

# MNOLO

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Vol Two  
issue  
**18**

A MAGAZINE FOR ALL CHILDREN 50c

September 1999



# Hello Friends

Are you glued to a screen most of the time? Then you must check out all the different ideas for games in this magazine. There is no way that TV or a computer can give your body and mind so much exercise. How about it, turn it off, and play! Make more time to talk and relate to your family and friends!

Many games need nothing but people to play it, such as the game on p 17 Happy playing!

*Molo Songololo*

# Hallo Vriende

Sit jy meeste van die tyd vasgegom voor 'n vierkantige kassie? Dan moet jy kyk watter

*puik idees vir speletjies daar in hierdie tydskrif is. Televisie en rekenaars kan jou liggaam en verstand nie naastenby soveel oefening bied nie. Hoe lyk dit? Skakel af, en speel!*

*Molo Songololo*

# Molweni bahlobo

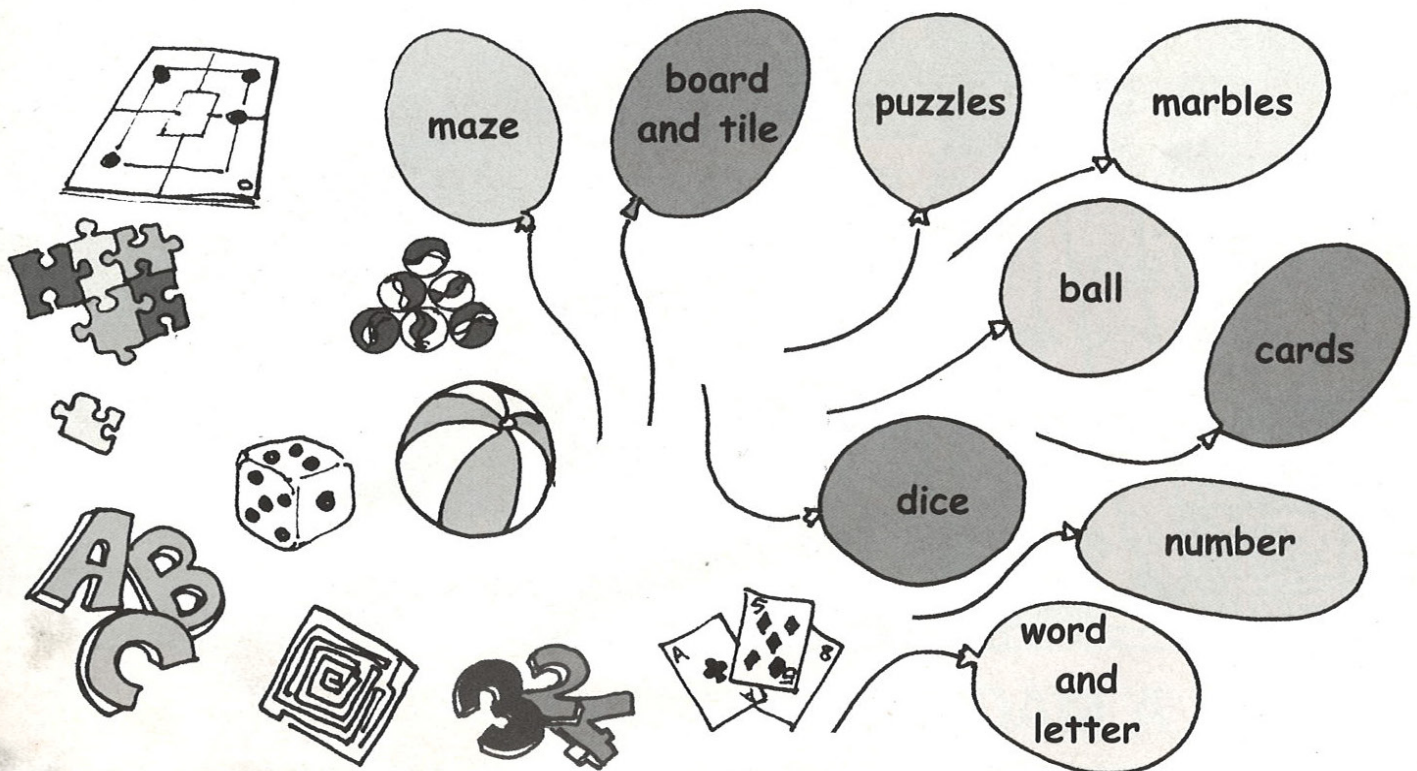
Ingaba ubukela umabonakude lonke ixesha? Ngoko ke kufuneka ujonge imidlalo esiniphathela yona kweli ihlelo le magazini. Akukho mabonakude okanye ikhompuyutha enokunika umzimba kunye nenqondo yakho imithambo yokuba isebenze kakuhle. Kunganjani ukuba ungawucima umabonakude, ukuze udlale! Yibanexesha elininzi lokuthetha kwaye ubenonxulumano kunye nezihlobo zakho.

