

[FOR IMMEDIATE RELEASE]

FatSecret and OptiChroniX Partner to Launch myAVOS, a Revolutionary Digital Wellness App for Healthy Cognitive Aging

Houston, Tx, USA / Melbourne, Australia

FatSecret, the leading provider of verified food and nutrition data, and OptiChroniX, a developer of digital wellness solutions, are excited to announce their collaboration and the launch of myAVOS, a cutting-edge app designed for healthy cognitive aging.

With the aim of empowering people to make healthy food and nutrition habits for life, FatSecret's expertise in verified food and nutrition data makes it a natural partner for OptiChroniX in developing myAVOS. By combining advanced design and technology, myAVOS offers a risk calculator that uses an algorithm to calculate an individual's risk for late-life dementia, a monthly cognitive assessment using a speech-enabled digital biomarker, and a curated database of answers accessible through a conversational interface.

"We are very excited to be collaborating with OptiChroniX and for our Platform API to be supporting myAVOS," said Sebastian Loch, VP Business Development of FatSecret. "With our expertise in verified food and nutrition data, we can help users make informed decisions about their diet and lifestyle choices, which are essential for healthy cognitive aging."

"We're excited to launch myAVOS in partnership with FatSecret," said Dr. Le Dam, CEO of OptiChroniX. "Our app leverages FatSecret's Platform API to access their vast database of verified food and nutrition data in order to help users make personalized lifestyle changes that can improve their (cognitive) health over time."

As a result of this collaboration, myAVOS is set to become a leading digital wellness app for healthy cognitive aging, offering personalized guidance on lifestyle changes, based on verified food and nutrition data.

myAVOS is now available for download on the App Store for US residents.

For more information, please contact:

FatSecret

Press Contact: api-support@fatsecret.com

Website: www.platform.fatsecret.com/api

OptiChroniX Inc

Press Contact: press@optichronix.com

Website: www.optichronix.com

Website myAVOS: avos.health