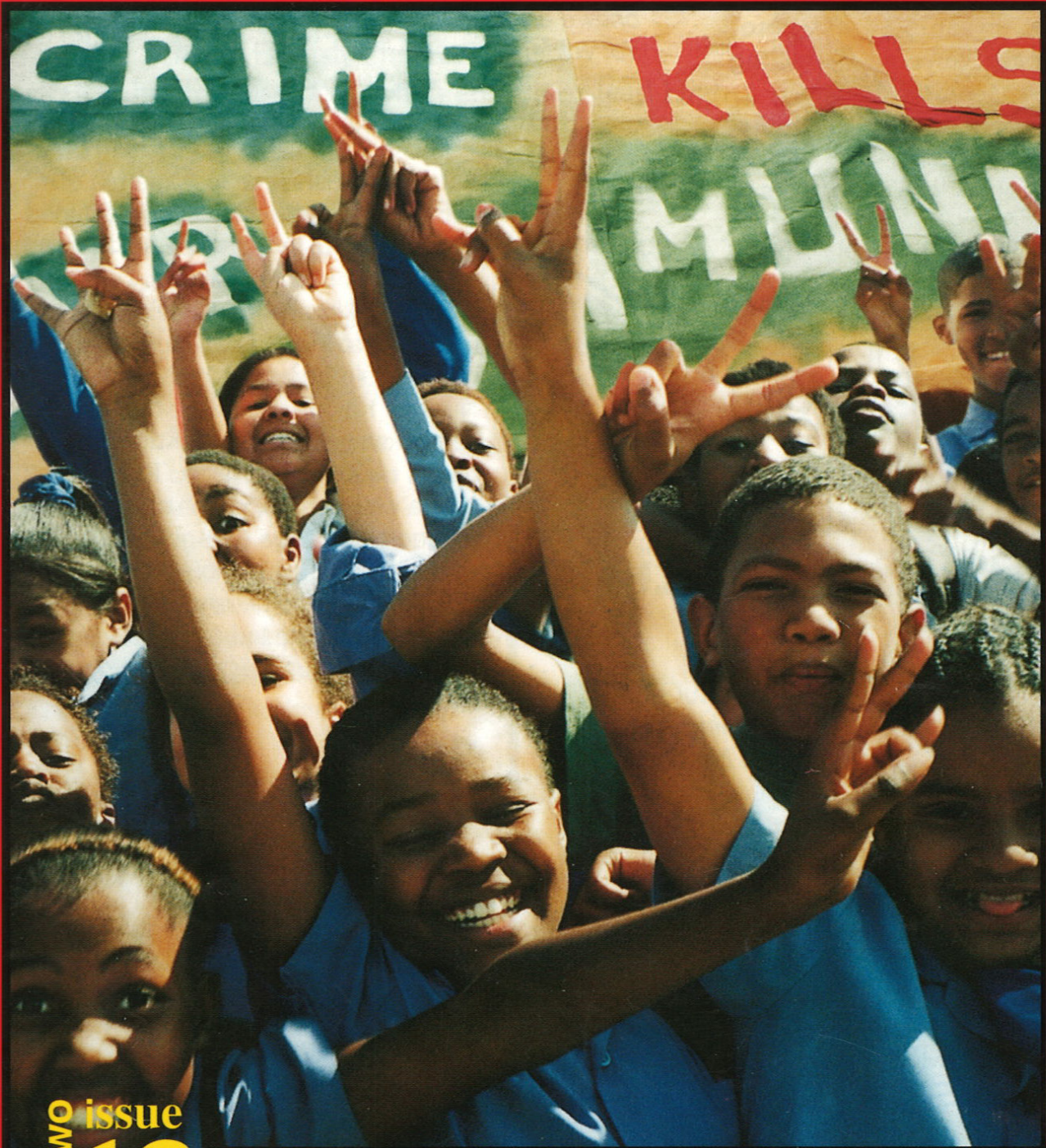


# MOLDS



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Vol Two issue  
**13**

A MAGAZINE FOR ALL CHILDREN 50c

October '98

# Hello Friends

Wow! Just a few more weeks to go and then it's the summer holidays again. But before then, it's exams and tests and stress.

Well, hang in there and good luck ...!

There is a saying 'Get addicted to life – not addicted to drugs'. Why? Because drugs can destroy and kill you. It's great to hear that so many of you are working hard to stop bullying, fighting, gangs and crime at your school.

Thanks for your letters and drawings.

Till next time.

Keep safe  
and have  
fun!



## Spring time

*The sun is bright  
and it's a wonderful sight,  
Flowers are growing and  
a soft breeze is blowing,  
Trees turn green and bumble  
bees sting  
this is my favourite season called  
spring.*

*I like all animals  
they make me want to sing,  
I like almost anything  
in my favourite season spring*

**by Darryl Alson, Grade  
4, Highlands Primary**

*Oe! Nog net 'n paar  
weke dan is dit weer somervakansie.  
Maar eers moet julle eskamen skryf. Vasbyt  
en laat dit goed gaan!  
Daar is 'n gesegde 'Wees lief vir die lewe –  
nie verslaaf aan dwelms nie!' Hoekom?  
Want dwelms kan jou lewe vernietig.  
Ek is bly om the hoor dat julle hard werk  
om die bakleiery, geweld en misdaad by  
julle skole uit te roei. Dankie vir al julle  
briewe and tekeninge. Bly veilig en plesierig.  
Tot volgende keer.*

Yehaa! Sekushiyeke ivekana nje ezimbalwa ukuze ibe ziholide zohlobo kwakhona. Kodwa phambi koko, lixesha le mviwo kunye nobunzima. Zeniqiniseke, sininqwenelela impumelelo...! Kukho intetho ethi 'kufuneka ubambebele ebomini - hayi kwiziyobisi'. Ngoba? Kaloku iziyobisi zingakwenza-kalisa kwaye zikubulale. Kumnandi ukuva ukuba uninzi lwenu lusebenza nzima ekulweni uxhatshazo, imilo, amaqela ezihange (gangs) kunye nobundlobongela ezikolweni zenu. Enkosi ngeembalelwano kunye nemizobo yenu. Kude kubelixesha elizayo. Nizigcine nikhuselekile kwaye non-wabile.

*Mola*



## Important Dates for October

1- 6	World Animal Week
4	Grand Parents Day
5	World Habitat Day
9	World Post Day
12 - 16	Eye-care Week
12 - 16	Nutrition Week
14	Natural Disaster Reduction Day
16	World Food Day

