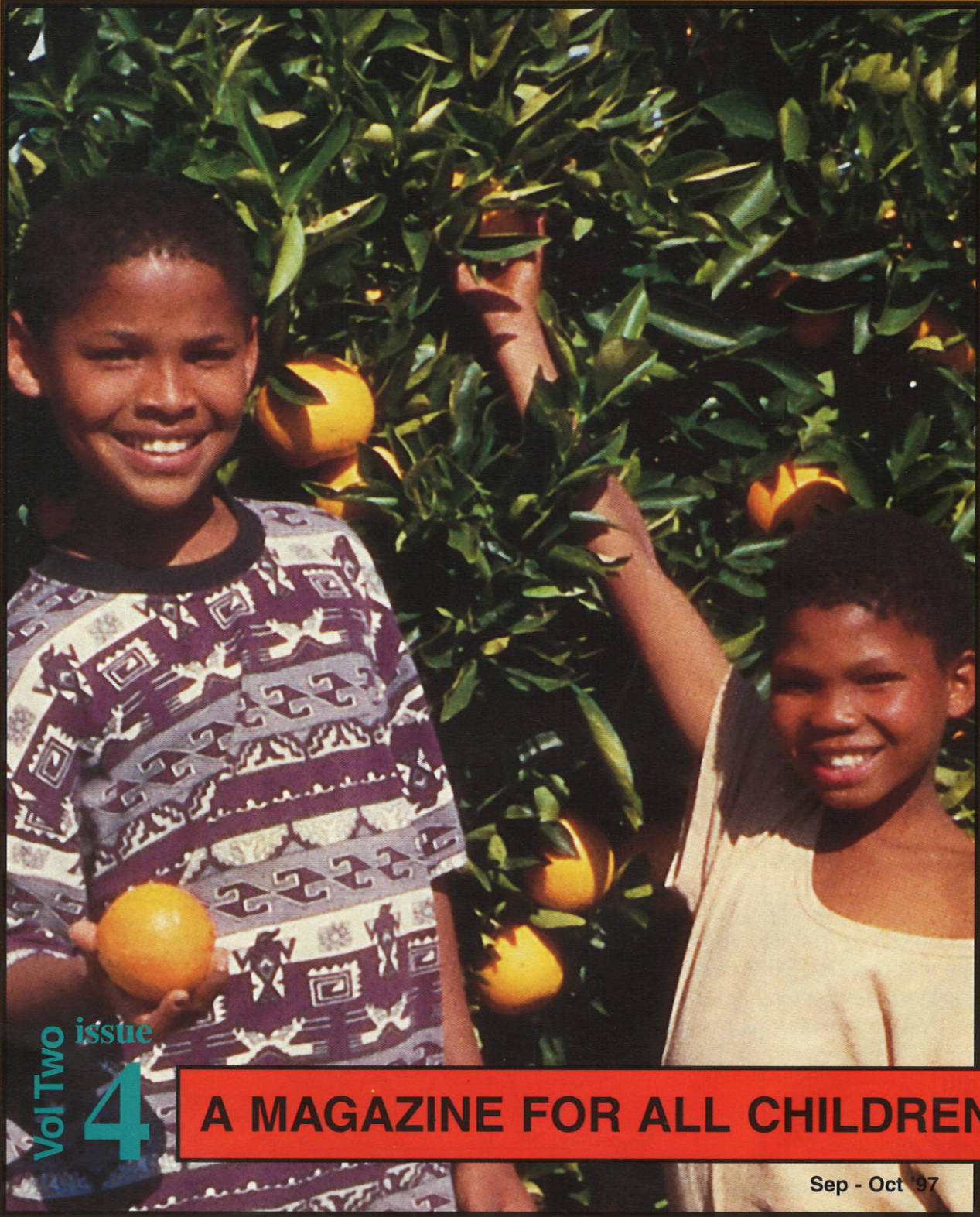


# MOLLO

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Vol Two issue  
**4**

A MAGAZINE FOR ALL CHILDREN 50c

Sep - Oct '97

## Hello Friends

A home should be a place where you grow up and feel secure and safe. The Kruger National Park is home to hundreds of different species of plants and animals. The South African coastline is home to hundreds of whales during their calving season. How safe are the homes of the wildlife?

Imagine building your own home. Well, on pages 10 to 12 readers tell us about the kind of environmentally friendly home they would like to build and live in. Also on pages 14 and 15 are some interesting environmental and conservation projects Molo readers can take part in.

Remember, earth is home to all of us, and the only one we have. Take care of it, its plants and animals. Aunt Daphne is back and she shows us how to plant flowers for spring and summer.

Have fun!

# Molo

## Hallo Maats

'n Woning behoort 'n plek te wees waar jy grootword en veilig voel. Die Kruger Nasionale Wildtuin is die tuiste van honderde verskillende spesies plante en diere. Die Suid-Afrikaanse kuslyn is die blyplek van honderde walvisse in hulle kalfseisoen.

Stel jou voor jy kan jou eie huis bou. Wel, op bladsye 10 - 12 vertel lesers hoe hulle omgewingsvriendelike huis sal lyk en waar dit geleë sal wees. Op bladsye 14 en 15 is nuus oor interessante projekte vir die bewaring van die omgewing.

Onthou, die aarde is 'n tuiste vir ons almal en die enigste wat ons het. Sorg daarvoor, vir plante, diere en mense. Ons kuier weer by tannie Daphne en sy wys ons hoe om blomme te plant vir die lente en somer.

Geniet dit!

# Molo

Front Cover: Clayton and friend in Citrusdal

Volume 2 Issue 4

## Molweni Bahlobo

Ikhaya yindawo ekufanele ukuba ukhule kwaye ukhuseleke kuyo. I Kruger National Park likhaya kwintlobo ntlobo ezahlukeneyo zezityalo kunye nezilwanyane. Unxweme lo Mzantsi Afrika likhaya kumakhulu khulu omnenga ngexesha lokuzala kwawo.

Khaw' yinge nje engqondweni yakho usakha ikhaya elinge lakho. Kwiphepha 10 ukuya ku 12 abafundi basixelela ukuba bangayakha njani na indlu abanokuhlala kuyo ngaphandle kokwanakalisa indalo.

Kwakhona kwiphepha 14 nakwi 15 kwiphepha kukho imisebenzi enomdla ngolondolozo ndalo, abafundi baka Molo abanokuthi bathathe inxaxheba kuyo.

Khumbula ke ukuba eli lizwe lilo lodwa ikhaya esinalo. Ngoko ke lilondolozwe; kunye nezityalo nezilwanyane zalo. Umakhulu Daphney ubuyile, usibonisa ukuba singazityala njani na intyatyambo zentwasa hlobo kunye nehlobo.

Ubenexesha elimnandi!

# Molo

*An extra supplement  
for parents,  
guardians and  
teachers*



They need to know about the new series of articles in the magazine. It is called

*The Birds and the Bees*

and tells preteens (10-13 years) about the changes they go through during puberty. It is important that you remember to give the supplement to your teachers, parents or guardians!

