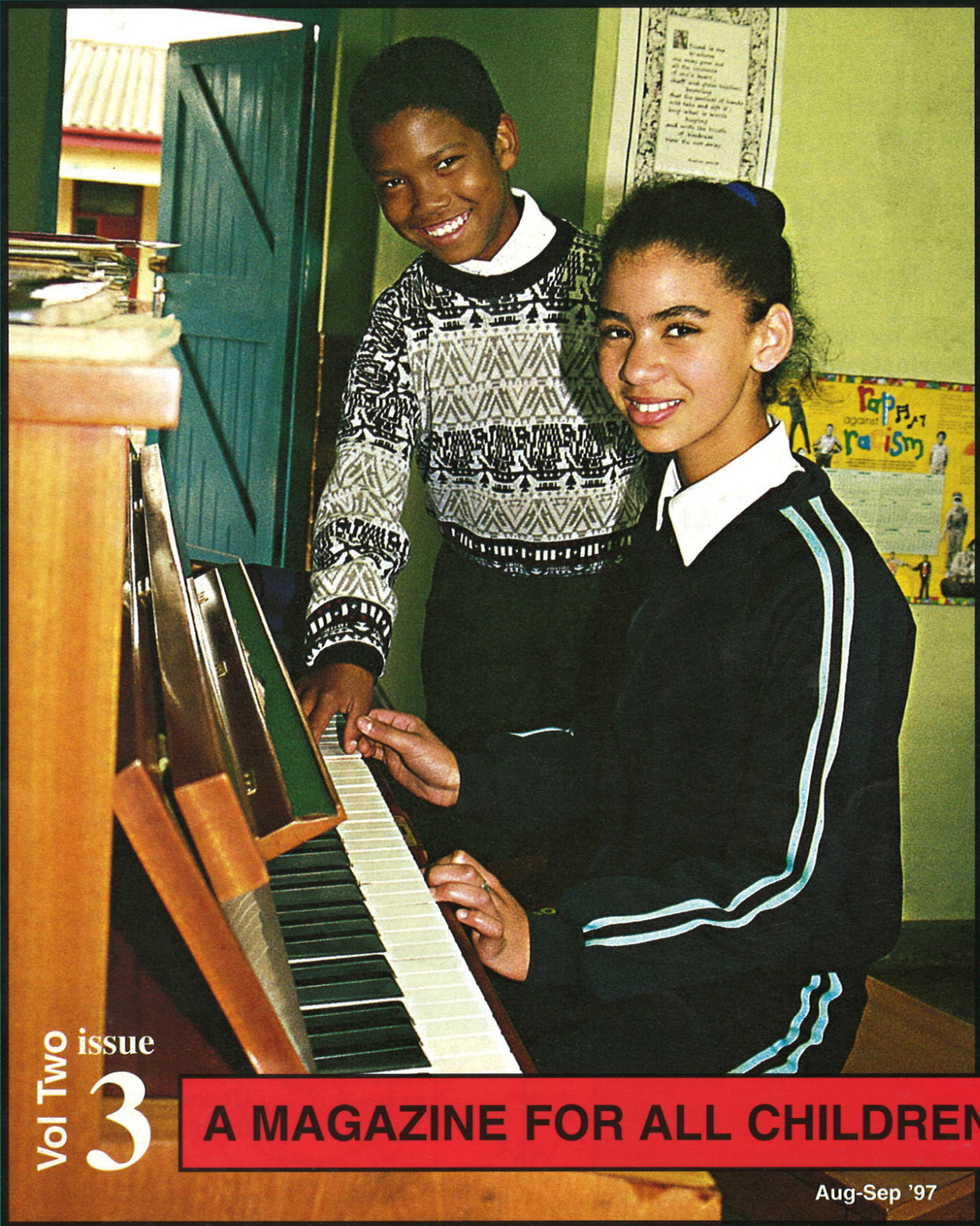


MOL

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Vol Two issue
3

A MAGAZINE FOR ALL CHILDREN 50c

Aug-Sep '97

Hallo Maats

Stel jou die lewe voor sonder klank en musiek. Moeilik nê? Ons sing en maak musiek wanneer ons gelukkig, ongelukkig of eensaam voel. Ons dans op die maat van musiek of sit sommer net daarna en luister. Musiek is oral.

In hierdie uitgawe kan julle leer hoe om musiek te lees en meer uitvind oor verskillende musiekstyle en -instrumente. Lesers gesels ook oor hul gunsteling musiek en sangers.

Skryf en vertel ons wie julle gunsteling musiekkunstenaar is.

Sien julle weer volgende keer!

Julle maat,

Molo

Molweni Bahlobo

Khawu cinge nje ukuba kungabanjani na ukuba singahlala ngaphandle komculo kunye nezandi. Kunganzima, akunjalo? Siyacula kwaye senze umculo xa sonwabile, sidakumbile okanye xa sisedwa. Siyawudanisela umculo okanye sihlala nje siwumamele. Umculo ukho kuyo yonke indawo.

Kweli ihlelo ungafunda ngokuba ungawufunda njani umculo, kwaye ungafunda ngemiculo eyahlukeneyo kunye nezixhobo ezahlukeneyo zomculo. Abanye abafundi bathetha ngomculo abawuthandayo kunye nabaculi abagqamileyo.

Sibhalele usixelele ngomculi omthandayo.

Ndizakubona kwixesha elizayo
Owakho umhlobo

Molo

Important Dates

National Women's Day - 9 August

Arbour Day - 6 September

Heritage Day - 24 September

Hello Friends

Imagine what it would be like to live without sound and music.

Difficult isn't it? We sing and make music when we are happy, sad or lonely. We dance to music or simply just sit and listen to it. Music is everywhere.

In this magazine you can learn how to read music and learn about different musical styles and instruments. Some readers also talk about their favourite music and pop stars.

Write and tell us about your favourite pop star.

See you next time

Your friend,

Molo



Free Gift!
Molo has a free bookmark ruler for you inside this magazine. It will remind you of your protection plan. *Have fun!*

Ingesluit is 'n boekmerk-liniaal vir julle. Onthou die boodskap daarop. Dit is belangrik om juis self te beskerm.