*Molo Songololo*

**Cover picture:**  
Ferial Fakier, 9 yrs  
old, Garlandale  
Primary School

# Join the Fun!

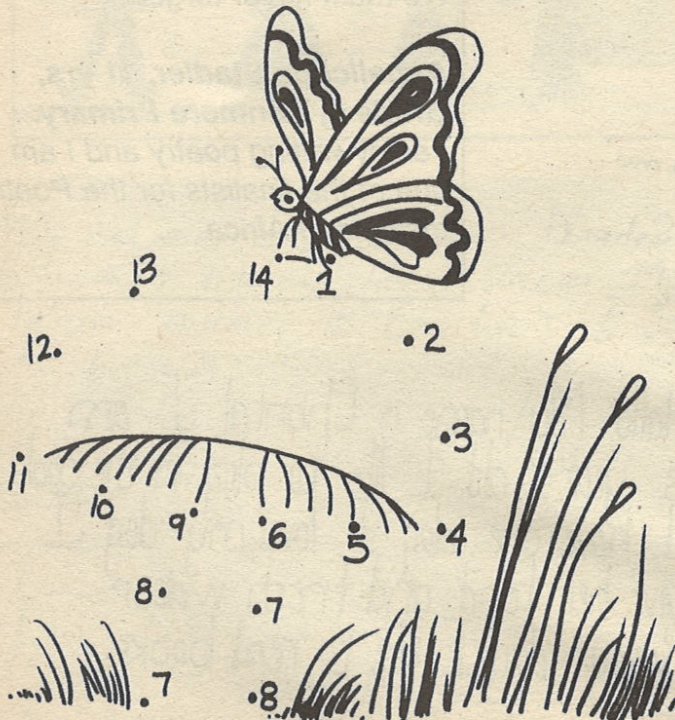
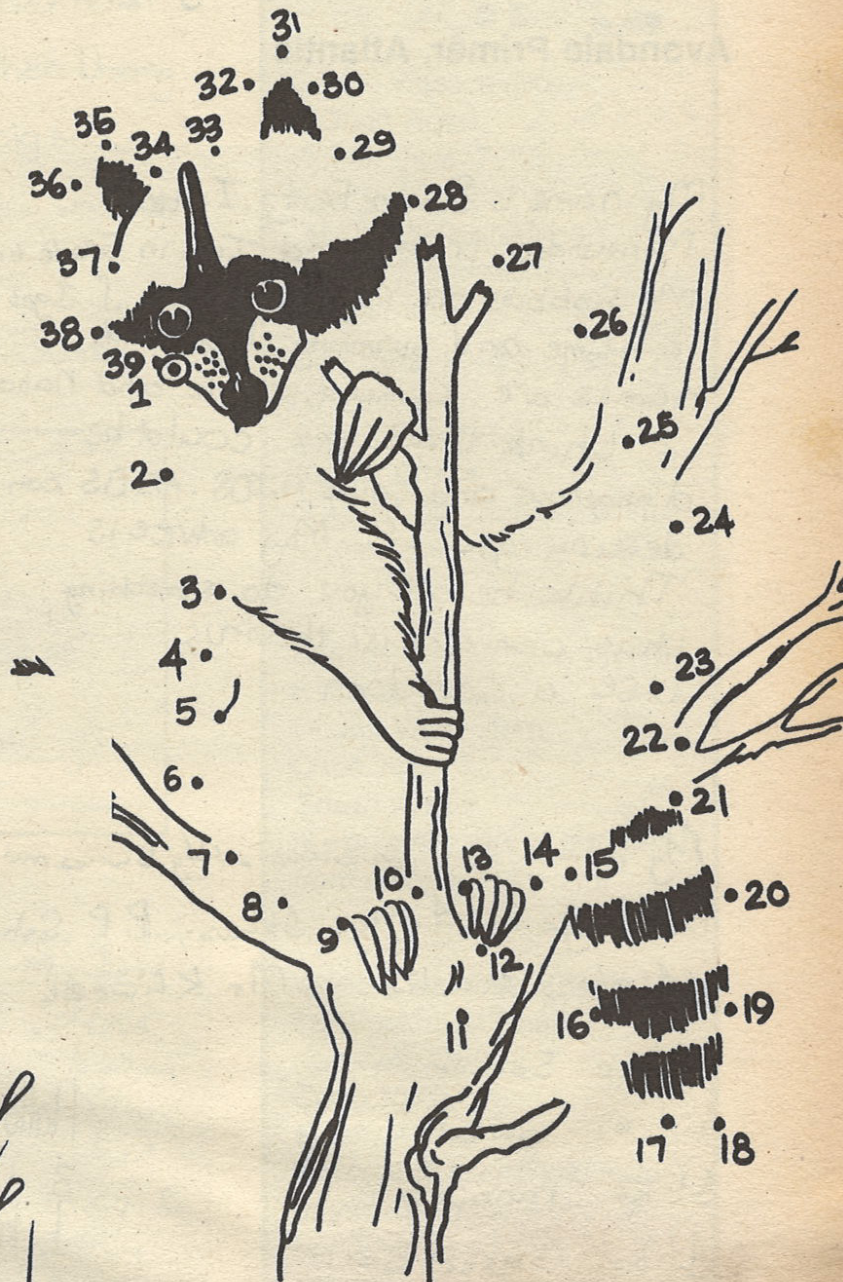
Use a pencil to link the picture with the type of game it represents.





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Wat is in die boom? En waarop het die vlinder geland?





# children's

My naam is bone Fourie.  
 Ek hou baie van julle stories  
 wat julle skryf. Dit maak my  
 altyd bly. My stokperdjies is swem  
 klavier speel, sing en my bybel lees.

**Avondale Primêr, Atlantis**

My name is Semore Fritz. I attend  
 Montevideo Primary and I am in Grade 6c.  
 My hobbies are reading Molo's if I get  
 it in time and swimming. My friends  
 names are Limeez, Odile and Natalie  
 I think that Sex could be  
 dangerous and cause AIDS. AIDS can  
 destroy your life. My advice is  
 Think before you do something  
 that can cause the virus.  
 Use a Condom.

My name is Zarekosi. My surname  
 is Manyane. I attend Gkhwisi P.P. School.  
 My class teacher is Mr Khwezi.

I like Soccer  
 I like swim  
 I like running  
 I like basket Ball  
 I like Molo  
 Songololo

Hallo My name is Chantal. I am  
 8 years old. I like to play in the pool.  
 I have one dog I love my dog. I  
 give her food and fresh water  
 every day I like to read books.

## Respecting Our Elders

Respecting our elders  
 Is a world of good  
 Because one day  
 Our children will respect us too

They have created  
 A world for us  
 So that we may live  
 Just as they brought us up

So don't be a fool  
 Respect, respect, respect  
 That is the only word  
 We must never forget.

**Angelicque Stadler, 11 yrs,  
 Grade 6, Kenmere Primary.**  
 I enjoy writing poetry and I am  
 one of the finalists for the Poetry  
 Institute of Africa.

**Thomas Wildschutte Primary**



# Letters!



## Droomy the drop

Once upon a time there was a drop named Droomy. She found herself in an elephant's trunk. Then the elephant blew her out of its trunk and she landed in the river. The flowing river took her down the stream and down a waterfall. When Droomy woke up she found herself in the big sea. Droomy was very happy because she was with the other drops in the sea again.

This is my story Molo. My school's name is Boundary Primary. My name is Alecia Cleverts.



My name is Mandisi Msezu. I am 15 years old. I like soccer. My best team name is Chita's. I want to be a star at my team because when we play with the other team is me who score so in the man of the match like Benni McCarthy. I'm in Grade 6 at Lkhushi Primary school. I love to read Molo Songoblo. My best singers 2 PAC and Boyz II men.

## PEN PALS



Gareth Versace (Boy),  
1 Orion Road,  
Ocean View, 7975,  
**South Africa**

"My hobbies are tennis,  
visiting friends and playing  
TV games."

Nomzamo Mehlala (Girl), 12  
Ny 73-16,  
Gugulethu, 7750,  
**South Africa**

"I would like pen pals from  
all over the world."

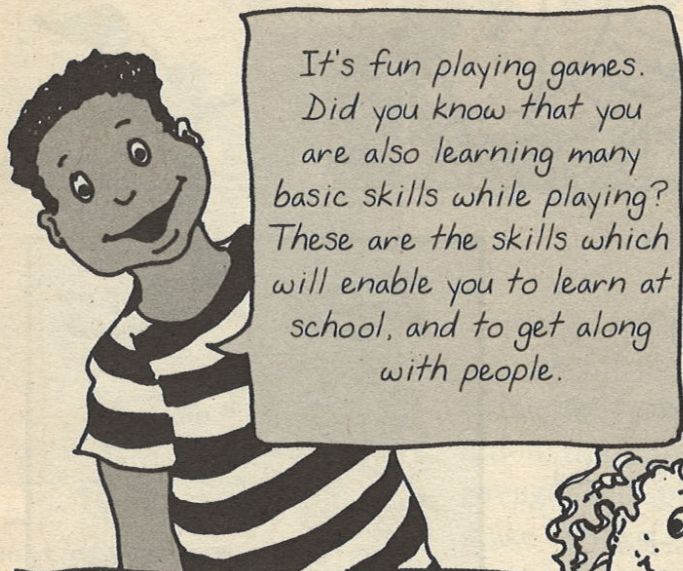
Shelley-Ann Mathews (Girl),  
8 Musca Close,  
Ocean View, 7975,  
Cape Town  
**South Africa**

"I would like lots of pen pals  
from all over the world."

