

**KAFA**  
HEALTHCARE

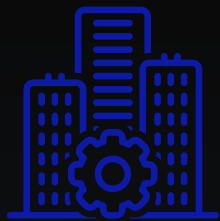
HEALTHCARE  
FOR EMPLOYEES

CORPORATE HEALTHCARE SERVICES

2025

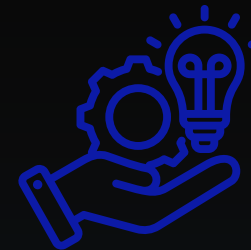
# WELCOME TO THE NEW ERA OF HEALTHCARE

THE WORKPLACE IS EVOLVING.  
SO SHOULD HEALTHCARE.



At **KAFA Healthcare**, employee well-being is the foundation of performance and progress.

## What We Stand For



Proactive, Preventive,  
People-Centric Care.  
We bring innovative healthcare  
solutions to corporate  
environments—designed to care,  
connect, and create healthier  
teams.

## Our Mission



To transform workplace  
wellness through personalised,  
preventive healthcare services  
that are accessible, efficient,  
and human-first.

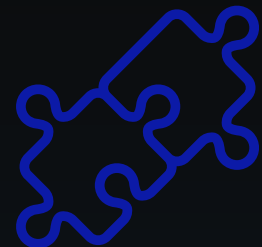
# OUR APPROACH TO MODERN CORPORATE HEALTHCARE

PERSONALIZED



Each employee is unique.  
Our care plans are too.

INTEGRATED



We connect physical, mental, and lifestyle  
health into one seamless system.

EMPLOYEE-FIRST



We empower your workforce to take charge  
of their health on their terms.

## Why It Works

We go beyond check-ups and health camps.  
Our model is preventive, consistent, and built to truly  
engage employees, where they are, and how they live.



# SOLVING TRADITIONAL CORPORATE HEALTHCARE LIMITATIONS

ONE-TIME CAMPS → CONTINUOUS CARE



From annual health checkups to monthly touchpoints that build habits.

LOW ENGAGEMENT → PERSONALIZED PROGRAMS



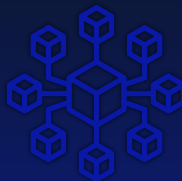
Tailored activities based on employee health profiles, preferences & roles.

GENERIC CONTENT → GOAL-BASED TRACKING



Employees set health goals. We help them track progress with smart feedback.

FRAGMENTED SERVICES → INTEGRATED WELLNESS MODEL



Physical, mental, and emotional care—delivered as one seamless experience.

THIS CREATES A  
COMPELLING SHIFT  
FROM EVENT-BASED  
HEALTHCARE TO  
A CULTURE OF  
EVERYDAY  
WELL-BEING.



# KAFA'S MONTHLY ENGAGEMENT MODEL

## Week 1



On-Site  
Specialist Clinics

Physiotherapy,  
Nutrition, Mental Health,  
Lifestyle Coaching.

## Week 2



Awareness &  
Screening Drives

BP, Sugar, BMI, Posture,  
Stress Level checks –  
tailored for your workforce.

## Week 3



Workshops &  
Talks

Interactive sessions on stress,  
communication, lifestyle disease  
management, sleep, etc.

## Week 4



1-on-1 Follow-ups &  
Teleconsults

Personal consultations and  
habit tracking for high-risk  
or interested employees.

## Add-ons

- Custom content on your HR portal
- Monthly reporting dashboards
- QR-based access to services



# RESULTS THAT MATTER

## LOWER ABSENTEEISM

Through early  
detection and  
fast intervention

## BETTER PERFORMANCE

Healthy minds and  
bodies work better,  
longer

## HIGHER ENGAGEMENT

Employees feel  
cared for and  
supported  
regularly

## DATA-DRIVEN DECISIONS

HR receives  
insights to act  
on real health  
trends

Your Workforce Wins.  
Your Business Grows.

We don't want to build a model that just checks boxes.  
We want to build a culture of consistent care.

# WHAT KAFA HEALTHCARE OFFERS

## COMPLEMENTARY SERVICES

Basic Vital Checks (BP, oxygen, pulse, etc.)

Mental Health Self-Assessment Tools

Health Awareness Talks (Stress, Sleep, Lifestyle)

Participation in Company-Wide Health Drives

Physiotherapy Consultation

Basic Monthly Reports for HR  
(Engagement Metrics)

Dental Screening

Eye Screening

Pulmonary Function Test (PFT)

Audiometry (Hearing Test)

Random Blood Sugar Test

Total Cholesterol Check

Blood Grouping

BMI Assessment with Health Report

Blood Donation



## PAID SERVICES

### CLINICAL & DIAGNOSTIC SERVICES

- Full Body Health Check-up (50% discount)
- ECG & Cardiac Risk Assessment
- Bone Density Screening
- Cancer Marker Screening (Prostate, Cervical, Breast, Oral, etc.)
- Cardiac, Diabetes, Liver, Kidney & Iron Marker Panels
- Vitamin B12 & D3 Testing
- Breast Cancer Screening (by Gynaecologist)
- Oral Cancer Screening (by Oncologist)
- Smoking & Tobacco Cessation Drive
- Flu Vaccination & Other Vaccination Drives (On request)
- Medical Prescription & Fitness Certificate (by MBBS doctor)
- Teleconsultation with MBBS Doctor
- Pharmacy Discounts – 15–20% for employees
- Physiotherapy Treatment with TENS, US & SF Therapy
- Targeted Screening – Diabetic Risk, Cardiac Risk, Posture Analysis

## PAID SERVICES

### WORKPLACE WELLNESS

- Dietician Consultation – Personalized Diet Plans as per BMI
- Basic Life Support (BLS) Training – by Certified MBBS Doctors
- Fertility & Reproductive Health Session – by Gynecologist
- Zumba & Yoga Classes – In-person sessions at workplace
- Custom Healthcare Events – Curated as per organizational needs
- Gut-Core Health Program – A holistic approach to gut and digestive wellness
- Special Sessions – Guided Meditation, Burnout Recovery
- 1-on-1 Goal-Based Plans – Personal health coaches for key employees
- Telehealth Support – Quick consults via WhatsApp
- Stationed Ambulance Support (12 hrs/ 24 hrs)

## PAID SERVICES

### EDUCATION

- Mental Health Webinars (Pan India – by Clinical Psychologist)
  - Soft Skills & Behavioural Training (In-person at HO Pune / Virtual Pan India)
- Topics include:
- Work-Life Balance
  - Workplace Hospitality
  - Professional Communication
  - Lifestyle Management Sessions (Sedentary Lifestyle, Stress, Nutrition, etc.)



# HOW IT COULD WORK

## A STEP-BY-STEP IMPLEMENTATION PLAN

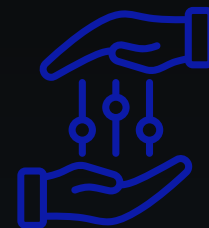


# WHY CHOOSE KAFA HEALTHCARE?

WHY KAFA IS THE RIGHT WELLNESS PARTNER FOR YOUR WORKFORCE

We don't just offer services;  
we create healthier, happier workplaces.

- ✓ Tailored for urban corporate lifestyle challenges
- ✓ Seamless integration with your HR goals
- ✓ Blend of on-ground support + digital convenience



- ✓ Proven employee engagement & satisfaction
- ✓ Scalable PAN-India with a human touch



Let's Build a Healthier Workplace,  
**Together.**

Thank you.

**KAFA**  
HEALTHCARE

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