

Restoring God's Foundation

CATHOLIC MEN'S INTEGRITY PROGRAM

PROSPECTIVE ORGANIZATION PROGRAM INFORMATION

Road to Purity, Inc

www.roadtopurity.com

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How to start a Restoring God's Foundation group

Establishing a group

- Introduce Restoring God's Foundation to your pastor or leader of organization. Give them the Restoring God's Foundation Outline Synopsis for review. They may also desire to review the facilitators guide to see the lessons taught and expectations of members. It is important for the pastor/leader to know that there is nothing expected from them other than approval for the program and meetings to be held within their organization. Many pastors are very busy and are not able to add anything to their already busy schedules.
- Choose a pastor or deacon to be the spiritual leader over the group. Attendance is not a requirement or necessary, only that they commit to pray for the spiritual guidance of the group and the recovery of the members.
- Choose a facilitator to run the group. The facilitator is responsible for all logistical operations of the group including welcoming and screening new members, coordinating space and meetings of the group, making decisions about lesson selection of the group meetings and assigning help with other operations of the group such as inspirational text messages, social meetings, etc.
- Establish a meeting place that is regular, and safe. A room that is not likely to be overheard by others next door or walking by is necessary to ensure privacy and safety. Give the meeting place and time to each member directly, do not place a sign or advertise in the church bulletin. Anonymity is important.
- Costs. The church or organization may be willing to purchase the program or at least subsidize the cost of the materials. The cost of the participant books can be passed on to each member as necessary. It may be a wise

step for the church or organization to originally purchase or at least register in their name with Road to Purity. That way, in the event of change in program facilitators, leaders etc, the church or organization still has the rights to access all additional materials on the RoadtoPurity.com website.

Spreading the word

- Ask the pastor to speak to the entire parish about pornography addiction and recovery and say that there is a new group at the church and consult the bulletin for information.
- Meet with men's group leaders in your church and tell them about the group and/or have them tell their members
- Ask the pastor to hand out cards in confession about the group. (sample card format is available the resource area of the Road to Purity site)
- Post a flyer or poster in your church or organization (pdf's of samples are on the RoadToPurity.com website under program support).
- Advertise in the church bulletin or organization newsletter. Below are some samples of ads.
 - Restoring God's Foundation, Break the chains of sexual sin and discover what authentic sexuality is all about. A Catholic men's integrity program. Weekly meetings. Become free now. New group forming, call (name) 999-999-9999
 - Restoring God's Foundation: Restore God's foundation for sexual purity in your life. Weekly meetings, Call (name) 999-999-9999
 - Restoring God's Foundation: Discovering freedom and sexual purity, the Catholic way. Weekly meetings, Call (name) 999-999-9999

- Restoring God’s Foundation: Pornography recovery program. Weekly meetings, Call (name) 999-999-9999
- Restoring God’s Foundation: Men’s small group for growing in purity. Weekly meetings, Call (name) 999-999-9999
- Men’s Integrity group become a man of sexual integrity. Weekly meetings. Call (name) 999-999-9999

Commitments required by church or organization

- Provide safe and private place for meetings
- Offer regular weekly meetings
- Allow up to 2 hours of time per meeting
- Ensure all groups are either male or female (no mixed groups)
- Adhere to confidentiality requirements
- Maintain Discovering God’s Foundation program integrity with regards to meeting structure, phases of recovery and adhering to the magisterium of the Catholic Church.

Who can attend a Restoring God’s Foundation meeting?

Anyone that recognizes their behavior as being of a sexual nature that is sinful, unhealthy, dangerous or is negatively affecting their relationships. All persons attending a meeting must be screened by the facilitator prior to attendance. It should NOT be permitted that anyone attend a group meeting “to check it out” or merely visit a group. This creates an environment that potentially violates the

safety, anonymity, security and open accountability of the other members of the group.

Guide for choosing a facilitator

The facilitator takes on the function of a leader of the group. Facilitators must lead by example, create a trusting environment and actively participating in the work of his own sobriety and healing.

Core characteristics of a facilitator are:

Confidentiality, open and transparent relationships, genuine acceptance of each member, and exhibit a Christ-centered wholesome integrity.

Facilitators should have both leadership qualities as well as mature faith. A facilitator will have many of the following traits:

Faithful	Vulnerable	Compassionate
Servant attitude	Available	Empathetic
Sober	Transparent	Trustworthy
Honest	Caring	Motivated
Obedient	Good communicator	Mature faith

Note: The Program Facilitator Guide provides training on how to run a group as well as guidance for managing communication and group dynamics. Registered leaders also have access to Road to Purity staff by email for extra assistance and advice as necessary.