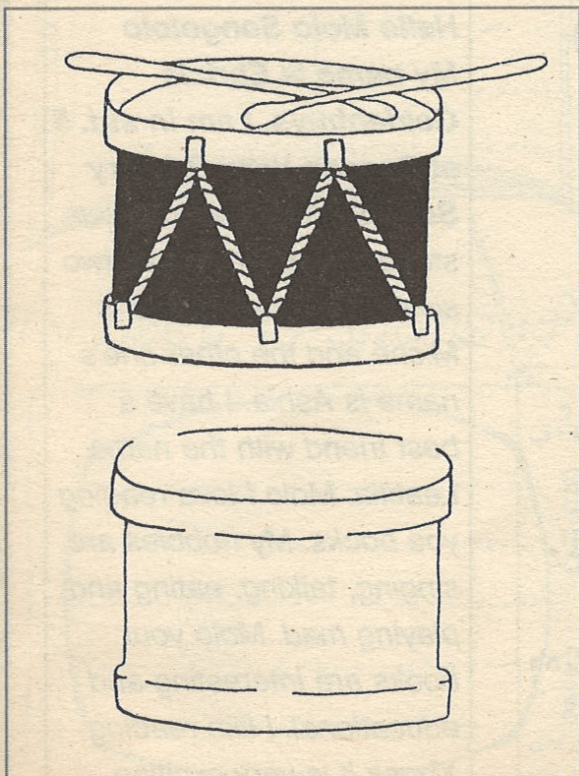
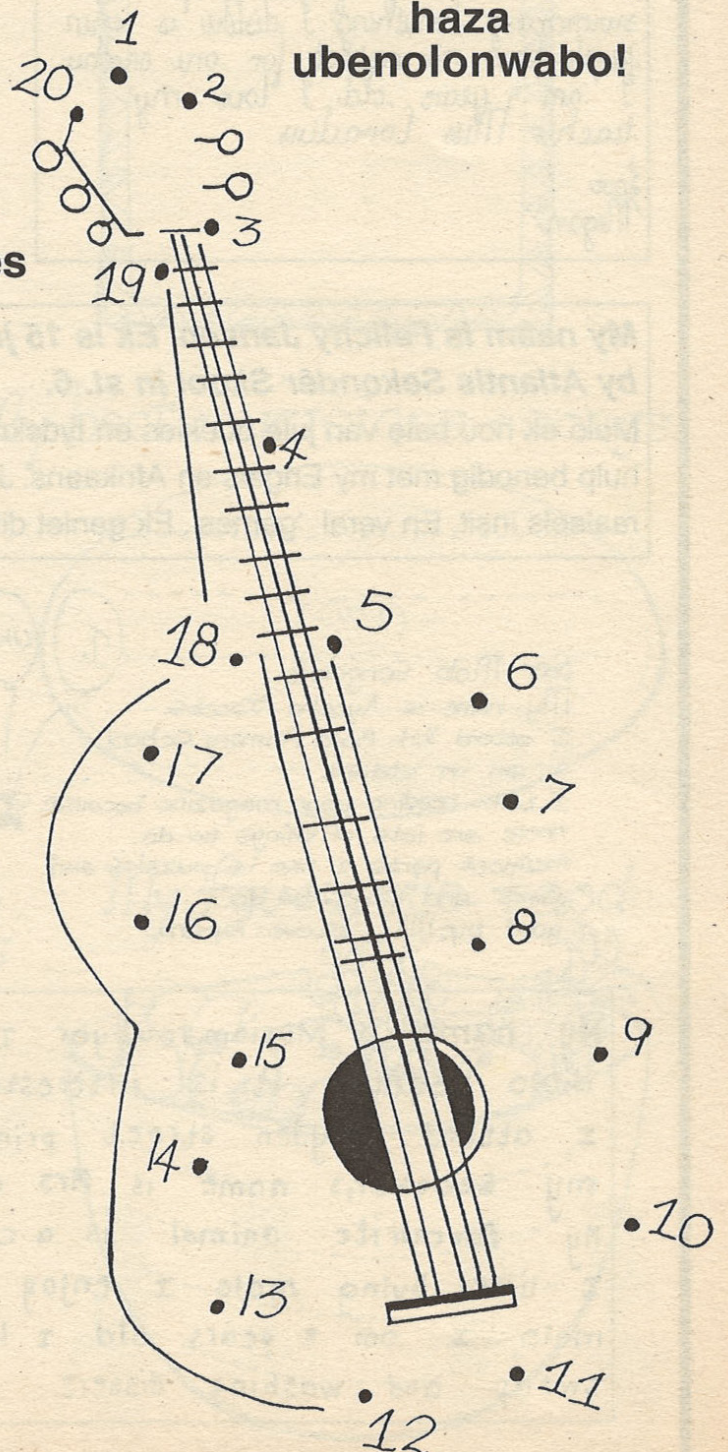
UMolo ukufakele iruler yokwahlula incwadi kulena imagazini. Izakukhumbuza ngokhuseleko lwakho. Ubenexesha elimnandi.

Molo Songololo
P.O. Box 43326
Salt River
7925

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**ICHAPHAZA
ECHAPHAZENI
ULONWABO NGOM-
CULO
Dibanisa amachap-
haza
ubenolonwabo!**



Kyk of jy my kan teken



children's

My name is Megan Fredericks I like reading Molo Magazine I am in standard 2 at West End primary Mitchell's Plain. Every month I buy the Molo Songololo Magazine. The articles are very interesting. Whenever I am not busy in class I read Molo books. My favourite sport is swimming. Something I dislike is when people have no respect for one another. I am 9 years old I love my teacher Miss Cornelius.

Love
Megan

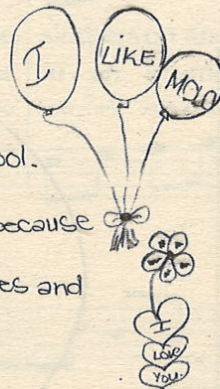


Liewe molo my naam is Victoria en my van is Engellbrecht ek is st.1 ek hou so van Julle boekke en Julle moet nog boekke skryf. Ek het n ma en n pa en ek het ook n suster en haar naam is Lindsay.

My naam is Felicity Jansen. Ek is 15 jaar oud, Ek bly in Atlantis. Ek gaan by Atlantis Sekondêr Skool in st. 6.

Molo ek hou baie van jule boekies en tydskrifte. Dit help my baie. Ek wil graag julle hulp benodig met my Engels en Afrikaans. Julle moet ook meer artikles en blokkies-raaisels insit. En veral 'games'. Ek geniet dit vreeslik. Dis vir my baie interessant.

Dear: Molo Songololo
My name is Ayesha Jacobs.
I attend York Road Primary School.
I am in std:3a.
I Love reading your magazine because there are lots of things to do.
The most parts I like is puzzles and games and things to do.
good bye!!!! Love: Ayesha.



My name is Mariam, Joubyor I like molo because it is interesting I attend Dryden street primary my teacher's name is Mrs cotzee My favourite animal is a cat, I like bying molo I enjoy reading molo I am 8 years old I like to sweep and washing dishers.

Hello Molo Songololo My name is Ebricia Geldenhuys. I am in std. 5 at Beacon View Primary School. I like reading your stories I enjoy it. I have two sisters the one's name is Miché and the other one's name is Ashia. I have a best friend with the name Leatitia. Molo I love reading you books. My hobbies are singing, talking, eating and playing mad. Molo your books are interesting and educational. I like reading Xhosa it is very exciting.

Letters!



My naam is Octavia Fitzpatrick. Ek is in St. 36 en my skool se naam is Alpine Primêr. My klas onderwyser is Mnr. N. Cornelson Ek is 10 jaar oud Ek verjaar op die 25 Junie dan is ek 11 jaar oud. Ek hou baie van Molo Songololo stories want ek leer baie daaruit. My skoolhoof se naam is Mnr. C.J. Moses. My beste vriende is Leigh Ann, Jadette, Lameez en Kayla. Stokperdjies is modelwerk, sing, lees en Ballet. Ek hou baie van Molo se speletjies.
Groete Octavia

My name is Rustum. I am in standard 1 at Kannerreyer primary school in Grassy Park. My principals name is Mr. Davids. The teachers are very nice at our school. We have flowers at our school. The colours are green and white. I like reading molo and my mommy too

My naam is Craig Jacobs. Ek is in St. 40 en my skool se naam is Dennewêre Primêr en my stokperdjie is swem en ek is 11 jaar oud.

Molo

SONGOLOLO

A MOTHER

**A MOTHER IS SOMEONE YOU CAN LOVE
CARE FOR AND WHEN YOU SCARED.
YOU CAN CUDDLE UP IN HER BED.
AND WHEN YOU ARE SAD.
YOUR MOTHER NEVER THINKS YOU BAD.
SO NEVER GET CROSS BECAUSE YOUR
MOTHER'S THE BOSS.**

BY FADL ABRAHAMS

PEN PALS



Cristal Valentine (girl), 13
54 Beaufighter Crescent,
Rocklands, Mitchells Plein,
7785.

South Africa

"My hobbies are swimming, soccer, netball, skating, volleyball and softball."