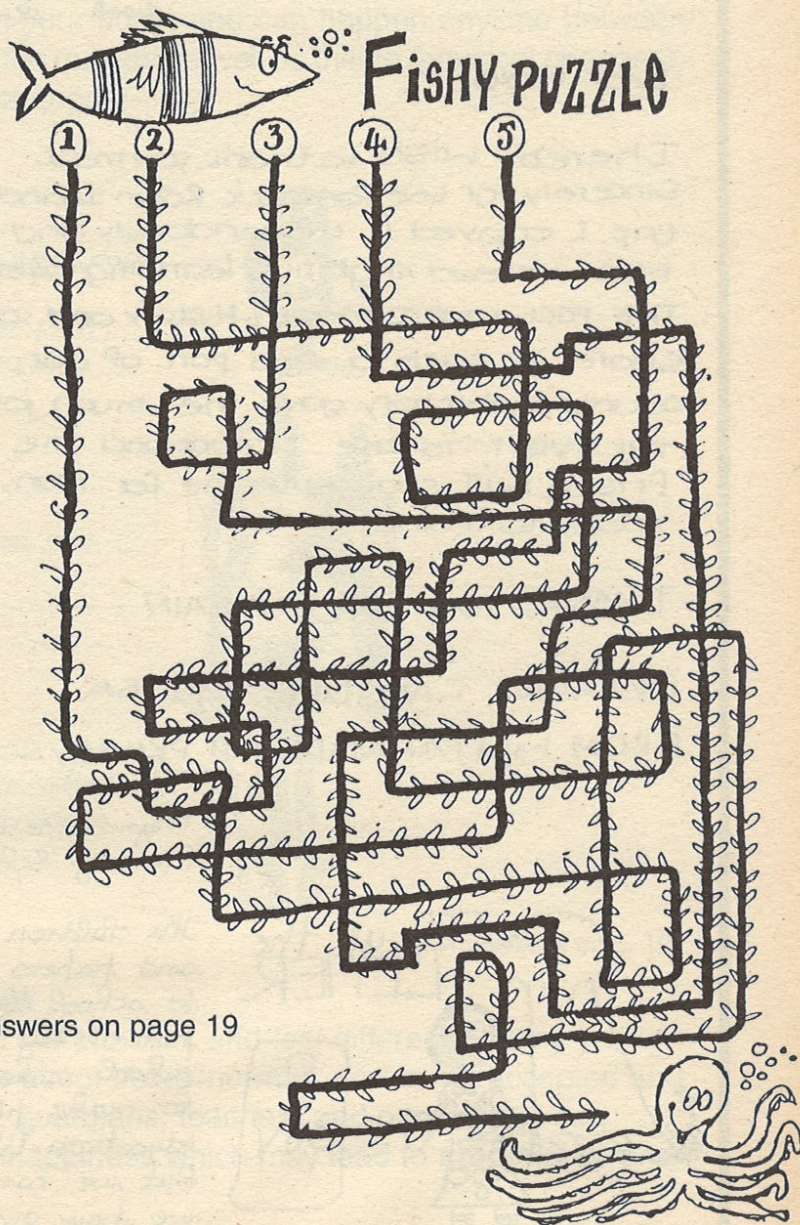
### Important Dates

Arbor Day - 6 September

Heritage Day - 24 September

# Contents

- 4, 5 Letters and penpals
- 6, 7 Focus on Cape whales
- 8, 9 Masifunde isiXhosa
- 10 - 12 Dreams of safety and a clean environment
- 13 Citrusdal
- 14, 15 Update on environment news
- 16 Books to Read
- 17 The Birds and the Bees
- 18 Aunt Daphne's garden
- 19 Puzzles and answers
- Insert: **The Kruger National Park**
- Insert: **Open Talk: Sexuality Education**



Answers on page 19

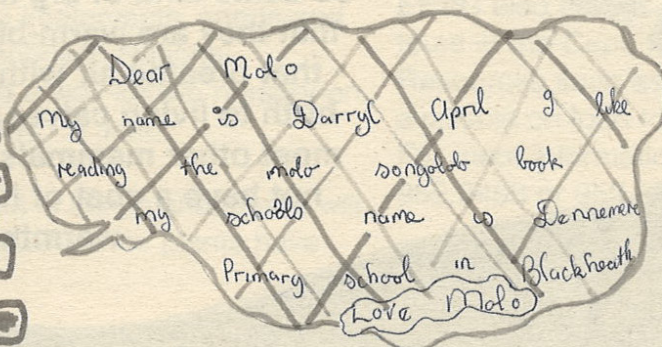
Can you help Freddie Fish choose the right seaweed tree to find his way to his friend Ollie the Octopus?

**True or false?**

①  
A wombat flies into a cave and sleeps all day upside-down.

②  
A puma, a mountain lion, a cougar, and a panther are names for the same animal.

# Letters!



**My name is Jaylene Clarke and I am 11 yrs old. I attend St. Rapheal's Primary, Std.3b.**

Last week was environment friendly week. I picked up all the papers and cans so that I could recycle it. I was upset when I saw people littering. Some people just didn't care, left the place like it was and even made it worse. Now that environment week is over people are littering again but I am not going to stop recycling.

My name is Gaynor Dekkerk. I am 11 years old. I attend Hillwood Primary. This is the first time I write to you. I would like you as Molo to print my letter in the molo-book p.l.e.a.s.e My best friend's name is Virginia Samuels. She likes to read molo's letters just as I do. Sometimes we even fight over the molo book. We all love you Molo.



I like reading your books and, I buy Molo songolo to every month I am 12 years old and I am in S.T.D 3. The name of my school is Zonnebloem Girls Practising Primary School. I love Molo songolo. I will never forget the Molo songolo. My name is Puma Pantshwa.

## PEN PALS



Chantal Wilemse (girl) 13  
18 Mayfair Close, Portlands  
Mitchells Plain, 7785

### South Africa

"My hobbies are reading going out, listening to music. I would like a pen pal, male or female 11 - 15 yrs, from any

part of the world."

Ivana Zuskin (girl), 13  
Moarasoviceva 7  
21 000 Split,

### Croatia

"My hobbies are listening to rap, hip-hop and watching-movies. I would like pen pals from all over the world."

Carmen Paulse (girl), 13  
20 Eloff Street, Portlands,  
Mitchells Plain, 7785

### South Africa

"My hobbies are swimming, rollerblading and art. I would like pen pals from all over the world."

Anna Nevlolina (girl), 14  
Odintsova Street 19-196  
Minsk, 220018

### Belarus

"My hobbies are sports, art, films and music. I would like pen pals from all over the world."