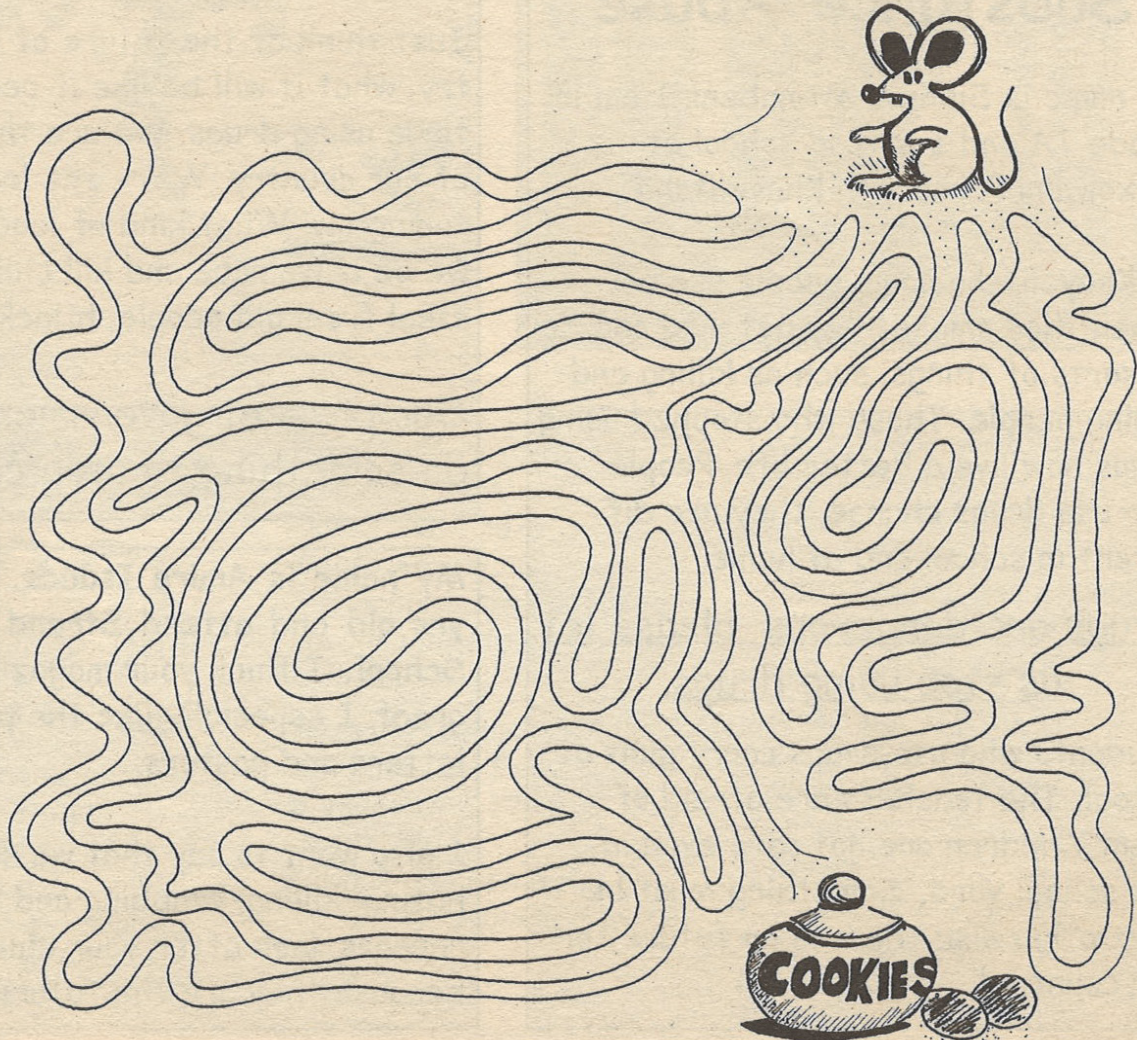
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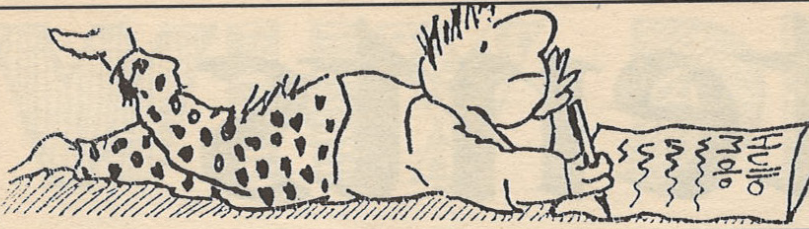
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**Blow your whistle  
against crime!**



**Help  
Muis  
om die  
koekies  
te vind**



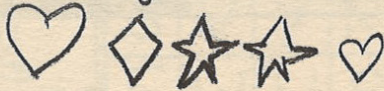


# children's

My name is Nosopho Xelela.  
I am 10 years old and I live in  
Macassar I attend  
Kazimbo Primary School.

My favourite sports are  
Synchronised Swimming and  
netball. I would like to stop drugs  
and crime in My Community.

Viva Peace! Viva Molo!



## Substance Abuse

My name is Sipiwo Mtombeni. I am in  
Grade 7A and I attend school at  
Eluxolweni Primary in Khayelitsha.

In Khayelitsha some people use drugs.  
When they smoke they get mad and do  
all sorts of things, such as killing and  
raping people. Those who stopped using  
drugs now live a better life. People  
who use drugs change, they are dif-  
ferent in school and at home.

Drugs are dangerous, please let  
us stop using drugs.

Students who use drugs carry guns at  
school. The teachers are afraid of  
them. Children are not safe even in  
the school yard. 'Something must be  
done otherwise there is no future for  
our country.'

## Drugs

My name is Mandla Mzizane. I am in  
Grade 7. I am 12 yrs old and attend  
Eluxolweni Primary.

People who are selling drugs, are killing  
the future of our nation and they must  
get tough punishment. My advice to  
those who are victims of circum-  
stances: They must think about their  
futures. You must think before you  
make a decision. Do not do something  
you will regret for the rest of your  
life. Drugs are too dangerous.

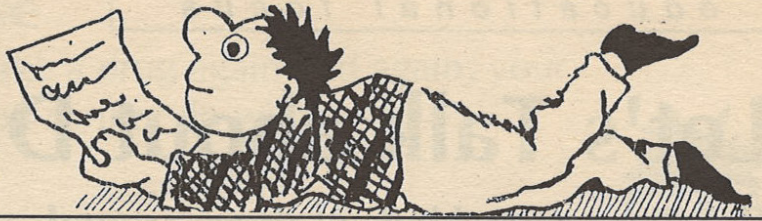
Just think of the future of our coun-  
try, what it will be like if people con-  
tinue using drugs. We are the future  
of our country. We're the leaders of  
tomorrow. What kind of leaders will  
we be if we rape and kill children,  
steal from old people, hijack cars etc.

Our present government must  
do something to stop crime.

My name is Amira Isaacs. I am 11  
yrs old and attend Strand Moslem  
School. I think your magazine is  
great. I especially like the puzzles,  
letters and posters.

I also want to say that we should stop  
hating, killing, stabbing and violence.  
Parents, look after your children  
because they are the future.

# Letters!



Liewe Molo my naam  
is Nicole en my van is  
Marthene. Ek is gr 3c by  
Juscany Glen. Ek hou baie  
van julle boeke en julle  
mott nog skryf. Ek het  
in ma en in pa ek  
het in broer ook en  
sy naam is Charlton.

My name is FAIZEL Cassiem  
I am 10 years old  
I attend Belmor Primary  
My sin's name is MR Rykrieff  
My friend's name is NATASHA  
Philips. She likes to read Molo's  
letters just as I do Sometimes we  
even fight over the Molo Book.



## PEN PALS



Albertina Gelderblom (Girl), 12  
16 Beethoven Road,  
Steenberg, 7947  
**South Africa**  
"My hobbies are modelling,  
rollerblading and soccer."

Tessa Stringer (Girl), 13  
4 Musca Close,  
Ocean View, 7975  
**South Africa**

"My hobbies are swimming,  
soccer, dancing and visiting  
friends."

Razaan Fredericks (Girl),  
20 Hardepeer Road,  
Bonteheuwel, 7764  
**South Africa**

"I would like pen pals from  
10-13. My favourite colour is  
blue"

Samantha Heuwel (Girl),  
9 Cain Close,  
Mitchells Plain, 7785  
**South Africa**

"I would like a pen pal who  
likes any- and everything  
about the Spice Girls."

Amina Isaacs (Girl), 11  
3 Pilot Way,  
Strandfontein, 7798  
Limburg,  
**België**

"I would like a pen pal from  
10-13 from France or  
England."

# Let's Talk about Drugs

There are many kinds of drugs around. Anyone can get into trouble with drugs. Let's see what it is all about.



## What is a drug?

A drug is anything you put into your body (except food) that changes the way your body works. It changes the way you feel, think and act. Your body can become so used to a drug that you cannot cope without it. Then you are addicted to a drug.

## What kinds of drugs are there?

- Drugs like alcohol, in wine or beer, and nicotine, in tobacco and cigarettes, are legal (not against the law) and sold in shops.
- Solvents like glue, petrol, benzene or paint thinners are not meant for people to take. Young children sniff the fumes from solvents in bottles or on pieces of cloth in plastic bags.
- Sleeping pills, diet pills, pain tablets and cough mixtures are sold at chemists. Doctors also give certain drugs to sick people to help them get better.
- Drugs like heroin, and cocaine (also called coke or crack), LSD (acid), ecstasy, amphetamines, and 'speed' are other drugs that people use to 'get high'(change their mood). These are all illegal (against the law).
- Another illegal drug is cannabis. It has many names such as dagga, dope, boom, and ganja. It is sometimes mixed with mandrax, a type of sleeping pill, also called buttons, whites and mx.

