Altoona Athletic Booster Club

General Board Meeting

August 21, 2024

[www.altoonaboosterclub.com](http://www.altoonaboosterclub.com)

Call to order at 6:30pm

Treasurer’s Report:

See Treasurer’s Report, Motion by Jeff and 2nd by Sadie - Approved

**Requests:**

Boys’ basketball

* Doctor dish shooting machine
	+ There are 3 levels that range in price from $4k to $6k
* They will give $3k to trade in the old one
* Boys and girls basketball use it
* Backcourt and frontcourt can help with the costs
* It’s not great for practice, but open gyms and after practice
* It is over 5 years old
* The most expensive one isn’t worth it because we don’t typically use all of the technology tracking features that it offers
* Asking for $3k
* Jeff motion – Craig 2nd – no opposed - Approved

**General Discussion:**

* Fall Scrap drive dates to be locked in soon
* Fall sports meeting to hand out flyers with sign-up genius QR code
	+ Signups are looking great – Thanks Coaches!

Coaches

 Girls’ soccer

* Nice spring
* Injury free (mostly)
* Looking to do a weekend tournament
* Relies heavily on Fall Creek contingent
* Good interest in MS youth sports
* 4th in MBC

 Boys’ soccer

* Almost everyone back, didn’t graduate anyone
* Still young, might have some freshmen play varsity
* Wrightstown tournament, will likely request funding support from booster club
	+ Formal request to come
* Asking for parent booster liaison
* Sending concession signup link out again to all the parents in order to try to have concessions open as much as possible
* Moved up to D-II because of the co-op with Fall Creek, but Fall Creek numbers are very low

 Softball

* Finished in middle of MBC
* Won 8 out of last 9 games
* Lost to Ellsworth
* Need some pitching development
* Meeting soon to talk about every other year trip to FL (this is the year)
* Low on good equipment
	+ Pitching machine - if boosters pitch in for this then they can take care of the smaller bills ($2,995). Would require new balls. JV would utilize the old one so there is a need for two at separate fields
		- A formal request will be made for this
* Pitching is coming from youth leagues as well as some good talent coming in at skill positions

 Baseball

* Numbers are good
* Two summer leagues
* Youth leagues are looking good
* Lost 5 good players (3 of 5 regulars)
* For now, will keep program to just a Varsity/JV team

 Football

* Lifting varsity for 2 days a week for an hour in practice
* JV is lifting 3 times a week
* 47 kids out this year (only 6 seniors)
* Scrimmage last Friday went well
* First game this Friday (8/23) at Fall Creek
* 50 kids out for MS 7/8 football
* Good youth numbers coming into the program

 ETS discussion

* Where are we going with ETS?
* Need to see our contract through.
* Boosters’ support was to fund it, but it is not our responsibility to oversee it
	+ Efforts to get something was very appreciated
		- Have seen some good from ETS, but there are some frustrations
		- Don’t want to take practice time away for ETS
* Had to try something to help change the culture
* Some frustration about how ETS was run for offseason programs
	+ Building strength is out of season (and this is the first year that is an emphasis). It’s going to take some time to push kids towards that. Some adjustments to the ETS program are being made.
* Dean of students opened weight room to MS kids this summer, but participation was low
* 8 MBC schools have 5-6 middle school sports performance programs
* Other MBC schools have MS in the weight room and being coached by someone. This needs to be an emphasis of a program so entering 9th grade with developing bodies.
* MS programs need to start playing MBC schedules, so we start seeing them
* Lots of kids are in ETS elsewhere
* We don’t have showers, which is an issue for pre-school lifting, need to start earlier so kids can go home and shower before school
* Other MBC schools have 100 MS kids in the weight room. Can you even get 100 kids in our weight room?
	+ It can easily handle 36 kids at a time, but it needs to get organized
* Not all MBC programs have a stellar weight room, but that doesn’t stop them from using it
* Need to be ways to drive competitive behavior that is different than when we trained (app based, etc)

*January target date to have a proposal in place regarding strength and conditioning*

Next General Meeting to be held at Altoona High School Commons at 6:30pm on September 18th, 2024.

Adjournment at 7:19pm - Motion by Katie and 2nd by Dan