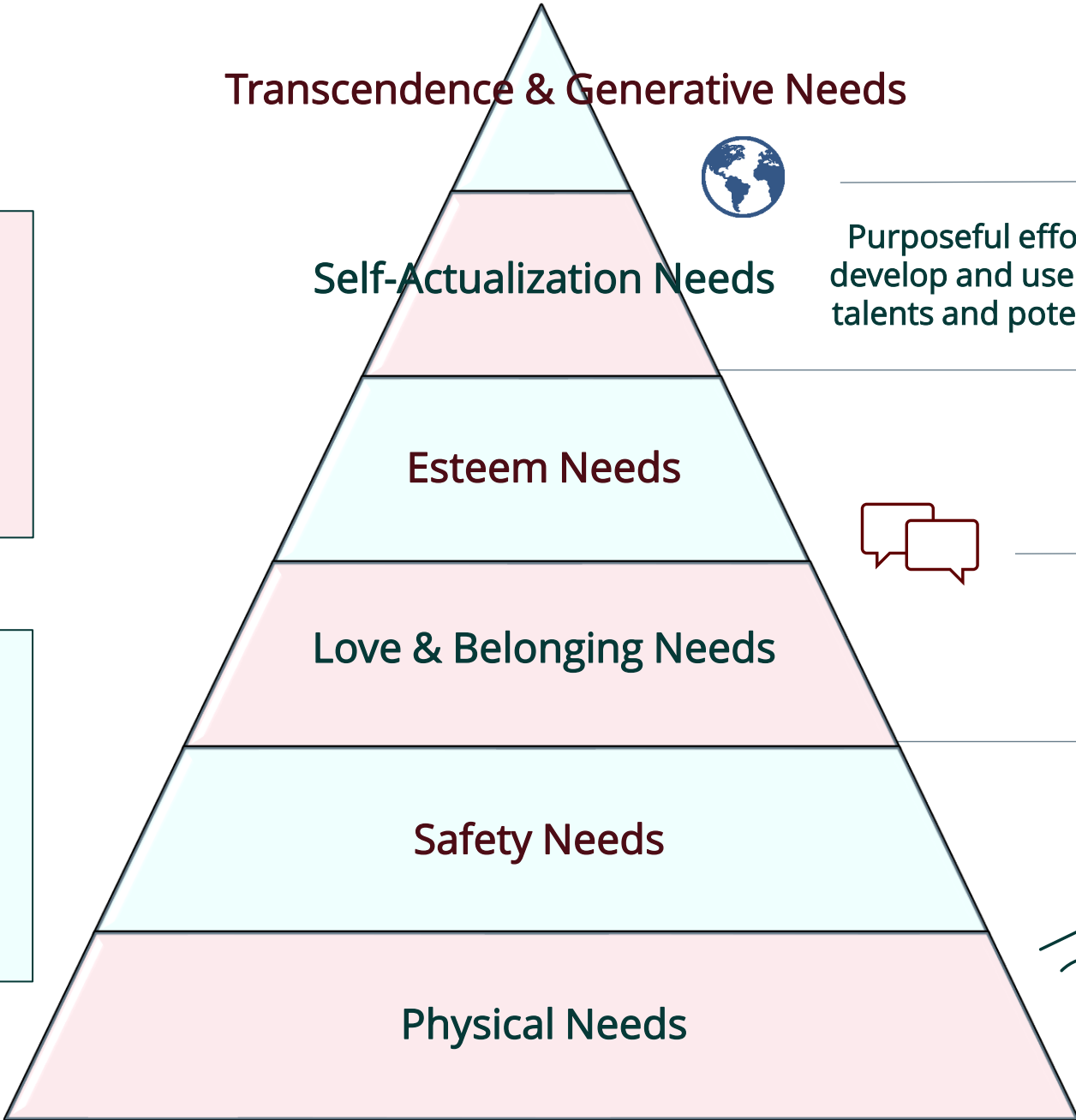


- **Humans have been evolving in consciousness and wisdom over millions of years.**
- **To help people fulfill the need to align with their wiser self, higher self, "the better angels of our nature", it is important to understand the nature and functioning of the human being.**
- **Humans developed values, ethics, and morals, and clarified character traits and character development processes to become socially organized.**
- **All humans seek to fulfill their multitude of needs. Sometimes, they seek to fulfill their needs in ways that are harmful to themselves or others.**
- **In their genes, they are driven by a powerful need to keep perpetuating life through procreation and survival. Sex was pleasurable to continue life.**
- **The need for sex can then be satisfied in healthy ways, or over-stimulated through profit-driven commercial sex.**
- **When repressed, the sexual drive can become distorted.**
- **Humans need a healthy expression of sexuality or their need for sex can become repressed and disowned in a "shadow" self, the unconscious. Sex, money, and power can then become intertwined, leading to unhealthy, harmful behavior toward the self or others.**

Human Needs

Lack of needs satisfaction creates emotional and social conflict.