## How does a drug work?

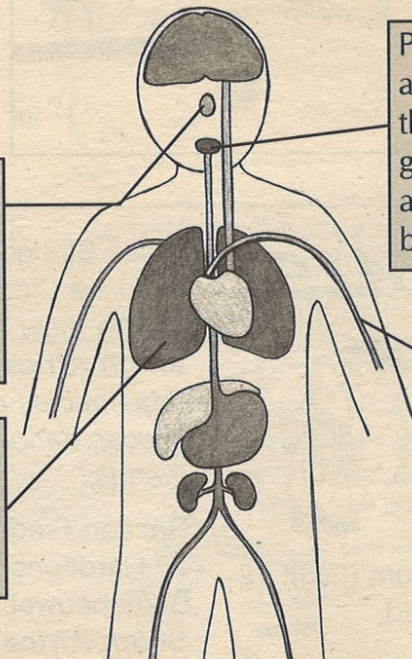
There are many ways of taking a drug. The drug then enters the bloodstream and the heart pumps it to the brain. The brain controls how you feel, move, see and think. But now the drug changes the way your brain works. These changes can last for minutes or many hours.

Powder or fumes are sniffed into the lining of the nose. It dissolves straight into the bloodstream.

A drug can be smoked. Then it goes into the lungs first.

Pills or alcohol are taken through the mouth. They go to the stomach and into the bloodstream.

Some drugs are injected into the veins. Then they are pumped by the heart to the brain.



## It's your move!

Only one person can stop you from taking drugs. That is yourself. Have the courage to say no. If you take drugs and cannot stop, look on page 15 for places where you can find help. On page 18 is an exercise that will help you understand why people use drugs.

**What do you know about drugs? Write and tell Molo about it.**

# Dangers of drug abuse

Drugs are addictive – When you take a drug again and again, your body becomes so used to it that you cannot do without it.

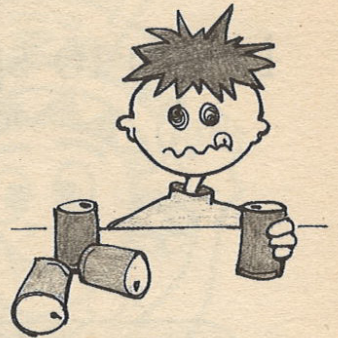


**Drugs can ...** damage your brain, heart, liver, kidneys and nasal passages; make you infertile (can't have children); damage your lungs,

cause bronchitis and lung cancer; make you vomit and choke; cause accidents; cause fights with friends and family and kill you.

## Alcohol

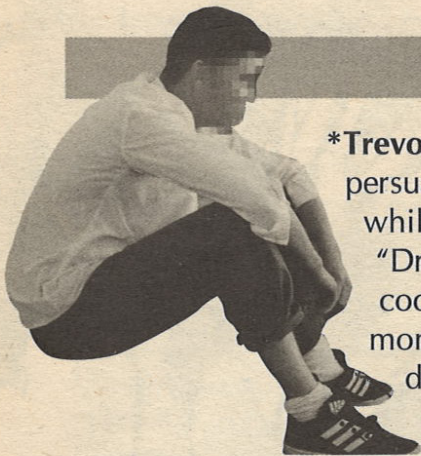
Young people use cigarettes, cannabis and mandrax, but alcohol is the drug they use most. It is very addictive, impairs your judgement and memory and can cause permanent liver damage.



## Violence and crime

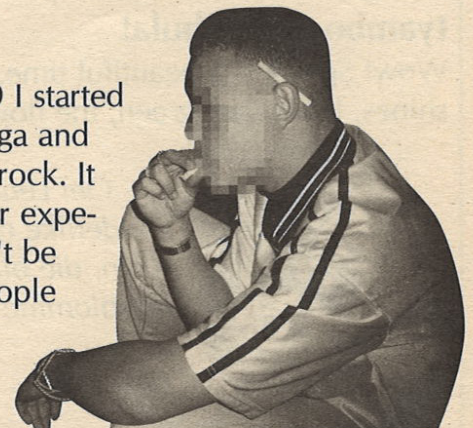
Drug addicts will do anything to get drugs. You can land in prison because it is a crime to make, have or use illegal drugs. Drugs are expensive and a waste of money.

## Drug abusers say ...



**\*Trevor, 14, from Crawford,** started using drugs at age 11 because his friends persuaded him to. He started with 'dagga' which had almost no effect after a while. He then tried Mandrax. He is now using XTC (ecstasy) and LSD. "Drugs put me on a high, and all my problems fade away. It makes me look cool. I'm addicted and I don't think I could cope without drugs. I will steal money and whatever is valuable to give to the 'smokkie' (drug dealer) for drugs." Trevor admits that he does not know the side effects of drugs on his body.

**\*Bop, 15, Crawford:** "I saw my family using drugs. At the age of 9 I started with cigarettes and dagga which led to 'witpyp' (A mixture of dagga and mandrax in a broken-off bottle neck.) I'm now using cocaine and rock. It takes me to a higher state of consciousness. It's kwaai and a lekker experience. I won't stop because all my brasse (friends) do it. I couldn't be bothered about the side effects. Bop and his friends steal, mug people and break into houses and cars to get drugs."



*\* Names changed to protect identities.*

### Word box

**Cannabis:** Drug made from the leaves or flowering top of the cannabis plant.

**Heroin:** White powder made from the opium poppy.

**Cocaine:** Drug made from the coca plant.

**Amphetamines:** Pills which make people feel energetic and happy.

**LSD (Lysergic acid diethylamide):** Drug produced from the fungus ergot.

# Masifunde isiXhosa

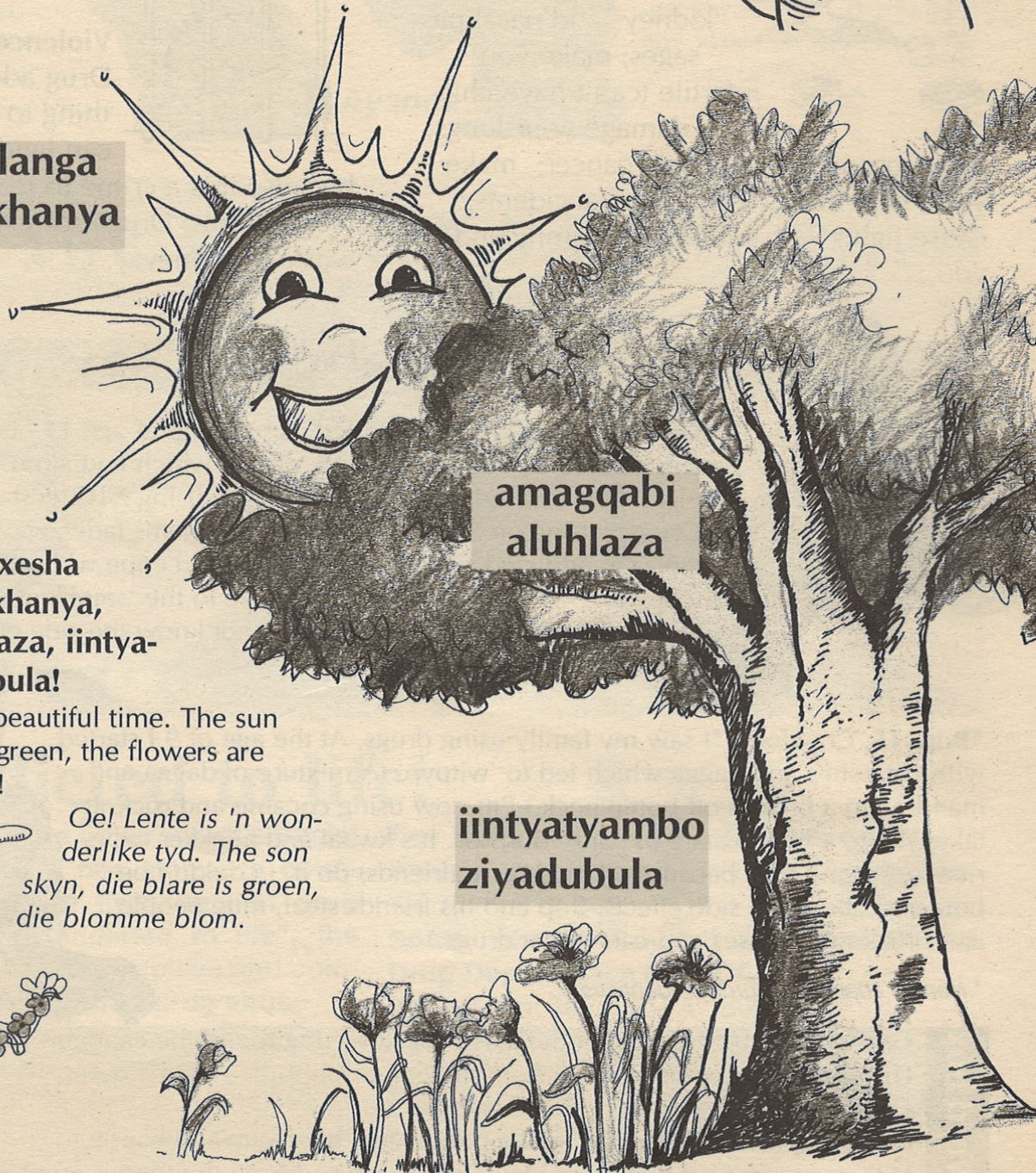
Learn to speak Xhosa. *Leer on Xhosa te praat.*

Molweni Zihlobo!  
Ninjani?