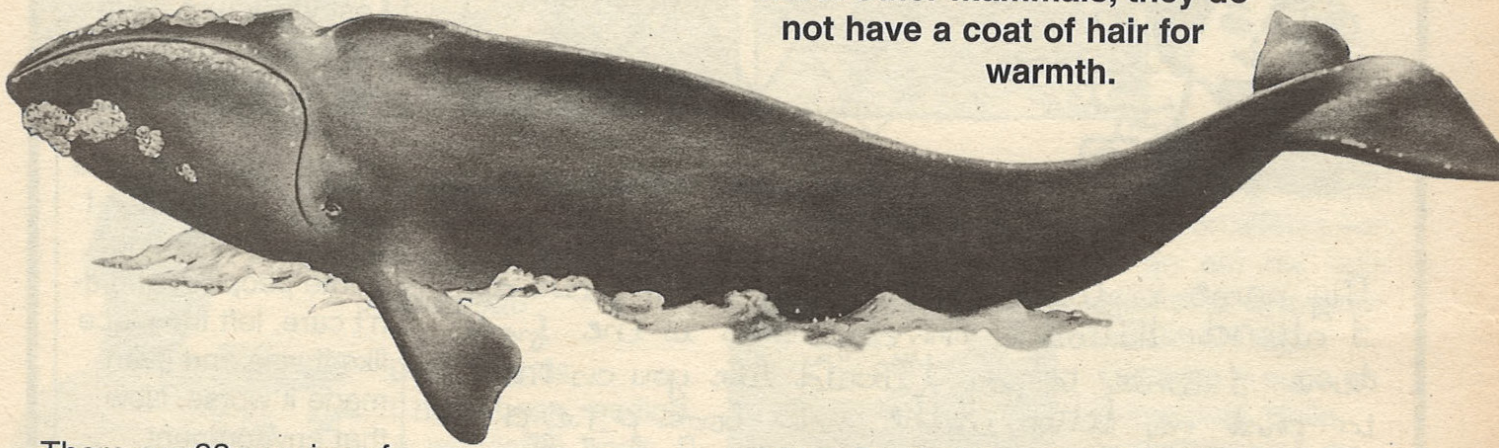
Ebrahim Samodien (boy),  
20 Parkside Villa Lensie,  
Retreat, 7945

### South africa

"My hobbies are table tennis, cricket, rugby and soccer. I love watching movies and wrestling. I would like pen pals from all over the world."

# CAPE WHALES

The biggest creature on earth, the whale, was for a long time thought to be some kind of big fish. Now we know that they are warm-blooded mammals that breathe air with lungs and give birth to living calves. However, unlike most other mammals, they do not have a coat of hair for warmth.

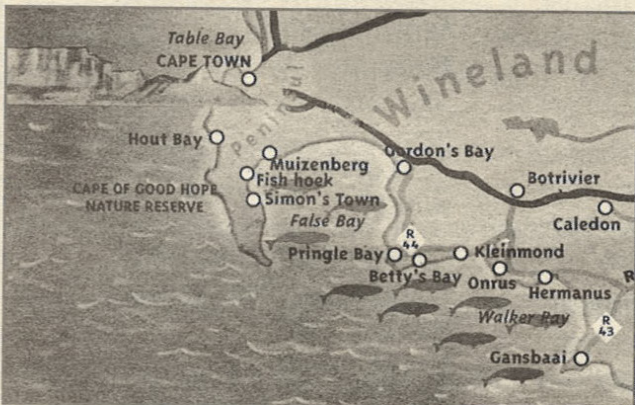


There are 33 species of whales world-wide, which can be divided into two main types: Toothed whales and Baleen whales.

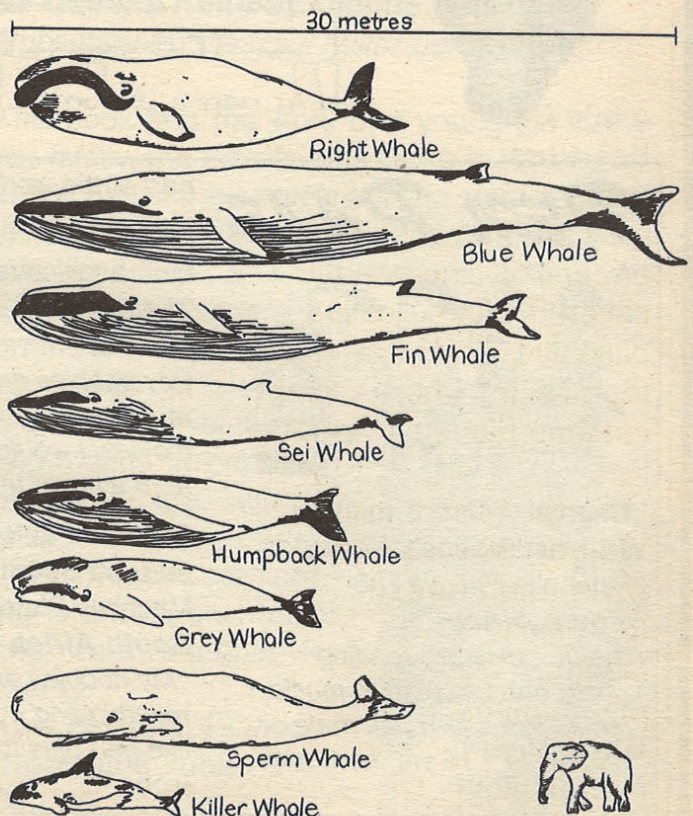
Toothed whales generally feed on fish or squid, which they chase and catch with their teeth.

Baleen whales use big horny plates in their mouths instead of teeth. With these plates they strain plankton or krill from the water. Southern Right, Humpback and Byrde's whales, which can be spotted in South African waters, fall in this category.

visiting South Africa, is 1 700. Each year between June and November, they migrate here to calve and nurse their young. The peak season for watching the whales is during September and October. From the rocky cliffs of Hermanus, whales can be seen as close as 10 metres away.



Southern Right, especially, is easily seen in Southern Cape coastal waters from Lambert's Bay in the west to Port Elizabeth in the east. The estimated number of whales












# Facts about whales

**Breaching:** A whale may push three-quarters or more of its body out of the water and fall back into the sea with an enormous splash.

**Blowhole:** Toothed whales have one blowhole and Baleen have two blowholes to breathe with.

**Blowing water:** After a dive they go up to the surface to exhale, and water from around the blowhole is forced into the air. Then they take in fresh air. A hollow, echoing sound is heard at each blow.

