

Quality  
Education

Funding Wisdom  
& Wellness  
Needs

Good  
Governance

Civic  
Deliberation

Building Trust  
& Collaboration



10 WAYS TO IMPROVE DEMOCRACY

Compassionate  
Communication

Solution  
Seeking

Meaningful  
Media

Wise  
Leadership

Wise  
Economy





# WISOCRACY

*for*

Wise People  
Wise Leaders  
Wise Systems  
Wise Democracy  
Peace & Nature

The  
Wisdom Group



Wise  
Self, Society  
& Nature

UNDERLYING  
ATTITUDES &  
WORLDVIEW

WHOLE-  
SYSTEMS  
DESIGN

INCREASING  
ECOLOGICAL,  
SOCIAL AND/OR  
ECONOMIC  
HEALTH

ATURE-INSPIRED  
PRINCIPLES

Rule of Law

Environment

Education

Economics

Politics

Psychology

Evolving Wisdom for Self, Society & Systems





# WISOCRACY

*for*

Wise People

Wise Leaders

Wise Systems

Wise Democracy

Peace & Nature



# WISOCRACY'S 10 WAYS TO IMPROVE DEMOCRACY



## Dear Friend for a Better World,

### The Negative News:

- For tens of thousands of years, brutal leaders have harmed people's lives – creating wars, enslaving, colonizing, and extracting wealth.
- Today, humans have evolved technologically with massive weapons, massive wealth, the technology to move money electronically, and the power to organize.
- We also have the media reporting on all this madness constantly. It is all overwhelming.
- There are 110 wars and conflicts in the world, driving global migration and reactionary government backlash, leading to over 70% of the people of the world living in authoritarian governments.
- There are 150,000,000 homeless people in the world with no solution in sight.

- The rapidly deteriorating environment creates floods, fires, drought, and agriculture damage.
- We need a way to improve the world, but we don't have it. Governments are failing to find solutions to problems. The UN is failing to create peace.

### The Positive News:

- Wisocracy has gathered 10 ways to improve democracy.
- We can help people become wiser, support wise leaders, and develop wiser systems.
- We can help bring peace and wellness to people, society, and nature.

Toward Wisocracy with you,  
Sandy Hinden





Democracy  
+ Wise People  
+ Wise Leaders  
+ Wise Systems  
= Wisocracy



# WISOCRACY'S 10 WAYS TO IMPROVE DEMOCRACY



Development	6
Introduction	18
The Problems	23
Crime	28
The Solutions	40
1 Quality Education	42
2 Funding Wisdom & Wellness Needs	59
3 Good Governance	63
4 Civic Deliberation	68
5 Building Trust & Collaboration	71
6 Compassionate Communication	89
7 Solution Seeking	99
8 Meaningful Media	109
9 Wise Leadership	114
10 Wise Economy	120
About	128



DEVELOPMENT

Over  
millions of years  
humans evolved  
technologically  
but not in  
character and  
wisdom





# Humans Have Been Trying to Grow Wiser for Thousands of Years

## Learning

An active constructive, cumulative, and goal-oriented process involving problem-solving.

## Wisdom

The ability to think or act well using knowledge.

## Gnosis

Knowing through observations, experiences, logic, or reason.

### Values

*Valere*

Be strong, be well

What is of worth

What is of value

What is important

### Ethics

*Ethos*

Character

Distinctive mark

Distinguishing qualities

### Morals

*Mores*

Ways, customs

Vices, virtues

Evil, good

How we choose to interact with each other

Good - Bad

Right - Wrong

Just - Unjust

Fair - Unfair

Principles are identified for Human Rights, Fundamental Freedoms, Rights of Nature

## Rule of Law

Created to protect general safety, and ensure rights as citizens against abuses by other people, by organizations, and by the government itself.

Institutions, Agencies, Policies & Programs

Created to help people live better lives.

# WISOCRACY DEVELOPMENT COMMITTEES

Programs  
& Events

Social  
Media

Membership

Youth

Wisdom  
Council

YOU CAN BECOME A  
COMMITTEE VOLUNTEER  
HERE

YOU CAN BECOME  
A MEMBER  
HERE





Homes  
for All

Health Care  
for All

Nature's  
Health

Quality  
Education  
for All

WISOCRACY  
WORKS FOR  
COMMON GROUND  
& SOCIETAL GOODS  
WE ALL AGREE ON

World  
Peace

Friendly  
Communities  
for All

Fair Work  
for All



# WISOCRACY WORLD - 9 REGIONAL TEAMS



Central &  
Eastern Europe  
& Central Asia

North  
America

Northern  
& Western  
Europe



East, Southeast  
Asia & Pacific

Latin America  
& Caribbean

Middle East  
& North Africa



South  
Pacific

South  
America

Sub-Saharan  
Africa





# WISOCRACY WORLD - 9 REGIONAL COORDINATORS

Promote  
Regional  
Wisocracy  
Membership  
& Manage  
Regional  
Member  
Database



Facilitate  
Quarterly  
Online  
Wisocracy  
10-Methods  
to Improve  
Democracy  
Program



Host A  
Monthly  
Regional  
Issues,  
Solutions  
& Resources  
Discussion  
Group



## WISOCRACY WORLD - 9 REGIONAL TEAMS

R e g i o n	N a m e	C o u n t r y
Sub-Saharan Africa		
Middle East & North Africa		
Northern & Western Europe		
South Pacific		
East, Southeast Asia & Pacific		
Central & Eastern Europe & Central Asia		
South America		
Latin America & Caribbean		
North America		

# Governance Literacy

Feelings are Pre-Linguistic Inner Sensemaking Signals that support Social Modes of Interaction that beget Governance Styles that beget the Emerged Social Sector.  
All exist simultaneously, with different degrees of prominence.

YEAR	FEELINGS	SOCIAL MODES OF INTERACTION	GOVERNANCE STYLE	EMERGED SOCIAL SECTOR
6000 BP	Fear	Authoritarianism	Hierarchy	Government
1600	Power, Ego, Pride	Individualism	Market	Corporate
1820s	Equality	Egalitarianism	Network	Unions NGOs Nonprofits Civil Society
1990s	Peace	Collective	Shared	Creative Commons Capital Commons
2050+ Wisocracy grows	Enthusiasm	Conscious	Creative Collaboration	Common Ground Wisdom Wellness



# The Evolution of Wisocracy

No freedom of speech, religion, education and information, constant surveillance, repression of dissent, military expansion

Multiparty elections are free and fair, satisfactory degrees of freedom of expression, freedom of association

Fake facts, conspiracies, greed, corruption, incivility, animosity, political polarization, social media culture war, can't stop 110 conflicts & wars, climate catastrophes, lack of problem-solving

Quality education for all, seek common ground, seek peace, wisdom & wellness solutions, fund human, social & Earth needs, regeneration

CLOSED  
AUTOCRACY

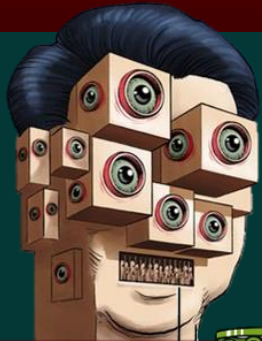
ELECTORAL  
AUTOCRACY

ELECTORAL  
DEMOCRACY

LIBERAL  
DEMOCRACY

DYSFUNCTIONAL  
DEMOCRACY

WISOCRACY



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# INTRODUCTION



# Autocracy

# Democracy

## CLOSED AUTOCRACY

## ELECTORAL AUTOCRACY

## ELECTORAL DEMOCRACY

## LIBERAL DEMOCRACY

- No multiparty elections for the executive.
- Lack of freedom of expression.
- Lack of freedom of association.
- Lack of free and fair elections.

- Multiparty elections for the executive exist.
- Insufficient levels of freedom of expression.
- Insufficient levels of freedom and association.
- Insufficient free and fair elections.

- Multiparty elections for the executive are free and fair.
- Satisfactory degrees of suffrage, freedom of expression, freedom of association.

- Requirements of Electoral Democracy are met.
- Judicial and legislative constraints on the executive.
- Protection of civil liberties and equality before the law.

# People living in democracies and autocracies, World

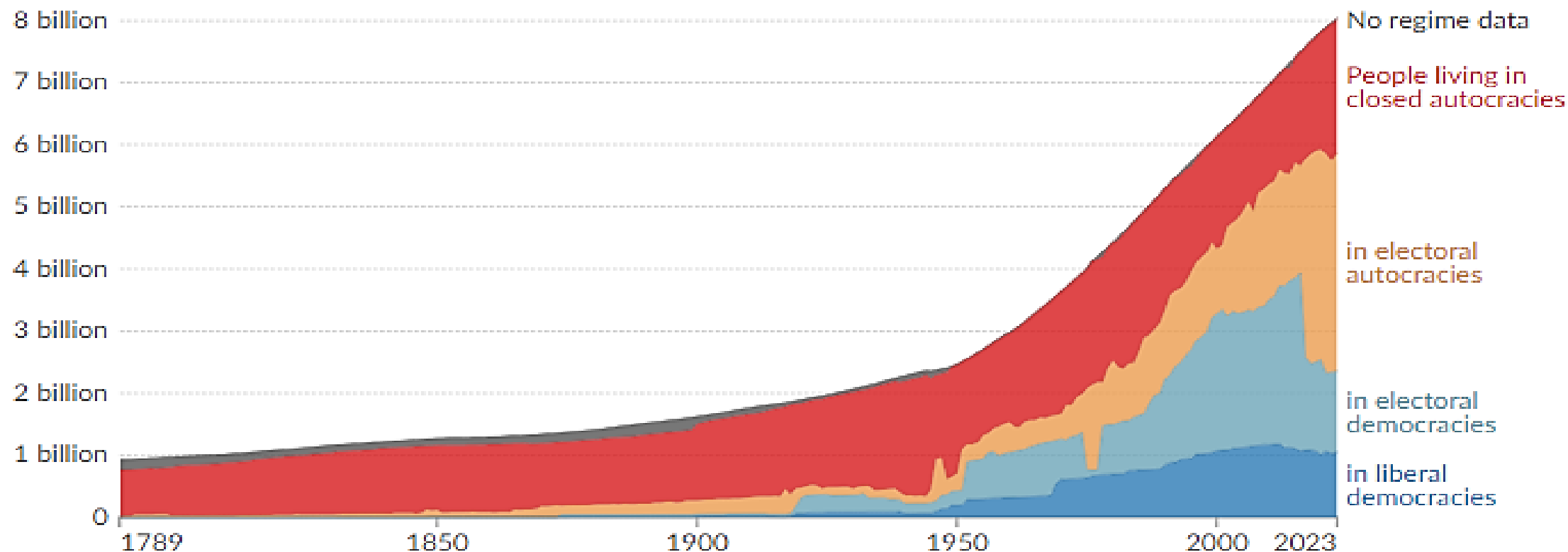
Our World  
in Data

Political regimes are based on the [classification](#) by Lührmann et al. (2018) and the estimates by V-Dem's experts.

Table Chart

Edit regions

Settings



1789 2023

Data source: V-Dem (2024); Population based on various sources (2023) – [Learn more about this data](#)

OurWorldInData.org/democracy | CC BY



# Deterioration of Society

## International Conflicts

- Problematic Multinational Alliances: (NATO, BRICS+, OPEC)
- Russia / Ukraine / NATO / United States
- North Korea / South Korea / United States
- Taiwan / China / United States
- Israel / Palestine
- Iran / United States / Israel
- Sudan / Russia (Influencer)
- Pakistan / India / China (Influencer)
- War drives global migration
- War blocks environmental progress as fossil fuel drives the war machine

## Social Conflicts

- Psychopathic leaders creating chaos
- Ever-expanding wealth gap leading to violence
- Global migration from corruption, crime, climate change and war causing arrival country backlash, shifting governments to the right
- Social media and culture war creating hatred and hostility
- Military, Industrial, Congressional, Intelligence, Media/Entertainment, Academic, Think Tank complex generating violence and war industries



M.A.D. or M.A.S.

## IT'S OUR CHOICE – WHICH IS IT?

**SHOCKING PHOTO SHOWS  
THE DEVASTATION NUCLEAR WAR  
AND CLIMATE CHAOS WOULD CAUSE**



**Mutually Assured Destruction**  
that destroys  
everyone and everything

**SHOCKING PHOTO SHOWS  
THE BEAUTY, WELLBEING, PEACE  
AND CLIMATE SAFETY WOULD CAUSE**



**Mutually Assured Survival**  
that safeguards  
everyone and everything

# THE PROBLEMS

**Economics**

No Funding for  
Quality Education to  
Strengthen People's Wisdom

Money Wasted  
in Ever-Expanding  
Military & Espionage

UN Can't  
Reach Consensus and  
Planet Keeps Deteriorating

**Politics**

**Cycle  
of Ignorance,  
Foolishness &  
Dysfunctionality**

**Civics**

Most People are in  
Denial & Many are Addicted  
to Something to Ease  
the Pain of Living

Petitions  
are Ignored by  
Governments

No Government  
Problem-Solving because  
Politics is a Win-Lose Game





# Devolution of Society



# Devolution of Politics & Government

1. Aggressive gerrymandering creates deeply partisan districts where representation is decided in primary contests, not general elections.
2. Politics becomes a system of binary conflicts of the Culture Wars (Traditional values vs. Modern values) with each side of the Culture War highly organized, marketing and promoting their side on social media and in public meetings.
3. The Culture War has led to extreme polarization and real war in Russia (Traditional) and Ukraine (Modern).
4. The political parties, fiercely represent one side of the binary issues and are incentivized to remain in conflict.
5. The public votes for their single issue only, even if the leaders of their party are not productive.
6. Social media and cable news incentivizes politicians to perform for the camera.
7. Televised committee hearings make legislators into budding social media stars. Congressional committees are no longer venues for Congress to have dialogue with administrative agencies. They are there to get viral memes and then do fundraising.
8. Political parties can become captive to their loudest and most extreme members. Activists on the fringes of the parties are the people who turn out in primaries, so those are the people deciding those districts.
9. The media then also immensely profit from this conflict by generating audiences.
10. The Legislative branch is in such conflict that the Executive branch and the Judicial branch step in to fill the void.
11. The public's loss of faith in the government itself has created a vicious cycle, where some elected representatives appear determined to prove that the government doesn't work by actively undermining it.

