

Subject: [Test 1] February 2022 Newsletter – Healing with love and joy
Date: Tuesday, February 8, 2022 at 6:45:18 AM Eastern Standard Time
From: The Resilience Collaborative
To: Brianna Graham



The Resilience Collaborative

Equipping Health Workers to Recover, Adapt & Grow

Hello members,

We are off to a great start so far this year!

Thanks to members like you, we were able to host productive Planning Sessions to inform the future direction of The Resilience Collaborative. Your inputs will shape the focus of The Collaborative and its activities in 2022. A summary of these sessions will be shared in the coming weeks. We sincerely appreciate everyone who took the time to participate!

We heard loud and clear that Monitoring & Evaluation (M&E) and learning from other members is of great interest. So, please join us for our first **M&E Case**

Study Session with The Foundation for Professional Development (FPD) on Wednesday, **February 9, 2022** (see below for more details). If you haven't received an invitation to this session, please let us know. We are excited to see you there!

We are also delighted to share that this month's newsletter was curated in collaboration with **Doctor Payaso**, a member of The Collaborative. Inspired by [the story of Patch Adams](#), Doctor Payaso provides "clown care" in pediatric hospitals across Mexico and helps health care professionals build resilience in the face of COVID-19. Doctor Payaso trains volunteers in clown care through a [Virtual Certification program](#). People from all around the world can [register](#) for the upcoming certification course to bring clown care to their local healthcare system. To learn more about this program, check out [the brochure](#).

Doctor Payaso also launched a program to support the emotional well-being of frontline health workers in the context of the pandemic. You will find more information about Doctor Payaso in the spotlight section below.

Featured Resources

- "[Autocuidado para personal en primera línea de respuesta en emergencias \(2021\)](#)" es un nuevo curso virtual de autoaprendizaje. El curso presentará un informe de los resultados y las recomendaciones a seguir del "[Estudio de trabajadores de la salud COVID-19](#)", (o estudio HEROES), liderado por la Universidad de Chile y Columbia University, con la colaboración de la [Organización Panamericana de la Salud](#) (OPS). El estudio realizó entrevistas a 9.488 trabajadores sanitarios en Argentina, Guatemala, México, Perú y Venezuela. (Organización Panamericana de la Salud)
- "[Sustain and Retain in 2022 and Beyond](#)" is a brief commissioned by the International Centre on Nurse Migration with contributions from International Council of Nurses, CGFNS International, several National Nursing Associations and other stakeholders. It analyzes the effect of the COVID-19 pandemic on the nursing shortage. Read the suggestions to measure and reduce burnout and improve nurse retention. (International Council of Nurses)

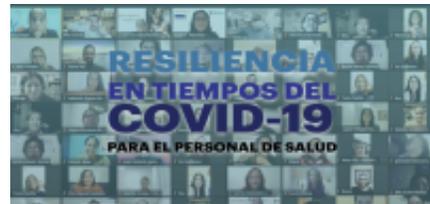
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**"WHEN WE CONNECT OUR HEARTS, WE
BECOME MEDICINE TO ONE ANOTHER."**

– [Doctor Payaso AC](#)

Resilience Collaborative Spotlight

[Doctor Payaso](#) is a project that aims to “heal with love and joy.” It does this by training volunteers to perform as clowns in hospital settings. Since 2010, Volunteers – called “Clown Doctors” – have brought laughter and happiness to 232,000 people undergoing medical treatment across Latin America.



In response to the COVID-19 pandemic, in March 2020 Doctor Payaso launched the Program for Resilience in Times of COVID-19 for Health Workers, which supports the emotional well-being of frontline health workers. Health workers learn to build resilience and self-care skills through virtual workshops, interactive online content and individual video calls with wellness coaches and trained volunteers. More than 400 Doctor Payaso employees have been trained and mobilized, and 10,000 nurses and frontline health workers in Argentina, Mexico, Peru, Chile and Colombia have participated in the program.