A yuta Niebuj (girl), 16
ul. Duwbôr-Musnickieyu 23,
66-400 Ljurzûw WLkp,
Poland

"I love music (especially rock), books, animals and long journeys. One day I would like to journey around the world."

Sinazo Ndamane (girl), 12
F 60 Mantashe
Khayelitsha, 7884
South Africa

"I like Playing netball. I like eating macaroni, rice and mince. I would like pen pals from America, Poland and Italy."

Ilse Van Haggelund (girl), 12
e-mail: dirk.vanhaute@glo.be or
Basil@mail.dma.be,
Belgie

Ik heb nog 3 zussen Sofie, Annick en Ine. Mijn hobby's zijn klarinet spelen, knutselen en in-line skaten.

Cecile Steenkamp (girl), 11
P.O.Box 1800, Bellville, 7535.
South Africa

"I would like to correspond with a Xhosa speaking girl. I love reading, drawing, music and netball. I would like to sharpen my Xhosa writing skills."





MUSIC



Learning to read and understand music is like learning a new language. But instead of words it has notes, signs, symbols and terms with special meanings. All music is built on these principles. There is a lot to remember so you will need to practise before you can read music quickly and accurately. Ask your teacher or a friend who can read music to help you understand these two pages.


NOTES:


The length of a sound is shown by a specific note:

			
Whole note Hold the note for 4 beats Count: 1, 2, 3, 4	Half note Hold the note for 2 beats Count: 1, 2	Quarter note Hold the note for 1 beat Count: 1	Eighth note Hold the note for 1/2 beat. Count: (for 2 notes) ♪♪ = 1, and



Try to beat out these rhythms with your hands, or clap the beat on a drum.


 sing - ve - ry - loud - ly - and - frigh - ten - the - neigh - bours


 sea - weed ni - so - to and tu - na - fish sand - wick - es

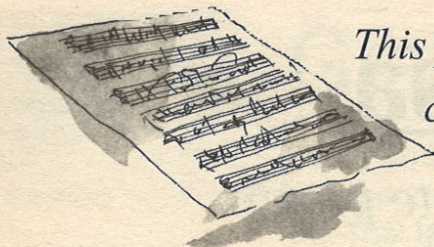


BAM-BAM
 BA-LOO-BAH
 DOO-BY
 DOO-BY
 WAH-WAH

READING MUSIC

Music is written on a *stave*. A staff consists of 5 lines and 4 spaces. Notes are written either on a line or in a space.

space 1		line 1
space 2		line 2
space 3		line 3
space 4		line 4
		line 5

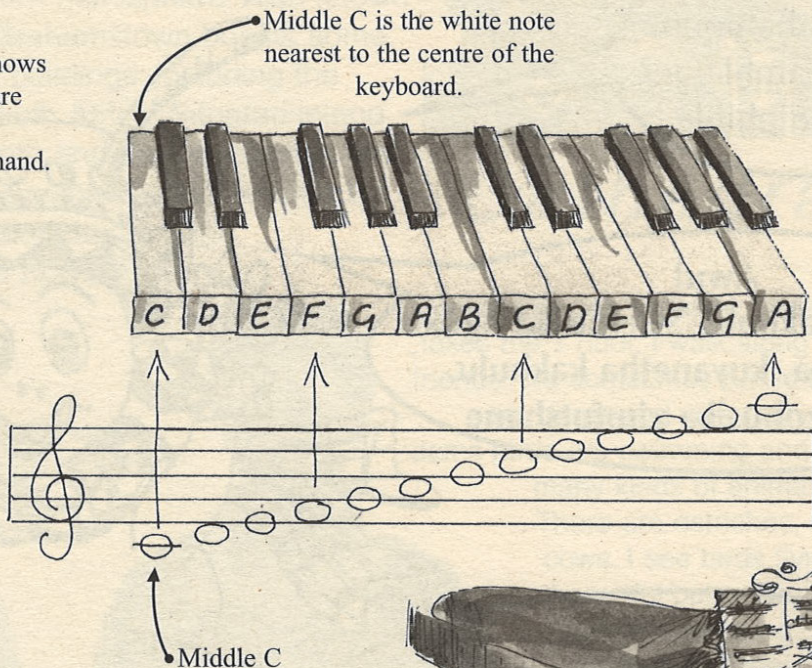


This picture shows how the lines and spaces on a staff correspond to the keys on a keyboard.

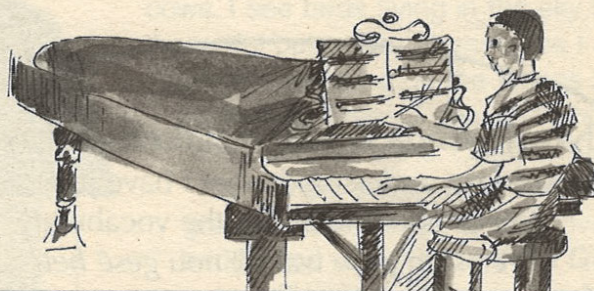
Notes are named after the first 7 letters of the alphabet: A B C D E F G

BASS CLEF:
This symbol shows that the notes are below middle C and played with the left hand.

TREBLE CLEF:
This symbol shows that the notes are above middle C and played with the right hand.



When the tune goes up, the notes go up on the staff. When the tune goes down, the notes go down on the staff.



What are the names of these notes?

Timing:
These numbers indicate the number of beats in each bar.

Bar:
Bar lines divide the stave in bars.

Write down the names of the notes.

Double bar lines show the end of the music.

Masifunde isiXhosa

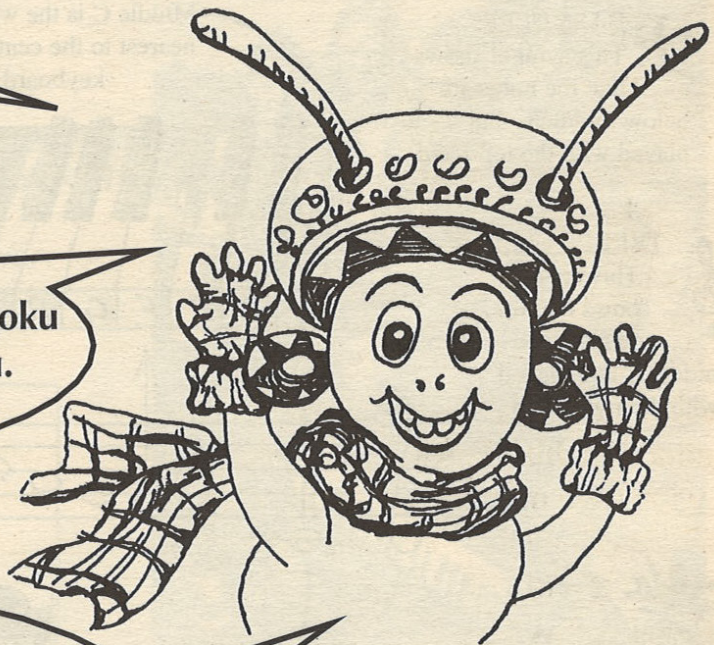
(Learn to speak Xhosa - *Leer om Xhosa te praat*)

Molweni bahlobo!
Kunjani namhlanje?
Mna, ndiphilile

Awu!
Kuyabanda kakhulu. Sisebusika ngoku
apha eKapa, kuyanetha kakhulu.
Iinstuku zobusika zimfutshane

Niyayiqonda le nto endithetha ngayo?
(Have you understood what I have just said?
Check issue no 97 for the vocabulary.
Verstaan julle wat ek nou gesê het?
Gebruik die woordeskat in uitgawe no 97)