# Binary Issues / Values Conflicts / Culture War

TRADITIONAL / CONSERVATIVE	MODERN / LIBERAL / PROGRESSIVE
Traditional Family	LGBTQ Rights & Family
Pro-Life	Pro-Choice
Anti-Regulation	Pro-Environment
Gun Rights	Gun Control
Low Taxes	Fair Taxes
Small Government	Government Solutions
Anti-Immigration	Sensible Immigration
Traditional Roles	Women's Rights
White Rights & Jobs	Color Equity & Jobs
Religion in Schools	Separation of Religion and State
Law & Order	Freedom
Anti-Pornography	Pro-Pornography



Crime

**Global  
Peace  
Keeping**

**Global  
Climate  
Mitigation**

**"Crime has  
internationalized faster  
than law enforcement and  
world governance..."**

**Antonio Maria Costa  
Former Executive Director  
United Nations Office on Drugs and Crime (UNODC)**

**The Globalization of Crime:  
A Transnational Organized Crime Threat Assessment**

**Global  
Sustainable  
Development**

**Global  
Migration  
Amelioration**

# Gangs to Transnational Organized Crime to War



1	Neighborhood-based gangs
2	Prison gangs, white nationalist gangs, outlaw motorcycle gangs, national-level street gangs
3	Transnational gangs
4	Organized crime, cartels-consortiums
5	Global hackers, ransomware, money laundering, traffickers in drugs, weapons, guns, sex, data
6	Militias, mercenaries, terrorists
7	The ongoing expansion of military and espionage spending, creating greater distrust, conflict, and war, while at the same time lack of funding for human, social, and Earth needs cause deterioration.



# MUTUALLY ASSURED SURVIVAL (M.A.S.) PROCESS

## Trust Building & Peace Building

### Gradual Global Disarmament

through

Annual 10% Military Expenditure Reduction

### End Fossil Fuel Subsidies

by making corporations pay costs  
of health and environmental damage



### Investments in Human & Social Needs

Water, Food, Energy

Health, Housing, Education

Income & work

Political voice

Networks

Peace & Justice

Gender equality

Social equity



### Investments in Earth's Needs

remediation of  
Climate change

Ocean acidification

Chemical pollution

Nitrogen & phosphorus loading

Freshwater withdrawals

Land conversion, Biodiversity loss

Air pollution, Ozone layer depletion

# Media

We need Wise Global Governance and the Rule of Law on the global level, or creative criminals get richer by using technology, manipulating weaknesses in the system, and corrupting governments.



CLIMATE	<a href="#">Vermont becomes 1st state to require oil companies to pay for climate change damages</a>
CRIME	<a href="#">The Most Important National Security Issue Facing America, With the Least Amount of Attention</a> – Criminals take control of territory south of the border.
ORGANIZED CRIME	<a href="#">In Italy's Puglia region, women take the lead in challenging the local mafia at great personal risk</a>
GANGS	<a href="#">As Haiti crumbles around us, we hold our communities together</a>
HACKING	<a href="#">Ticketmaster hack may affect more than 500 million customers</a>
CORRUPTION	<a href="#">Investors, worried they can't beat lawmakers in stock market, copy them instead</a>
WAR	<a href="#">Gabor Mate: "Gaza occupies my heart!"</a> – On colonialism, exploitation, justice for peace, toxic culture, healing trauma.
NUCLEAR ANNIALATION	<a href="#">The nuclear nightmare is real</a> – by David G. Newman <a href="#">Population, Weapons, Military Growth</a> – by Sanford Hinden
RULE OF LAW	<a href="#">Opinion: Unfounded attacks on the Justice Department must end Conspiracy theories, falsehoods and threats of violence against DOJ personnel are not normal.</a> - By Merrick Garland

# Gangs to Transnational Organized Crime to War



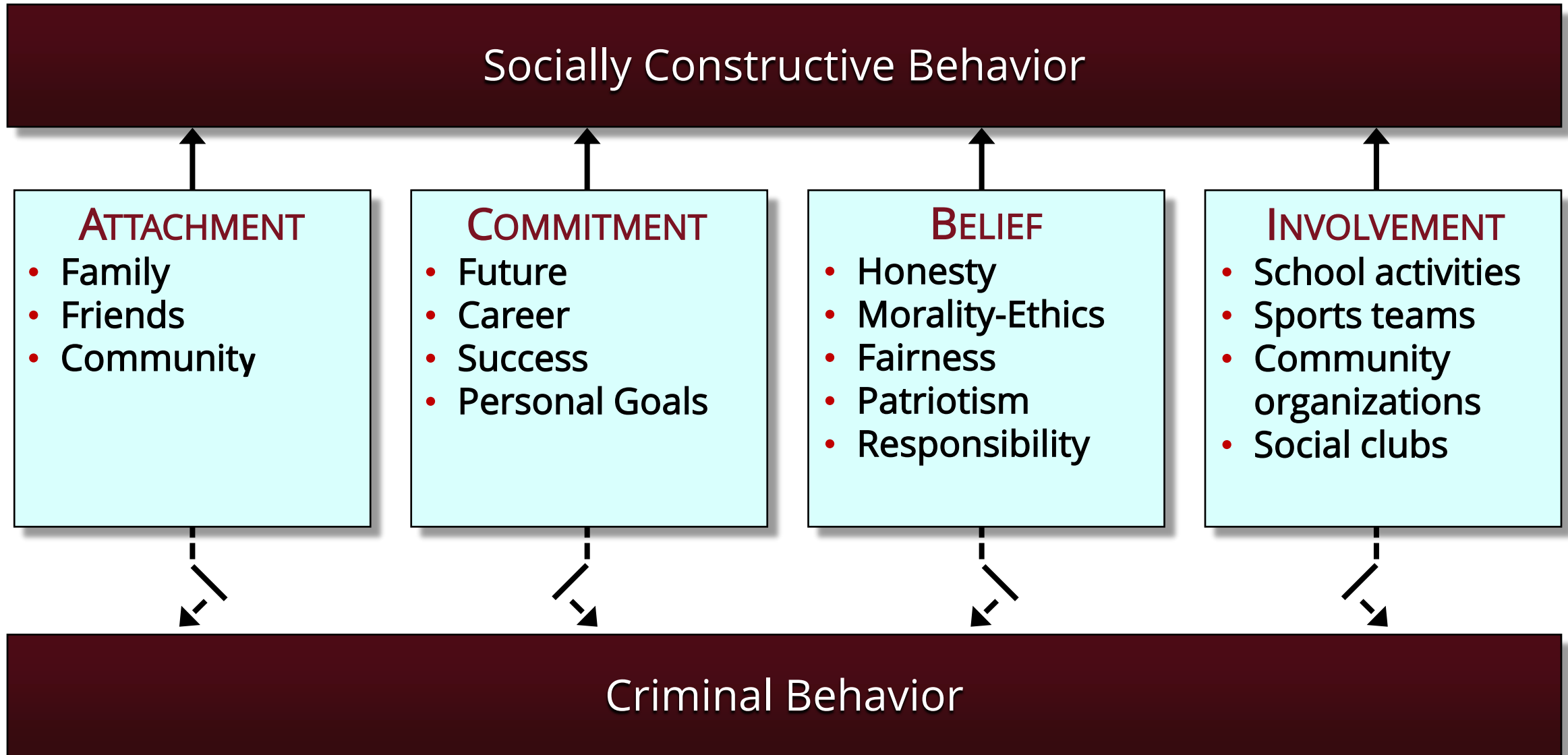
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# Dysfunctionality of Boys & Men

Ages	Issues	Needs
0-5	<ul style="list-style-type: none"> <li>• Culture of violence in media and games</li> </ul>	<ul style="list-style-type: none"> <li>• Culture of curiosity, creativity, peace, wisdom</li> </ul>
5-10	<ul style="list-style-type: none"> <li>• Lack of empathy and compassion</li> <li>• Mistrust</li> <li>• School difficulties, lowering of self-esteem</li> </ul>	<ul style="list-style-type: none"> <li>• Being treated with kindness</li> <li>• Nurturing relationships; trust in positive people</li> <li>• Tutoring in needed subjects</li> </ul>
10-15	<ul style="list-style-type: none"> <li>• Lack of interpersonal communication skills</li> <li>• Being bullied or bullying</li> </ul>	<ul style="list-style-type: none"> <li>• Opportunities to learn interpersonal communications skills</li> <li>• Build resilience and work skills</li> <li>• Develop positive values and principles for living</li> </ul>
15-20	<ul style="list-style-type: none"> <li>• Meaninglessness, confusion</li> <li>• Drug sales in the community</li> <li>• Addictions start to form to alleviate emotional pain</li> </ul>	<ul style="list-style-type: none"> <li>• Life-enhancing opportunities to learn about wisdom, wellness, and how to help the community and the world</li> </ul>
20-30	<ul style="list-style-type: none"> <li>• Men become isolated and involved with unhealthy people, activities, addictions</li> </ul>	<ul style="list-style-type: none"> <li>• Career counseling</li> <li>• Involvement in the community</li> <li>• Recovery from addictions</li> </ul>
30-40	<ul style="list-style-type: none"> <li>• Some men are unable to have a stable career, relationships, housing, family</li> <li>• Brutalist, merciless worldview</li> </ul>	<ul style="list-style-type: none"> <li>• Counseling, community involvement, career development</li> </ul>
40-50	<ul style="list-style-type: none"> <li>• Alienation, drawn into angry causes, rage</li> </ul>	<ul style="list-style-type: none"> <li>• Midlife clarification of meaning and purpose</li> </ul>
50-60+	<ul style="list-style-type: none"> <li>• Cynical, sarcastic, negative, numbness</li> </ul>	<ul style="list-style-type: none"> <li>• Meaningful living, wisdom, wellness, mentoring</li> </ul>

# Psychosocial Bonding



# Anti-Social & Social Behavior

ANTI-SOCIAL TRAITS	1	2	3	4	5	6	7	8	9	10	SOCIAL TRAITS
Disregard for the rights of others											Regard for the rights of others
Lack of empathy											Having empathy
Impulsivity, risky behaviors, engaging in illegal activities											Considering the potential consequences of one's actions
Repeated lying, manipulation, or deceitful behavior for gain											Honesty
Little or no remorse for harmful actions and may rationalize or justify behavior											Shows remorse for harmful action
Consistent irresponsibility											Fulfills work or financial obligations, responsibilities, and commitments



Hurt & Unhealthy Men	Healed & Healthy Men
Lost, Meaningless, Disillusioned, Ruthless Worldview	Understanding, Explanations, Meaning, Purpose, Principles
Mistrusting, Lonely, Alienated, Numb	Nurturing Relationships Belonging, Healthy Friends
Shameful, Self-Hating, Helplessness	Self-Empathy, Self-Appreciation, Resilience, Agency
Addictive Behavior	Inspired, Motivated
Cynical, Angry, Resentful, Rageful	Constructive Expression, Community Participation
Involved in Hate Groups, Gangs Aggressive, Violent, Crime, Corruption	Growing Wisdom & wellness



# The Growth of Gangs



Lack of  
Guidance, Values, Mentors, Education, Employment, Healthy Families, Healthy Communities



## GANGS WORLDWIDE



### Benefits

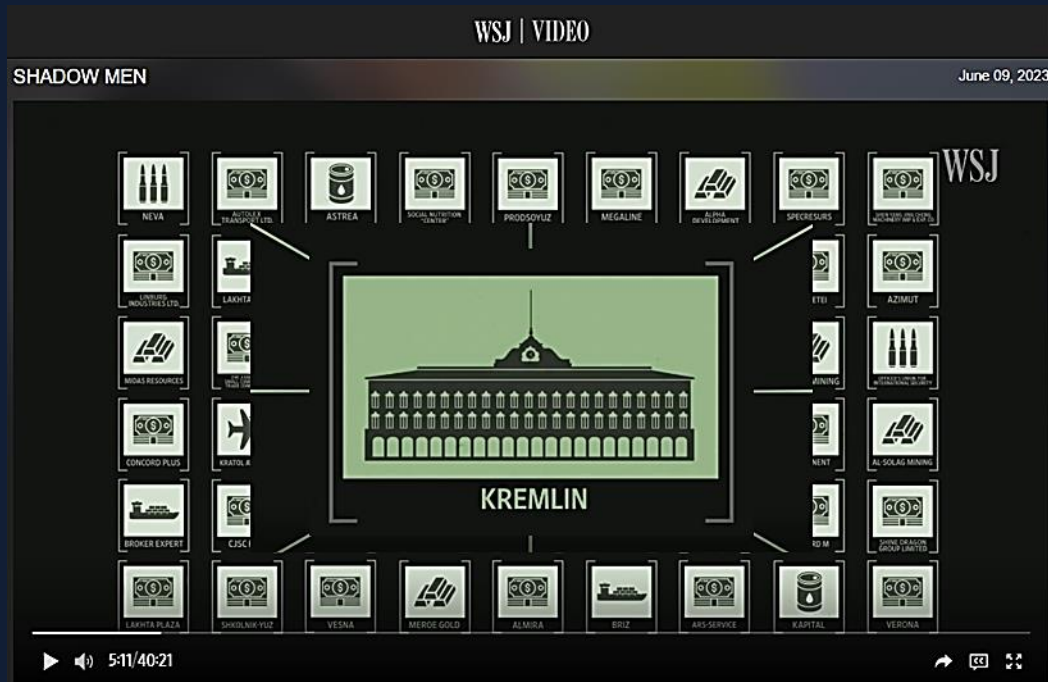
- Sense of identity
- Sense of belonging, family, community
- Protection against other gangs
- Adventure, intensity
- Sense of spirituality, group ritual
- Money
- Avoid thinking about the future

### Consequences

- Dropping out of school
- Teen parenthood
- Unemployment
- Victimization
- Drug, alcohol, and sexual abuse
- Petty and violent crimes
- Juvenile conviction and incarceration
- Being harmed or killed

# Military-Criminal Business Connections

## The Wagner Group Private Military & Minerals Company



Shadow Men:  
Inside Wagner, Russia's Secret War Company  
Video by the Wall Street Journal

## Blackwater Private Military Company



UN Report Supports Allegations of Arms Trafficking  
by Erik Prince to Libya, Prompting Indictment

Erik Prince, Founder of Blackwater,  
Faces Indictment in Austria for Trafficking Arms  
to Libya in Violation of UN Arms Embargo



# THE SOLUTIONS

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1

Quality Education  
Valuing  
Wisdom & Wellness



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millions of years  
humans evolved  
technologically  
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character and  
wisdom



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*Ethos*

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Ways, customs

Vices, virtues

Evil, good

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Institutions, Agencies, Policies & Programs

Created to help people live better lives.



