

WED

05/03/2023 -Arrival to Santa Marta

THU

Day 2: Santa Marta Historic Center All day sailing to beach (Lunch included)

FRI

Day 3: Santa Marta Historic Center

Morning: explore Historic Santa Marta

Afternoon: Travel to Tayrona

Evening: Relax in this gorgeous hotel + welcome dinner

SAT

Day 4: Santa Marta Vereda los Naranjos Morning: Stretch & Meditation & Guided workout Free day/Relax + 1 massage included Sat or Sun

SUN

Day 5: Santa Marta Vereda los Naranjos

Morning: Stretch & Meditation

Free afternoon/Relax + 1 massage included Sat or Sun

Evening: Group Sunset

MON

05/09/2023 Departure from Santa Marta