Nisawakhumbula
amaxesha onyaka?
Zama ukuvala izikhewu



Amaxesha onyaka - Seasons - *Seisoene*

ihl__b__

summer

__om__r

__kwindl__

au__mn

__erfs

ubusika

w__nter

__inter

intwas__hlob__

spr__ng

l__nte

Tshatisa igama nomfanekiso

(Match the word with the picture - *Verbind die woord met die tekening*)

inyama

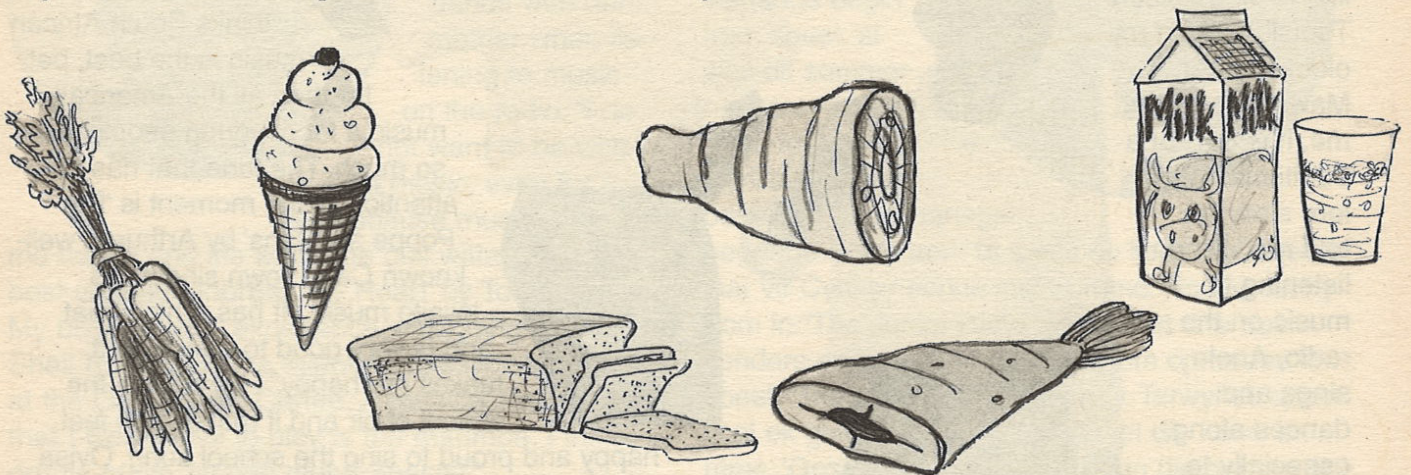
iminqathe

ubisi

i-ayiskrim

isonka

intlanzi



Ebusika kufuneka sinxibe impahla efanekileyo.

Khetha impahla efanekileyo, ngokufakela u kwibhokisi esecaleni kwayo.

(In winter we must wear suitable clothes. Choose the correct clothes, by putting a in the box. - *In die winter moet ons die regte klere dra. Kies die regte klere deur 'n in die blok langsaan te sit.*)

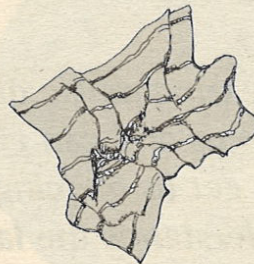
Ebusika ndinxiba.....



ushoti



iimbadada



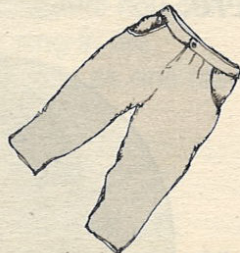
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ibhulukwe



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isikhafu

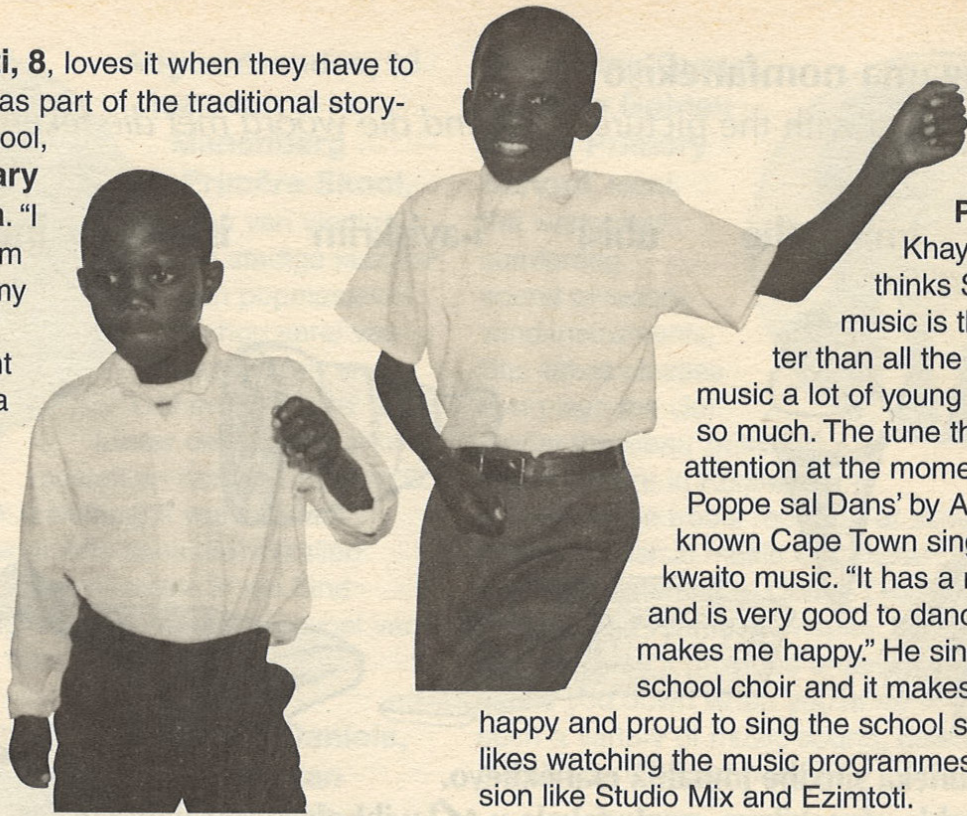
Isambuleni

Ewe, ebusika sinxiba impahla efanekileyo.
Ukuba kuyanetha ndiphatha isambuleni



Written by Andrew Kruger from Teaching and Learning Resources Centre (TLRC), University of Cape Town, Private Bag, Rondebosch, 7700, Tel 650 3276 (copyright)

Anele Skolpati, 8, loves it when they have to sing and dance as part of the traditional story-telling at his school, **Soyisile Primary in Khayelitsha**. "I like to sing 'Skelm Tsotsi', a song my older brother, Mawande, taught me. It is part of a traditional folklore story he told me." When listening to music on the radio, Anele sings and dances along, especially to the fast rhythmic music.



Oyisa Sono, 10, **Soyisile Primary, Khayelitsha**, thinks South African music is the best, better than all the American music a lot of young people like so much. The tune that has his attention at the moment is 'Die Poppe sal Dans' by Arthur, a well-known Cape Town singer. It's kwaito music. "It has a nice beat and is very good to dance to. It makes me happy." He sings in the school choir and it makes him feel happy and proud to sing the school song. Oyisa likes watching the music programmes on television like Studio Mix and Ezimtoti.

Future Stars?

All children grow up hearing music of some kind or other. Music and song means so much to all of us and can change the way we feel. It can give a message, tell a story or get us dancing. It also brings people together because everybody understands the language of music. Let's hear what music means to some music lovers out there.

Xola Louw, 12, sings tenor in the choir at his school, **Chuma Primary in Khayelitsha**.