# Library of Celsus in Ephesus

(second century)



Sophía



Click  
here to see a  
History of  
Political Leadership  
& Systems  
on pages 33-48 in the  
*Land of Wisdomia*  
Game

Along the outer wall, four recesses contain female statues representing **wisdom (Sophia)**, **knowledge (Episteme)**, **intelligence (Ennoia)**, and **virtue (Arete)**.



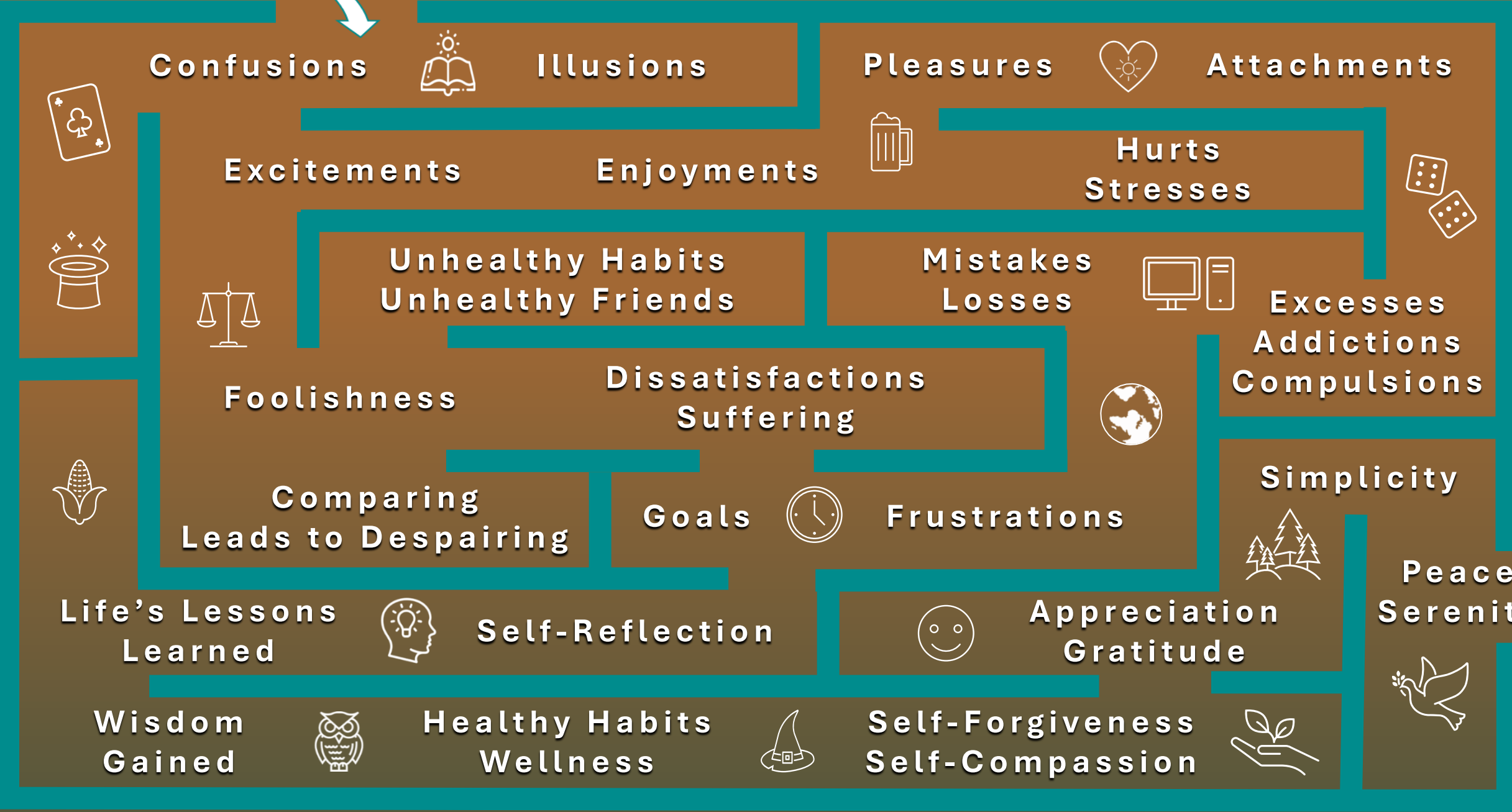
# Evolving Vices to Virtues

UNHEALTHY / VICES	DEFINITION
Pride (Arrogance)	A life centered in self
Envy	Feeling sorrow at another person's good
Wrath (Anger)	Unreasonable desire for vengeance
Sloth (Laziness)	Reluctance to work or make an effort
Avarice (Greed)	Extreme desire for wealth or material gain
Gluttony	Habitual overindulging and excess
Lust	Treating others as a sexual object just for pleasure

HEALTHY / VIRTUES	PRACTICE
Humility	A life of modesty and collaboration
Admiration	Praising others
Forgiveness	Understanding and taking steps to calm and mend self or a relationship
Conscientious	Doing what is right to do one's work or duty well and thoroughly
Generosity	Giving unselfishly for the common good
Moderation, Self-Control	Understand cues that activate your brain to lose self-control and binge
Healthy Relationship	Treating others with dignity and respect



Life's Journey



# Maturation of A Global Civilization

CHILDHOOD

**Birth of Civilization**

Creation of Agriculture

Pre-Industrialization

Nature in Balance

Earth Wisdom

Living in  
Balance with Nature

ADOLESCENCE

**Growth of Industry**

Use the Planet's Carbon Resources  
to Fuel Industrialization

Climate Change  
Denial of Climate Change

Climate Destruction

Autonomous Killing Machines  
Nuclear Weapons Proliferation

Destroy Democracy & Civilization

Economics of Growth,  
Die-off, Extinction

MATURITY

**Conscious & Mature**

Developing  
Greater Character,  
Compassion,  
Wisdom & Ethics

Developing a  
Sustainable Civilization

Wisocracy

wellness  
Economy



**“Democracy cannot succeed  
unless those who express their choice  
are prepared to choose wisely.  
The real safeguard of democracy,  
therefore, is education.”**

**President Franklin Roosevelt**

# Strengthening Democracy Worldwide

## THE FOUR PILLARS OF DEMOCRACY

EQUITY/OPPORTUNITY

REPRESENTATION

FREEDOM

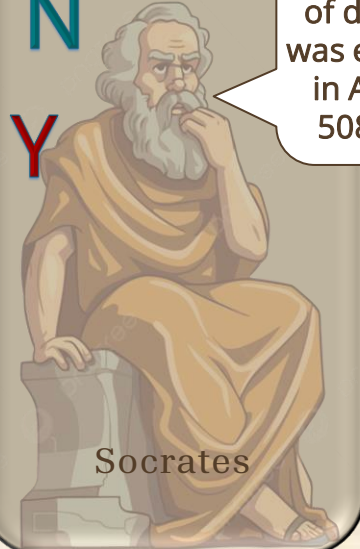
JUSTICE

DEMOCRACY EDUCATION  
GOVERNANCE LITERACY  
CIVIC DELIBERATION



Sophía

Wisdom  
is needed for  
democracy  
to flourish.



Socrates

The first type  
of democracy  
was established  
in Athens. in  
508-507 BC

## DEMOCRATIC INSTITUTIONS

Quality Education

Free Media

Free & Fair Elections

Fair Courts

Entrepreneurship

Worker-Owned Cooperatives

Unions



# Governance Literacy

Feelings are Pre-Linguistic inner Sensemaking Signals that support Social Modes of Interaction that beget Governance Styles that beget the Emerged Social Sector.  
All exist simultaneously, with different degrees of prominence.

YEAR	FEELINGS	SOCIAL MODES OF INTERACTION	GOVERNANCE STYLE	EMERGED SOCIAL SECTOR
6000 BP	Fear	Authoritarianism	Hierarchy	Government
1600	Power, Ego, Pride	Individualism	Market	Corporate
1820s	Equality	Egalitarianism	Network	Unions NGOs Nonprofits Civil Society
1990s	Peace	Collective	Shared	Creative Commons Capital Commons
2050+ Wisocracy grows	Enthusiasm	Conscious	Creative Collaboration	Common Ground Wisdom Wellness

Authoritarians seemed to be lost in a world of power, control, domination, abuse, and negativity.

Yet, we all need a healthier, wiser world that is more conscious, compassionate, creative, and collaborative.

How can we help authoritarians, dominators, bullies, and abusers be more conscious, compassionate, wiser, and well?

Some seem closed to change and growth. Some seem to pride themselves being stubborn, recalcitrant, irredeemable, irrepressible, incorrigible, and even arrogant.

UNDERSTAND THEIR "WHY": Try to see things from their perspective. What underlies their behavior? What are their fears, insecurities, or unmet needs driving their actions? You can find solutions to the root cause by understanding motivations and addressing real needs with empathy. Be patient. Calmly and thoughtfully seek common ground that gets to what is most important.

How to help  
authoritarians,  
dominators,  
bullies, and  
abusers  
be more  
conscious,  
compassionate,  
wiser  
and  
well.



# Education



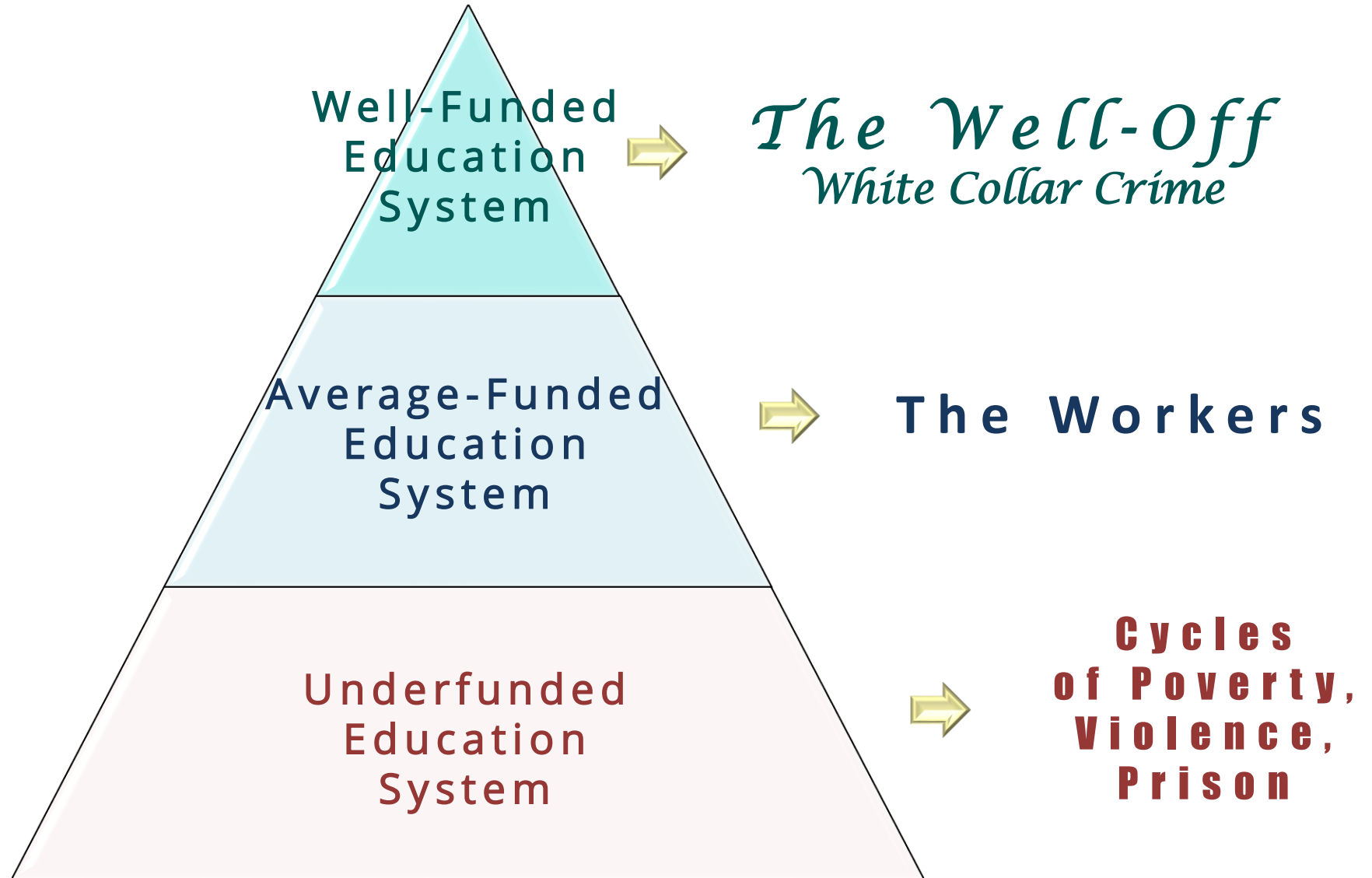
- Children need to be guided in their schoolwork or they can easily fall behind.
- Many children need tutoring.
- Once they fall behind, it can harm their self-image.
- They can then feel sad about themselves.
- If a child feels sad about themselves, they are vulnerable to being picked on, and possibly lashing out with rage.
- Children can annoy each other and can then get into fights.
- Bullies are suffering from trauma and have a negative self-image.
- Hurt people, hurt people - so bullies terrorize other children.