**Grunting:** A loud sound that can be heard as far as two kilometres away.

	Southern Right	Humpback	Bryde's
<b>Fin</b>	no dorsal fin		
<b>Tail</b>			not usually seen
<b>Flipper</b>			not usually seen
<b>Blow</b>			

<p><b>The Southern Right Whale</b> was so-named because it was considered the right whale to catch - It is rich in oil, slow-moving and floats in the water when killed. Due to heavy hunting it became almost extinct, but since 1935 it has been protected internationally. The number of whales have slowly been growing and today numbers somewhere between 4 000-6 000.</p> <p><b>Features:</b> Black, sometimes a flash of white or grey on the back and underside. The head is covered with so-called callosities (outgrowths of tough skin) where whale lice and parasitic worms live.</p> <p><b>Length:</b> 14 - 18 metres.</p> <p><b>Weight:</b> 30 - 60 tonnes.</p> <p><b>Swimming speed:</b> 5 - 8 km/h</p> <p><b>Diving:</b> down to 300 metres deep.</p> <p><b>Blow:</b> V-shaped and 4 - 5 metres high.</p>	<p><b>Age:</b> 90 - 100 years.</p> <p><b>Calves:</b> Females can bear a single calf every third year, which stays at its mother's side 14 months after the birth.</p> <p><b>Length and weight:</b> 5 - 6 metres at birth weighing 1 ton.</p> <p><b>Growth rate:</b> 2,8 cm a day.</p> <p><b>Feeding:</b> Suckling almost 600 litres milk a day, from their mothers.</p> <p><b>The Humpback Whale</b></p> <p><b>Features:</b> Black or grey</p>	<p>with light underside, long and wing-like flippers.</p> <p><b>Length:</b> 11,5 - 15 metres.</p> <p><b>Weight:</b> 30 - 40 tonnes.</p> <p><b>Swimming speed:</b> 10 km/h.</p> <p><b>Blow:</b> Pear-shaped and about 3 metres high.</p> <p><b>The Bryde's whale</b></p> <p><b>Features:</b> Dark grey with three ridges on head from blowhole to snout tip.</p> <p><b>Length:</b> 12 - 14 metres.</p> <p><b>Weight:</b> 12 - 20 tonnes.</p> <p><b>Swimming Speed:</b> 10 - 40 km/h.</p> <p><b>Blow:</b> Tall and thin and about 4 metres high.</p>
--	--	--

# Masifunde isiXhosa

(Learn to speak Xhosa - *Leer om Xhosa te praat*)

Molweni kwakhona!  
Niphilile namhlanje?  
Ndisaphila enkosi

Bahlobo, ebusika kufuneka  
sinxibe impahla efanekileyo.  
(Friends, in winter we must  
wear suitable clothes -  
*In winter moet ons die  
regte klere dra.*)



## Tshatisa igama nomfanekiso

(Match the word with the picture - *Verbind die woord met die tekening*)

ijezi

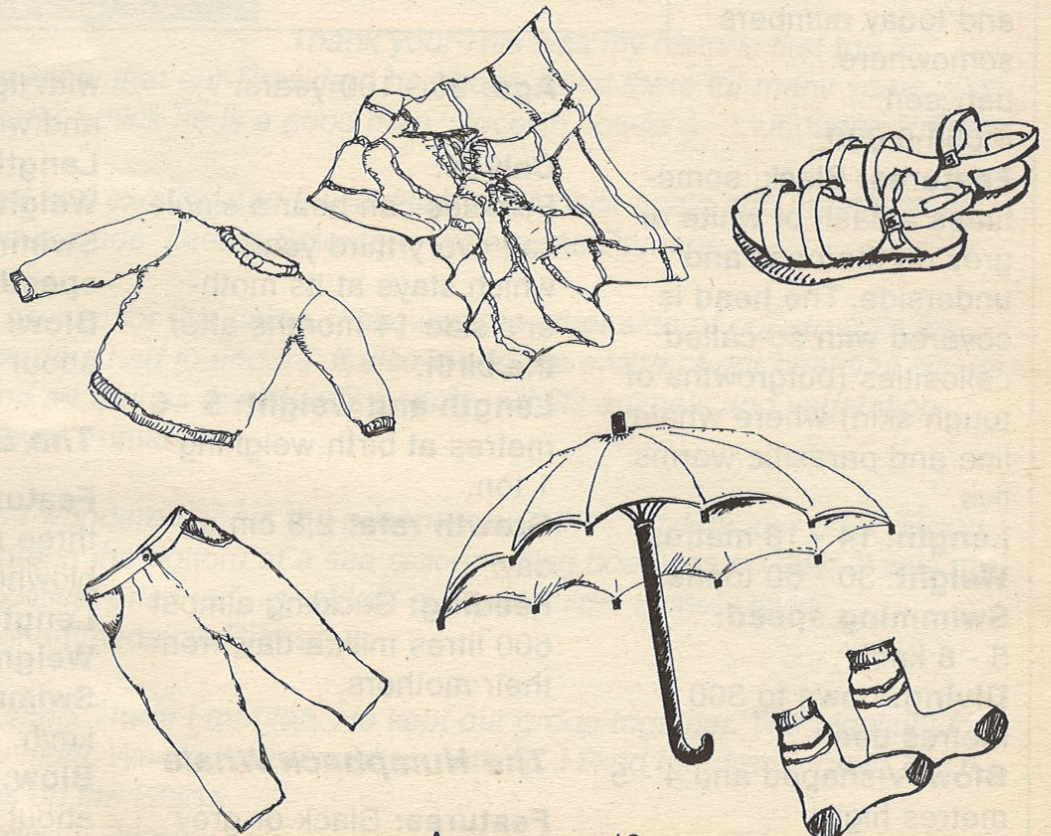
ibhulukhwe

izihlangu

ingubo

isambuleni

iikawusi



Aswers on p. 19

## Masicule

(Let's sing - *Laat ons sing*)

## Nantsi ingoma yemvula, igama lengoma yiMvula.

(Here is a song about rain. The song's name is Rain)

(Hier is 'n liedjie oor reën, die naam van die liedjie is Reën)



## iMvula

### Imvula, imvula

(rain, rain - *reën, reën,*)

### Chapha, chapha, chapha

(sound of the rain - *die geluid van reën*)

### Imanz' ibhulukhwe yam (x2)

(My pants are wet - *My broek is nat*)

### Gqum, gqum, liyaduduma (x2)

(sound of thunder, it is thundering  
*die geluid van donderweer, dit is donderweer*)

### Imanz' ibhulukhwe yam (x2)

(My pants are wet - *My broek is nat*)

### Imvula, imvula

(rain, rain - *reën, reën,*)

### Chapha, chapha, chapha

(sound of the rain - *die geluid van reën*)

### Zimanz' izihlangu zam (x2)

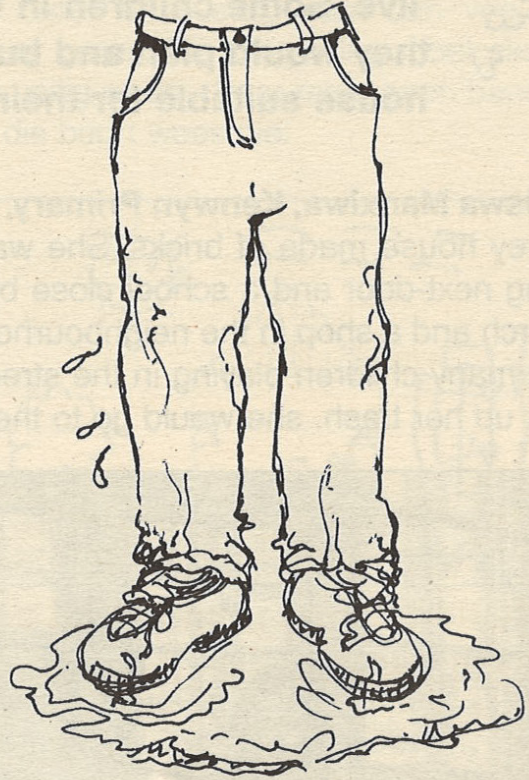
(My shoes are wet - *My skoene is nat*)