Mna, ndiphilile enkosi  
Ndonwabile, kuba sientwasahlobo ngoku!  
I'm happy, because we're in springtime now  
*Ek is baie gelukkig, omdat ons in lentetyd is.*



ilanga  
likhanya



amagqabi  
aluhlaza

Yhu!  
Intwasahlobo lixesha  
elihle. Ilanga likhanya,  
amagqabi aluhlaza, iintya-  
tyambo ziyadubula!

Wow! Spring is a beautiful time. The sun  
shines, leaves are green, the flowers are  
flowering!

Oe! Lente is 'n won-  
derlike tyd. The son  
skyn, die blare is groen,  
die blomme blom.

iintyatyambo  
ziyadubula





**Zihlobo, nisakhumbula amagama okutya koMzantsi Afrika? Noko ukutya koMzantsi Afrika ngumxube wempucuko yabantu.**

Friends, do you still remember the names of South African foods? And that South African foods are a mixture of the different cultures of people?

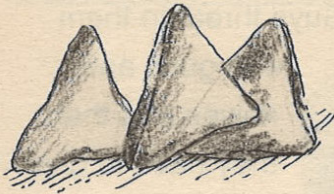
*Vriende onthou julle nog die name van Suid-Afrikaanse kos soorte? En dat Suid-Afrikaanse kos 'n mengsel is van die verskillende kulture van mense?*



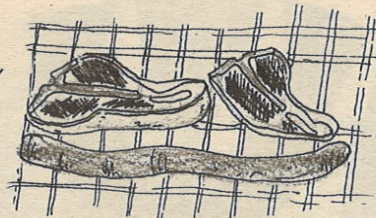
**Tshatisa amagama nemifanekiso.**

Match the words with the pictures.

*Verbind die woorde met the prente.*



**Inyama eyoji-weyo (ibraai)**



**iisamusa**



**fish and chips**



**kerrie**

**Awu! Ngexesha lentwasahlobo, zininzi iziqhamo ezikhoyo. Zoba isiqhamo osithandayo . Uthumele umfanekiso wakho kuMolo Songololo.**

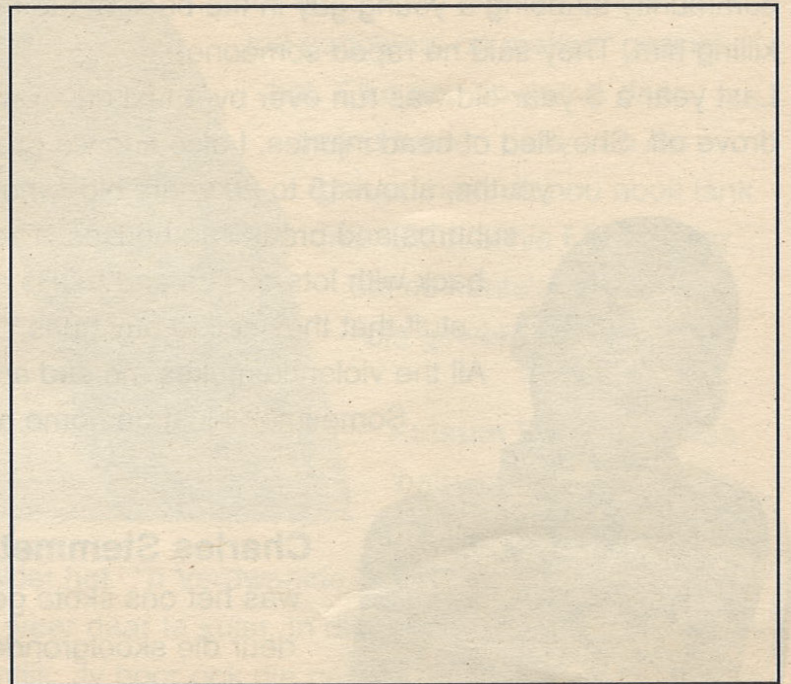
Wow! In spring time there are different fruits. Draw your favourite fruit . Send your picture to Molo Songololo.

*Oel! In die lente is daar baie verskillende vrugte.*

*Teken jou gunsteling vrugte. Stuur jou tekening aan Molo Songololo.*



*Find Molo's postal address at the back of the magazine!*



Written by Andrew Kruger from Teaching and Learning Resources Centre (TLRC), University of Cape Town, Private Bag, Rondebosch, 7700, Tel 650 3276 (copyright)

# Bullets Bullets Bullets on the street

**In many parts of Cape Town children are surrounded by violence and never feel safe. Some of them tell us what it is like.**

**Odwa Nqubelani, 12:**

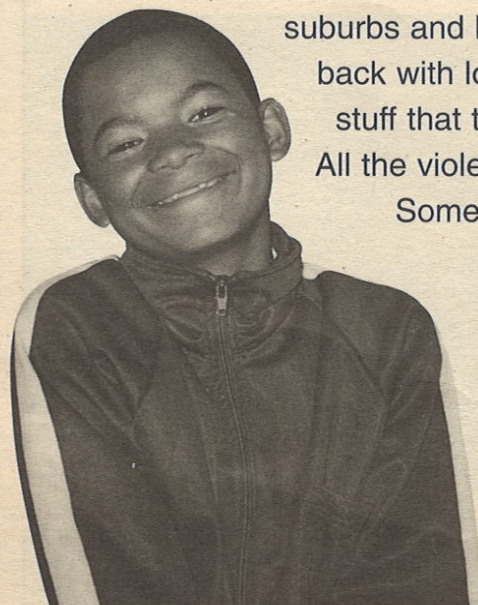
Children in New Cross Roads do not get rest on a Friday or Saturday night because of all the shooting. When you wake up the next morning you find the bullets in the street.

There are 3 or 4 gangs in the area and they

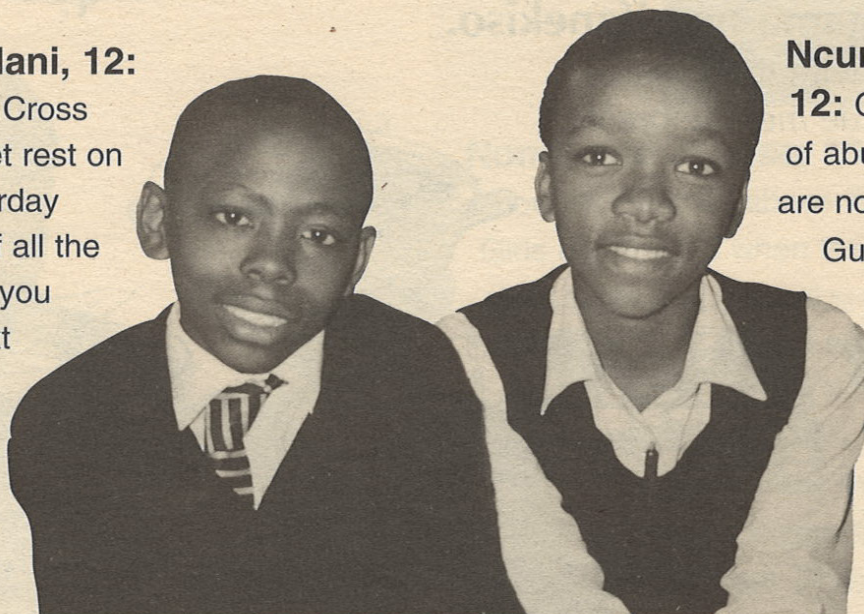
are always making trouble. I saw a group of people from the community stabbing a young guy in the back of the head and killing him. They said he raped someone.