"American gospel and choral music is my favourite type of music. It lifts my spirit and makes me feel good. I also like American rap music. I think the group, Snoop Doggy Dog, is very good. I like listening to the music on Midday Breeze, a television programme, where I hear most of the music I like." *Letta Mbuli is one of the South African singers that he admires. Music is important to give joy and it brings people together at celebrations like weddings. Jazz and reggae is about the only music that Xola does not like.*



Shonelle Adams, 12 jaar, van **Manenberg**

Primêre Skool, dink musiek in die klaskamer is 'n baie goeie idee. In sommige klasse speel die onderwysers musiek terwyl die leerlinge werk en Shonelle dink dit laat hulle harder werk en beter konsentreer. Sy hou van rap en pop-musiek en van dans. "Music keeps South Africa alive. My gunsteling sangers is Mariah Carey en Janet Jackson. Ek hou nie baie van Suid-Afrikaanse musiek nie."

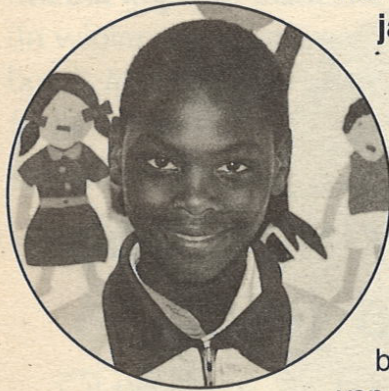


Thulani Ndlela, 10, from Zimasa Community School in Langa,

likes to dance with her mother when listening to music on the radio. "I do not want to be without music, even for a day, because music makes

me happy and life would be dull without it. My best song is 'Unbreak my Heart' by Toni Braxton. My best musical experience was going to the Shell Road to Fame talent competition last year at the Good Hope Centre. A musical instrument that I would love to play is the marimba. I think drums make African music special."

Randal Daniels, 11 jaar, van Dagbreek Primêr,



sê musiek is baie belangrik in sy lewe en hy sal glad nie sonder musiek kan klaarkom nie. Sy beste musiek is die van Michael Jackson en

Bad Boys. Randal hou ook van die klank van klavier. "Ek sing in die skoolkoor en voel trots en gelukkig as ons die skoollied sing."

Neliswa Nocwanya, 13, from Chuma Primary,



says gospel and coral music is closest to her heart. She feels nice and peaceful listening to it. Neliswa herself sings first soprano in the

school choir and hopes to sing as well as Rebecca Malope one day. "I like to dance to rap music but can't listen to jazz music. It is too difficult to understand. Music can change the way you feel or you can sing the way you feel, like at funerals when the singing is sad."

Cyril Scheepers, 12, van Red River Primêre Skool,



het reeds as 'n vierjarige begin trom speel, al was dit sommer net op sy speelgoed-tromme. Cyril se ma het besef dat dit sy hartsgebegeerte is om trom te speel en koop toe verlede jaar vir Cyril sy eerste stel tromme. Nou speel hy trom in "The Junior Band" saam met drie ouer tienders en is selfs in aanvraag om op troues te speel. "Tromme doen baie vir my. Terwyl ek speel voel ek gelukkig en bly. Ek ge niet die klank en ritme. 'Gospel music' lê my na aan die hart en ek wil graag daarby hou. Ek sal nie omgee om net so bekend soos Johanathan Butler te wees nie."

Michca Williams, 10,

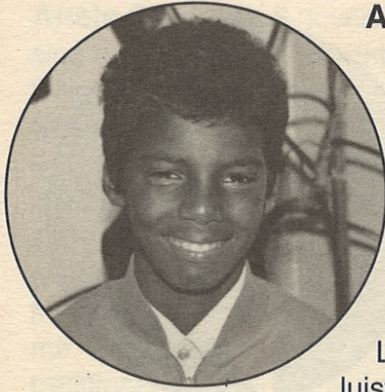


is in haar element as sy kan sing, alleen of saam met haar jonger suster, Sheena. Michca was net vier jaar oud, toe het sy al saam met die kerkkoor gesing. Sy sing sonder begeleiding en sê sy het haar sangtalent van beide haar

ouers geërf. Met 'n bietjie hulp by die skool, **Red River Primêr,** het Michca haarself leer musiek lees en op nege het sy die eerste prys gewen in 'n kerksangkompetisie in die Wes-Kaap. "Ek hou baie van Mariah Carey, maar sal graag eendag 'n bekende 'gospel'-sanger wil wees. Die mense moet kan sien dat Manenberg iets goed kan oplewer, nie net bendes en probleme nie."



Music keeps South Africa alive



Angus Arendse, 13 jaar, van Manenberg Primêre Skool, hou van vinnige en stadige jazz en van popmusiek. Hy hou veral van Boyz to Men en Luther van Ross. "Ek luister ook na plaaslike musiek en hou van Sharon D.

en Arthur. Musiek is belangrik want dit laat mense gelukkig voel. Iets soos die volkslied word by alle groot byeenkomste in die land gespeel en gesing. Dit gee mense 'n gevoel van belangrikheid en trots."

Eloise van Gysen, 12, from Golden Grove Primary School, loves the warm and comforting sound of woodwind instruments. She takes classes and plays the clarinet at the Beau Soleil Music Centre in Kenilworth and plays the treble recorder at school. Eloise prefers classical music like Mozart or Bach but also likes listening to Celine Dion, Spice Girls, X-Files, and Alanis Morissette. "Music is important because it provides entertainment and calms you down when you're nervous. There is such a variety of music sound, different styles suitable to different people."



Lucrecia Daniels, 11 jaar, van Dagbreek Primêre Skool in Heideveld, luister graag na rap en populêre musiek op die radio en geniet dit om saam met haar maats te dans.

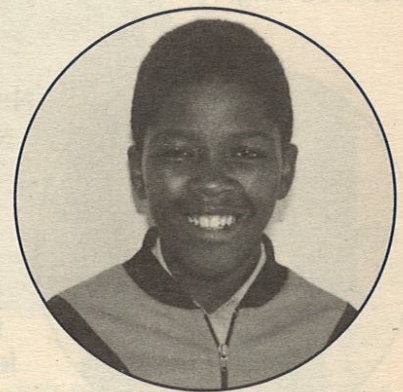
Lucrecia hou veral van Mariah Carey. "Ek sal daarvan hou om tromme te kan speel. Die ritme en klank is so lekker lewendig. Die kerkliedere en orkes in die kerk is ook mooi om na te luister. Ek was al by Nuweland stadion om na Franklin Graham te luister. Dis goed om die sangers in lewende lywe te sien."

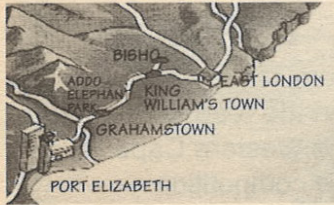


Carlo Cencherle, 12 years, sings in the St. George's Cathedral, an experience he does not mind working hard at - they practise on Fridays and sing on Sundays. His best classical music is Chopin and

the music and songs of Celine Dion, Alanis Morissette, Spice Girls and Insomnia are some of his favourite popular music. Carlo gave up piano practice when he was younger but would like to play the guitar some day soon.

Sinethemba Vukubi, 13, from Zimasa Community School would like to play the trombone like his friend does, or a piano because he loves the sound. He believes music is good and right because it can give messages and educate people. "I like popular music by people like R. Kelly, but also like to listen to gospel singers like *Rebecca Malope*. Gospel music at Mandela Park in Khayelithsa is the best live music I've heard. I also like listening to the choir in church.





