

JOSEPH DREAMHOUSE CDC



NEWSLETTER

JANUARY 2022 ISSUE



STATS AT A GLANCE

WE DISTRIBUTED
121,388 LBS OF FOOD
TO 20,030 INDIVIDUALS
IN JANUARY

263,325 INDIVIDUALS
SERVED IN 2021

1,543,759 LBS OF FOOD
DISTRIBUTED 2021

HAPPY VALENTINES DAY!

2021 was a monumental year for Joseph Dreamhouse CDC. We served more families than ever this past year, serving 69,546 households. This was an 64% increase from 2020 totals, and well over triple the number of individuals fed in 2019. Now as we progress along into 2022, we anticipate even greater need: one in five Americans utilized some sort of food charity in this past year and the costs of food continue to rise with the persistence of supply chain issues. Only month into this new year, Joseph Dreamhouse is already seeing an 97% increase in clients from the same date this time last year!



SPECIAL THANKS TO:

I'd like to give a special shout-out and heartfelt thanks to Dan Golka, the social media influencer from Youtube's iAllegedly for all of his support!

As always, thanks to our generous in-kind donors: Whole Foods, Target, Fresh Market, Walmart, Publix, Winn-Dixie, and Trader Joe's.

FOLLOW US ON SOCIAL MEDIA!

You can follow us on Twitter, on Facebook, and Instagram. Make sure to keep up with the latest issues that we are passionate about on our blog! Our YouTube Channel, MaChef'n, is also up and running! Be sure to Like and Subscribe!



SPREAD THE LOVE!

Valentine's Day is a special day to appreciate the loved ones in your life. It is also a great chance to spread the love throughout the community. Joseph Dreamhouse aims to do so by improving community health outcomes via the distribution of nutrient dense groceries to our food insecure clientele. Our main goal is to help as many food insecure community members as possible. Valentines Day provides us all with the opportunity to show love to our fellow Floridians! Donate today to help us. Be a sweetheart & fill a cart!

Joseph Dreamhouse CDC is here for those families, working to ensure that they do not go hungry. We aim to alleviate the

financial burden that food purchase places on the household monthly budget. And it is a significant burden for many in the community. Florida is currently ranked twelfth in food insecurity in the United States. Approximately 785,000 residents of South Florida suffer from food insecurity. In Broward and Miami-Dade Counties, 15.5% and 11.3% of residents are food insecure, respectively. The face of hunger is the face of our neighbors, friends, relatives—especially with the costs of food rising.

Let us use this Valentine's Day as an opportunity to spread some much-needed love and compassion to our friends and neighbors!

HOW REDUCING FOOD INSECURITY HELPS COMMUNITIES

Joseph Dreamhouse CDC serves low-to-moderate income families in sixteen towns/cities throughout both Broward and Miami-Dade Counties in South Florida, both of which have demonstrated high rates of poverty and resource insecurity compared to national averages. Joseph Dreamhouse CDC aims to address the cyclical relationship of food insecurity and impoverishment. A vital relationship exists between nutritional status, human capital, and economic standing. Malnutrition adversely affects the physiological and mental capacity of individuals, which in turn hampers productivity levels, making them and their respective communities more susceptible to poverty. A two-

way link exists between malnutrition and poverty, creating a vicious cycle with each fueling the other. The alleviation of one will aid in the alleviation of the other. Joseph Dreamhouse CDC firmly believes that alleviating food insecurity will place individuals on a positive trajectory, allowing them to allocate their hard earned resources towards paying for other essential bills. Furthermore, Joseph Dreamhouse CDC aims to improve community health outcomes through the distribution of healthy, nutrient-dense foods and thereby lowering the rate of malnourished families.

HOW TO HELP:

You can support Joseph Dreamhouse CDC by utilizing Amazon Smile or purchasing a gift for the young one in your life or some home supplies for yourself through our eBay Store. Donations through PayPal via our website or through our GoFundMe are always a blessing, too, of course! We need all the help we can get to feed families in need!