# Three Education Systems

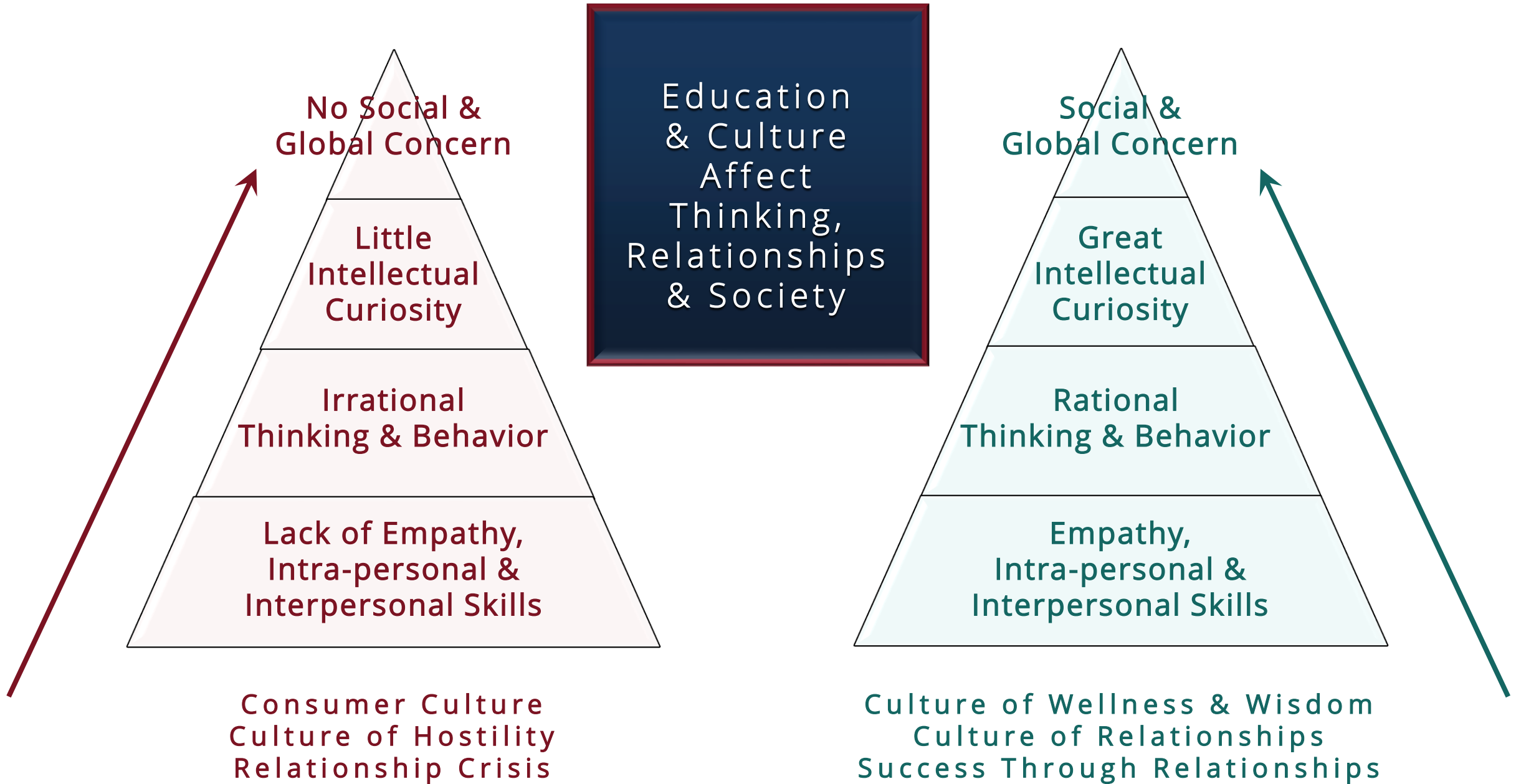
In the U.S., local public-school funding is based on levels of property taxes in the community, producing three levels in the quality of education.

High wealth communities can also afford private extra tutoring.

Many people in the U.S. do not receive high-quality education.



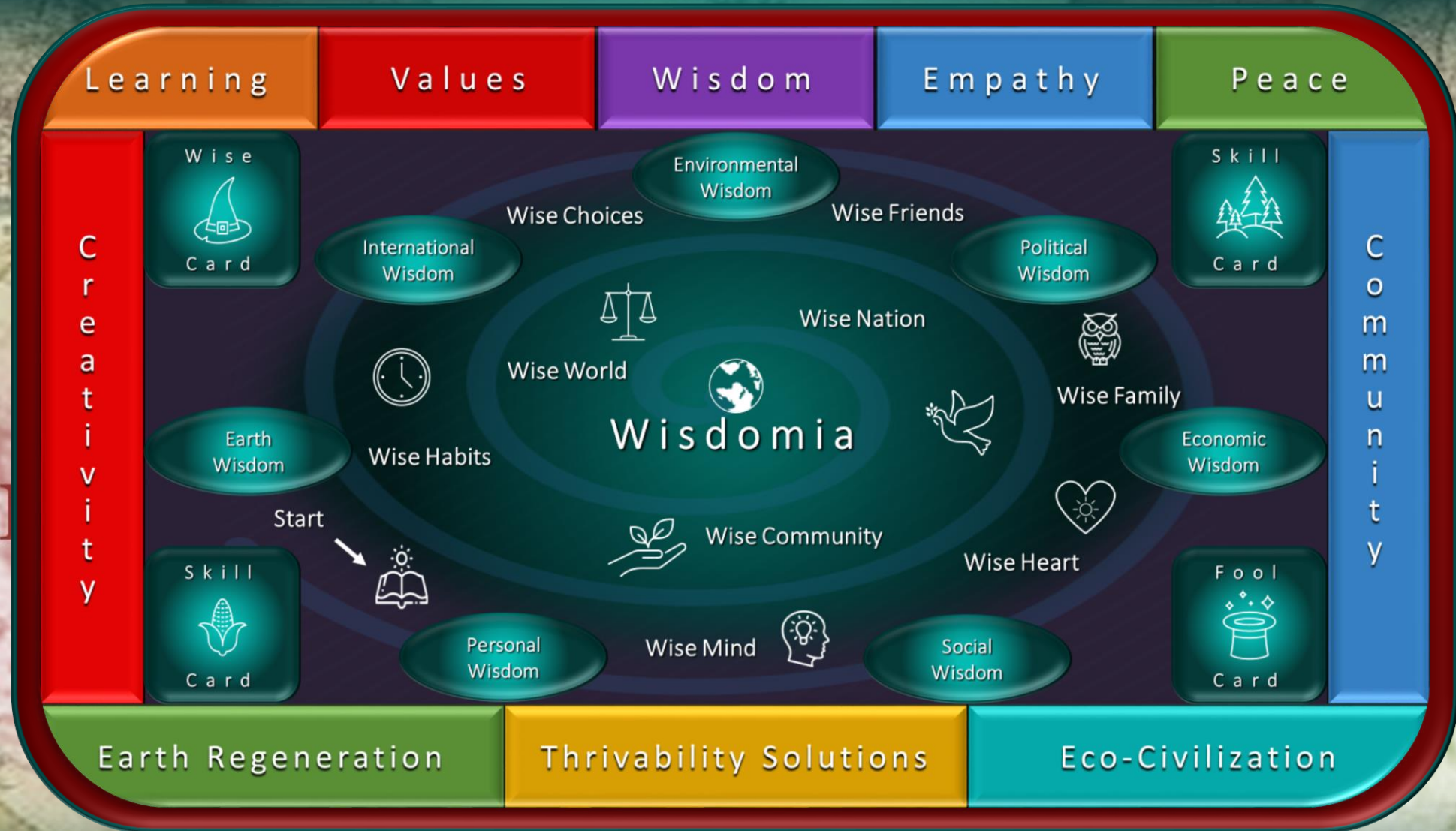




Good Character, Traits, Values

[illegible]

# The Land of Wisdomia Game



See Wisdomia Here

# WISOCRACY CURRICULUM & SCHOOLS FOR BETTER SYSTEMS

1	Philosophy	Character, values, ethics, and wisdom
2	Education	Quality education for all for wisdom & wellness
3	Psychology	Evolving consciousness, healing trauma & addictions, communication, collaboration & relationships
4	Economics	To fund human, social & earth's needs
5	Political-Governance	History of governance systems, wise democracy skills & methods, peacebuilding
6	Law	Rule of Law on Earth for peace, justice & nature
7	Environmental	Sustainability & regeneration
8	Leadership	Wisdom, wellness, authenticity, integrity, collaboration
9	AI for Earth & Humanity	Values for Earth & humanity to guide AI
10	Creative Thinking	Creative thinking skills for Earth & Humanity



2

## Funding Wisdom & wellness Needs

# Human Needs

Lack of needs satisfaction creates emotional and social conflict.

What are you feeling and needing?  
What would you like?

## Transcendence & Generative Needs



Inspiration, Oneness with Creation-Universe, Sun, Earth, Ancestors, Future Generations, Care for Earth & the Whole

## Self-Actualization Needs

Purposeful effort to develop and use one's talents and potentials

Meaning, Purpose, Expression, Explanations, Understanding, Education, Freedom, Direction, Creativity, Intellectual & Aesthetic Fulfillment

## Esteem Needs



Self-respect, self-esteem, self-appreciation, respect from others

## Love & Belonging Needs

Nurturing relationships, Friendship, intimacy, family, a sense of connection, compassion, community, happiness, wellness

## Safety Needs



Peace, trust, personal security, employment, resources, healthy environment

## Physical Needs

Air, water, food, shelter, health, sleep, clothing, pleasure, reproduction

# Need Satisfiers – Ways of Meeting Needs

Violators	<ul style="list-style-type: none"><li>• Claim to be satisfying a need.</li><li>• Yet in fact make it more difficult to satisfy a need.</li></ul>	<ul style="list-style-type: none"><li>• Arms race</li><li>• Drinks that cause dehydration</li></ul>
Pseudo Satisfiers	<ul style="list-style-type: none"><li>• Claim to be satisfying a need.</li><li>• Yet in fact have little to no effect on really meeting such a need.</li></ul>	<ul style="list-style-type: none"><li>• Some toys</li><li>• Glamour or lifestyle accessories for self-esteem</li></ul>
Inhibiting Satisfiers	<ul style="list-style-type: none"><li>• Over-satisfy a given need.</li><li>• While seriously inhibiting the possibility of satisfaction of other needs.</li></ul>	<ul style="list-style-type: none"><li>• Dictatorship</li><li>• Addictions, consumerism</li><li>• Junk media, junk food</li><li>• Overprotective parent</li><li>• Permissive parent</li></ul>
Singular Satisfiers	<ul style="list-style-type: none"><li>• Satisfies one need only.</li><li>• Neutral to the satisfaction of other needs.</li></ul>	<ul style="list-style-type: none"><li>• Poorly designed housing programs</li></ul>
Synergistic Satisfiers	<ul style="list-style-type: none"><li>• Satisfies a given need.</li><li>• While simultaneously contributing to the satisfaction of other needs.</li></ul>	<ul style="list-style-type: none"><li>• Democratic community</li><li>• Nutritional food</li><li>• Coliving arrangements</li></ul>

# My wellness Survey

[illegible]



3

# Good Governance

# Effective, Efficient, Efficacious Governance

It is possible to be efficient and effective and not efficacious by reaching the wrong goals.

## EFFICIENT

Efficiency is spending resources well.

## EFFECTIVE

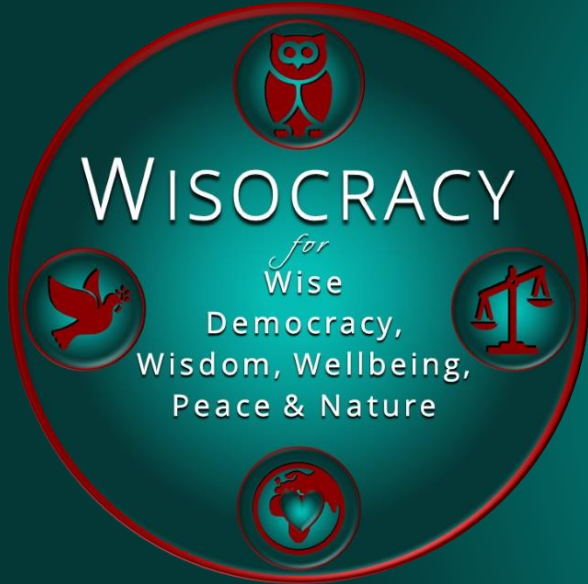
Effectiveness is reaching the set goals.

## EFFICACIOUS

Efficacy is reaching the right goals.

# Effective, Efficient, Efficacious Governance

OPENNESS & TRANSPARENCY	<ul style="list-style-type: none"><li>• Transparency is the principle of allowing those affected by administrative decisions to know about results and the process that led to decisions.</li><li>• Government officials act openly, with citizens' knowledge of the decisions the officials are making.</li></ul>
INTEGRITY	<ul style="list-style-type: none"><li>• To keep the public sector working, processes, officials and workers cannot be bribed, bought, swayed, coerced, or made to do something that does not adhere to the highest standards.</li></ul>
ETHICS	<ul style="list-style-type: none"><li>• Effective, accountable government requires elected officials and public employees put the public interest above special interests, and act within ethical guidelines.</li></ul>
ACCOUNTABILITY	<ul style="list-style-type: none"><li>• In proactive government, there is an obligation and willingness to accept responsibility for one's actions.</li><li>• There is the disclosure of timely, useful public information, that empowers citizen action, and helps individuals and organizations affect positive change in their communities.</li></ul>
STANDARDS & SAFEGUARDS	<ul style="list-style-type: none"><li>• Through commonsense high standards and safeguards, effective government protects the health, safety, and prosperity of its populace.</li><li>• They are revised to conform to the most up-to-date scientific evidence, adopted in a timely manner, and broadly and effectively enforced.</li><li>• They ensure the quality of air and water, and the safety of food, drugs, consumer products, and workers.</li></ul>
EFFICACY IS SPENDING ON RIGHT NATIONAL PRIORITIES	<ul style="list-style-type: none"><li>• Efficacious government invests in its people, safeguards the environment, advances opportunities for shared prosperity, and raises revenues needed to support public structures.</li><li>• Transparency in and oversight of federal spending, and long-term investments in the public infrastructure and services, ensures every person enjoys a decent quality of life, and has opportunity to succeed.</li></ul>



[www.Wisocracy.world](http://www.Wisocracy.world)

Humans are mentally confused and deteriorating from perpetual conflict and destructive media.