Last year a 3-year-old was run over by a taxi driver who just drove off. She died of head injuries. I also know a group of youths, about 18 to 20 years old, who go to the suburbs and break into houses. They come back with lots of TVs and VCRs and other stuff that they sell to buy guns.

All the violence makes me sad and afraid. Sometimes I just go home and cry.



**Charles Stemmet, 12:** Eendag terwyl ons by die skool was het ons skote gehoor. Een 'gang' was besig om 'n ander deur die skoolgronde te jaag. Later het ons gehoor dat een van hulle doodgeskiet is. Die draad om die skool is stukkend en enigiemand kan inkom. Die skool het 'n sterker heinig nodig en meer sekuriteitsmense.



**Ncumisa Moreng,**

**12:** Girls are the victims of abuse because they are not the fighting type.

Guys threaten them with guns and knives and then they have to give in. Sexual abuse worries me –

Recently my 35-year-old neighbour in Phillipi

was raped in her house by unknown men. Afterwards she was too scared to call the police. Walking to school with friends I once almost walked into the crossfire of two taxis shooting. I just ran as fast as I could. I only feel safe at school and at home.



**\*Michael, 13**, wil nie eendag soos 'n 'gangster' wees nie. "Ek wil werk vir geld en goeters koop, nie mense 'rob' en 'drugs' verkoop nie. Daar is net een manier om die geweld stop te sit – Die polisie moet die huise uitskud en al die 'guns' vat. Ek het 'n gang 'gejoin' om kwaai te wees met my vriende. Net gisteraand het hulle my kom haal om 'n ou wat uitgedraai het, se kop vet te skop. Hulle het hom geslaan en met 'pelletguns' teen die kop geskiet. Daar is outjies so jonk as 9 en 10 in die 'gang', en meisies ook. Maar ek wil dit nie meer doen nie. As hulle my wil slaan moet hulle dit maar doen. Ek kan altyd my ouer broer vra om the help. Hy is lid van 'n ander 'gang'."



**Ruwayda Paulsen, 11**, sê sy voel nooit veilig nie. "Ons ouers sê ons moet altyd 3 of 4 maats saam loop. Die deure moet altyd gesluit wees en die kinders kan nie buite speel nie. Mens kan nie goed slaap met al die geskietery nie. In die woonstelblok waar ek bly, het ek gesien hoe 'n jong meisie dood-geskiet is. Sy is deur 'n 'bullet' getref toe gangsters op mekaar geskiet het. Elke nou en dan is daar peace tussen party van die gangs maar dit hou nooit lank nie. Ek dink nie Manenberg sal ooit ontslae wees van die geweld nie."

**Kulsum Pierie, 11**, was baie bang toe twee groepe gansters reg

voor die huis waar sy kuier op mekaar geskiet het. "'n Verdwaalde 'bullet' kon my getref het, het my ma later gesê. Sy het my belet om weer daar te kuier. In die nag hoor jy die geskiet. As daar bomme gegooi word skud my kooi eintlik. Jy hoor ook die geraas en sien die ligte van die helikopters wat laag afsak oor Manenberg. Op 'n dag het 'n gangster 'n onderwyseres in die klaskamer gedreig met 'n gun. Almal moes platlê en het baie groot geskrik."

\* **Derrick, 14**, is lid van 'n 'gang' (bende) in Manenberg en het 'n 'tjappie' om dit the bewys. Dit is die gang se merk of voorletters wat êrens op die liggaam ingekerf word met 'n naald of iets skerp. As dit goed gedoen word verdwyn die litteken nooit. Soms word 'n 'zombie' (rubber armband) gesmelt en in die wond gedrup. Dan moet jy ook nie wys dat dit seer is nie. Dit gee 'n groen kleur wat nooit verdwyn nie.

"Die ouens 'join' vir nuwe tekkies en die goud in 'gangsters' se monde, en om kwaai klere te kry. As hulle later wil uitdraai word hulle seergemaak."



**Nomfundo Jubase, 13:** I feel scared about all the child abuse that I hear about. Girls get abused when they walk around with short skirts and tops. You cannot walk alone anywhere or at night. I also hear the shooting. Many houses in KTC get broken into and people's things stolen. But it is not right for the people themselves to punish the burglars or attackers. They must wait for the police.

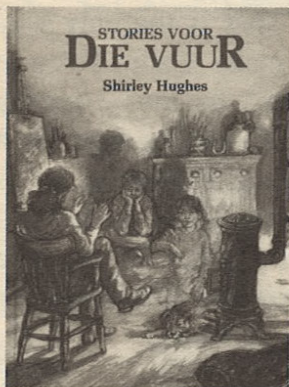
**Zukile Ndevu, 12**, stays in Guguletu. "Children join gangs because they are influenced by their friends. They are seen as 'sissies' if they do not join. When I see the gangsters fighting, I know the safest place to be is home. You also have to always walk with friends for safety. I do not want to ever become a ganglord, even though they have fancy cars and nice things. I want to be an engineer, maybe work with cars."



\* **Andrew, 14**, se ouer broer is jare lank reeds lid van 'n bekende bende. Hy is tans in die tronk vir inbraak. "Die gangsters 'shoplift', rook dagga en mandrax en gebruik ook duurder 'drugs'. Hulle hou die mense dop by winkelsentrums en besteel hulle. Al die 'gangs' in Manenberg smokkel met 'drugs' en 'guns'. Dis hoekom hulle kwaai karre en goue ringe het. Maar ek wil nie 'n 'gang join' nie. 'Gangsters' lewe in gevaar. Hulle baklei ook nie soos manne met die vuiste nie. Nee, hulle kom met gebreekte bottels, stokke, kettings en 'guns'.

*\* Names have been changed for the safety of the children.*

*Molo would like to receive any poems or stories that you have written!*



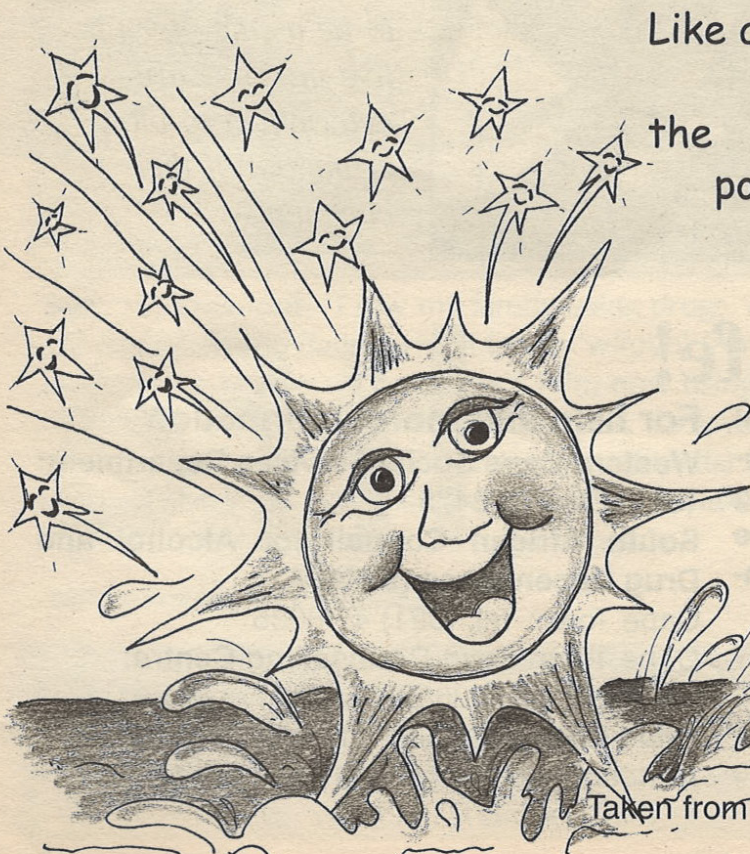
*Stories Voor die Vuur is geskryf deur Shirley Hughes en uitgegee deur Human en Rousseau.*

## Binnekort Hier

Die lente is om die draai!  
Tussen die wolke is blou stukkies belofte,  
en sonlig val skielik op 'n glimmende dak  
waar mossies flankeer en fladder en tjilp  
oor mooi dae wat kom.