Warren Talmarkes (Boy), 10  
13 Brockhurst Road,  
Kenwyn, 7780  
Cape Town,  
**South Africa**

"I would like a penpal from  
anywhere in the world. My  
hobbies are cricket,  
computer games and board  
games."





It's fun playing games. Did you know that you are also learning many basic skills while playing? These are the skills which will enable you to learn at school, and to get along with people.

Let's give our minds and bodies a good workout.



# Let's

**Story spinning**  
Let's make up a story together. I'll start. When I stop, you must continue. We will each add a bit to the story until it's finished.

One day Busi and Lizo are playing in the sand. Suddenly they find a ... Now it's your turn!



Oh, umm... They find a box that is very strange, because ... Your turn!

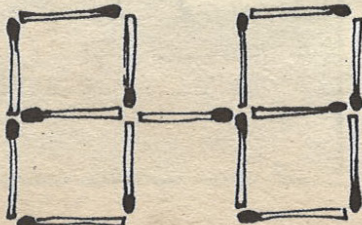


Because ... from the box comes a weird knocking sound. Tap... tap... What do you think happens next? Make up your own story and send it to Molo Songololo, PO Box 43326, Salt River, 7924.

People have been telling stories in this way for thousands of years. The story-game improves your imagination and confidence. You also get better at communication, language and vocabulary.

## Match this

Place some matches like this. Now, move only 2 matches to create six squares.



Can you make up more match-puzzles?



# Play!



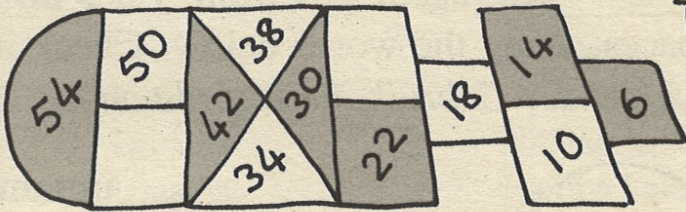
Kyla is playing Hopscotch. Can you see a pattern to the numbers on the grid? Some numbers on the blocks were wiped out. Can you fill them in please?

## Hopscotch

Hopscotch is an ancient game that was first played in Africa. It is now known all over the world by many names, and played by different rules. A small stone or shell is used as a counter. In most English-speaking countries the counter is called a 'potsie'.



By helping Kyla you learned about numbers. While playing Hopscotch, you exercise your body, and develop coordination and concentration.



Play Pick-a-Mix with a few friends. Put about 10 small objects in a large paper bag (in secret). Each friend feels the objects in the bag. No peeping! Afterwards, they name or write down all the objects they could identify.

Here are two bags with many objects. In the second bag 3 objects are missing. What are they?





# Masifunde isiXhosa

Learn to speak Xhosa. *Leer om Xhosa te praat.*



**Yitsho!  
Unjani?**

**Mna, ndikhona.**

Me, I am well.

*Ek is gesond.*

**Ndithemba ukuba ninempilo entle!**

I hope that you all are in good health.

*Ek hoop dat julle almal gesond is.*

## Zalisa izikhewu, sebenzisa amagama asezantsi.

**Khangela kwi-Molo vol 2 no 17.**

Fill the spaces, using the words below. Check in Molo vol 2 no 17.

*Voltooi die volgende. Gebruik die woorde onder. Lees Molo vol 2 no 17.*

**umama**  
mother

(c) \_\_\_\_\_

(d) \_\_\_\_\_  
younger brother  
*jonger broer*

**utatomkhulu**

(a) \_\_\_\_\_  
*oupa*

(b) \_\_\_\_\_  
grandma  
*ouma*





**Bahlobo, kubalulekile ukuba abantu sibabulise. Xa ubulisa umntu omdala, mbize umama, utata, ubhuti okanye usisi.**  
 Friends, it is important to greet people. When you greet an older person, call them either mother, father, brother or sister.  
*Vriende dit is belangrik om mense te groet. As jy 'n ouer persoon ontmoet, noem hulle moeder, vader, broer of suster.*

**Funda le ncoko. Uggibezele izivakalisi ezikwibhokisi.**  
 Read this conversation. Fill in the sentences - in the block below.  
*Lees hierdie gesprek. Voltooi die sinne in die spasio onder.*



**UNomsa uyagoduka (1). Endleleni (2) udibana (3) nabanye abantu (4).**

UNomsa: Molo mama, unjani?  
 Umama (umntu omdala): Ewe (5), nta'am (6)  
 Ndiphilile, kunjani kuwe?  
 UNomsa: Ndikhona!  
 Umama: Uyaphi? (7)  
 Unomsa : Ndiyagoduka!  
 Umama: Hamba kakuhle! (8)  
 Unomsa: Nawe uhambe kakuhle! (9)

Amagama	Words	Woorde
1 _____	she is going home	sy gaan huis toe
2 _____	on the road	op pad
3 _____	she meets	sy ontmoet
4 _____	with other people	met ander mense
5 _____	yes (hello)	ja (hallo)
6 _____	my child	my kind
7 _____	Where are you going?	Waar gaan jy?
8 _____	she says goodbye	sy sê totsiens
9 _____	and you (too)	en jy (ook)



# Kom ons speel...

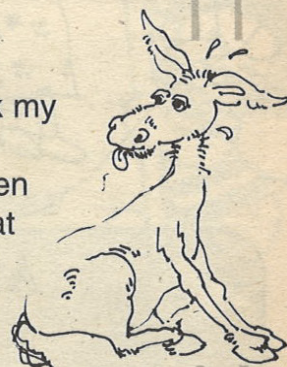
Spel is baie belangrik. Dit is een manier waarop babas en jong kinders leer en ontwikkel. Maar wat doen kinders werklik in hul vrye tyd en watter speletjies speel hulle?

**Melisa George:** Ek het baie vriende en ons doen baie verskillende dinge. Maar vir my is TV-speletjies die beste. My ma het vir my 'n "Play Station" gekoop en nou speel ek baie TV-speletjies.

Ek hou van die "Mario Brothers". Die speletjie gaan oor twee broers en 'n prinses. Die prinses is in gevaar. Die doel van die speletjie is dat die broers die prinses help en haar red. Ek hou baie van die speletjie. Ek vind dit interessant omdat daar baie opwindende hindernisse is.