What are you feeling and needing?
What would you like?



Transcendence & Generative Needs

Inspiration, Oneness with Creation-Universe, Sun, Earth, Ancestors, Future Generations, Care for Earth & the Whole

Self-Actualization Needs

Purposeful effort to develop and use one's talents and potentials

Meaning, Purpose, Expression, Explanations, Understanding, Education, Freedom, Direction, Creativity, Intellectual & Aesthetic Fulfillment

Esteem Needs

Self-respect, self-esteem, self-appreciation, respect from others

Love & Belonging Needs

Nurturing relationships, Friendship, intimacy, family, a sense of connection, compassion, community, happiness, wellbeing

Safety Needs

Peace, trust, personal security, employment, resources, healthy environment

Physical Needs

Air, water, food, shelter, health, sleep, clothing, pleasure, reproduction



Need Satisfiers – Ways of Meeting Needs

<p>Violators</p>	<ul style="list-style-type: none"> • Claim to be satisfying a need. • Yet in fact make it more difficult to satisfy a need. 	<ul style="list-style-type: none"> • Arms race • Drinks that cause dehydration
<p>Pseudo Satisfiers</p>	<ul style="list-style-type: none"> • Claim to be satisfying a need. • Yet in fact have little to no effect on really meeting such a need. 	<ul style="list-style-type: none"> • Some toys • Glamour or lifestyle accessories for self-esteem
<p>Inhibiting Satisfiers</p>	<ul style="list-style-type: none"> • Over-satisfy a given need. • While seriously inhibiting the possibility of satisfaction of other needs. 	<ul style="list-style-type: none"> • Dictatorship • Addictions, consumerism • Junk media, junk food • Overprotective parent • Permissive parent
<p>Singular Satisfiers</p>	<ul style="list-style-type: none"> • Satisfies one need only. • Neutral to the satisfaction of other needs. 	<ul style="list-style-type: none"> • Poorly designed housing programs
<p>Synergistic Satisfiers</p>	<ul style="list-style-type: none"> • Satisfies a given need. • While simultaneously contributing to the satisfaction of other needs. 	<ul style="list-style-type: none"> • Democratic community • Nutritional food • Coliving arrangements

Learning

is an active constructive, cumulative, and goal-oriented process, that involves problem-solving.

Wisdom

is the ability to think or act using knowledge.

Gnosis

means knowing through observations, experiences, logic, or reason.

Values

Valere
Be strong, be well

What is of worth
What is of value
What is important

Ethics

Ethos
Character

Distinctive mark
Distinguishing qualities

Morals

Mores
Ways, customs

Vices, virtues
Evil, good



How we choose to interact with each other

Good-Bad

Right-Wrong

Just- Unjust

Fair-Unfair

Principles are identified for Human Rights, Fundamental Freedoms, Rights of Nature

Laws

created to protect general safety, and ensure rights as citizens against abuses by other people, by organizations, and by the government itself.