Vensters gaan oop uit benoude vertrekke,  
matte word geskud en besems geswaai.  
Die maanlig word al hoe langer  
en seuns op fietse fluit vrolike deuntjies.  
Dis binnekort hier!

## Stay You Well



Like a naughty boy  
Sun slid down  
the  
polished  
blue  
stair  
rail  
and  
fell  
laughing into the sea.  
A million splashes of water  
touched the sticky dark sky  
and stayed, sparkling

*Nomsa Dlamini, Swaziland*

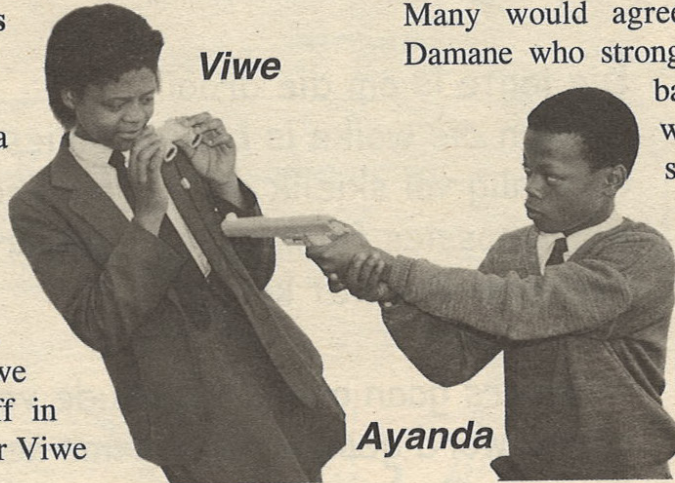
Taken from *My African World*, compiled by Robin Malan.

**Update!**

# Children killed and injured by guns

Playing cowboys and crooks is no longer fun for children. Their harmless plastic toy guns have been replaced by the real thing.

"Whenever I hear a gun my heart jumps. Even when it is on TV, I still take cover", says 13-year-old Viwe Makalima. Almost everyday Viwe hears gunshots go off in his area. The worst for Viwe



is on weekends when the gangs fight or teenagers play with guns shooting at targets.

Many would agree with 13-year-old Ayanda Damane who strongly feels that guns should be banned. "That is the only way we will make Cape Town a safer place" he says. Ayanda wants children to fight for a gun-free Cape Town. He is collecting ideas on how to get rid of guns. If you have any ideas, let Max know by writing to Molo.

## Blow the whistle on crime...



*All over Mitchell's Plain children are blowing whistles against crime. They want their community to be a safe place to live in. They are determined to blow crime out of their community.*

## Get addicted to life!

It's war on drugs! The government's Social Services Department has started a country-wide campaign to fight against drug abuse. Called "I'm addicted to life", the campaign hopes to unite families and communities in a stand against drug abuse.

The Department is worried about the many children and youth who use and abuse drugs. "I'm addicted to life" is part of South Africa's participation in the United Nations Decade Against Drug Abuse.

**For help and more information**  
**Western Cape Social Services Department:**  
Tel. (021) 410 3479  
**South African Council for Alcohol and Drug Dependence (SANCA)**  
Cape Town: Tel. (021) 47 8035  
**Cape Town Drug Counselling Centre:**  
Tel. (021) 47 8026/35/45  
**Child Line:** (021) 461 1114 or 0800 123 321  
**Alateen:** Tel. (011) 435 9792

# Black Noise pumpin loose da juice

With their latest album "Questions" in the bag, Black Noise continues 'pumpin da juice'. The group now have their eyes on the Breakdance World Championships 'Battle Of The Year' title. The Championships takes place in Germany on 7 November.

Despite their success, Black Noise is hard at work trying to steer youth away from drugs, gangsterism and crime. This funky rap and hip-hop group also spearheads the South African Hip-Hop & Youth Network. They use art, music, dance and poetry and regular alcohol-and-drug-free jols and concerts to motivate youth in a positive way.

Black Noise also brings out a snazzy magazine "Da Juice" which feature news about b-boys; the latest CDs, rappers, DJs, graffiti artists and skateboarders.

## African Battle Cry 98

Form 4 to 19 November 1998, Black Noise will host its annual 16-day-long hip-hop and youth event, the African Battle Cry 1998. International and local spraycan artists, DJs, rappers and breakdancers will take part in this exhibition of Hip-Hop culture to expose youth to hip-hop, learn and share skills, and motivate each other in a positive way.

Workshops on DJ'ing, rapping, spraycan art and graffiti, demonstrations in rollerblading, breakdancing, skateboarding and BMX; jam parties will be held all over Cape Town. The event will also host the National Championships and Annual Hip-Hop Awards.

If you want to chill-out with these brothers; have them perform at your school or in your community; get a copy of "Questions" or "Da Juice"; or take part in the African Battle Cry 1998; call Emile YX at tel. (021) 705 1967 or on 082 8543 159.

*PS: If you can host a youth or two during the African Battle Cry at your home, let Emile YX know.*

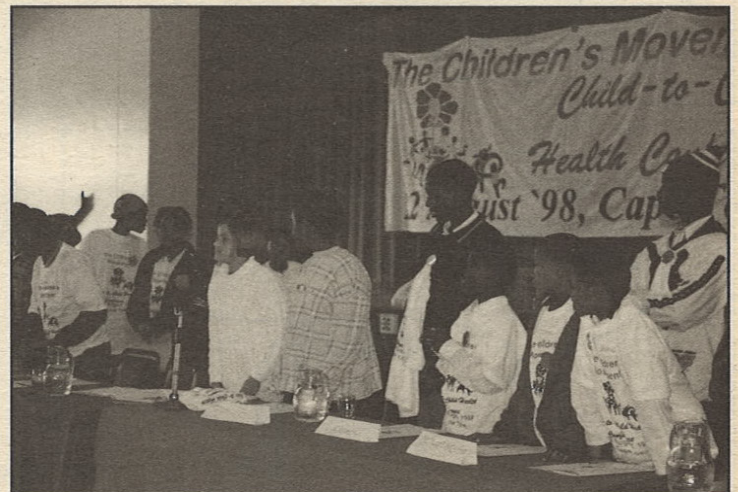


## Each one, teach one

Wouldn't it be something if you knew how to help injured or sick children at your school? Well, 11-year-old Tembi Khaya is doing just that. She cleans and treats sores, wounds and cuts; stop nose bleeds and takes care of infections.

Tembi is one of many children at the Health Care Centres at several primary schools around Cape Town. The centres were set up by the Children's Resource Centre to help children learn about basic hygiene, check for and treat basic health problems of children.

*Below: Child-to-Child health workers at a recent conference held in Mitchell's Plain.*



*If you want to start a Child-to-Child Health Centre at your school, call the **Children's Resource Centre** at (021) 447 5757 for advice.*

# The Birds and the Bees

for pre-teens (10–13 years)