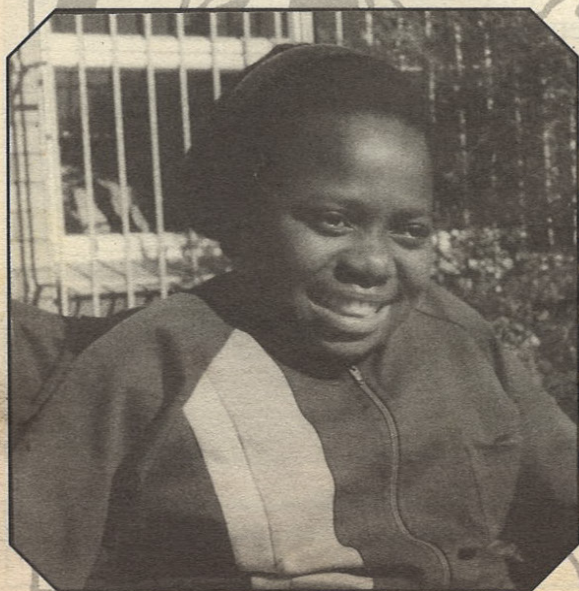


**Dimpho Mokhosoa:** Die beste is wanneer ek my antie in Malibu besoek. Dan gaan ek en my vriende strand toe. Soms swem, braai en doen ons allerhande dinge. Ons gesels baie oor wat ons gedoen het en wat ons die volgende dag of in die toekoms gaan doen.



Die speletjie wat ons gereeld speel is "Donkie". Ons speel dit met 'n tennisbal en ses spelers.

Elkeen kies 'n nommer van een tot ses. Dan staan ons in 'n sirkel. Die persoon met die tennisbal gooi die bal teen die grond sodat dit hop en roep dan 'n nommer van een tot ses. Die persoon wie se nommer dit is, moet dan die bal vang. Die ander hardloop uit die sirkel so ver as wat hulle kan. Wanneer die persoon wie se nommer uitgeroep was die bal vang, roep hy "stop". Die ander spelers staan dan doodstil. Die persoon met die bal, probeer een van die ander spelers met die bal raakgooi. As die bal iemand raak, kry die persoon die letter "d". Daardie persoon begin dan die speletjie van voor. As 'n speler weer raakgegooi word dan kry hy of sy die letter "o". Dit gaan dan so aan tot 'n speler al die letters van die woord "donkie" het; en dan is daai speler uit. Somtyds speel ons "Donkie" vir ure aaneen.





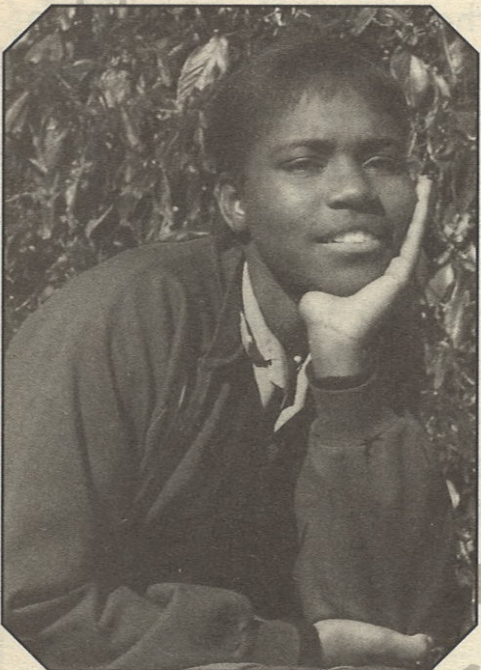
# The games we play...

What do children do in their spare time? The games they play can tell you a lot about them. Molo Songololo spoke to friends at Astra School for Physically Disabled Children to find out what they do when they hang out!



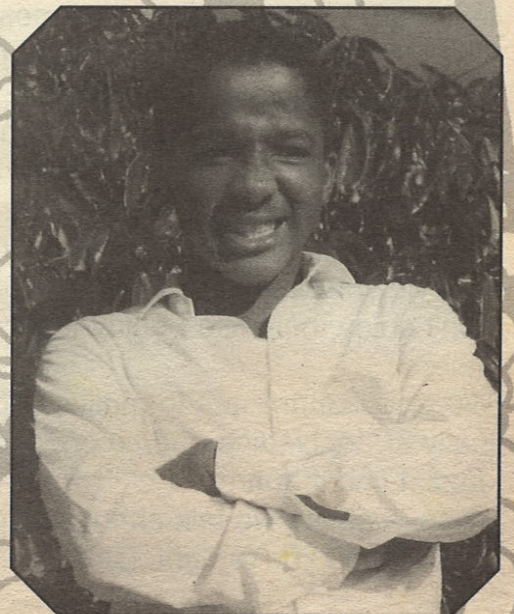
**Shamille Kiewiet:** I have lots of friends and we all are best friends. When we are together, we run around, maybe visit the game-shop and play pool. We spend a lot of time at the games arcade playing video games and driving go-carts.

"Mortal Combat" is my favourite video game. It is a game about guys who fight each other. When you play, you choose a character. That character will then fight another fighter. The object of the game is that your character must defeat the other guy and take his soul. There are lots of action and fighting in the game. The characters fight with dangerous weapons. Come to think of it, there is lots of violence in the game. I don't like violence generally, but this game doesn't affect me. I don't take the violence seriously.



**Evellyn Cupido:** Ek is al vir nege jaar in die koshuis. Dit is nie lekker nie. Jy kan nêrens gaan nie. Ons speel musiek, kyk TV en doen sport. Ek het baie atletiek gedoen, kort- en middel-afstand. Meeste van die tyd oefen ek saam met my vriende of met die skoolspan. Anders sit ek en my vriende en gesels, speel musiek en sing saam. Somtyds gee ons sommer 'n konsert. Ek sing ook in die NGK-koor. Ek hou daarvan om te sing en hou baie van gospel.

**Bango Nteyi:** I used to do a lot of running. Yes, I like sports, so I practise a lot. Otherwise my friends and I, we chat with each other and joke around. That's about it.







**Alexis Petersen:** One of the games my friends and I often play is "hoks" (blocks). It's like hopscotch. Our game is called "Michael Jackson". Many players can play the game at the same time. Each player has his or her own purse.

You draw 9 "hoks". You throw your purse in the first "hok" and then start to jump on one leg, over the "hok" where your purse is, up and down the "hoks". In hoks 5 and 6, and 8 and 9 you jump with a leg in each of the hoks. When you return, you pick up your purse and jump over the "hok" in which it was. Then you start again and throw your purse in the next "hok".