Grahamstown

Today Grahamstown is a commercial, educational and cultural centre. The 1820 Settlers'

Monument is the hub of the biggest annual Arts Festival in the southern hemisphere. Also known as 'Cathedral City', Grahamstown boasts some of the oldest historic buildings; including the oldest post box in South Africa. Situated inland between Port Elizabeth and East London in the Eastern Cape; Grahamstown is surrounded by mountains, valleys, plateaux and the Great Fish River and Kowie River.



Cathedral City

"I have a long distance to walk from school. It takes me 1 hour. I walk along the road with my friends. We sometimes run in the mornings. We pass dams and very high mountains. In the dams birds are swimming and I see frogs. I see many kinds of animals along the road. There are ostriches, sheep, goats and cows. I see birds flying in the sky and beautiful butterflies. Sometimes I see monkeys climbing on the fences and up the high trees. I see springboks, kudu and baboons. One morning I saw a big snake wriggling in the grass. I was afraid. We walk over a bridge and under it flows the Great Fish River..."

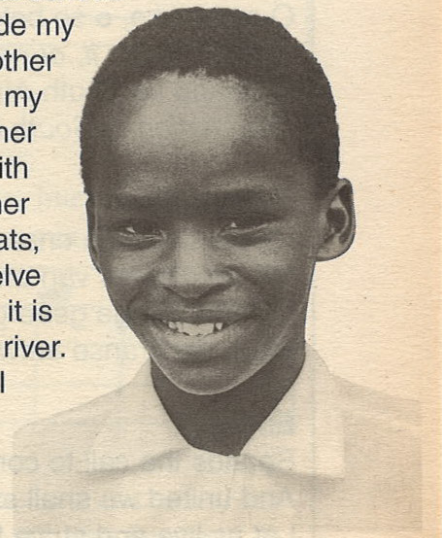
Julia

"I live on a farm near Grahamstown in South Africa. I like my school. I like to read my books and I like sport, especially soccer and running. We have football grounds at school.

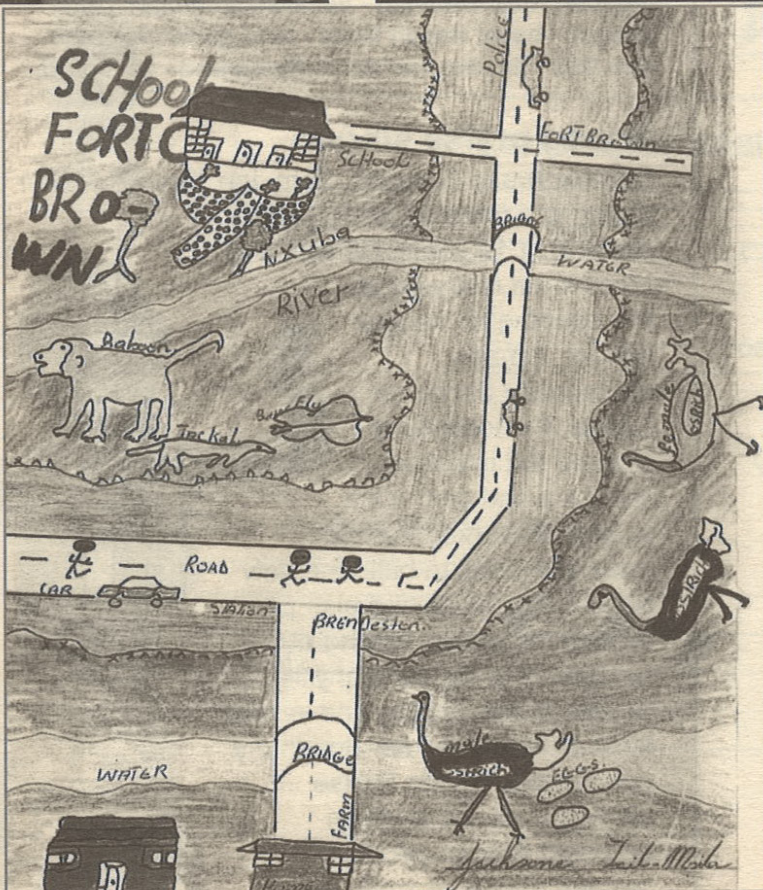
I also like to ride my bicycle. My mother gave it to me on my birthday. My father is dead. I live with my grandmother and I have two cats, two dogs and twelve chickens. When it is hot I swim in the river.

On Sundays I catch fish. This is the end of my story..."

Simphele 12



Left: Funiwe
Right: Julia

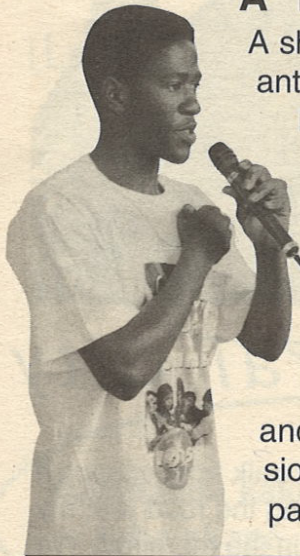


These stories and drawings are taken from the book *In Our World*. It was written and drawn by farm-school children near Grahamstown. For copies write to Southern Book Publishers (PTY) Ltd, P.O. Box 3103, Halfway House 1685.

Update!

A "New" Anthem

A shorter version of the anthem has been approved by the cabinet. It has four verses sung in four different languages (Xhosa, Sotho, Afrikaans and English). The tune is the same as that of Nkosi Sikelel' iAfrika and Die Stem. This new version has yet to be ratified by parliament.



The New National Anthem

(English translation in brackets)

Xhosa:

Nkosi Sikelel' iAfrika
(Lord bless Africa)
Maluphakanyisw' uphondo lwayo
(Let her horn/banner be raised)
Yizwa imithandazo yethu
(Hear our prayers)
Nkosi Sikelela, thina lusapho lwayo
(Lord bless us, her family)

Sotho:

Morena boloka setsjaba sa heso
(Lord save our nation)
O fedise dintwa le matshwenyeho
(Stop the wars and suffering)
O se boloke, o se boloke setjhaba sa heso
(Save it, save it, our nation)
Setjhaba sa South Africa, South Africa
(The nation of South Africa, South Africa)

Afrikaans:

Uit die blou van onse hemel
Uit die dieptes van ons see
Oor ons ewige gebergtes
Waar die kranse antwoord gee

English:

Sounds the call to come together
And united we shall stand
Let us live and strive for freedom
In South Africa our land

On The Road To Fame

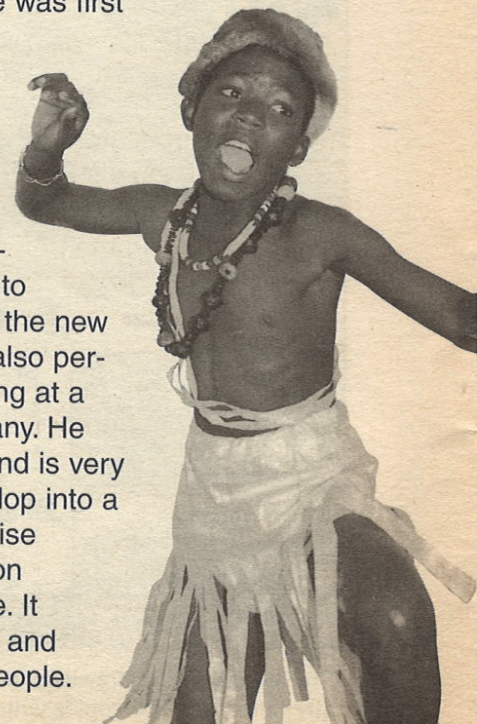
Pepper is a young pop band from Tamboerskloof and Gardens on the road to fame. The group made it into the Western Cape finals of the Shell Road to Fame competition.