### Gqum, gqum, liyaduduma (x2)

(sound of thunder, it is thundering  
*die geluid van donderweer, dit is donderweer*)

### Zimanz' izihlangu zam (x2)

(My shoes are wet - *My skoene is nat*)



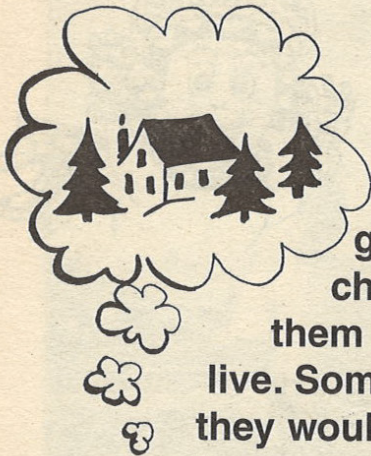
Written by Andrew Kruger from Teaching and Learning Resources Centre (TLRC), University of Cape Town, Private Bag, Rondebosch, 7700, Tel 650 3276 (copyright)



Have you created your own cartoons? Send them to Molo Songololo, PO box 43326, Salt River, 7924



# Dreams of safety and a clean environment



A home is a special place, a place to grow up, feel safe and secure in. Not all children have it like that, but most of them have dreams of how they would like to live. Some children in Cape Town described how they would plan and build a small environmentally friendly house suitable for their families.

**Vatiswa Manxiwa, Kenwyn Primary, Kenwyn,** would like to have a light brown, double storey house made of bricks. She wants it to be in Johannesburg with some friends living next-door and a school close by which she can attend. There should also be a church and a shop in the neighbourhood. She wants to have quiet around her, with not that many children playing in the street. If the garbage-collector does not pick up her trash, she would go to the garbage dump with it herself.



**Bernadette Murray, Willows Primary, Heideveld,** says she wants a double storey house in Johannesburg. There she would live with her family. She would like to have a balcony on the second floor, where she would sit and watch what happens on the street. Lots of children should play and laugh in the streets. In the neighbourhood there should also be lots of small houses and a big school within walking distance. She says that it is not that necessary to have a shop close by.

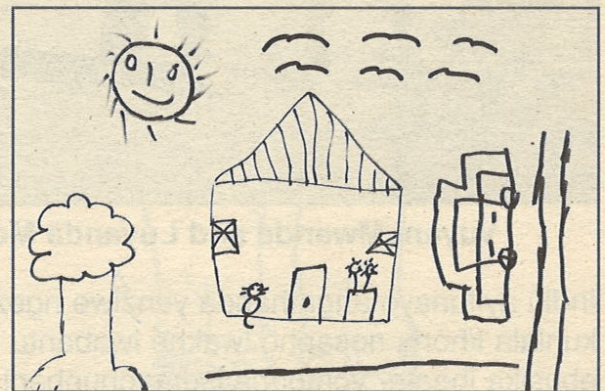
**Bernadette Murray and Vatiswa Manxiwa**



**Cassiem Jacobs, 12 jaar, Edendale Primêre Skool, Manenberg**

*"Ek wil graag 'n woonstel hê met twee verdiepings. In die onderste deel sal 'n kamer wees vir my broer en suster en op die boonste vloer sal my ouers hul kamer hê. My huis sal omring wees deur hoë mure met 'n hek. Dit sal natuurlik in Manenberg wees, 'n 'lekker' gebied met baie aktiwiteite", sê Cassiem.*

Hy wil liewer in dieselfde kamer slaap as sy broer en suster, want dan voel hy meer gerus. Die omgewing moet skoon en veilig wees - Daar moet geen bendes in die buurt wees nie.



*"Dit sal lekker wees as daar 'n mooi park met gras naby is. Die skool moet ook binne loopafstand wees", sê Cassiem.*



**Katherine Lanham, 9 yrs, Oakhurst Primary School, Rosebank**

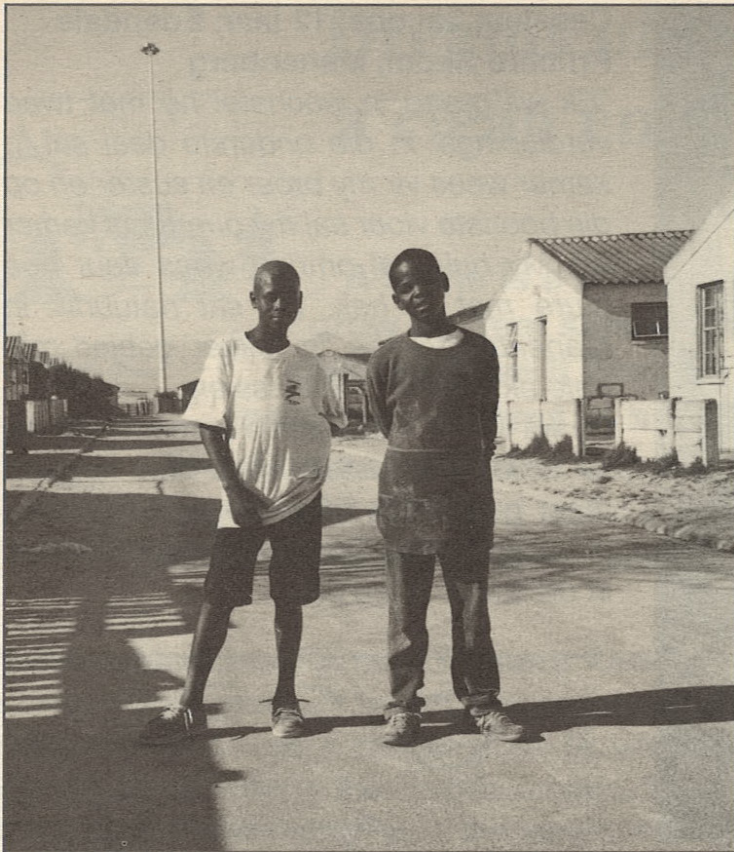
wants to build a small cottage in Kirstenbosch Gardens for her family. She would use bamboo and moss to build the walls and banana leaves as a roof. She would also build a wooden table and chairs and some other furniture.

*"I wouldn't need electricity, instead I will use candles for light. To cook food I have to use a fire, although*

*the smoke pollutes the environment. To keep the heat during winter-time we would have many blankets when sleeping in our beds."*

They would eat vegetables and fruit growing in the surroundings. Since the cottage wouldn't have any electricity she couldn't have any TV, but that is no problem.

*"I can play some music instruments, so in the evenings we could sit and play instruments and listen to the animals", says Katherine.*



**Vuyani Mwanda and Luyanda Mooi**

*"I would build a brick-house with four rooms in Khayelitsha, where I could live with my family of eight people. I would like to have running water and a bathroom in the house", says Luyanda.*

They would cook food on an electric stove and eat at a table. He really wants everybody in his family to have a small bed each. In winter they would have a paraffin-heater to keep them nice and warm.