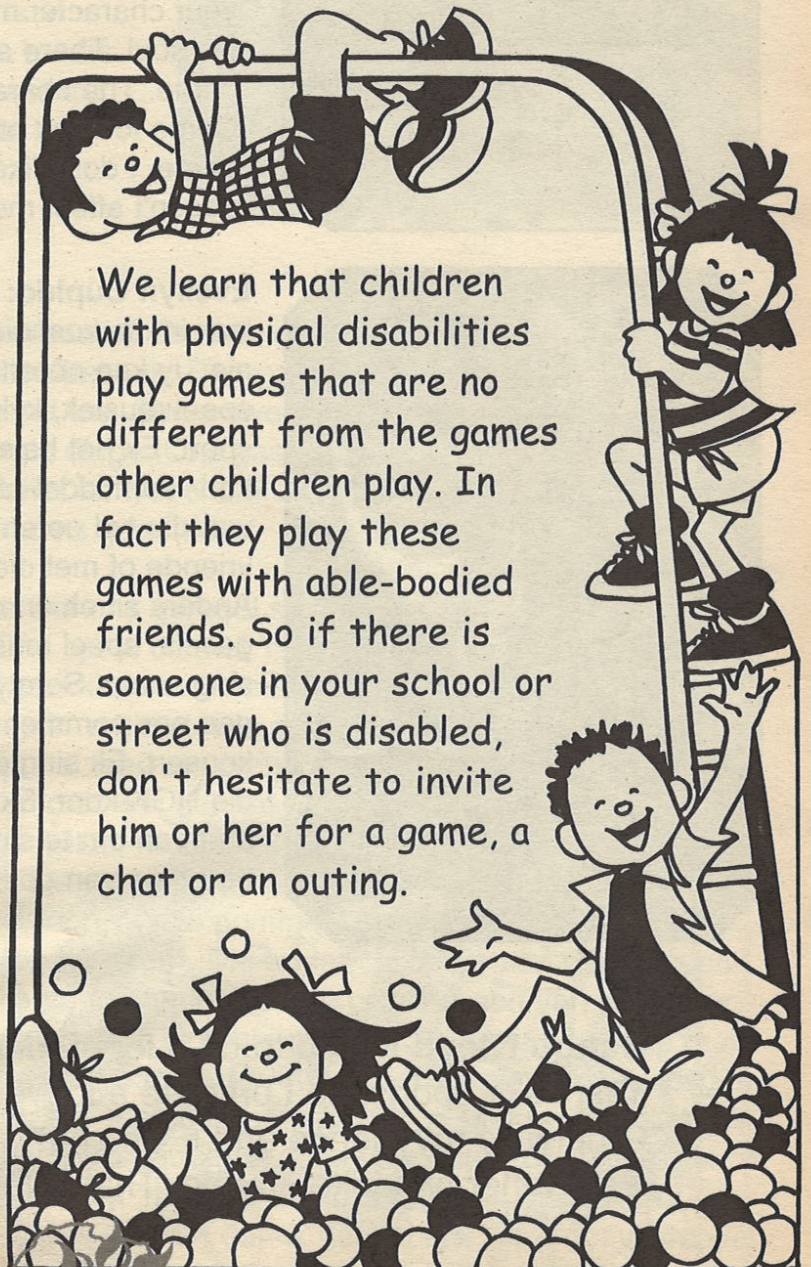
We love playing "Michael Jackson" in the street. Sometimes the whole street is full of children playing this game.



**Mbulelo Bonte:** I have lots of friends. When we get together we go wild. We like sports and play games. Our favourite is of course video games. I like "Street Fighter". There is lots of fighting and violence in this game. Oh yeh! Violence is bad. But I don't think games without violence will work. I won't enjoy them. They will be boring, like "Puttman and Tetris". They are non-violent games. I play them but don't enjoy them like I enjoy the others.

We also like to listen to music, especially 2Pac, Nadine and so on, except Jazz. I find it boring.

Then of course we talk about soccer, cricket; and you're right, Girls!

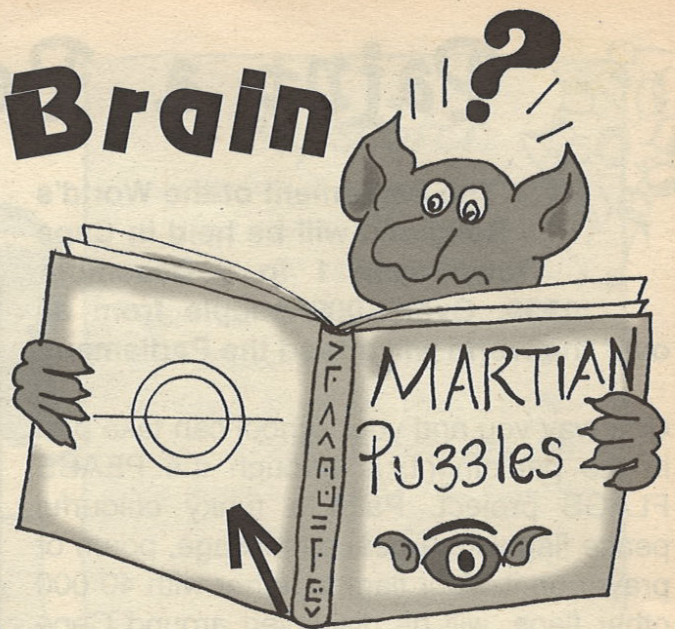


We learn that children with physical disabilities play games that are no different from the games other children play. In fact they play these games with able-bodied friends. So if there is someone in your school or street who is disabled, don't hesitate to invite him or her for a game, a chat or an outing.



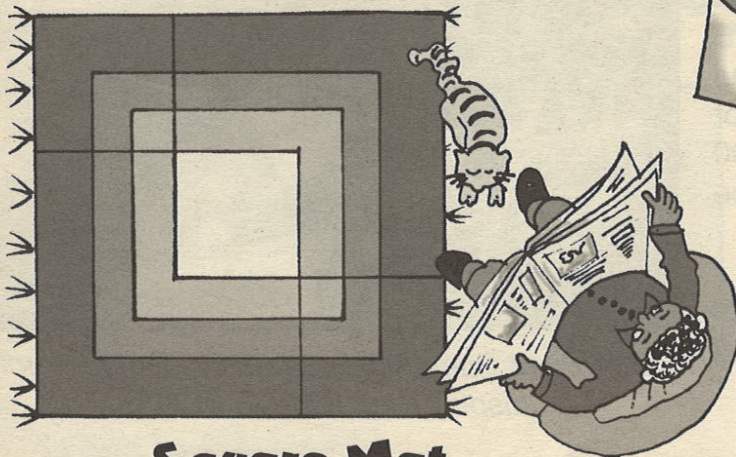
# Tease Your Brain

Read the questions carefully.  
Enjoy, and don't give up  
too soon! Answers on p.18



## One liners

Can you draw this shape in one continuous line? Do not lift your pencil or go over a line more than once.



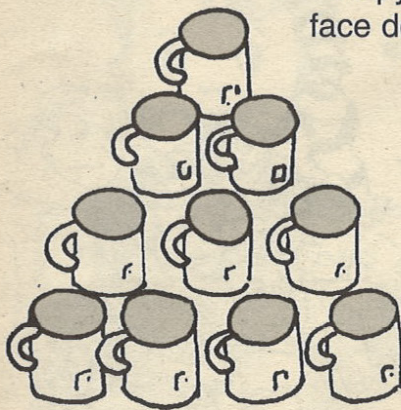
## Square Mat

How many squares can you find in this mat?

## Mug Puzzle

Can you reverse the mug pyramid, by just moving 3 mugs?

The pyramid has to face downward.



## Liquorice sticks

Kathy bought ten sticks of liquorice and ate all but four. How many did she have left to share with Ali?

