

JOSEPH DREAMHOUSE CDC



NEWSLETTER

JANUARY 2022 ISSUE



STATS AT A GLANCE

263,325
INDIVIDUALS FED
IN 2021

1,543,759 LBS OF
FOOD
DISTRIBUTED IN
2021

HAPPY NEW YEAR!

2021 was a monumental year for Joseph Dreamhouse CDC. We served more families than ever this past year, giving food to a total of 69,546 households. This was an 65% increase from 2020 totals, and well over triple the number of individuals fed in 2019. Now we look ahead to 2022, and anticipate even greater need: one in five Americans utilized some sort of food charity in this past year and the costs of food continue to rise with the persistence of supply chain issues. Still, we must make the best of this New Year and rise to meet the needs of our community and our clients. The fact of the matter is that food insecurity remains a chronic, decades-old problem in America — one that COVID only continues to worsen. This year will be no different, but we have hope & faith that we will be able to continue making a difference here in South Florida.



Cheers

TO THE NEW YEAR

SPECIAL THANKS TO:

I'd like to ring in the New Year with a big thanks to Mr. Ben Creasy for his generous donation!

I'd also like to give a special shout-out and heartfelt thanks to Dan Golka, the social media influencer from Youtube's iAllegedly for all of his support!

As always, thanks to our generous in-kind donors: Whole Foods, Target, Fresh Market, Walmart, Publix, Winn-Dixie, and Trader Joe's.

FOLLOW US ON SOCIAL MEDIA!

You can follow us on Twitter, Facebook, and Instagram. Make sure to keep up with the latest issues that we are passionate about on our blog! New posts are added every weekday.



NEW YEAR, NEW PERSPECTIVE

The New Year can bring with it many positive changes, aspirations, and goals. Many will start new jobs or move or experience other great changes like getting married or having their first child within this year. The possibilities are limitless and exciting! However, for many the New Year does not bring a fresh start full of possibility, but rather signals a continuation of last year's problems and struggles. For families whose financial situation remains the same, the bills will still be difficult to manage, and food insecurity will still pose a real problem.

Joseph Dreamhouse CDC is here for those families, working to ensure that they do not go

hungry. We aim to alleviate the financial burden that food purchase places on the household monthly budget. And it is a significant burden for many in the community. Florida is currently ranked twelfth in food insecurity in the United States. Approximately 785,000 residents of South Florida suffer from food insecurity. In Broward and Miami-Dade Counties, 15.5% and 11.3% of residents are food insecure, respectively. The face of hunger is the face of our neighbors, friends, relatives—especially with the costs of food rising.

Let us use this New Year as an opportunity to adopt this new perspective—that hunger does not discriminate.

HOW REDUCING FOOD INSECURITY HELPS COMMUNITIES

Joseph Dreamhouse CDC serves low-to-moderate income families in sixteen towns/cities throughout both Broward and Miami-Dade Counties in South Florida, both of which have demonstrated high rates of poverty and resource insecurity compared to national averages. Joseph Dreamhouse CDC aims to address the cyclical relationship of food insecurity and impoverishment. A vital relationship exists between nutritional status, human capital, and economic standing. Malnutrition adversely affects the physiological and mental capacity of individuals, which in turn hampers productivity levels, making them and their

respective communities more susceptible to poverty. A two-way link exists between malnutrition and poverty, creating a vicious cycle with each fueling the other. The alleviation of one will aid in the alleviation of the other. Joseph Dreamhouse CDC firmly believes that alleviating food insecurity will place individuals on a positive trajectory, allowing them to allocate their hard earned resources towards paying for other essential bills. Furthermore, Joseph Dreamhouse CDC aims to improve community health outcomes through the distribution of healthy, nutrient-dense foods and thereby lowering the rate of malnourished families.

HOW TO HELP:

You can support Joseph Dreamhouse CDC by utilizing Amazon Smile or purchasing a gift for the young one in your life or some home supplies for yourself through our eBay Store. Donations through PayPal via our website or through our GoFundMe are always a blessing, too, of course! Please consider becoming a monthly donor with whatever you can afford. Every little bit helps us feed families in need!

Just a reminder: Joseph Dreamhouse CDC is a 501(c)3 nonprofit, so all donations are tax deductible!