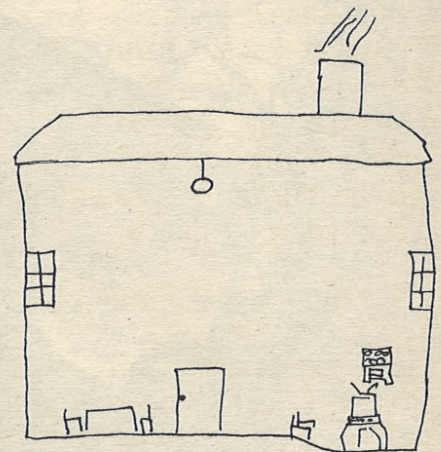
*"The garbage I would put in a bin outside and then the garbage-collector will take it away."*

**Luyanda Mooi, 12 yrs,  
Mzamomtsha P P school,  
Khayelitsha.**

**UVuyani Mwanda, 13yrs,  
eMasithandane P P school, wase  
Khayelitsha** angathanda ukuhlala

eKhayelitsha apho ahlala khona ngoku.

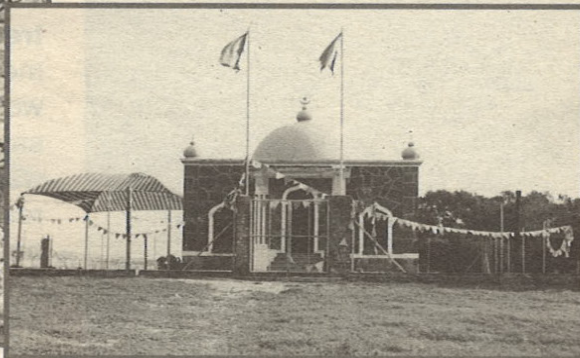
Indlu ayifunayo angathanda yenziwe ngezitena kwaye ibenamagumbi amahlanu apho azakuhlala khona nosapho lwakhe lwabantu abaneshumi elinanye. Ukwenzela ubushushu ebusika iheater yombane isemaphupheni akhe. Ukuba angakhetha phakathi komabona kude kunye nomatshini wokuhlamba impahla angakhetha umatshini wokuhlamba impahla.



**Mzolisi Dyantyi, 13 yrs,  
wase St Loiuise P P  
School, Kwa Langa** uthi  
angathanda ukwakha indlu  
yezitena phakathi edolophi-  
ni eKapa. Apho azakuhlala

khona nosapho lwakhe lwabantu abasixhenxe. Lendlu izakuba namagumbi amane, ibenombane kunye nesitovu sombane ukwenzela ukuba bapheke ukutya kwabo. Zonke izindlu kulendawo kufuneka zibenomgqomo wokuthutha inkunkuma, ukwenzela ukuba lendawo ibentle kwaye icoceke.

# Update



## “Heralding our past for our future”

Robben Island is rich in history, beauty and people's struggle for freedom. During June, the island was alive with children's laughter, enquiries and wonderment. For 4 days 70 children took part in a Heritage Programme on the island, organised by Molo Songololo and the Robben Island Museum.

*Thank you! This was my historic first trip to Robben Island. I did not know that our President had been jailed there for many years, with no rights and treated badly. I think he is a good man.* Jocelyn Josephy - Llundudno Primary

*Robben Island was great and exciting and I would like to go back again and meet with all the new friends that I have made.* Zeenat Solomons - Welcome Primary

*It was an honour to be chosen for this camp. It showed the other side of our struggle for equality and what our leaders had to endure. It also made me aware of our beautiful city as seen from Robben Island as well as the island's beauty with its animals and vegetation.* Lester Kiewit - Kannemeyer Primary

*As I watched the waves I wondered about the prisoners and their anxiety and grief. "Being chained to a fellow inmate in the bottom of a sea sick-smelling boat was no joke. It was my saddest moment as a political prisoner", remarked our tour guide, Lionel Davids.* Ebrahim Samodien - Mohammadeyah Primary

*I was in the music workshop. There I met Ian. He kept our group together. The highlight for me was the Wednesday night. We had to present something. I liked the drama most, especially Eduardo, who lives on the Island.* Lupumzo Makaka - Prestwich Primary

## A dream school garden

The children of Vuyani Primary School in Guguletu have won the school garden of their dreams. In a competition held by the National Botanical Institute, the Standard 5-class designed and planned the winning garden. They won the needed implements, seeds and plants from the Kirstenbosch National Botanical Garden and a well-known nursery on World Environment Day - 5 June.

Vuyani's dream garden is taking shape and will be launched in Spring when the plants have had time to grow.



**Left - right: Mongezi Mokoena who drew the winning design, Mrs S.C. Monaheng, principal, and Jika Ntombikayise, who wrote the winning essay.**

## Green and Indigenous



**Children from Habibia Primary learning to grow plants from cuttings**

Pupils of Habibia Primary School in Rylands established a garden at their school and have also been working for over a year to develop

the gardens of the Habibia Mosque Complex. With the help of Mr. Winston Coe, from the Environmental Education and Resources Unit (EERU) at the University of the Western Cape, the children and teachers learned a great deal about growing indigenous and hardy plants. EERU also assists with fieldwork and guided tours in the Cape Flats Nature Reserve. Resources such as books and videos are available on loan to teachers and the public. For more information contact the Unit at tel. 959 2498 or 959 3273.

## Stop dumping on Wolfgat

The pupils of Huguenot Primary in Tafelsig took to the streets on World Environment Day to protest against the dumping of garbage in the valuable Wolfgat Nature Reserve. The Standard five-class did a pollution study at the reserve and wrote letters to the City Council with possible solutions. Schools from other areas should have a look at the nature reserve and get involved in this amazing project. The Wolfgat Nature Reserve borders on False Bay and is close to Khayelitsha and Mitchell's Plain.



**The Std. 1 class of Huguenot Primary in Wolfgat Nature Reserve.**

Another of Huguenot Primary's projects is a soup kitchen for the needy, using the harvest from the school's own food garden. Contact the principal at 397 6003 if you would like to contribute towards this project.

## Trees for Arbor Day

Abalimi Bezekhaya has trees available for planting on Arbor Day. Schools can send a letter with a request to Private Bag X12, Observatory, 7935, or fax it to 361 9334.

# Books to Read



## THE EAGLE CALLS by Carlos Carvalho

*Publishers: Human & Rousseau*



Dear Friends  
I have been reading a wonderful book. I want you as well to read this book because it is fun and interesting. The book I have been reading is called THE EAGLE CALLS by Carlos

Carvalho. It is about two children, Zizi and !Xau. They go on an exciting and dangerous journey through Africa.

Their adventure lands them in good and bad situations. One day after a long walk, the two friends stopped to rest. Suddenly they heard a noise. They looked around and saw some chickens. Ah! food to eat, they thought. But before they could catch a chicken the men of Mthlope, a bad chief, caught them. The chief made them work. Zizi and !Xau did not like it at all. They put a plan together to escape...

This is one of their many adventures. There are many more. Take this book and read it. I am sure you will find it fun and interesting, just like me.