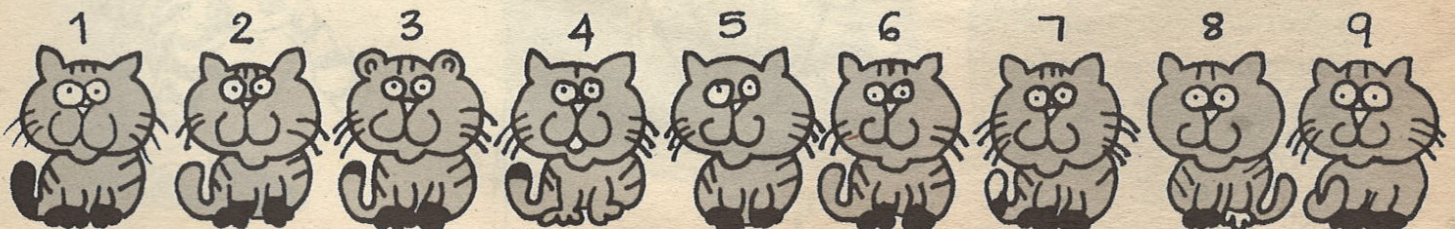


## Who's Party?

Daphne is an only child. "I am going to my mother's husband's daughter's birthday party." Who's party is it?

## Twin Cats

Can you find the cats that look alike?







# Paint a Peace Flag!

# Up

The Parliament of the World's Religions will be held in Cape Town from 1 to 8 December 1999. Over 7000 people from all over the world will attend the Parliament.

One way you and your school can take part in the parliament, is through the PEACE FLAGS project. Paint a funky colourful peace flag with a peace message, poem or prayer on it. Your flag, together with 40 000 other flags, will be displayed around Cape Town during the conference.

For more details contact Molo Songololo at (021) 448 5421 or the Parliament office at (021) 448 4610.



Sea Point Primary's Grade 5 students proudly display their PEACE FLAGS.

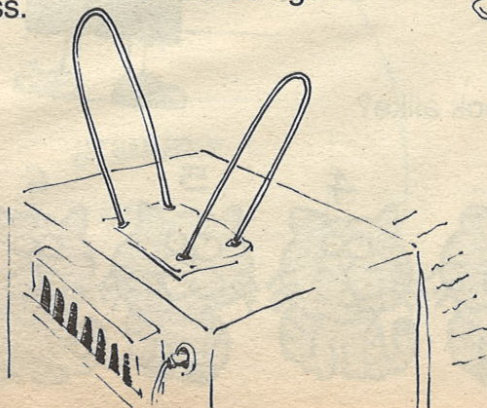
## Screen Horror

Television and computers keep us sitting in one spot, glued to the screen. And while we sit, our bodies and parts of our brains do not get exercise. We also do not talk or think much. This means that our brain does not develop as it should. We could lose the use of parts of the brain if we do not use them.

Television makes us feel different emotions. We feel happy when watching a comedy or feel scared when watching a horror programme. The pictures on TV move too fast and we do not have time to understand all these feelings. The brain may remember bad pictures. It could lead to nightmares and stress.

### Mind, body and soul

We use our imagination when we read and play. It helps to exercise our minds. We use our bodies as well as our brains to do sports, outdoor games, arts and crafts. Nature experiences are real. We use all our senses when going for a walk on the beach, or for a hike. It is important to fantasise, be creative, dream and think. Then we can grow into well-rounded human beings.



*Not all television or computer programmes are bad. Choose carefully and protect your mind.*



## Beste in die Boland



Avondale Primêre Skool op Atlantis se atletiek span is die Coca Cola-kampioene in die Boland. Nie minder as 20 van die skool se atlete het hierdie jaar hulle Boland-kleure verwerf. Ook hul trompoppies is die beste.

Met al hulle trofeë, van links na regs: Mr. A Bekeur (skoolhoof), Mr. Bruintjies (saamroeper), Roger Telemarchus (SA krieketspeler), Brendon Beukes (SA verspringrekordhouer), Mr. S Martinus (viseprinsipaal), Mr. C Juries (sportmeester), Okkert Brits (SA paalspring-atleet), en Mr. G Fredericks (departementshoof).

## Speechless



"I was excited and speechless when I met Michael Johnson and Marion Jones. It was the greatest moment of my life to meet these wonderful athletes", says **Larna Douglas** (10). She is from Arcadia Primary School in Bontehewel. Not surprisingly, Larna's best sport is athletics. She won the USSASA Western Province silver medal in high jump. Larna also likes swimming and reading.



## Peaceful Play

Tick the ideas that you can include in your games: Peaceful play ...

- Is full of fun and joy
- Include all children present
- Change, or make up, rules that everybody agrees to
- Do not have winning as the only aim of the game
- Give each child a chance to be leader, or to be 'in' or 'out'
- Do not leave out smaller, younger or weaker players
- Include children with a disability in a role that suits them
- Do not hurt or harm people or animals
- Do not cause damage
- Gives you confidence
- Gives a sense of community
- Teaches sharing and collaboration
- Promotes new skills
- Do not need enemies
- Do not depict racial groups in a bad way



# Battles, castles and games...



These boys from Mali have made their bicycles from natural materials.

Games go back a long way and have been passed on through many centuries, some by word of mouth. In earlier society, older people and children played together.

Games have their roots in the history and lives of the people who play them. Some of the reasons people played games were to interact socially and develop skills. In Native American tradition, fast-moving team games were important for developing strength and speed. People used what was around them to make up their games, from stones to castle walls.

## Three Men Morris

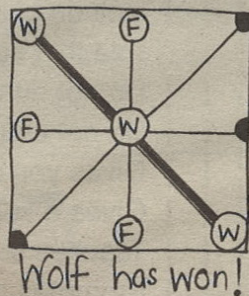
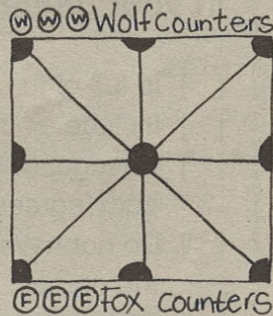
This is an easy strategy game. The aim of the game is to see who can make a row of counters first.

### What to do:

1. Draw your game on paper or a flat surface.
2. Each person needs 3 counters. Counters can be small square pieces of paper with your chosen names for example, wolf or fox.

### Rules:

1. It is a game for 2 players.
2. Each person takes a turn to place one counter on the board, until all the counters are placed.
3. Each person takes a turn to move a counter along the lines to the next point.
4. The winner is the first person who makes a line. It can be any straight line up, down, sideways or diagonal.



## Battles of old

Strategic games are make-believe battles. All races of humanity played these games, except the Eskimos and Australian Aborigine. These fun battles were played in African villages, in medieval castles, and Native American teepees. Each battle has its own history or story. It represents people's struggle with nature and each other.

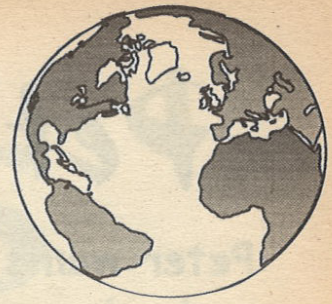
*Imidlalo igqithiselwe kwizukulwane ngezizukulwane iminyaka emininzi, eminye ngelizwi lomlomo. Kanti eminye imidlalo iyingxalenye yobomi babantu abayidlalayo. Kwiminyaka engaphambili abantu abadala babedlala kunye nabantwana imidlalo eminye.*

Meeste speletjies is baie oud en is vir duisende jare gespeel, soos jaag-speletjies en wegkruipertjie. Die eerste rekenaar-speletjies was op sulke speletjies gebaseer.