They are prey to their own confused words and thinking.

People can easily get lost in quests for money and power.

Humans are destroying the Earth.

Boys and men need special help because they create most conflict and get into trouble.

Wisocracy is trying to help activate wisdom, wellness, and peace.

Local Community Learning Centers can help create belonging, wisdom, wellness, policy, programs, and democracy.



# Muti-Level Solutions

Culture	Art, music, nature, and working together on a common project, help people cross polarizing boundaries to find common ground.
Education	Provide well-funded, high-quality education for all people with tutoring.
Community	Teach community problem-solving skills, community beautification, third spaces, involvement opportunities.
Relationships	Communication skills for healthy, loving relationships.
Boys & Men	"The most important decision in any society is what to do with male aggressiveness." – Margaret Mead. Provide quality education, tutoring, mentoring, career development, and communications skills for boys and men.
Community Development	Training for organizational leaders in efficiency, effectiveness, efficaciousness.
Addictions & Traumas	Teach how to heal trauma with a daily practice of self-awareness, self-compassion, self-forgiveness, self-appreciation, self-kindness, and self-care.
Isolation & Disconnection	Teach authentic, meaningful, compassionate communication, finding work opportunities, and how to have healthy, loving relationships.
Housing Insecurity	Annual Affordable Housing Summit. Incentives for building affordable housing.
Community Mental Health	Prioritize community mental health expansion.
Transformation	Participate and support local, national, and global gang transformation efforts.
Global Migration	Understand Doughnut Economics, wellness Economy, Global Demilitarization, Annual Regional Summits and Regional Solutions.

4

# Civic Deliberation

# Citizen Assemblies - Deliberative Democracy

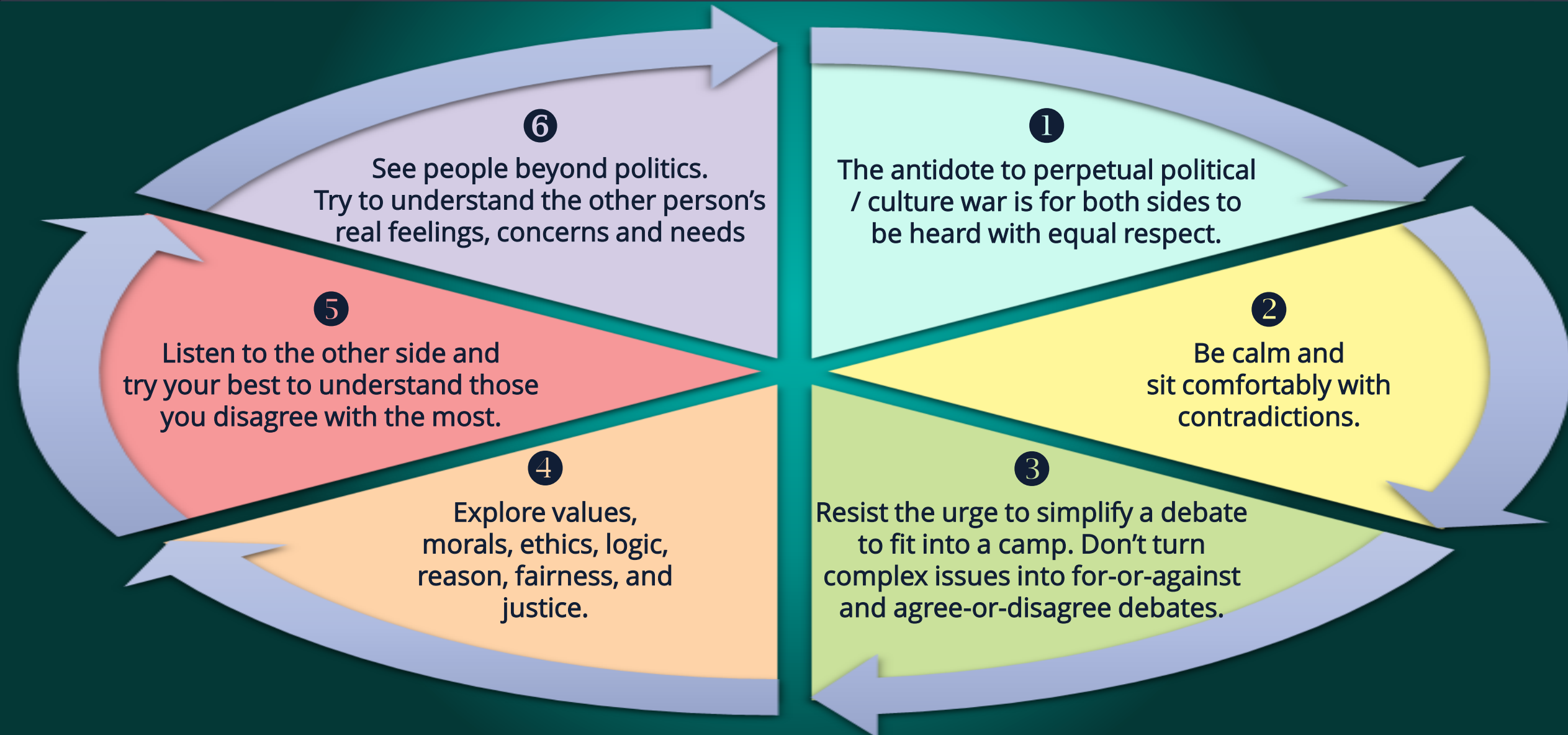


- Listen and learn.
- Express yourself respectfully.
- Think about it.
- Be reasonable and rational.

1. A citizens' assembly is a form of collaborative decision-making.
2. It focuses on bringing a diverse and representative group together.
3. They deliberate and make an informed decision on a complex topic.
4. The focus is not on finding a perfect solution.
5. They seek a decision that everyone in the group can "live with".
6. The trade-offs are understood and weighed up.

# Go Beyond the Political / Culture War

We can go beyond the Political / Culture War by allowing our emotions to calm down and our minds to understand more.  
Be mindful, meditate, and detach from the addictive Political / Culture War, one day at a time.





5

# Building Trust & Collaboration

# Social Dynamics Preventing World Peace



1) Annual World Military-Espionage Spending is \$3.5 Trillion, Creating Distrust & Defunding Human, Social & Nature's Needs

2) Only 29% of the World's Population Live in Democracies while 51 Psychopathic Dictators Terrorize Humanity & Destroy Nature

3) Contracted Mercenaries Become Greedy Mineral Extractors, Drug Cartels & Weapons Merchants

4) Profiteering Corporations & Shareholders Ignore the Ever-Expanding Wealth Gap Leading to Violence

5) Marketers & Merchandisers are Profiting from Political Culture Wars, Generating Hostility & Violence

6) Violence & Climate Destruction Lead to Massive Global Migration & Political Authoritarian Backlash





5

Make your voice heard.  
Share solutions with elected officials,  
creating positive policy, programs,  
and legislation.

1

Be conscious,  
and collaborative with your creative  
wisdom, and watch your wellness,  
peace, and nature flourish.

2

You will be so  
excited you will  
want to meet  
regularly.

3

Relax, meditate,  
and brainstorm  
with others.

4

Research  
and produce  
breakthrough  
ideas.

Community  
Learning  
Collaborative

Replace  
wasting time  
with learning  
and  
communicating

Cocreate  
the community  
we all want  
with your thinking  
& actions



# Innovative Collaboration Tools



## A Collaborative Negotiation Service

### Smartsettle Products:

- Modeller
- Educator
- Negotiator
- Facilitator
- Researcher

Resolving conflict in a more peaceful, collaborative  
& intelligent way throughout the world

Beyond Win-Win







"Smartsettle is the only  
program on Earth supporting simultaneous  
contributions to any conversation from all countries.

While not having to leave home, it spares the expense  
of flying all over the planet, and spares Earth the exhaust.

Smartsettle allows all countries to speak all at once,  
'hearing' every voice at the same time, while distinguishing  
between a nation's public and private positions.

Smartsettle does not tell anyone what to do.  
It produces proposals for the best possible results,  
offering suggestions for the best  
possible solution for all."

Alan MacBean  
Smartsettle

# Collaboration to Resolve Disputes



## A Collaborative Negotiation Service

A process that facilitates cooperation leading to fair and efficient agreements, even when there is less than perfect trust at the outset.

1. The future of humanity will be determined by people and nations learning to settle their differences peacefully.
2. When superpowers, organizations, and people find a way of cooperating it leads to a reduction in conflict, cost savings for all sides, and creating the highest possible outcomes for all.
3. Smartsettle is an online neutral site that receives information from its users and responds by serving information that helps collaborative negotiators reach fair, efficient, and timely agreements.
4. **Smartsettle:**
  - Establishes trust and an environment for collaboration
  - Helps parties identify and keep their preferences confidential.
  - Models the entire problem in advance so that decision-makers are able to compare different alternatives being considered in real-time during negotiations.
  - Uncovers significant hidden value in a practical and timely manner.
  - Can generate and fairly distribute mutually beneficial gains.
  - Reaches an acceptable solution, even when a fair outcome is not obvious.
  - Helps internationally and nationally, in businesses, communities, and families – creating fair and optimal solutions, with the highest possible outcomes.



“Ernest Thiessen is a highly regarded expert in negotiation analysis and conflict resolution. He has made remarkable contributions to the field by discovering two essential principles that enhance human well-being. These principles serve as invaluable tools for *harvesting hidden value* in negotiations and *fostering collaborative efforts to distribute that value equitably*. Thiessen's groundbreaking Smartsettle Collaboration System offers unparalleled outcomes for negotiations in business, community, or family settings. By leveraging this system, humanity has the unprecedented opportunity to tap into its immense potential for achieving lasting peace, harmony, and prosperity.”

Sanford Hinden  
Wisocracy



# A Collaborative Negotiation System for Individuals, Families, Communities, Nations, and the World



Creating  
the  
Optimal Outcome  
for All  
Participants

International	<ul style="list-style-type: none"><li>• Peace, Harmony &amp; Prosperity</li><li>• Climate &amp; Trade</li><li>• Trans-boundary Watersheds</li></ul>
National	<ul style="list-style-type: none"><li>• Politics &amp; Unions</li><li>• Energy, Environment &amp; Land Use</li><li>• eCommerce</li></ul>
Business	<ul style="list-style-type: none"><li>• Mergers &amp; Acquisitions</li><li>• Procurement &amp; Contracts</li><li>• Workplace &amp; Insurance</li></ul>
Community	<ul style="list-style-type: none"><li>• Real Estate, Neighbors &amp; Religion</li><li>• Health &amp; Education</li><li>• Culture &amp; Sports</li></ul>
Family	<ul style="list-style-type: none"><li>• Marital</li><li>• Children</li><li>• Property</li></ul>

To go to  
Smartsettle  
click here...



# Innovative Collaboration Tools



Harvesting  
and Distributing  
Hidden Value  
for the  
Best Possible  
Results

Smartsettle  
ONE

For  
monetary  
issues

Resolve financial  
negotiations easily  
and quickly online

Smartsettle  
MODELLER

For  
negotiation  
analysis

Model, discover,  
compare and analyze  
potential outcomes

Smartsettle  
INFINITY

For  
sophisticated  
negotiations

Collaborate  
in a secure  
environment to find  
the optimal outcome

# Greater Collaborative Outcomes



A  
Collaborative  
Negotiation  
Service

People bring

- Feelings
- Perceptions
- Beliefs
- Values
- Needs
- Concerns
- Preferences



People may  
experience:

Lack of  
Communication

Misinterpretation

Misunderstanding

Problems / Issues

Questions / Conflicts

Disputes

Lack of Trust



Smartsettle helps

Establishes trust  
and an environment  
for collaboration

Clarifies preferences

Compares alternatives

Simultaneously  
optimize two objectives,  
efficiency and fairness

---

Efficiency ensures no  
value is left on the table

Fairness allocates the  
harvested value in an  
equitable manner

# A Collaborative Negotiation System for Individuals, Families, Communities, Nations, and the World



Powered by  
nine intelligent  
methods at a  
Secure Neutral  
Site

Single Negotiating Framework	(SNF)	Establishes working relationships
Comprehensive Preference Analysis	(CPA)	Establishes intelligence
Visual Blind Bidding	(VBB)	Saves valuable time
Share The Overlap	(STO)	Focuses parties on the solution
Reward Collaborative Behavior	(RCB)	Converts adversaries into collaborators
Small Gap Closer	(SGC)	Avoids small gap impasse
Fairness Enhancing Normalization	(FEN)	Encourages interest-based negotiation
Maximize the Minimum Gain	(MMG)	Harvests and fairly distributes hidden value
Expert Neutral Decider	(END)	Guarantees a collaborative outcome

# Smartsettle



**Efficiency**  
ensures no value  
is left on the table

**Fairness**  
allocates the  
harvested value  
in an equitable  
manner

Algorithmic Superintelligence	Smartsettle represents a groundbreaking form of "Algorithmic Superintelligence" that combines human expertise with advanced AI algorithms to model complex problems and party preferences accurately.
Continuous Improvement	Smartsettle continuously improves by gathering data and insights from ongoing negotiations, fine-tuning its understanding of how parties achieve satisfaction. This iterative learning process enhances its ability to generate tailored solutions.
Satisfaction-Driven Suggestions	Smartsettle's primary goal is to guide parties toward a fair consensus on the "efficiency frontier" by comprehensively understanding each party's values and priorities. It generates suggestions tailored to meet the unique needs of all parties, resulting in more satisfactory outcomes.
Efficiency Frontier Optimization	Smartsettle focuses on helping parties reach agreements on the "efficiency frontier," ensuring negotiations are efficient and mutually beneficial. It seeks solutions that maximize overall satisfaction while respecting each party's interests.
Fair Consensus Facilitation	Smartsettle employs advanced algorithms, including "Maximize the Minimum Gain," to foster fair consensus. This ensures that uncovered value is distributed equitably among all parties.
Empowering Negotiators	Smartsettle empowers negotiators with a powerful tool to navigate complex negotiations effectively. It streamlines the process and provides data-driven insights, enhancing the efficiency and effectiveness of negotiation teams.