**Clayton Smith, 11 years, St. Paul's Primary**

## Olinosters op die dak deur Marita van der Vyver

*Uitgewers: Human & Rousseau*

Vreemde geluide...Die storie vertel van Daniel wat by sy oupa en ouma kuier. Hy sukkel om te

slaap, want alles voel vir hom vreemd. Boonop is daar 'n hele klomp ongediertes en affères wat

in en om die huis skuil en al hoe nader aan hom kruip.

Gelukkig is oupa en ouma daar. Hulle help Daniel om die vreemde dierasies te laat verdwyn en hy leer om vir homself te lag. Dis 'n lekker bangmaak-storie vir die jongspan.

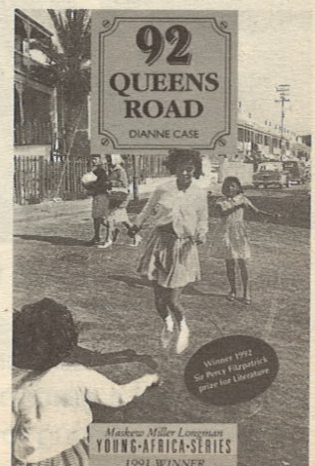


## 92 Queens Road by Dianne Case

*Published by Maskew Miller Longman*

This book tells the story of a young girl Kathy, her family and their friends, living in Woodstock in the 1960s. It is a lovely but sad story because of apartheid. Kathy had to try and understand why white children were not allowed to play with her on the beach. There are also happy parts where it shows how neighbours and friends helped each other. We are lucky to grow up at a time where different races are learning to accept each other and work together for change.

**Klea Ferreira, 12 yrs. (Rosebank Junior School)**





# The Birds and the Bees



It you are a pre-teen (10-13 years), this page is especially for you, and nothing to gawk and giggle at. Remember, I am Molo's friend, sisi Nomhle. This time we look at the changes your body goes through during puberty.

No, our sexuality is a natural part of life, just like the birds and the bees.

Are you not too shy to talk about this?



**Puberty** is the time when a girl begins to change into a woman, and a boy into a man. The change is caused by hormones (chemicals in your body) and can happen anytime between the ages of 10 and 17. Your body changes on the outside as well as inside (physical changes), and in the way you think and feel (emotional changes).

## Fill in the Physical Changes:

1. Hair on face

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. Face changes shape

7. Oilier skin, pimples

8. \_\_\_\_\_

9. Sweat more

10. \_\_\_\_\_

11. \_\_\_\_\_

12. Legs and arms grow longer

13. Breasts develop

14. \_\_\_\_\_

15. \_\_\_\_\_

Aswers on p. 19



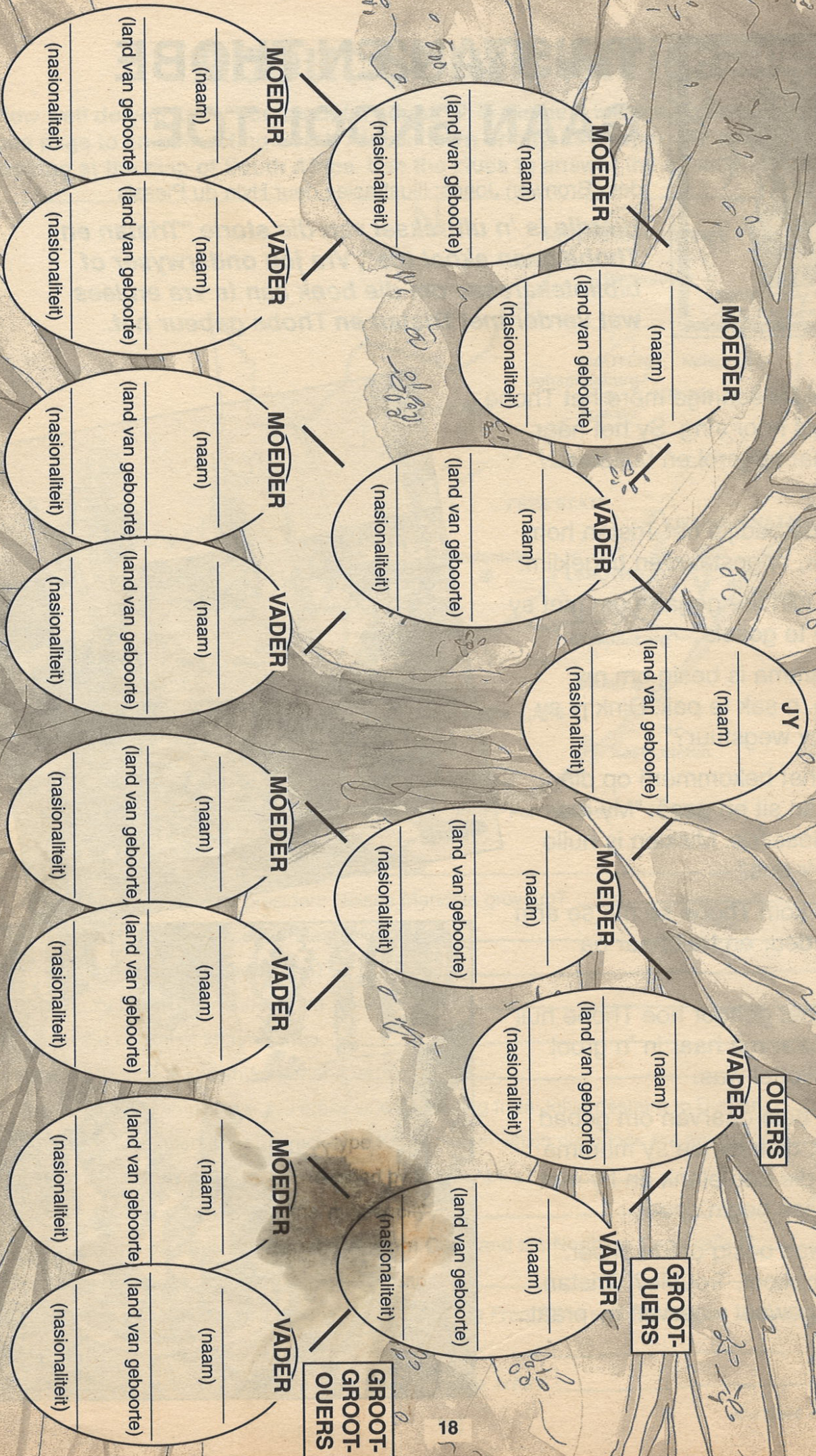
## Emotional Changes

During puberty you start to think and feel differently. Many young people are anxious about being 'normal', and being accepted and liked by friends, parents, guardians, teachers and others. This can cause a great deal of unhappiness which may lead to **moodiness and temper outbursts.**

**Find out more about the way your body works - It will help you to feel confident and good about yourself. Give the pamphlet in this magazine to your parents or guardians. Write to sisi Nomhle, P.O. Box 43326, Salt River, 7924.**