# Games of the World



Games have travelled with people over oceans and mountains, from country to country. One game could therefore have names in many languages: **Apodidraskinda** in Ancient Greece, **All Hid** in Shakespeare and **Hospy** in nineteenth century Scotland. You might know it as **hide-and-seek**.

## Hide the Key



Hitte Nycklen is played in Sweden.

One person hides a small object in a room. The other players come into the room and try to find the object. They ask if a fish can find it, meaning that it is hidden **low**. If a bird can find it, then it is hidden **high**.



## Cattle stockade

Cattle are an important part of African life. Cattle stockade is a circle game from Botswana. Players hold hands in a circle and move round. Two 'cattle' (players) stay in the centre. They try to escape by running under the arms of the other players. The circle must not be broken. If they escape they must join the circle. Two other players must become 'cattle' and try to escape.



Did you know that **'Snakes and ladders'** comes from India and was called Moksha-Patamu? In the game ladders represented a journey through life to heaven and the snake represented evil.

## Skophokkie

(*'n Speletjie beskryf deur Clayton Schrader van Hoërskool Rusthof, Strand*)

Skophokkie is maklik en baie pret. Dit word veral in vakansies gespeel. Jy spring en skop die klippie met een been! Dit is teen die reëls om te praat as dit jou beurt is.

- Enige aantal kinders mag speel. Elke persoon het 'n plat klippie nodig.
- Tien hokkies word geteken.
- Die eerste speler gooi sy klippie in hokkie nommer een en skop dit in die volgende hokkie.
- As die klippie op 'n lyn beland verloor jy 'n kans. Die volgende speler het nou kans.
- Hokkie nommer ses is jou rus-hokkie.
- Die wenner is die speler wat hokkie nommer tien haal.

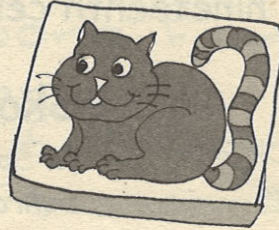
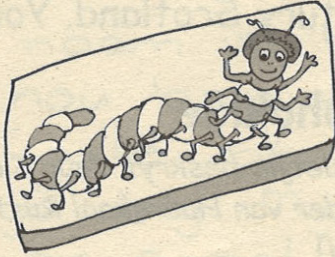


*Kungenzeka ukuba unamagama oyibiza ngawo lemidlalo, nceda ubhalele uMolo Songololo usixelele ngemidlalo oyidlalayo.*



# Peter's Puzzle

Peter wants to buy a puzzle. Please draw and colour a puzzle picture on the box.



The puzzle costs R10.20c, but Peter has no money. He thinks of a plan. He will decorate some pencils and sell them at school. He needs some pencils, marbles, and thin wire. Peter swaps his ball for 20 marbles at school. Then he borrows money from his sister to buy the pencils and wire.

The pencils cost 14c each

20 pencils cost R \_\_\_\_\_

The wire costs R 1. 96c

In total it is R \_\_\_\_\_c

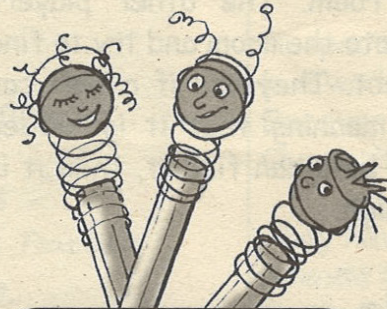
Peter makes 20 pencil people.

He sells each for 75c

In total Peter has R \_\_\_\_\_c

He owes his sister R \_\_\_\_\_c

Peter now has R \_\_\_\_\_c left.



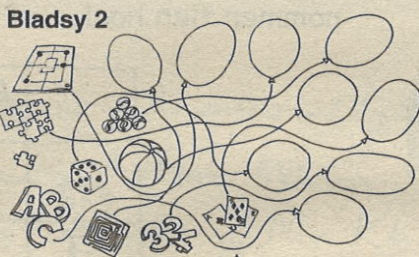
These pencils are really cool, Peter!



Is it enough to buy the puzzle?



**Bladsy 3:** 'n Wasbeer sit in die boom en die vlinder het op 'n paddastoel geland.

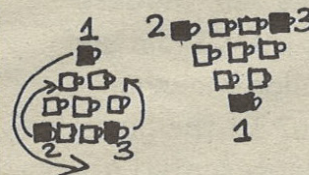


Terry's found her way to the water.

## Answers

### Tease Your Brain p.13

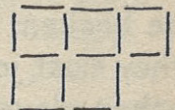
- Mat: 16 squares
- Liquorice sticks: She has 4 left to share with Ali.
- Who's Party? It is Daphne's Party
- Cats: Cats 2 & 6 are twins



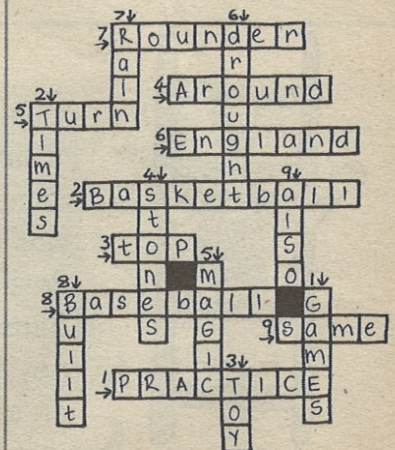
Mug Puzzle: Move the mugs like this to reverse the pyramid.

### Page 8:

Match this answer

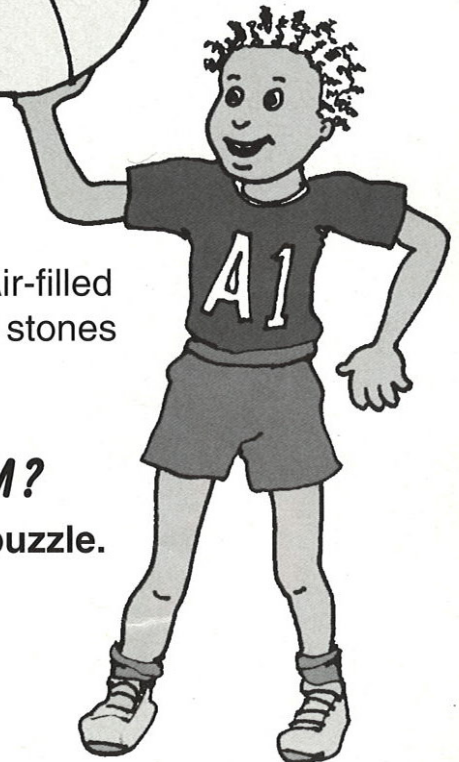
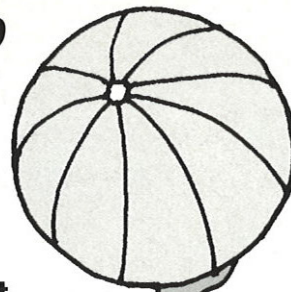


### Ball Sports p.19





# BALL SPORTS



Most formal sports and games started centuries ago as games played by adults as well as children. They are now played with set rules as organised sports.

