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Sprout Health Solutions and OptiChroniX Partner to Launch myAVOS, an Innovative Digital Wellness App for Healthy Cognitive Aging

Houston, Tx

Sprout Health Solutions, a patient-centered biotech and pharma consulting firm, and OptiChroniX, a developer of digital wellness applications, are proud to announce their collaboration and the launch of myAVOS, a groundbreaking app designed for healthy cognitive aging.

With a focus on prioritizing the patient experience, Sprout Health Solutions' commitment to evidence-based strategies for improving health makes it an ideal partner for OptiChroniX in developing myAVOS. By combining advanced design and technology, myAVOS offers a risk calculator that uses an algorithm to calculate an individual's risk for late-life dementia, a monthly cognitive assessment using a speech-enabled digital biomarker, and a curated database of answers accessible through a conversational interface.

"We're excited to partner with OptiChroniX on myAVOS," said Dr. Christina Jackson, Founding Partner of Sprout Health Solutions. "Our mission to place patients at the heart of drug development aligns perfectly with OptiChroniX's goal of promoting healthy cognitive aging through personalized guidance and lifestyle changes."

"We're thrilled to launch myAVOS in collaboration with Sprout Health Solutions," said Dr. Le Dam, CEO of OptiChroniX. "Our app leverages Sprout's patient-centered approach to provide users with evidence-based strategies for healthy cognitive aging."

As a result of this collaboration, myAVOS is poised to become a leading digital wellness app for healthy cognitive aging, offering personalized guidance on lifestyle changes, based on evidence-based strategies and programs.

myAVOS is now available for download on the App Store for residents in the USA.

For more information, please contact:

Sprout Health Solutions

Press Contact: contact@sprout-hs.com

Website: www.sprout-hs.com

OptiChroniX

Press Contact: press@optichronix.com

Website: www.optichronix.com