



iThriveOT Ptd Ltd is an interventionalist service, working alongside clients for sustainable outcomes. Our team have strong trauma awareness and are focused on supporting our clients to thrive.

Occupational Therapy for:

-Driver Assessment

-Intervention for school aged children and young adults living with Autism, intellectual and other developmental differences requiring support for life skills acquisition, self-regulation, social development, safe sexuality awareness and communication

-Psychosocial OT intervention, a DBT informed approach with focus on building skills for self-management and occupation-based recovery

-Literacy and numeracy support for people of all ages, special interest in adult learners

-Health Literacy support to improve overall health and wellbeing (people with disabilities have poorer overall health outcomes-we support the whole you)

--Bedrock to Thrive: program to improve balance and strength for anyone across the lifespan. This program is functional: do it where you want to, with your own body and in your own environment.

Nursing Services for:

-wound management (venous/arterial) and in consultation with OT

-generalised RN assessment and planning (DVA, NDIS, Aged Care)

-Diabetes Educator

OT Assistant for:

-Implementation of therapeutic plans under the guidance of the treating Occupational Therapist, supporting sustainable and consistent progress of clients towards their goals.

Individual and social-based therapy offered depending on client preference and what you need to thrive. We can come to you, in your home or your preferred community space. We are in this to support you, for as long as you need.

iThriveOT does not complete Aged Care Assessments (except for Driving Assessments), including DVA. Medicare Referrals are accepted however, full fees are paid by the client who can claim the rebate. 7 day cancellation fee applies.