Institutions, Agencies, Policies & Programs

created to help people live better lives

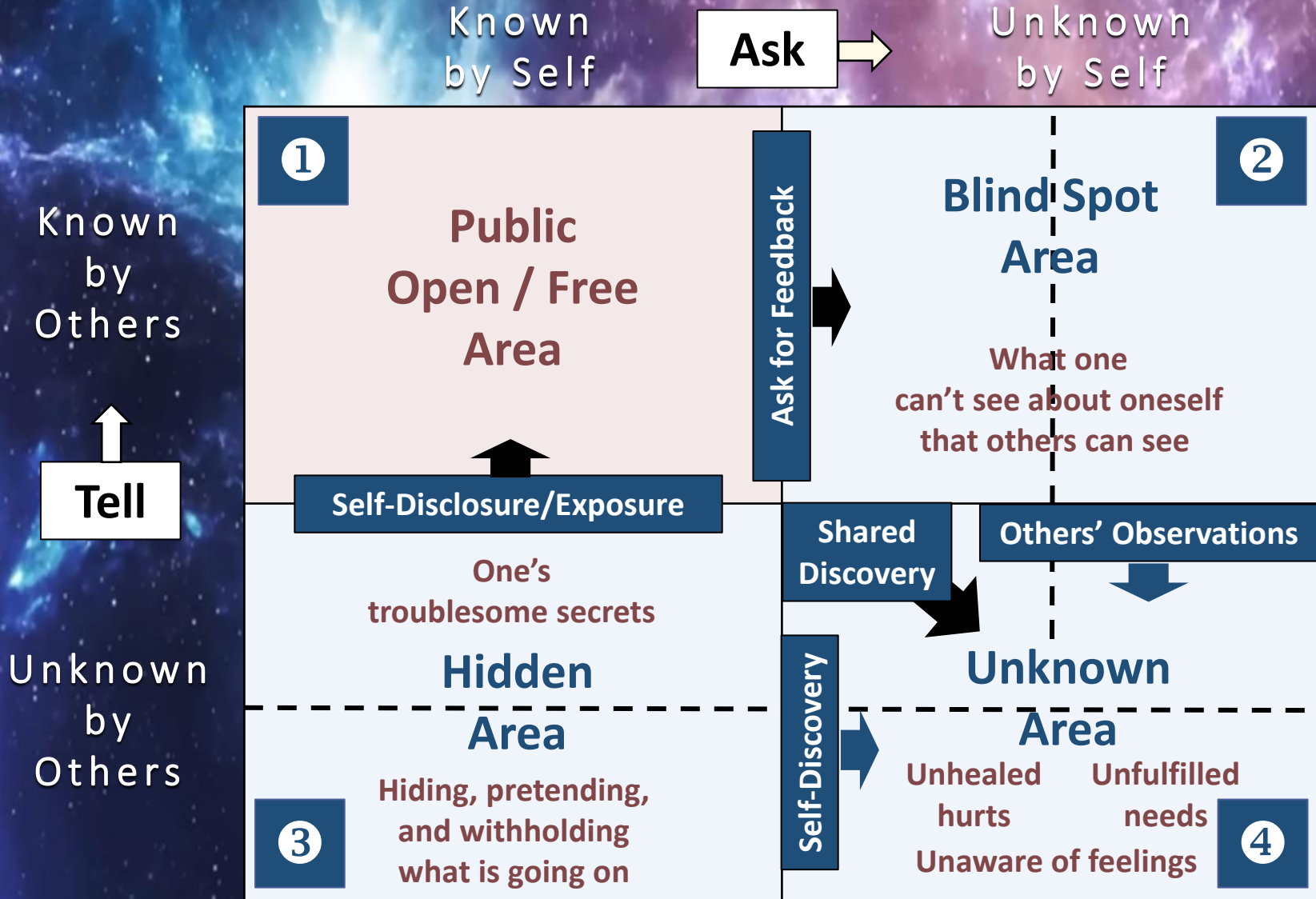
JOHARI WINDOW

The Johari window is a technique that helps people better understand their relationship with themselves and others. It was created by psychologists **Joseph Luft (1916–2014)** and **Harrington Ingham (1916–1995)** in 1955. It is used in self-help groups and corporate settings as a self-discovery exercise.

The Johari Window, helps us understand ourselves and others.

We can grow in different areas through:

- 2** Asking for feedback
- Self-disclosure, sharing experiences, feelings, values and needs
- 3** Receiving feedback, self-reflection, self-discovery



As the Blind, Hidden and Unknown areas are reduced, the Public - Open area expands.

Intimacy = In to Me You See

A composite image featuring a realistic view of Earth from space, showing the continents of Africa, Europe, and Asia. The Earth is centered in the frame. The background is a deep space scene with a prominent, colorful nebula in shades of blue, purple, and pink, and numerous stars scattered throughout.

Unwise
People & Leaders

Youth Anti-Social Behavior

ANTI-SOCIAL TRAITS	1	2	3	4	5	6	7	8	9	10	SOCIAL TRAITS
Disregard for the rights of others											Regard for the rights of others
Lack of empathy											Having empathy
Impulsivity, risky behaviors, engaging in illegal activities											Considering the potential consequences of one's actions
Repeated lying, manipulation, or deceitful behavior for gain											Honesty
Little or no remorse for harmful actions and may rationalize or justify behavior											Shows remorse for harmful action
Consistent irresponsibility											Fulfills work or financial obligations, responsibilities, and commitments

Fitness-for-Duty

Psychological Evaluation of Political Leaders

In 2023 there are 51 dictators on Earth

PSYCHOPATHIC TRAITS	1	2	3	4	5	6	7	8	9	10	HEALTHY TRAITS
Superficial / glib											Depth of thinking
Grandiose / boastful											Modest
Deceitful											Honest
Lacks remorse											Can feel remorse
Lacks empathy											Empathetic
Doesn't accept responsibility											Takes responsibility
Impulsive											Deliberate
Poor behavioral controls											Shows appropriately restraint
Lacks goals											Goal-oriented
Irresponsible											Mature / responsible
Adolescent antisocial behavior											Healthy adolescent social behavior
Adult antisocial behavior											Healthy adult social behavior

A composite image featuring a view of Earth from space, showing the continents of Africa, Europe, and Asia. The Earth is set against a vibrant cosmic background with a blue and purple nebula on the left and a reddish-purple nebula on the right. The text "Wisdom Index" is overlaid in white, centered on the Earth.