Pepper: Niels Bouman - vocals/lead guitar; Tom Kruger - bass; Hagen Rode - lead guitar; Matthijs van Dijk - drums; and Arne Hildebrand - keyboard.

Young praise singer

Ntshokolwana Bongani, from Joe Slovo Squatter Camp is a talented praise singer at the age of 12 years. He was first discovered last year at the opening of his new school, Zimasa Community School in Langa. Ntshokolwana praised the principal, teachers and community who all worked hard to raise the funds to build the new school. Ntshokolwana also performed his praise singing at a function of a big company. He enjoys praise singing and is very keen to learn and develop into a good praise singer. Praise singing is an old tradition amongst African people. It heralds people, events, and whole generations of people.



Lekker Local Music

Founded in 1990, Black Noise, a rap group, has already released two successful albums. In December 1994 they took part in a movie made for the United Nations dealing with youth around the world.

Some of its members first started out as 'break dancers' and 'spray can artists' 15 years ago. Black Noise use their music to address local social and political issues. They find that all over South Africa people interact and identify with each other through hip hop.



Hip hop and Reggae on Robben Island

"Nobody knows the hell we've been through" is the title of the song composed on Robben Island by ten young hip hop and reggae artists. The artists rehearsed, composed and recorded music during the Youth Music Project of the Robben Island Museum during the month of April 1997.

The young artists also shared their experiences and performed for high school students on a day trip to the island. They performed three 30-minute shows in the courtyard of the prison's B-section. Parts of the show were broadcast on both Bush Radio and Good Hope FM, as well as on Swedish television news.

The project will also be featured on German and South African editions of Youth Network Television later in the year.

"Like candles we must shine..."

Less crime, education for street children and houses and jobs for the poor are wishes children have for the future. Children from 9 schools in the peninsula took part in a workshop to celebrate Children's Day (1 June 1997). They spoke about recent history in South Africa and celebrated their common future. This Children's Ubuntu Project was organised by the St. George's Cathedral Foundation. Children from Disa Primary all agree that they have learned a great deal. "We wrote and sang about the wrongs and problems of the past. We learned how badly people were treated by the police, about squatter camps and forced removals, poverty and political prisoners." At the end a candle was lit that meant "children must shine like candles for the future".



Vibrant at the roots...

Heshoo Beshoo (meaning Go Forward) had great success since they started out in 1987 as a cultural youth group in Langa, Cape Town.

Stuck to their African roots, the group provides good entertainment and are vibrant stage performers.

During the 1990's,

Heshoo Beshoo became a leading traditional African music and dance

group. At present, the group consists of six male drummers and marimba players and four

female vocalists/dancers. Heshoo Beshoo has toured in Canada and the US both in 1991 and 1993

as part of the International Children's Festival. They also

toured all over South Africa and performed with major African artists such as Manu Dibango and Hugh Masekela.



From left: Antonio Martin, Mogamat Sedick Isaacs, Janice Petersen, Chantel Solomons, Fatiema Safodien, Nigel Michaels and Cheri-Lee Abrahams.

The Birds and the Bees

You are special

No two children are ever the same - There is only one like you in the whole wide world. You are as important as any other child, no matter whether you are a girl or boy, black or white, rich or poor. All children are equal.



Why do you look the way you do?

Do you have a nose, hair or eyes like your mother or father? You inherited your looks from them. They in turn inherited these things from their parents. All these characteristics are carried in the two cells that begin our life. We will in turn pass it on to our own children.

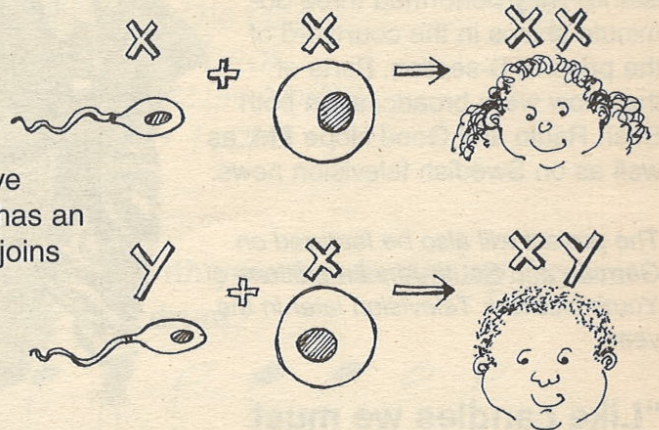


What are genes?

The kind of characteristics we pass on depend on tiny things called **genes**. Genes are found in the cells of our bodies. Half our genes come from our mother and half from our father. Other things also affect the way you are and the way you look. These include exercise, the food you eat, what you learn and where you live.

Girl or Boy?

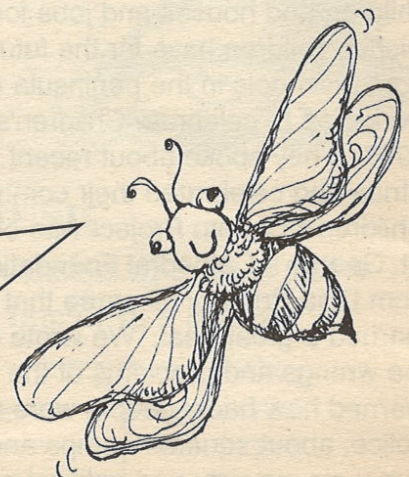
The moment the sperm cell from the father joins with the ovum (egg cell) of the mother, the sex of the baby is established. The sex genes are carried in chromosomes called X or Y. Sperm cells have either an X or Y chromosome, while an ovum only has an X chromosome. If a sperm with an X chromosome joins with the ovum, it will be XX (a girl); if it is a sperm with a Y chromosome it is XY (a boy).



How do you get twins?

Twins

Identical twins form when one ovum and one sperm join, then split into two and continue to grow as two foetuses. They share one placenta. Non-identical twins form when two different ova are fertilised by two different sperm.



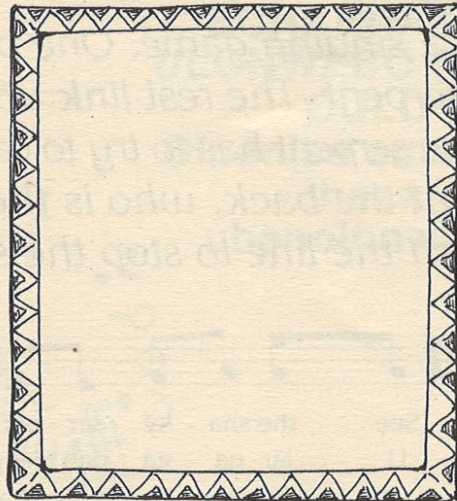
Write to Sisi Nomhle with your questions about growing up - P.O. Box 43326, Salt River, 7924

ABOUT ME

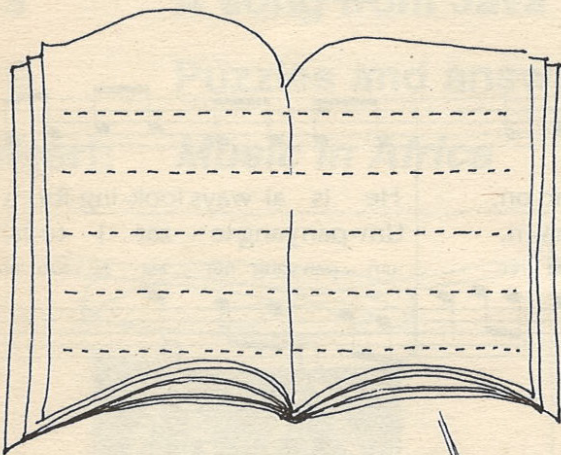
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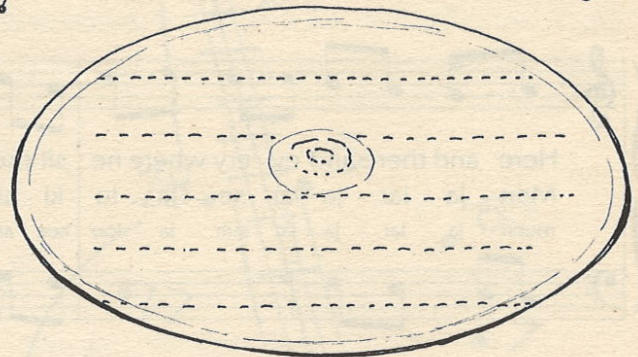
My Portrait