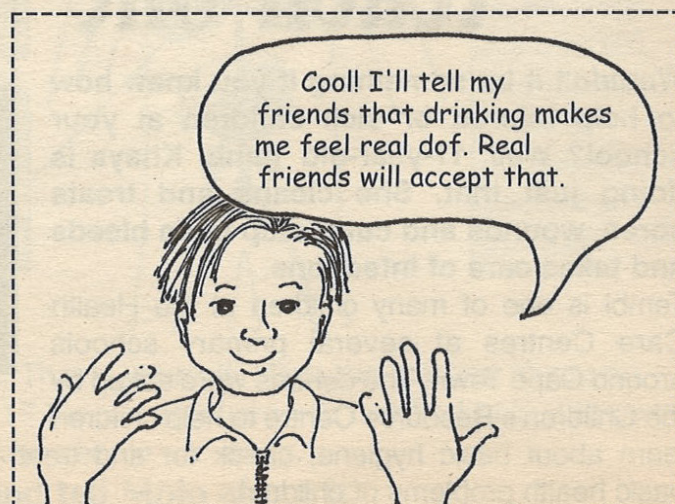
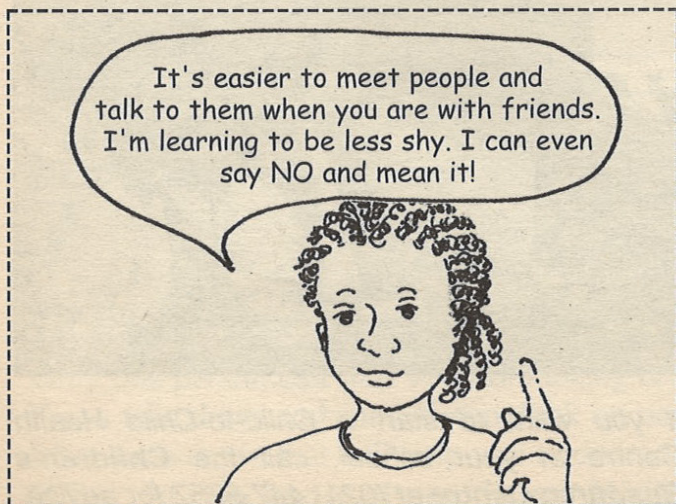
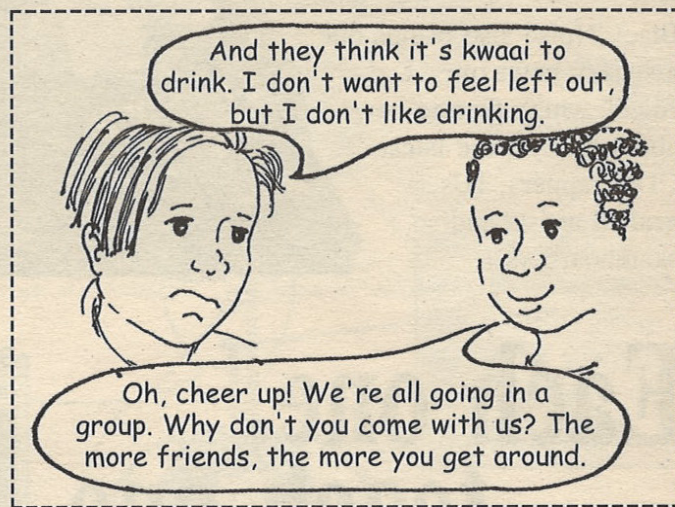
As you grow up, you have more and more choices to make. Sometimes you do not know what to do. As a teenager you'll face some **CHOICES** about **SEXUALITY**. Will you be ready for those choices?

## Ask yourself 2 questions: 1. Do you know enough about sexual matters?

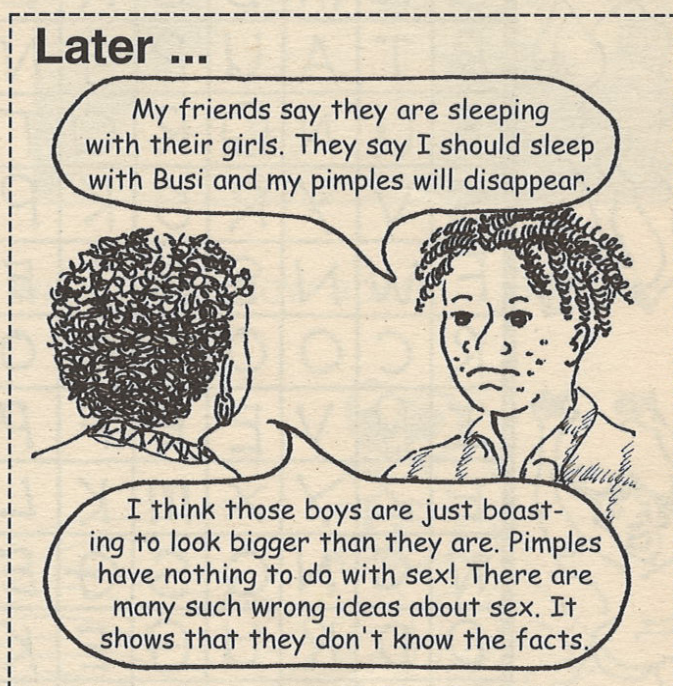
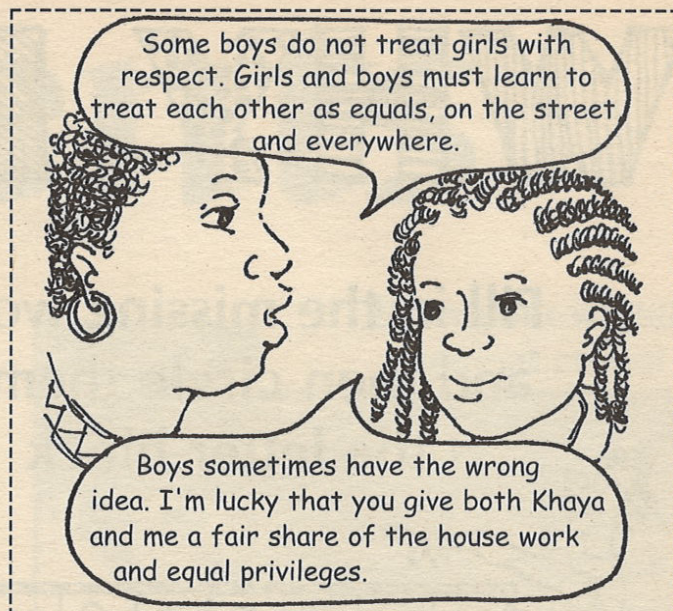
It's hard to discuss sex with parents or guardians, or anyone! That means that many pre-teens know very little about sexuality. Find enough of the correct information, now, while you are a pre-teen. The more you know, the better you can cope with anything that has to do with sexuality. You can only decide what is right for you when you know everything you need to know.

## 2. Can you Stand up for Yourself?

Sometimes one of the most difficult choices is to choose not to do what all your friends are doing. As a pre-teen it is your responsibility to keep your body and mind healthy. It is no longer only up to your parents or guardians. YOU will be responsible for what you do and decide. You will have to deal with the results. Remember that your family and friends will also have to live with it.







## So, when is it the right time to have sex or sleep together?

Young people can be very confused about this. On the one hand parents, guardians, and community leaders tell you not to have sex. On the other hand friends say you must. At the same time you see sexy bodies and actions on TV, in the movies and magazines.

You should not have to worry about having sex for a long time still. Honestly, you will only be ready when you are much older and wiser. There is a lot more you first have to learn about yourself, other people, and sexuality.

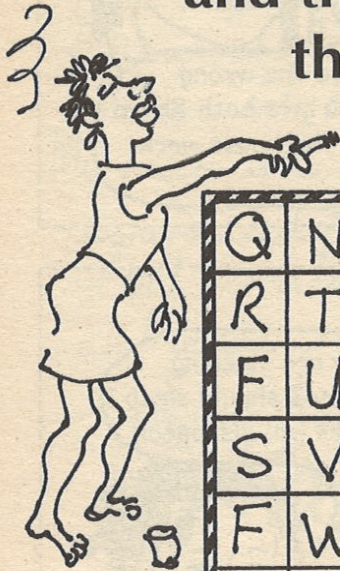
*More about that and sexual health next time!*



Talk to your parents, guardians or community leaders about your feelings. Get the correct answers, write to **sisi Nomhle**, PO Box 43326, Salt River, 7924, Cape Town.

# WHY DRUGS

Fill in the missing words and then circle them in the letter block



Q	N	M	B	O	R	E	D
R	T	A	U	P	S	N	E
F	U	N	Q	R	Q	T	P
S	V	Y	R	O	K	P	R
F	W	N	S	B	I	E	E
R	C	O	O	L	Q	O	S
I	P	V	E	E	F	P	S
E	Z	Y	X	M	K	L	E
N	C	N	Q	S	G	E	D
D	D	R	U	G	E	K	Q
S	K	V	C	Q	F	U	N
A	D	D	I	C	T	E	D



Alcohol is the \_\_\_\_\_ that young people most use.



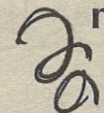
There are \_\_\_\_\_ reasons why people take drugs.

Young \_\_\_\_\_ are curious to see what it's like.

Their \_\_\_\_\_ persuade them.

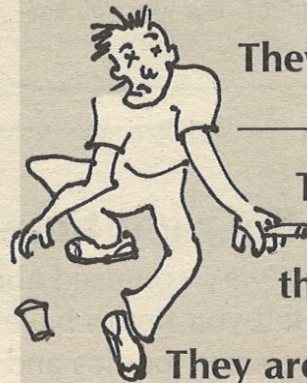
They think it's \_\_\_\_\_.

They think they will have more \_\_\_\_\_.