For centuries balls were made of pieces of leather sewn together, but they were filled with hair, feathers or cloth. Air-filled animal bladders were used as an alternative to balls, and stones were used to kick.

## WHERE DO BALL GAMES COME FROM?

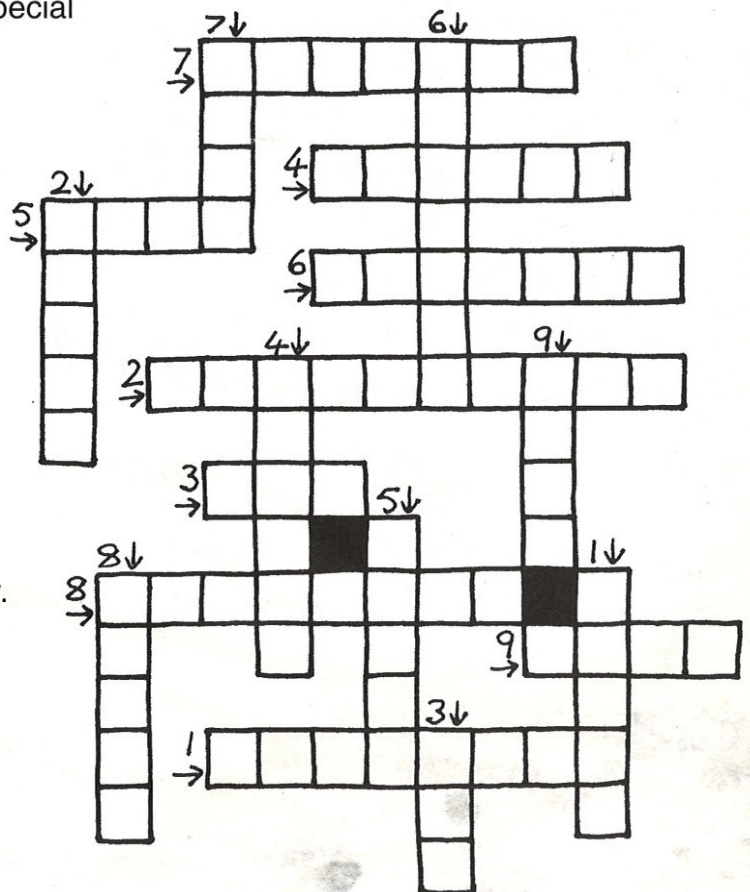
Unscramble the underlined words and do the word puzzle.

### DOWN :

1. Many gmaes can be played with a playing ball.
2. The ball itself is from pre-historic tmeis.
3. It was used as a tyo as well as a weapon.
4. Shaped and polished sntoes were the first 'balls'.
5. Most early people thought the ball or ball games had miagc.
6. Girls in Cameroon still play ball games during times of drugoht.
7. The people believe that it will bring rina.
8. People in the Middle Ages in Europe bilut special 'ball houses' for ball games.
9. The same halls were aslo used for singing and dancing.

### ACROSS :

1. The words for ball(et) and ball(ad) come from this pacrtice.
2. Bskaetball was adapted from a game played by native Americans in Florida.
3. A wicker basket was fixed to the tpo of a pole.
4. When the ball was thrown into it, it turned arunod the pole.
5. The player won who could trun the basket around the pole most times at a single throw.
6. 'Club ball' was played in Egnland as long ago as 1344.
7. It was the forerunner of Runoder, once a formal game in England.
8. This led to the game of Bseaball.
9. Cricket shares the smae beginnings.





TERRY

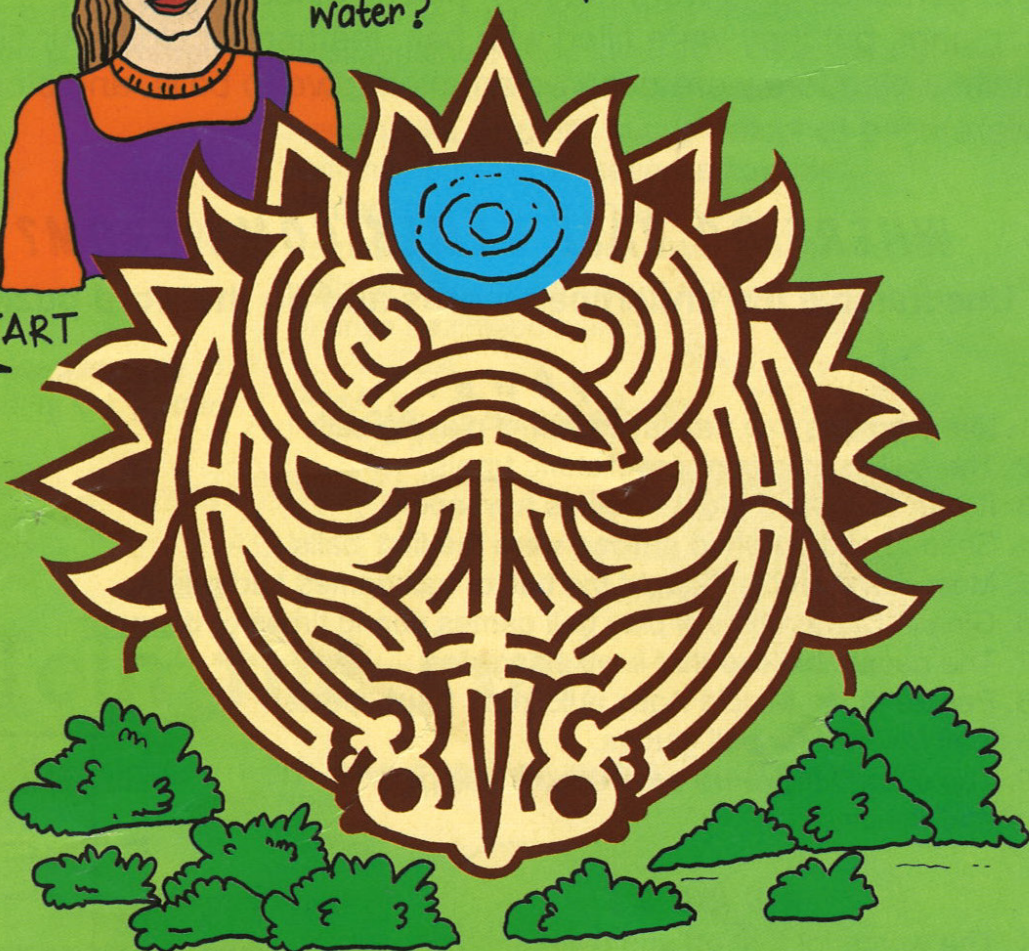
This maze is called the Longleat Sun Maze and is found in the South of England.



Hello Molo readers. Can you help me find a way through the maze to the pool of water?



START



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