“Rotary International  
uses the  
4-WAY TEST:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL  
and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL  
to all concerned?

Working for a  
WIN/WIN WORLD  
for all and nature.

COMPETITIVE WIN / LOSE WORLD	<ul style="list-style-type: none"><li>• Competition</li><li>• Domination</li><li>• One side gains</li><li>• Hostile world</li></ul>
DESTRUCTIVE LOSE / LOSE WORLD	<ul style="list-style-type: none"><li>• Mutual Competition</li><li>• Mutual Aggression</li><li>• Mutual Deterioration</li><li>• Mutual Destruction</li></ul>
COLLABORATIVE WIN / WIN WORLD	<ul style="list-style-type: none"><li>• Collaboration</li><li>• Mutual Benefit</li><li>• All Improve</li><li>• Flourishing Earth</li></ul>

Seek  
Mutual Benefit



Build Goodwill  
& Better Friendships



Be Fair



Tell the Truth

## COMPETITIVE WIN/LOSE FINITE GAMES

are played with the goal of getting to the end of the game and winning, while following static rules. Every game has a beginning, middle, and end, and a distinctly recognizable final winner.

## COLLABORATIVE WIN/WIN INFINITE GAMES

are played for the purpose of continuing play rather than winning. An infinite mindset, and openness to change aligned with infinite play build stronger, more innovative, inspiring, and resilient organizations and systems over larger timescales.

- Abortion, Race, Migration, and LGBTQ are stubborn conflicts, with sides seeking apparent win/lose outcomes.
- These culture wars are leading to real wars.
- This is generating terrible turbulence for the public.
- **Competitive Win/Lose Finite Games** may produce the end of humans on Earth.
- Humans need to rapidly learn to play **Collaborative Win/Win Infinite Games**.

COMPETITIVE  
WIN / LOSE  
WORLD

DESTRUCTIVE  
LOSE / LOSE  
WORLD

COLLABORATIVE  
WIN / WIN  
WORLD

# Greater Collaboration, Winning for All, Winning for the World



Success

Teamwork

Share

Support

Inspiration

Exchange

Openness

Trust

Collaboration

- Collaboration is key to the future success of our world.
- Yet collaboration is sometimes difficult to sustain.
- There are often few financial rewards for collaboration within the altruistic sector because NGOs and NPOs often have to compete for funding.
- In the business sector, so much is based on competition.
- In the political world, competition creates win/lose.
- People compete in sports, with grades, for positions.
- Yet within organizations, we often know that teamwork and collaboration win the day and the prize.
- We all know that when we collaborate, it feels great.
- Couples, families, communities, and nations thrive and flourish through collaboration.
- Let us now open our minds and hearts to learning more about greater collaboration for peace, nature, humanity, and future generations.

# Partnerships for Active Peace Culture



Adapted from  
Elise Boulding

1. Peace is not an inactive process but a very **active process**.
2. Since conflict arises from the interaction of various partners in society, it is wise that **all those partners are incorporated into the process of peacemaking**.
3. Peace culture is a diverse and active process requiring **input from all the players involved in society**.
4. Peace can be achieved by incorporating **new partnerships** in the process of making peace and thus **making the process vibrant**.
5. **Members of the society can be included in major decision-making organs fostering partnership**.
6. Partnering, among adults or between children, comes from **shared responsibility** and **shared respect**.
7. Partnering comes from a **relationship of equality** that includes **alternating roles of leading and following, teaching and learning**.
8. A good partnering relationship implies **nurturance**, whether the relationship is marital, parent-child, work-related, or civic.
9. Peace culture evolves into a world ordered by **mutually respectful problem-solving partnerships across ages and genders**, which sow the seeds of **gentleness** with the Earth and peace with one another.





# A Culture of Peace on Earth



- The task of the **United Nations** is to **save future generations from the scourge of war**.
- It requires transformation towards a **Culture of Peace**.
- **A Culture of Peace:**
  1. **A set** of values, attitudes, behavior and ways of life that reject violence, prevent conflict, and inspire social interaction and sharing.
  2. **Based on** principles of freedom, justice, democracy, human rights, tolerance, and solidarity.
  3. **Seeking to** tackle root causes to solve problems through **dialogue and negotiation** among individuals, groups, and nations.
  4. **Guaranteeing** the full exercise of all rights and the means to participate fully in the development process of their society.



6

# Compassionate Communication

# Quick Tips for Great Conversations



Many people have family and friends of different political persuasions.  
Many of us have had difficulty keeping holiday conversations civil and friendly.  
Many have chosen to not associate with people of different values and ideals anymore.  
We seem to have lost the art of disagreeing respectfully.  
Here are 40 tips to have better conversations.

1. Don't skip the small talk.
2. Please, please, put your phone away.
3. Communicate with others as you would have them communicate with you.
4. Choose mutually interesting subjects.
5. Practice staying mindful, calm, and appreciative.
6. Practice empathy and compassion.
7. Sensemaking takes patience.
8. Let others speak.
9. Listen carefully.
10. Don't interrupt another while s/he is speaking.
11. Practice active listening.
12. Be present.
13. Avoid criticism and negative comments.
14. Don't assume you know what's going on for the other person.
15. Give them time to respond.
16. Accept what they say is important.
17. Show interest with eye contact and turning toward the other person.
18. Share your stress as a way of being authentic.
19. Notice when you're too stressed to continue the conversation.



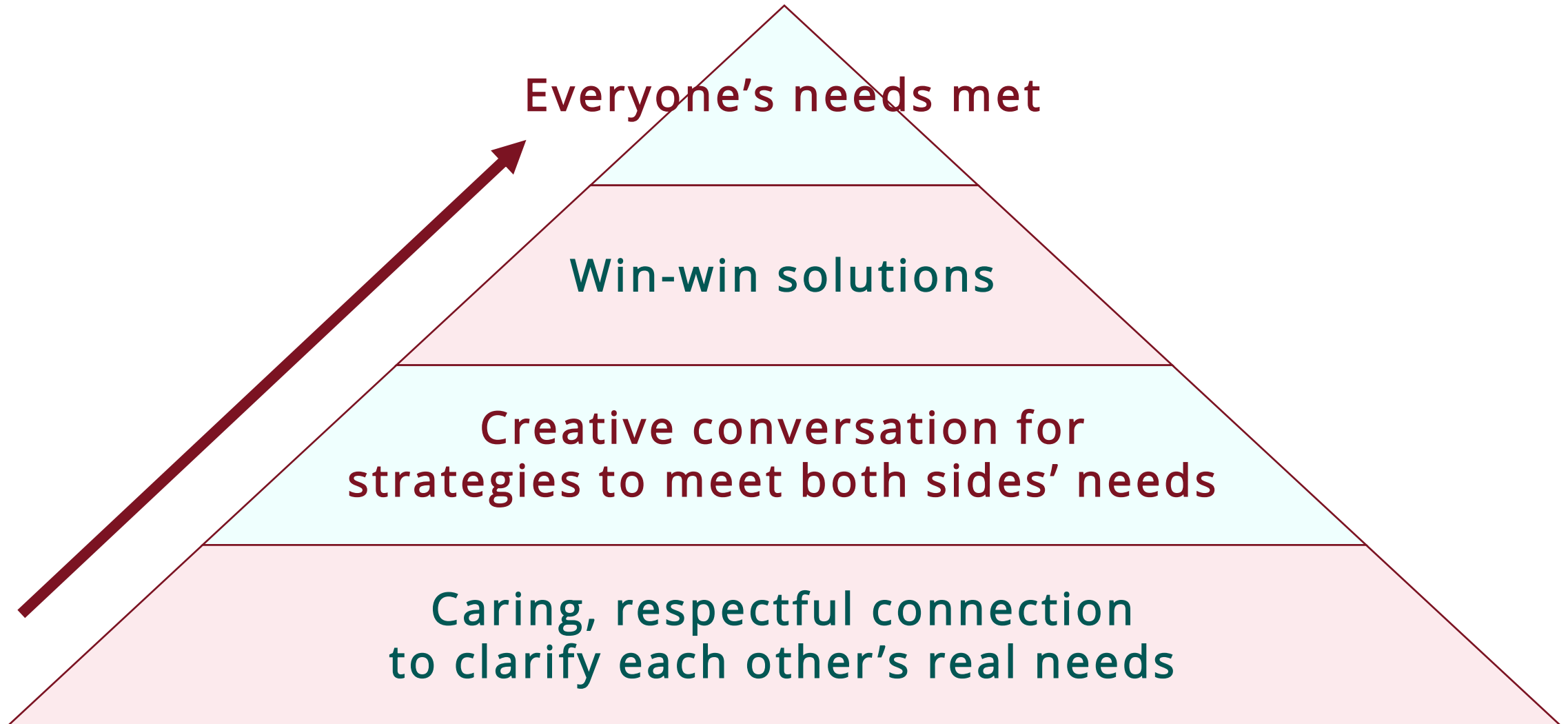
# Quick Tips for Great Conversations

20. Don't try to fix, or give solutions or advice unless asked.
21. Go with the flow of the conversation and keep an open mind.
22. Don't pontificate.
23. Keep the conversation going by asking questions, preferably open-ended ones.
24. Stay out of the weeds. Don't provide too many details or go on tangents. Help the other person understand what you are trying to say. Check if they understand you. Restate the main points.
25. If you don't understand or know something, just say that.
26. Try not to repeat yourself.
27. Don't have any expectations going into the conversation.
28. Let go of the outcome.
29. Facts don't convince others, share your feelings and your needs.
30. Be mindful of nonverbal cues.
31. Be inclusive.
32. Use respectful words.
33. Stay away from labels, stereotypes, and generalizations.
34. Don't exaggerate.
35. Stay open to learning and discovering something new or a new perspective.
36. Building trust is a critical component of building and maintaining healthy families, communities, institutions, and countries.
37. Express what you are grateful for and appreciative of in the other person.
38. Stop worrying about how you're being perceived – s/he likes you more than you think.
39. Thank her/him for meeting with you and talking with you.
40. Try to have some fun 😊

4😊

Quick  
Tips for  
Great  
Conversations

# Conflict Resolution



# Emotional & Social Skills

**Children, teens, and adults need to learn emotional and social skills of how to help each other**



- 1. How to be compassionate and kind to yourself and others.**
- 2. How to be considerate of each other in daily life.**
- 3. How to have a good sense of humor.**
- 4. How to have a conversation.**
- 5. How to have a difficult conversation.**
- 6. How to sit with someone who is suffering and have a good conversation.**
- 7. How to ask for what you need respectfully.**
- 8. How to disagree respectfully.**
- 9. How to ask for forgiveness and make amends.**

Passive	Aggressive	Assertive
Self-putdowns	Authoritarian	Kind and firm
Devaluing self	Self-aggrandizement	Empathy, compassion for self & others
Self-sacrificing	Extreme self-sufficiency, lack of relationships	Healthy relationships
People-pleasing	Neglect, not interested in feelings & needs of others	Balances own feelings and needs and feeling and needs of others
Caretaking at own expense	Entitlement rage	Healthy self-care
Overprotective, helicopter parent	Defensive in failure	Appropriate risk-taking
Leniency, permissive	Non-reflective, not learning from mistakes	Reflective, resiliency, grit, learns from mistakes
Over-valuing others' accomplishments	Undervaluing others' accomplishments	Proportional praise, gives earned praise and useful feedback
Lack of healthy boundaries	Overrunning boundaries, abuse, harshness, harming, mistreatment,	Sets and maintains healthy boundaries
Vulnerable narcissism	Grandiose narcissism	Healthy self-regard



# Compassionate Communication

1.

OBSERVATION

I see, hear, notice...

2.

FEELINGS

I feel...

3.

VALUES AND NEEDS

Because I value...

I need...

4.

REASONABLE REQUEST

Would you be willing to... ?

# S.H.A.R.E. Communication Model

## STOP

- Stop the conversation to gain calmness, centeredness, and detachment from the conflict.
- Stop to help others switch from lower mind (conflict and confusion) to a higher mind (clarity, understanding, and inner wisdom).

## HELP

- Help develop an environment for support, teamwork, and win/win solutions.
- Help people switch from a competitive mindset to a collaborative attitude.

## ASK

- Ask questions to better understand the facts, feelings, values, needs, concerns, preferences, and ideas.
- Ask questions to fill in the missing information.
- Ask questions to picture what we can do together.

## RISK

- Risk is the shifting point that opens a door to developing opportunities and dialogue about others' ideas.
- Risk presents new ideas and options.
- Risk taking actions to create a bigger future together.

## EXPLORE

- Explore ways to create collaborative results.
- Explore a new level of collaborative solutions not available on our own.
- Explore to set goals and measurable action steps.