Wisdom Index

Wisdom Index



- Rate yourself on a scale of 1 to 10 for the criteria.
- Can you remain calm and rational when discussing highly emotional issues?
- Do you distinguish right from wrong based on what is legal and ethical?
- Do you use evidence to make decisions, or do you base your decisions on assumptions and opinions?
- Ask yourself if you seek to resolve conflicts and solve problems?

		1	2	3	4	5	6	7	8	9	10	Score
1	Calmly and rationally discusses highly emotional issues											
2	Distinguishes right from wrong, based on legality and ethics											
3	Uses evidence to make decisions, not assumptions and opinions											
4	Seeks to resolve conflict											
5	Seeks to solve problems											
Total of 5 Scores ÷ 5 = Wisdom Index Score →												

A composite image featuring a realistic view of Earth from space, showing the continents of Africa, Europe, and Asia. The Earth is set against a dramatic cosmic background of a nebula with swirling patterns in shades of blue, purple, and pink. The text "Wise Leadership" is overlaid in white, centered on the Earth.

Wise Leadership

Wise Feelings

- Emotional self-regulation, remaining calm, managing emotional reactions when confronted with challenges, recognition of distress, grounding, and self-soothing.
- Prosocial emotions with others, concern for others with compassion, empathy, showing kindness, speaking gently to someone, considering their feelings, calming and comforting someone who is stressed, sad, or hurt.

Wise Thinking & Reasoning

- Remaining rational in difficulties and seeking conflict resolution and problem-solving.
- Distinguishing right from wrong based on what is legal and ethical and using evidence to make decisions.
- Exploratory attitude of curiosity, open-mindedness, inquiry, and self-reflection, that works synergistically to create more self-awareness and self-knowledge.
- Understanding what is possible for oneself and others is important for setting realistic expectations. What is realistic or unrealistic depends on talent, teamwork, emotional state, resources, and planning.
- Setting impossible goals, in unreasonably short time frames, leads to failure and disappointment. Realistic planning sets expectations to make gradual progress toward more ambitious goals.

Wise Behavior

- Assertively uses conflict-resolution and problem-solving strategies to attain goals.
- Sharing things, donating, volunteering time, offering to help someone, cooperating with others.

Wise Relationships

- Seeks relationships that are life-affirming, positive, constructive, sincere, authentic, and helpful.

Unwise Leadership Traits



1	Perspective	Sees Earth as a resource to be used and others as competition.
2	Paradigm	Operates within an old paradigm of Earth's exploitation and geopolitical competition for wealth and power.
3	Mindlessness	Unaware of feelings, one's needs, and what is going on around one, driven by unconscious life traumas.
4	Non-Reflective	Thoughtless, non-reflective, lack of awareness.
5	Power & Control	Values money and power over people and nature.
6	Process	Values inauthenticity, unaccountability, self-goals with win-lose.
7	Non-Improvement	Values self-promotion and self-aggrandizement.
8	Non-Learning	Does not continue learning, does not learn from mistakes.
9	Non-Listening	Does not listen well to what is said, and not said.
10	Advisors	Surrounded by sycophants and yes-people.
11	Options	Considers options for self-promotion and deception.
12	Life-Harming	Will con, scam, lie, cheat, steal and harm to win for personal gain.

Wise Leadership Traits



1	Perspective	Sees Earth in space and all connected in one living system.
2	Paradigm	Recognizes for humans to continue to evolve on Earth, leaders need to operate within a new paradigm of Earth's Wellbeing.
3	Mindfulness	Serenely returns to mindful awareness of feelings, one's needs, and what is going on around one.
4	Reflective	Thoughtful, self-reflective, increasing awareness.
5	Wellbeing	Values the wellbeing of people and nature.
6	Process	Values authenticity, accountability, efficacy (right goals).
7	Improvement	Values continual improvement of self and systems.
8	Learning	Life-long learning and learning from mistakes.
9	Listening	Listens well and deeply to what is said, and not said.
10	Advisors	Listens to thoughtful advisors.
11	Options	Considers options before making a decision.
12	Life-Affirming	Seeks life-affirming solutions for the common good of all.

A composite image of Earth from space, centered in the frame. The Earth shows continents in shades of green and brown, and oceans in deep blue. The background is a rich, colorful nebula with swirling patterns of purple, blue, and pink, interspersed with numerous bright stars of varying sizes. The overall scene is set against the dark void of space.

Feedback
Meeting
Contact



Wisdom Index & Wise Leadership

- **Do you agree with the criteria for the Wisdom Index?**
- **Do you have any other criteria for measuring wisdom?**
- **Would you like to participate in a discussion about the Wisdom Index?**
- **Do you have a group that would like to host a meeting about the Wisdom Index and Wise Leadership?**
- **You can schedule a meeting or send us your comments, feedback, or suggestions about the Wisdom Index and Wise Leadership.**

You can reach us here

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