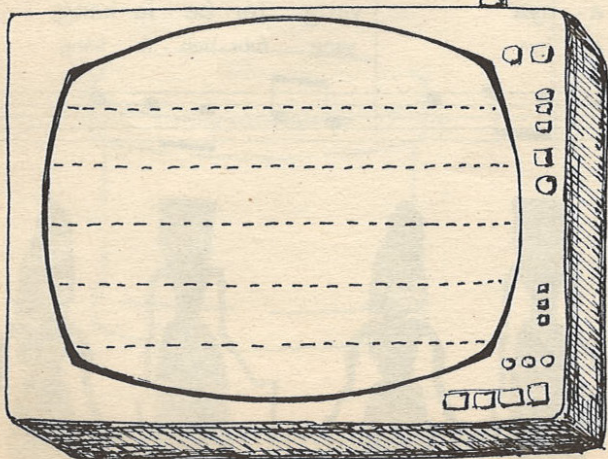
My best books + stories



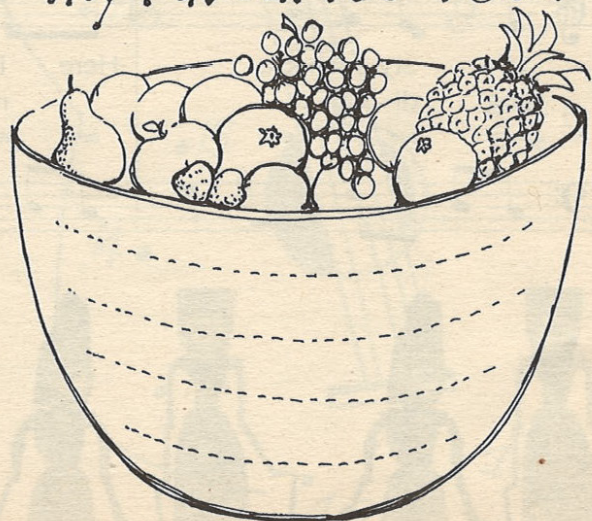
My best musicians + songs



My best TV-shows + films



My favourite food





Java

This is a singing game. One player is the serpent. The rest link up in a line. The serpent has to try to catch the person at the back, who is the food. The other players have to twist and turn the line to stop the serpent from catching the food.

See the sna - ky ser - pent slide, he is ve - ry long,
 U - lar na - ga pan - jang - nya bu - kan ke - pa - lang,
 oo - lar na - ga pan - jang - nya boo - kan kuh - pa - lang

Here and there and ev - ery - where he sli - thers on and on, He is al - ways look - ing for a
 Men - ja - lar - ja - lar se - la - lu ki - an ke - ma - ri, Um - panyang le - zat i - tu - lah
 muhn - ja - lar - ja - lar suh - la - loo kee - an kuh - ma - ree um - pan yang luh - zat ee - too - lah

ta - sty - snack, Here it is, right here, hid - den at the back.
 yang di - ca - ri, I - ni di - a - nya yang ter - be - la - kang.
 yang dee - cha - ree ee - nee dee - a - nya yang tuhr - buh - la - kang



Games and answers

Find the names in the puzzle:

- | | | |
|---------|-----------|-------|
| Country | Jazz | Blues |
| Gospel | Salsa | Opera |
| Soul | Calypso | Rock |
| Reggae | Classical | House |
| Folk | Punk | |

WORD HUNT

K	E	S	P	O	H	O	U	S	E	Z
N	O	A	T	D	U	P	R	M	D	E
U	M	G	S	P	T	E	Z	O	X	C
P	X	B	N	E	G	R	P	A	T	O
T	P	L	M	G	O	A	Z	C	E	P
P	V	U	A	O	E	O	E	L	S	C
X	E	E	P	S	A	L	S	A	R	O
N	V	S	G	P	E	W	L	S	I	U
F	W	Y	O	E	J	J	W	S	V	N
O	S	P	Y	L	A	C	X	I	K	T
L	O	Y	V	L	Z	C	K	C	O	R
K	U	K	C	I	Z	P	X	A	S	Y
T	L	Y	X	E	L	O	I	L	T	R

Music Mix

Rearrange these letters to find the musical instruments.

- uelft _____
- pppsanie _____
- speclpar _____
- ehilswt _____
- hxpelyono _____
- ptutmer _____
- iedfld _____
- livnoi _____

answers • answers • answers • answers • answers • answers

Turn the page upside-down and see which answers you have found.

inyama iminqathe ubisi i-ayiskrim isonka intlanzi

1. uelft
2. ppsanie
3. speclpar
4. ehilswt
5. hxpelyono
6. ptutmer
7. iedfld
8. livnoi

Rearrange these letters to find the musical instruments.

Music Mix

8 livnoi
7 iedfld
6 ptutmer
5 hxpelyono
4 ehilswt
3 speclpar
2 ppsanie
1 uelft

T	L	Y	X	E	L	O	I	L	T	R
K	U	K	C	I	Z	P	X	A	S	Y
L	O	Y	V	L	Z	C	K	C	O	R
O	S	P	Y	L	A	C	X	I	K	T
N	V	S	G	P	E	W	L	S	I	U
X	E	E	P	S	A	L	S	A	R	O
P	V	U	A	O	E	O	E	L	S	C
T	P	L	M	G	O	A	Z	C	E	P
P	X	B	N	E	G	R	P	A	T	O
U	M	G	S	P	T	E	Z	O	X	C
N	O	A	T	D	U	P	R	M	D	E
K	E	S	P	O	H	O	U	S	E	Z

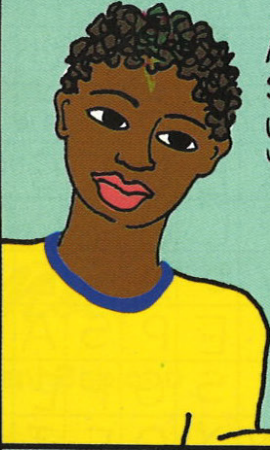
TERRY



Know your full name and where you live.



My name is Terry Thanswani. I live at number 67 Station Road, Observatory in Cape Town. My phone number is 4485421.

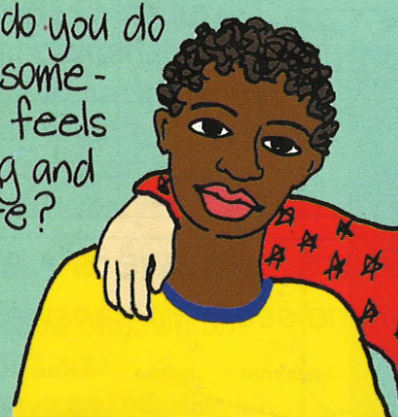


Always tell someone you trust.



I tell my mother where I go and when I feel bad about something. Even if it is a secret.

What do you do when something feels wrong and unsafe?



Say NO! Yell, run and tell! That is my motto!

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