Weather  
Trivia

SMALL  
TALK

Have a more  
meaningful  
conversation  
with family  
and friends

Concerns  
Current events  
Hobbies, interests

MID  
TALK

Observations  
Meaning, purpose, direction  
Feelings, values, needs  
Wishes, hopes, dreams  
Goals, plans, priorities

DEEP  
TALK

# Ask Questions & Share What Is Real For You

Feelings

Values

Needs

Preferences

Possibilities

Aspirations

Wishes

Hopes

Dreams

Meaning

Purpose

Direction

Goals

Plans

Priorities



7

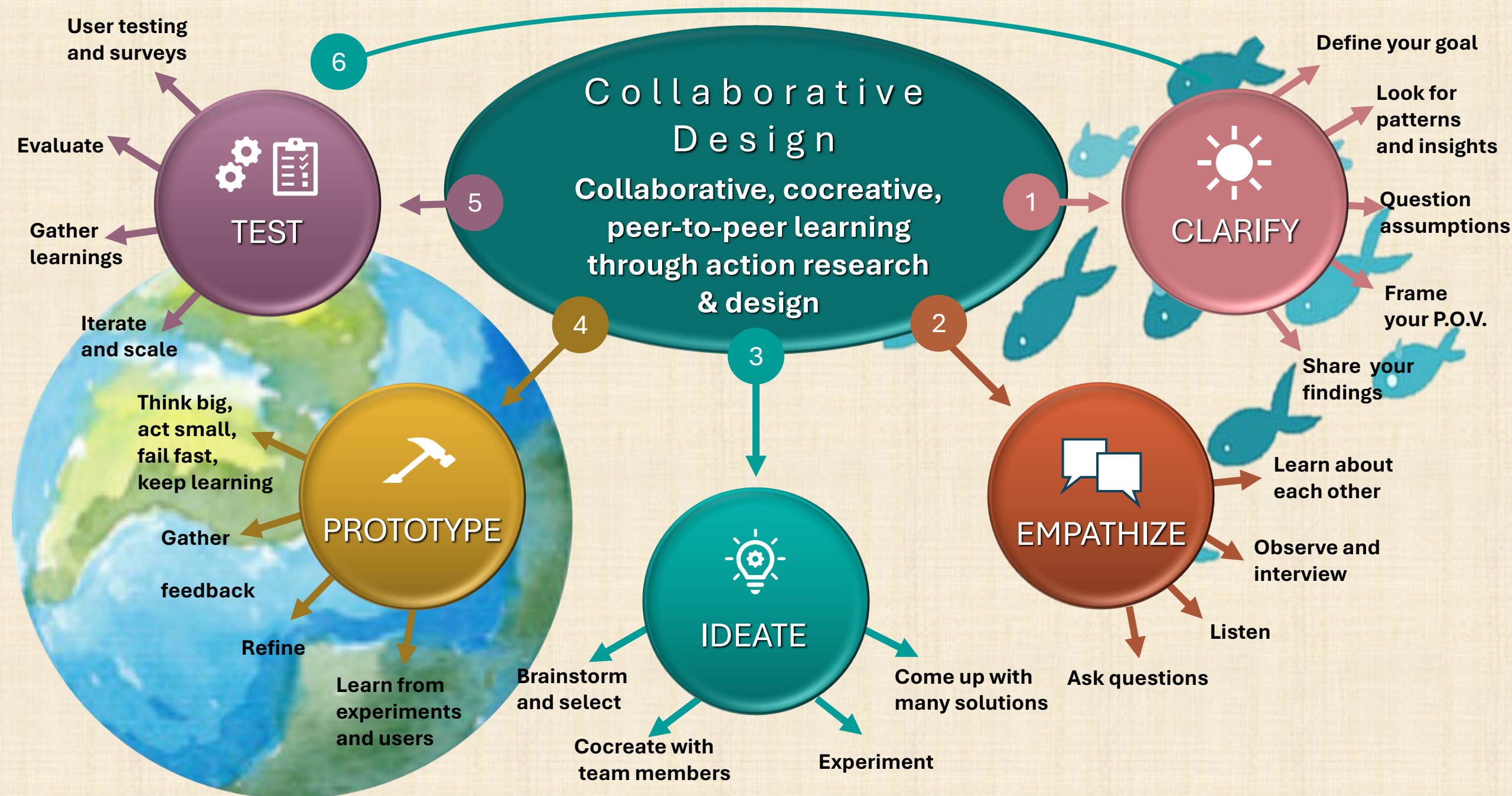
# Solution Seeking

# Addressing Community Problems

Six strategies for  
neighborhood groups to  
address community problems









# Managing Wicked Problems

1.

## Collaborative Approach

Involve stakeholders in a collaborative process of consultation and engagement.  
This can help build a sense of shared ownership and commitment to solutions.

2.

## Dialogue Mapping

This method is designed to maximize communication and coherence among stakeholders by crafting interactive maps with a group.

3.

## Systems Thinking

This process helps understand how components of a system influence each other and other systems.

4.

## Agile Methodology

This iterative approach to design and product development helps improve solutions through collaboration.

6.

## Observe to Understand




This approach can help uncover user needs, even if it takes you "off course" from the shortest path to a solution

5.

## Plan-Do-Study-Act Cycle (PDSA)

This four-step process is designed to create change and then improve upon it.

# Qualities Needed for Three Phases of Project Development

1	2	3
Creative	Numbers	Implementation
	 #	
<p>Vision</p> <p>Dream</p> <p>Ideas</p> <p>Innovation</p> <p>Invention</p>	<p>Program-Product Plan</p> <p>Marketing Plan</p> <p>Financial Plan</p> <p>Project Management Plan</p> <p>Timetable, Schedules</p> <p>Budget Costs for:</p> <p>Materials, Equipment</p> <p>Personnel, Space</p> <p>Opportunity Analysis</p> <p>Cost/Benefits</p>	<p>Action</p> <p>Operation</p> <p>Enactment</p> <p>Procedures</p> <p>Maneuvers</p> <p>Production</p> <p>Tasks</p>
<p>Short-Term, Imagination</p> <p>Passion, Enthusiasm</p>	<p>Rationality, Clarity</p> <p>Accuracy, Analytics, Planning</p>	<p>Long-Term, Diligence</p> <p>Patience, Persistence</p>

# Project Development

Goals

Sub-Goals

Tasks

1

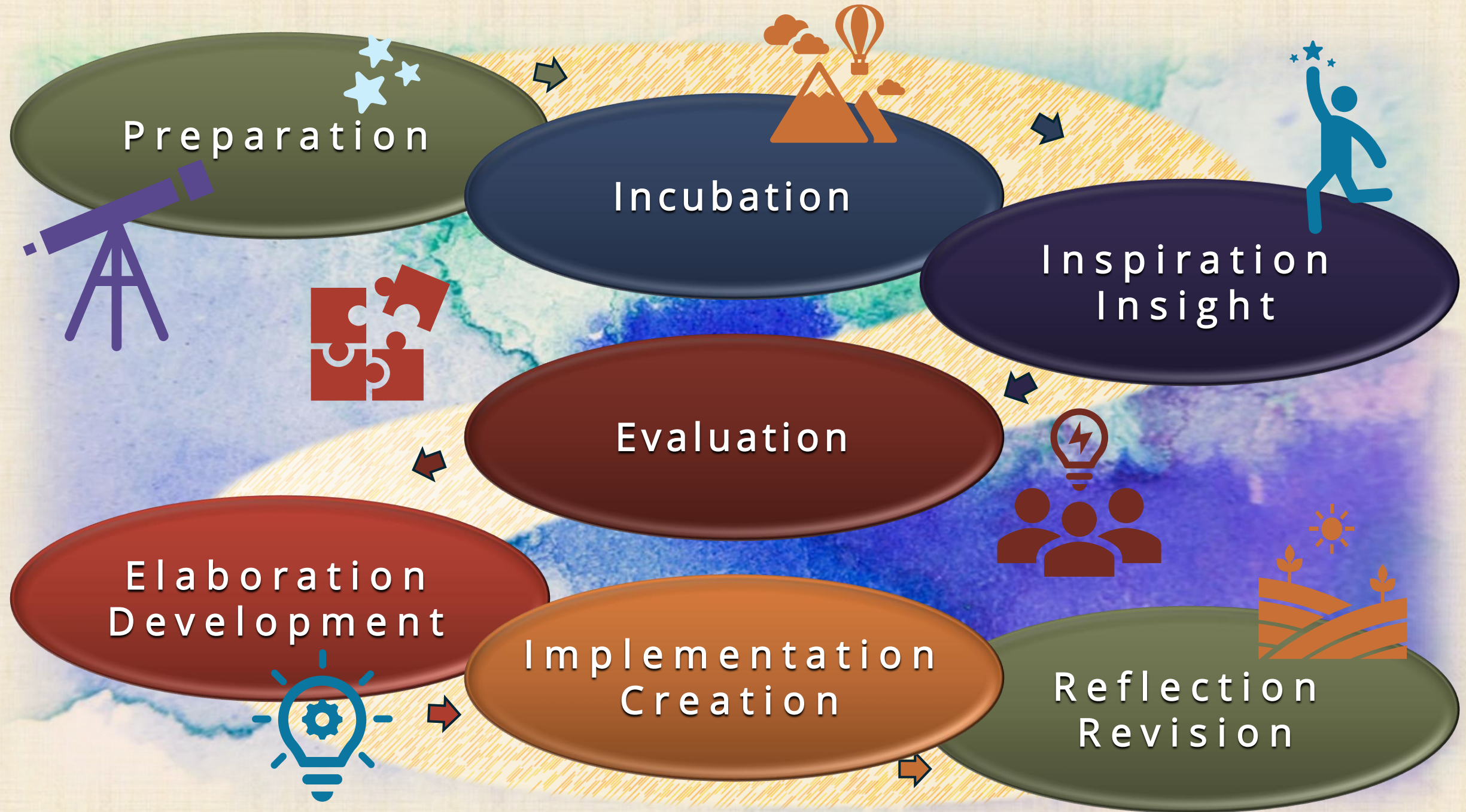
2

3

# Project Development

Tasks		Time in Months												Cost
		1	2	3	4	5	6	7	8	9	10	11	12	
1														
2														
3														
4														
5														
6														
7														
8														
9														
		Total												









8

# Meaningful Media



# Public Interest Journalism



Journalism that serves the public interest provides information that is relevant to the lives and well-being of all of us, to society, and to our communities. It concerns the “common good” and is about what matters to everyone in society.

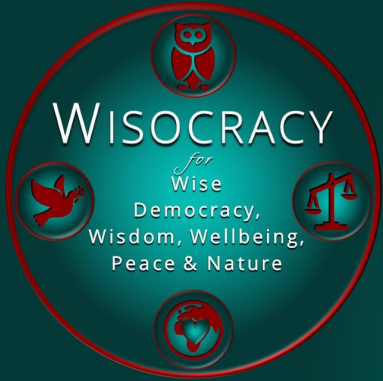
Public interest journalism could be considered the antithesis of the media’s destructive side, which includes fake news, propaganda, censorship, sensationalism, sexploitation, and voyeurism.

Journalism for the public interest plays a central role in having a safe, healthy, and fully functioning society.

It gives people the information they need to take part in the democratic process, and if journalists are good at their job, they hold governments and other institutions to account.



# Public Interest Journalism



Public interest journalism is often about topics that are essential for our democracy but can be difficult or dry to understand.

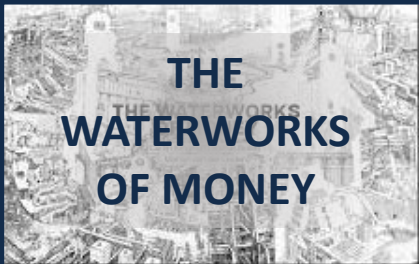
It is hard, complex, and time-consuming to do, but it often challenges the powerful and stands up for the powerless.

Despite the undeniable benefits for democracy, the economy, human rights, and society at large, people are not lining up to pay for this kind of journalism.

All serious journalism contains a public service ethic, and to fulfill this public service role, journalists must build and retain the trust of their audiences by behaving in an ethical and professional manner.

The outcomes of public interest reporting can be significant.

An example of Public Interest Journalism is *Wisocracy* and *The Waterworks of Money*. [To see it click here](#)





My Personal  
Subjective Reality

My  
Beliefs

My  
Needs

Evidence

Confirmation

Proof

Facts

The  
Objective Reality

What Is Really Going On

Data

Theory

My  
Values

My  
Bias

Testing

Guesses

Science-Based  
Research

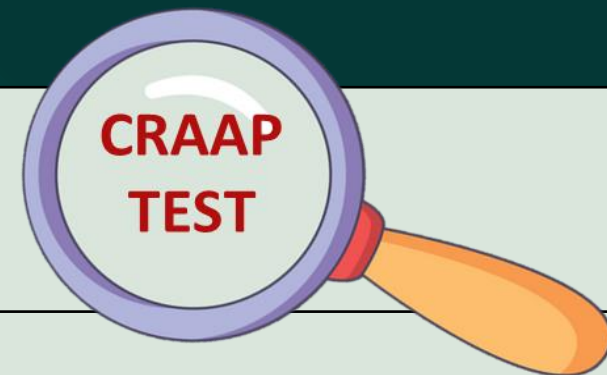
Personal  
Research

My  
Feelings

My  
Groups

My  
Interests

# Investigate your sources with the...



C	<b>CURRENCY</b> Is it current and timely?	How old is this? When was the information published or posted? Do the links still work? Does the topic require current information? Will older sources work as well? Has the information been revised or updated recently?
R	<b>RELEVANCE</b> Is it relevant for your needs?	Does the information relate to your topic or answer your question? Is this scholarly or popular? Who was the intended audience? Is there contact information such as a publisher or e-mail address? Is the language too technical or simple for your needs? Can I find better information somewhere else?
A	<b>AUTHORITY</b> Is the source authoritative?	Is there an author? What are their credentials or experience? Are they qualified to write on the topic? Are they affiliated with an organization or university? Does the URL show anything about the author or source? .com, .edu, .gov
A	<b>ACCURACY</b> Is it accurate, reliable, truthful, correct?	Where does the information come from? Are the original sources cited? Can I verify this information? Is the information supported by evidence? Has the information been independently reviewed or referred? Can you verify any of the information in another source or from personal knowledge? Are there spelling, grammar, or typing errors?
P	<b>PURPOSE</b> What is its purpose, the reason the information exists?	Is advertising mixed in with the content? Does the point of view appear objective and impartial? Do the authors / sponsors make their intentions or purpose clear? What is the author's purpose for writing this, to inform, educate, entertain, persuade, or sell? Does the tone seem judgmental or overly positive? Is the information based on facts, feelings, values, opinions, or propaganda? Are possible political, cultural, religious, institutional, or personal bias clearly stated?