They are \_\_\_\_\_.

They are lonely or \_\_\_\_\_.



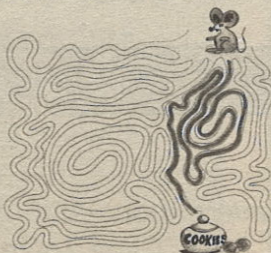
To try and escape from their \_\_\_\_\_.

They are \_\_\_\_\_.

answers • answers • answers • answers • answers • answers • answers

WHY DRUGS

Q	N	M	B	O	R	E	D
R	T	A	U	P	S	N	E
F	U	N	Q	R	Q	T	P
S	V	Y	R	O	K	P	R
F	W	N	S	B	I	E	E
R	C	O	O	L	Q	O	S
I	P	V	E	E	F	P	S
E	Z	Y	X	M	K	L	E
N	C	N	Q	S	G	E	D
D	D	R	U	G	E	K	Q
S	K	V	C	Q	F	U	N
A	D	D	I	C	T	E	D



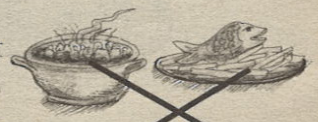
Masifunde isiXhosa



Inyama eyoji-weyo (ibraai)



iisamusa



fish and chips

kerrie

# All You Wanted to Know About ...

**Name:** Paul Regan Adams

**Pet Name:** Gogga

**Date of birth:** January 1977

**Residence:** Grassy Park, Cape Town

**Primary School:** English Church Primary

**High School:** Grassy Park High and Plumstead High

**Favourite food:** Pasta and chicken

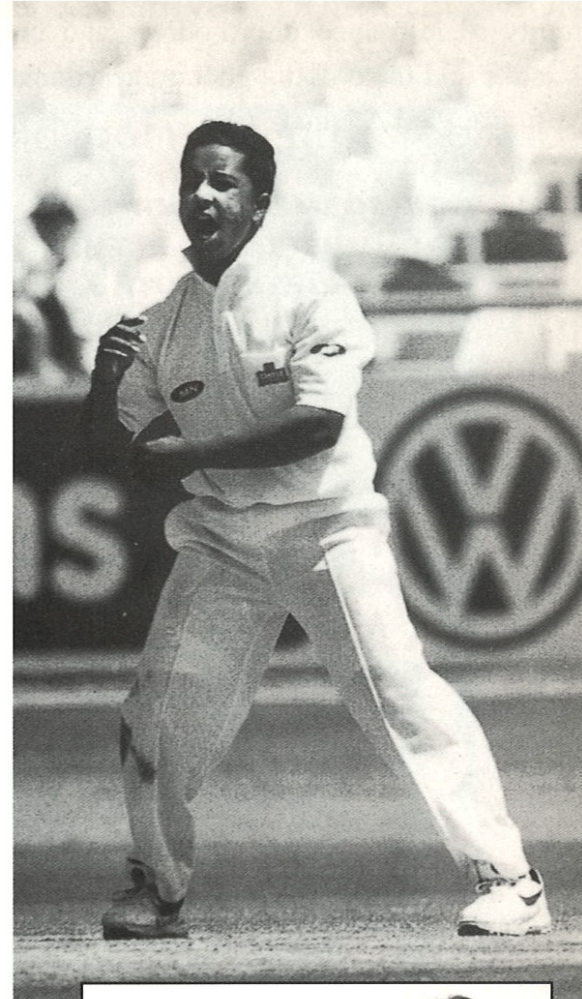
**Favourite music:** Rap

**Favourite clothes:** Jeans, T-Shirts and takkies

**Favourite social life:** Clubs, movies and music

**Dream car:** an MG

**Cricketing dream:** to play for South Africa



## Paul "Gogga" Adams' earlier playing career

### 9 years old

Paul joined Crusaders Cricket Club

### 10 years old

Became a member of the non-racial Blue Bells Cricket Club

### 15 years old

Made his senior club cricket debut in the 3F division.

Thereafter was selected for Blue Bells' first cricket team.

### 1994/1995 Season

Blue Bells' Player of the Year

### School Cricket

Was selected for the Western Province Primary Schools Team and the National Team.

Played league cricket under the unified Western Province Cricket Association.

### National Youth Selection

Selected for the South African Colts Team. 1995 toured Tanzania with South African. Joined St Augustines Cricket Club.

### Provincial Selection

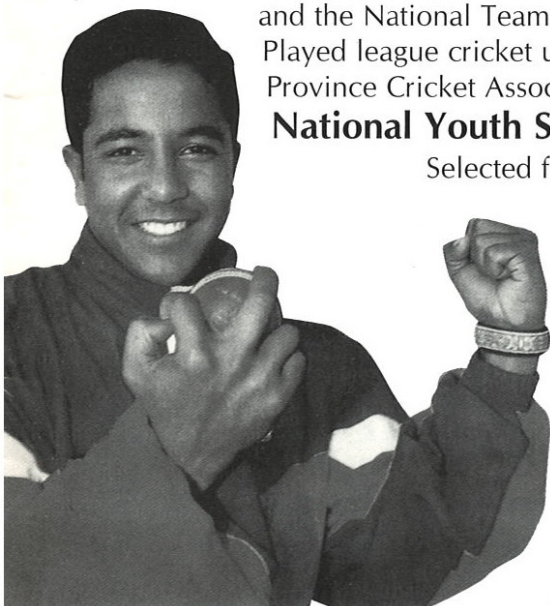
November 1995 selected for the Western Province B Team to play against England. Selected to play in Western Province's premier senior team. Was named Man Of The Match.

### National Selection

Selected for the South African Team to play England in Kimberly. Was named Man Of The Match. Selected to play for South Africa in the 4th test match against England ...

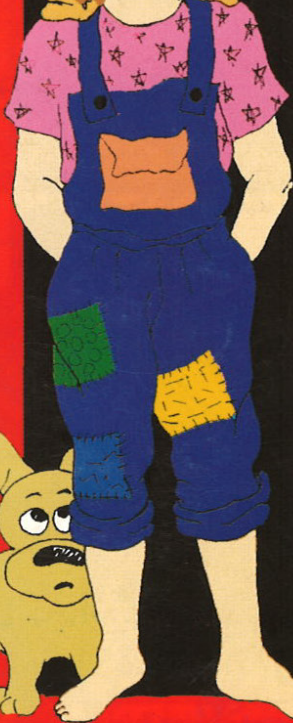


*Paul Adams receives his first club award at 10 years of age.*



*Photographs and text: Cheryl Roberts (Township Publishers).*

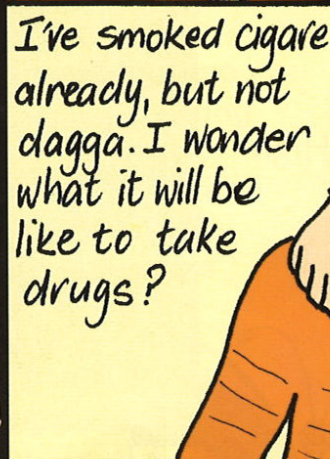
**TERRY**



Terry, have you smoked dagga or taken any other drugs?



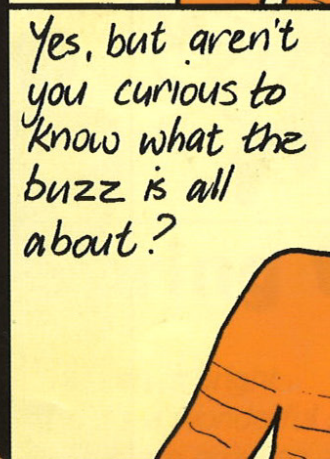
No I haven't, and I hope I never will.



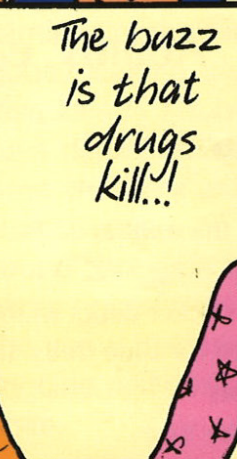
I've smoked cigarettes already, but not dagga. I wonder what it will be like to take drugs?



Don't be silly. Drugs are very dangerous. You can become addicted and destroy your life.



Yes, but aren't you curious to know what the buzz is all about?



The buzz is that drugs kill..!



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