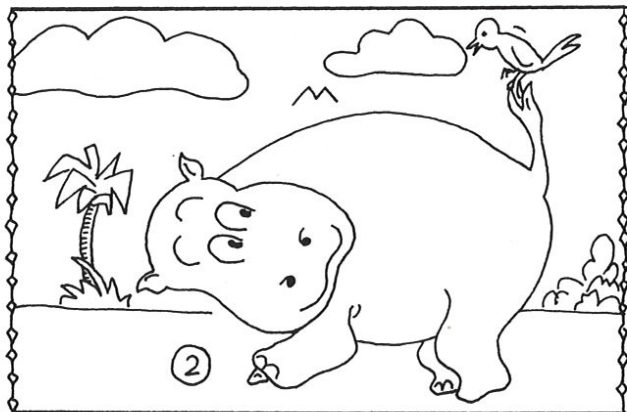
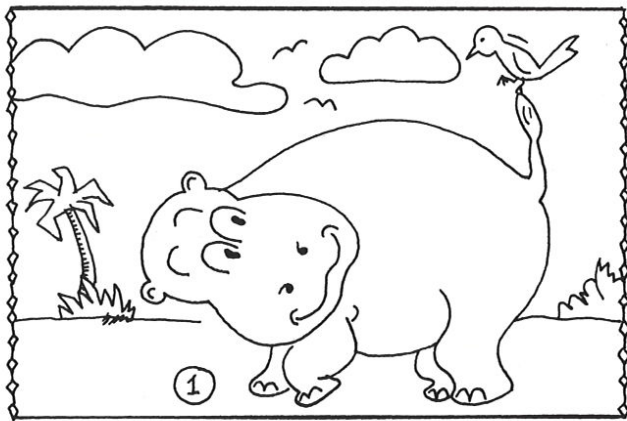
# STAMBOOM

Jy is 'n *afstammeling* van al die lede van jou familie voor jou. Al die lede van jou familie voor jou is jou *voerouers*. Vra iemand in jou familie om jou te help om jou stamboom te voltooi.



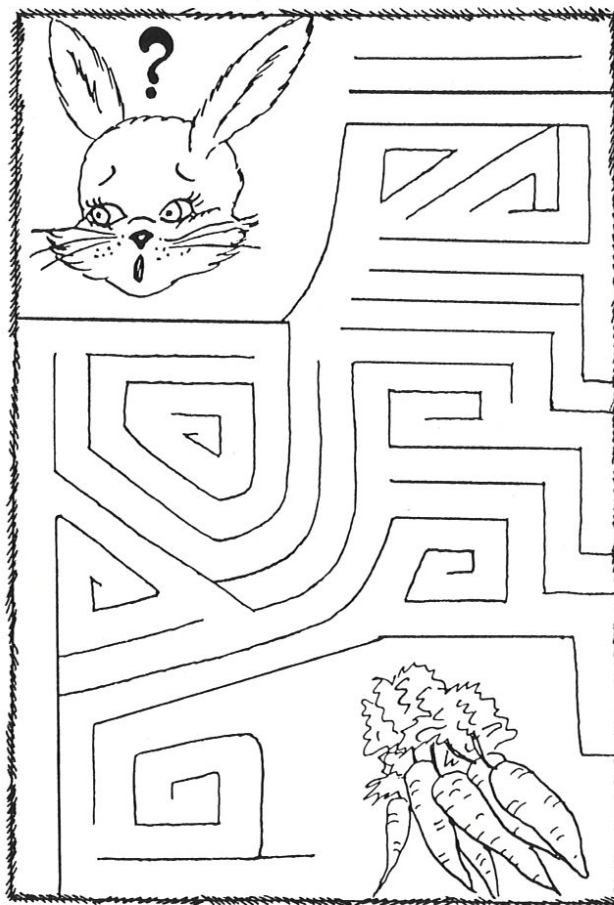


# What's the difference?



Find 10 differences in picture 2

# Help hasie sy kos vind



answers • answers • answers • answers • answers • answers

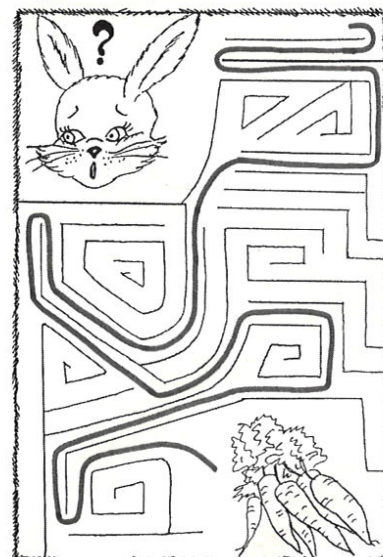
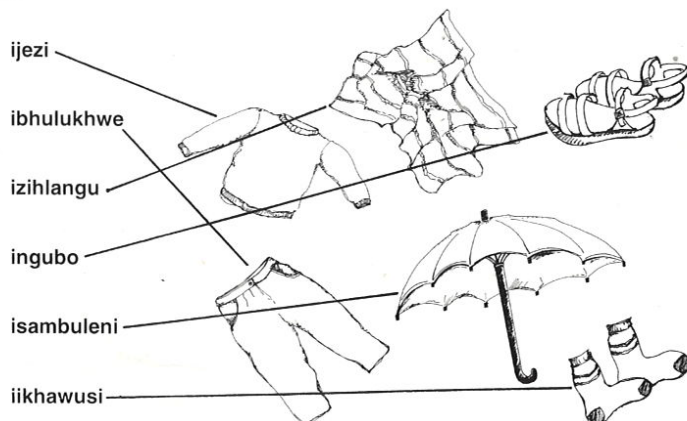
### Physical changes in the body...

- |   |  |
|---|--|
| 1. Hair on face                                   | 9. Sweat more  |
| 2. Larynx (voice box) grows and the voice deepens | 10. Bigger genitals  |
| 3. Broader shoulders and chest                    | 11. Bigger hands, feet   |
| 4. Produce sperm cells, able to ejaculate.        | 12. Longer legs, arms  |
| 5. Hair on limbs and chest                        | 13. Breasts develop  |
| 6. Face changes shape                             | 14. Hips become wider  |
| 7. Oilier skin, pimples                           | 15. Ova (egg cells) are produced, the first menstruation (monthly period) occurs |
| 8. Hair under arms, genital area                  |  |

### Hippo's Differences:

Cloud is different, foot is repositioned, tree is different, bush is different, bird is missing, hippo's ears are different, bird's beak is different, hippo's tail is different, hind toes are missing and hippo's smile is different.

1. False. A wombat can't fly. ANSWER: Seaweed tree No.2  
 2. True.



TERRY

Terry! What do you do when you find out that a friend was raped or sexually abused?



Well, the first thing to do is to comfort your friend. Show that you care and are concerned.

Then you must make sure that your friend gets help. Encourage him/her to report the rape or sex abuse.



But what if your friend doesn't want to talk about it and doesn't want your help?

I don't want to force a friend to do anything when they are scared and confused.



Make sure that you tell someone you both trust. Like a teacher, parent, neighbour or family friend.



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