**Not all sources are created equal...**

**Ask yourself the following questions as you do your research...**

9

# Wise Leadership



# Steps to Sustainable Positive Peace

We need real change in education, political, economic, and environmental systems that can lead to peace with justice.



# 10 Steps to Wisdom

Wisdom  
is the ability  
to  
think and act  
well

1

LEARNING LESSONS from self-reflection, past experiences, and mistakes.

2

DEVELOPING COMMON SENSE from observations, experiences, and seeking facts.

3

GAINING KNOWLEDGE throughout life. Listening to and learning from wise people.

4

CALMING AND UNDERSTANDING the meaning of emotions and any unfulfilled needs.

5

DEEPLY LISTENING to understand more and what is really going on.

6

SORTING COMPLEXITY into categories of opinions, facts, feelings, values, needs.

7

QUIETLY ACCESSING inner wisdom by asking a question.  
QUIETLY LETTING the brain access memory and creative problem-solving.  
QUIETLY LISTENING for an inner wise answer.

8

CREATING INSIGHTS and connecting the dots.

9

USING REASON to make considered, healthy choices.

10

TAKING ACTION to be effective, efficient and efficacious.

# Unwise Unenlightened Leader Traits



1	PERSPECTIVE	Sees Earth as a resource to be used and others as competition.
2	PARADIGM	Operates within an old paradigm of Earth's exploitation and geopolitical competition for wealth and power.
3	MINDLESSNESS	Unaware of inner feelings, one's needs, and what is going on around one, driven by unconscious life traumas.
4	REFLECTIVE	Thoughtless, non-reflective, lack of awareness.
5	POWER CONTROL	Values money and power over people and nature.
6	PROCESS	Values inauthenticity, unaccountability, self-goals, win-lose.
7	IMPROVEMENT	Values self-promotion and self-aggrandizement.
8	NON-LEARNING	Doesn't continue learning, doesn't learn from mistakes.
9	NON-LISTENING	Doesn't listen well to what is said, and not said.
10	ADVISORS	Surrounded by sycophants and yes-people.
11	OPTIONS	Considers options for self-promotion and deception.
12	LIFE-HARMING	Will con, scam, lie, cheat, steal and harm to win for personal gain.

# Wise Enlightened Leader Traits



1	PERSPECTIVE	Sees Earth in space and all connected in one living system.
2	PARADIGM	Recognizes for humans to continue to evolve on Earth, leaders need to operate within a new paradigm of Earth's wellness.
3	MINDFULNESS	Serenely returns to mindful awareness of inner feelings, one's needs, and what is going on around one.
4	REFLECTIVE	Thoughtful, self-reflective, increasing awareness.
5	wellness	Values wellness of people and nature.
6	PROCESS	Values authenticity, accountability, efficacy (right goals).
7	IMPROVEMENT	Values continual improvement of self and systems.
8	LEARNING	Life-long learning and learning from mistakes.
9	LISTENING	Listens well and deeply to what is said, and not said.
10	ADVISORS	Listens to thoughtful advisors.
11	OPTIONS	Considers options before making a decision.
12	LIFE-AFFIRMING	Seeks life-affirming solutions for the common good of all.



# Fitness-for-Duty

## Psychological Evaluation of Political Leaders

In 2024, there are 52 dictators on Earth

PSYCHOPATHIC TRAITS	1	2	3	4	5	6	7	8	9	10	HEALTHY TRAITS
Superficial / glib											Depth of thinking
Grandiose / boastful											Modest
Deceitful											Honest
Lacks remorse											Can feel remorse
Lacks empathy											Empathetic
Doesn't accept responsibility											Takes responsibility
Impulsive											Deliberate
Poor behavioral controls											Shows appropriately restraint
Lacks goals											Goal-oriented
Irresponsible											Mature / responsible
Adolescent antisocial behavior											Healthy adolescent social behavior
Adult antisocial behavior											Healthy adult social behavior

10

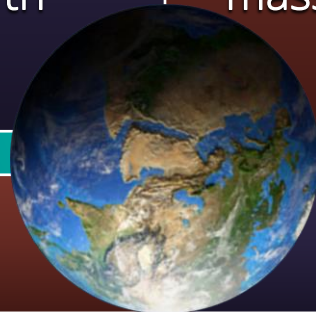
# Wise Economy

# Public Investment to Strengthen Communities

Public Health & Prevention	Economic Opportunity & Housing Security	Youth Development & Education	Built Environment & Community Spaces	Institutional Transformation
<ul style="list-style-type: none"><li>• Create sustainable funding streams for community violence intervention programs.</li><li>• Scale civilian crisis-response models.</li><li>• Increase funding for community health clinics, trauma recovery centers, and community health workers.</li></ul>	<ul style="list-style-type: none"><li>• Expand access to workforce development and employment programs.</li><li>• Fund summer jobs for youth.</li><li>• Fund targeted cash assistance programs for harm survivors.</li><li>• Expand economic opportunity for formerly incarcerated individuals.</li><li>• Expand access to housing through eviction defense, vouchers, and alternative real estate models.</li></ul>	<ul style="list-style-type: none"><li>• Create a grant program to fund local youth violence prevention plans.</li><li>• Increasing resources for low-income schools.</li><li>• Fund youth centers, sports, enrichment activities, and neighborhood-based wraparound support programs.</li></ul>	<ul style="list-style-type: none"><li>• Built environment and community spaces to lower stress can significantly reduce crime.</li><li>• Increase grant funding for place-based neighborhood improvement projects.</li><li>• Transform abandoned homes and buildings and clean vacant lots.</li><li>• Create green neighborhood-led projects for “third spaces” such as parks, cafes, and community centers to lower stress &amp; increase connections.</li></ul>	<ul style="list-style-type: none"><li>• Provide sustainable and accessible funding for grassroots organizations.</li><li>• Enhance the capacity of community-based organizations.</li><li>• Create a community safety division at the Department of Health and Human Services for civilian agencies dedicated to community safety.</li><li>• Fund additional research on the social determinants of safety.</li></ul>

# Stop Earth Harm

1	2	3	4	5	6
Earth systems failing as air, water, land, heat, and life forms go out of balance	GDP includes growth of harm expenditures	Subsidized fossil fuels destroy life on Earth	Plastic and non-renewable industry create massive waste	Greed is good business models	Deterioration of land, water, and forests
7	8	9	10	11	12
Planetary boundaries breeched	Ever-expanding wealth gap creates violence	Global militarization creates war and starves SDGs	No funding for education, health care, housing and needed work	Culture of violence, work-life imbalance, and addictions	Lack of Whole Earth Economics education





# A Student Opportunity

- Many organizational and educational narratives sound good but are essentially delusional, and just make people feel good.
- They do not address the systemic, structural, and institutional transformation needed to avoid humanity's collective extinction.
- Greed is Good Capitalism, fossil fuels, corporate profiteering, and shareholder indifference are killing planet Earth.
- We need Whole Earth Economics (WEE) to create a sustainable, flourishing planet Earth.
- We have identified 12 parts of the process that need monitoring, reporting, and promotion globally to elevate human consciousness rapidly.



## The Plan

1. Have monthly meetings on Zoom.
2. Identify programs around the world for Whole Earth Economic Education.
3. Reach students who care about Earth to form the 12 teams.
4. Students create social media.
5. Students create a crowdsourcing campaign for funds for the website.
6. Build the website.
7. Update the website.

WEE Project Meetings, Fourth Sunday, 12 PM ET  
[Click Here to Register Free for the Meeting](#)

# Build a Website for Progress on the 12 Economic Goals for Earth & Humanity with 12 Student Reporter Teams for Quarterly Updates

1	2	3	4	5	6
Interdependence of life on a planet with finite resources  Population / Carrying Capacity Balance	GDP to GWP  Gross wellness Product	ESG Investment & Real Support for Renewable Energy & Smart Grids  Disinvest from Fossil Fuels	Circular Economy	Whole Earth Business Models	BioRegeneration
7	8	9	10	11	12
Protection and Repair of Planetary Boundaries	Fair-Share Taxes to Reduce Wealth Gap & Violence	Global Demilitarization for Peace & SDGs	Funding for Education Health Care Housing Work	Culture for Peace & Work-Life Balance	Whole Earth Economics Education

# SUSTAINABLE PEACE WITH JUSTICE ON EARTH

Peace

Justice

Sustainability

Guided by  
consideration for  
all humans as family members.

Seeking wisdom from past generations.

Respecting the needs of future generations.

Appreciative of all  
non-human sentient and non-sentient beings  
with which the global human family  
is interconnected and  
interdependent.

Political Systems  
DEMOCRACY -  
AUTHORITARIAN

Cultural Systems  
TRADITIONAL -  
MODERNIST CULTURE

Economic Systems  
FOSSIL FUEL ECONOMY -  
WHOLE EARTH ECONOMY

# Voluntary Simplicity for Degrowth Economy



## **Voluntary Simplicity**

**in a degrowth economy**

**is seen as a necessary component of  
a transition away from a growth-based economic model,  
by reducing one's consumption of goods and services, and family size.**

**Deconsumption and depopulation may then lead  
to an Earth-carrying capacity balance and  
a more sustainable and fulfilling life.**



# Voluntary Simplicity for Balanced Economy

Reduce Consumption	Embrace Self-Sufficiency	Prioritize Community	Reduce Waste	Embrace Low-Tech Solutions	Prioritize Experiences Over Possessions
<ul style="list-style-type: none"><li>❑ Reduce consumption of goods and services</li><li>❑ Buy only what is necessary</li><li>❑ Repair and reuse items</li><li>❑ Avoid unnecessary purchases</li><li>❑ End unnecessary travel</li><li>❑ End fossil fuel-based entertainment</li></ul>	<ul style="list-style-type: none"><li>❑ Embrace self-sufficiency</li><li>❑ Reduce dependence on external sources of goods and services</li><li>❑ Grow own food</li><li>❑ Generate own energy</li><li>❑ Engage in DIY projects</li></ul>	<ul style="list-style-type: none"><li>❑ Community is seen as a key part of sustainability</li><li>❑ Prioritize community</li><li>❑ Build strong relationships with neighbors and local businesses</li><li>❑ Use public transportation</li></ul>	<ul style="list-style-type: none"><li>❑ Reduce waste</li><li>❑ Compost</li><li>❑ Recycle</li><li>❑ Reduce use of single-use items</li></ul>	<ul style="list-style-type: none"><li>❑ Embrace low-tech solutions</li><li>❑ Reduce dependence on high-tech gadgets and appliances</li><li>❑ Use manual tools</li><li>❑ Reduce screen time, avoid unnecessary electronic devices</li><li>❑ Choose low tech end-of-life procedures</li></ul>	<ul style="list-style-type: none"><li>❑ Prioritize experiences over possessions</li><li>❑ Spend time in nature</li><li>❑ Engage in creative pursuits</li><li>❑ Build strong relationships with friends and family</li></ul>

About

# About



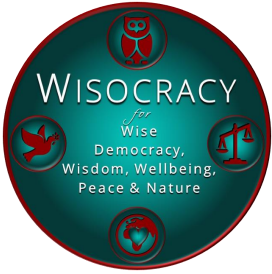
## Sanford Hinden

Educator, Administrator, Organizer, Author

- Sandy Hinden works for world peace, including *mutually assured survival* that includes *ending war, making peace with nature, and developing wellness for humanity*.
- Sandy provides [programs](#) for schools, libraries, and organizations in person and on Zoom in personal development, communications and relationships, and social and global development for peace and sustainability.
- He worked locally, nationally, and globally developing organizations, projects, and programs for peace, the environment, health, human services, education, and the arts.
- He helps seniors, adults, teens, and children reach their full potential and enjoy life more.
- Sandy was director of *Community Partners for Coordinated Services* for *Suffolk Community Council*, and executive director of the *Dix Hills Performing Arts Center*.
- In 2009, he wrote and published [7 Keys to Love – Opening Love’s Door to Joy & wellness](#).
- In 2014, he created the *Commonwealth for Earth & Humanity*, proposing annual 10% global military reductions to be used for funding human, social, and Earth’s needs.
- Sandy currently works on [Wisocracy](#) for wise democracy, wisdom, wellness, peace, and nature.



# References



"Sandy's whole-systems thinking is empowering and enlightening. I would recommend any educational materials he creates as of superior value."

**Meg Rivers**

**Senior Production Specialist at HBO / HBO Max**

Sandy Hinden is a very exceptional human being entirely devoted to a better, ideal world. I have known him for more than 30 years. He constantly inspired me for my work and efforts at the United Nations. He had ceaseless great ideas. He encouraged me to not give up. I would be so happy see him in charge of a major newspaper section on good news and happiness for the people. He would be very precious for a major philanthropic organization, especially one dealing internationally. I would support his candidacy with the highest terms.

**Dr. Robert Muller (1923-2010)**

**Former UN Assistant Secretary General**

**Cofounder, UN University for Peace, Costa Rica**

"Sandy is an inspirational actionist! He is not afraid to ask the tough questions and explore heartfelt responses to them. The ones that have to do with how we got into this mess as humanity, and what it's going to take for us to get out of it. His wealth of experience and human kindness, combined with political savvy and collaborative working style, make learning with and from him an enriching experience, and always a joy."

**Alexander Laszlo**

**Global Systems Educator**

"Sanford Hinden is one of the most humane, compassionate, loving human beings I have ever met. He speaks and acts from deep wisdom about what people need – and what the world needs now. I trust him and have learned immensely from him."

**Ronald Gross**

**Founder/Director, Conversations New York  
Co-chair, University Seminar on Innovation,  
Columbia University**





Quality  
Education

Funding Wisdom  
& Wellness  
Needs

Good  
Governance

Civic  
Deliberation

Building Trust  
& Collaboration



10 WAYS TO IMPROVE DEMOCRACY

Compassionate  
Communication

Solution  
Seeking

Meaningful  
Media

Wise  
Leadership

Wise  
Economy