Does your organization go above and beyond to promote health worker resilience? We would love to feature it in an upcoming newsletter. Please send a short description and health worker resilience materials you have resilience@its.jnj.com.

Upcoming Events, Offerings & Webinar Recordings

The Resilience Collaborative 2022 Measurement & Evaluation Case Study Session with the Foundation for Professional Development

February 9, 2022: Choose 1 of the following sessions

- **8:30am GMT / 11:30am EAT / 2pm IST**
- **2 GMT / 5 EAT / 7:30pm IST / 9am EST**

We heard from members that they were interested in building the evidence in the field via monitoring and evaluation (M&E). Therefore, The Resilience Collaborative partner The Foundation for Professional Development (FPD) will present a case study of how they adapted the M&E of its well-being and resilience eLearning course for healthcare workers, which was recently published [here](#).

As part of these sessions, Sarah Mullane from Johnson & Johnson will also provide a brief overview of M&E guidance and resources available to members, including those presented in the [Toolkit to Protect Against Burnout on the Front Lines](#).

Healing Healthcare Global Mindfulness Summit

February 8-10, 2022

Hosted by Mindful, the Healing Healthcare Summit is a free, virtual three-day event for healthcare professionals. The conference will feature over 40 experts in mindfulness and healthcare and gives stakeholders a chance to discuss mental health and mindfulness. Speakers will talk about the trauma healthcare professionals are dealing with from the COVID-19 pandemic.

[Register](#) to engage in panel discussions, conversations and meditation sessions to learn how to cope with grief, trauma and burnout. If you pre-register, you can also get Mindful's free "Stress Less This New Year" kit designed for healthcare professionals.

Learn more [HERE](#).

International Forum on Quality and Safety in Healthcare

March 30-April 1, 2022, Gothenburg, Sweden

The [Institute for Healthcare Improvement \(IHI\)](#), a partner of The Resilience Collaborative, and [The BMJ](#) are bringing together people in the health and care sectors as well as patients, family members and service users at an in-person conference focusing on “Creating tomorrow today: how does quality improvement shape the ‘new normal’?” Attendees will learn about the most innovative initiatives, address health and care staff burnout and collaboratively design safer and more equitable care. IHI and The BMJ aim to re-energize attendees, provide tools and inspiration for meaningful change, highlight case studies and build a learning community. Learn more about the [program](#) and [register](#).

Discounted rates are available for groups, full-time students, teachers and residents from low and lower-middle income countries. They will announce plans for participants to attend the conference virtually.

An event will also take place in Sydney, Australia from June 6-8, 2022; learn more here and check back for program details.

Learn more [HERE](#).

Compassion in Action Healthcare Conference

June 14-15, 2022

The Schwartz Center for Compassionate Healthcare is hosting its annual Compassion in Action Healthcare Conference this spring for healthcare leaders, healthcare workers, and other people who are compassionate about healthcare. Keynote speakers, panel discussions, and workshops will focus on sustaining a “culture of compassion in healthcare.” There are six themes for this year’s conference:

1. Psychological and physical safety and support
2. Well-being, mental health and sense of purpose

3. Diversity and equity
4. Inclusion, voice and choice
5. Trustworthiness and transparency
6. Team cohesiveness and collaboration

[Abstracts can be submitted](#) until **February 11, 2022**. You can visit the Compassion in Action Healthcare Conference [website](#), to learn more about registration as more information becomes available.

Learn more [HERE](#).

Third Biennial National Summit on Promoting Well-being and Resilience in Healthcare Professionals

September 28-30, 2022, Ohio, USA

The Ohio State University (OSU) is hosting its third Summit on Promoting Well-being and Resilience in Healthcare Professionals this fall. . In preparation, OSU is accepting abstracts that focus on:

1. Reducing burnout and enhancing mental well-being in clinicians, faculty or students
2. Organizational and system-wide initiatives to enhance workplace wellness cultures and solve system-wide issues leading to burnout
3. Innovations to promote healthy lifestyle behaviors in health sciences students/faculty
4. Innovations to promote healthy lifestyle behaviors in healthcare professionals

Click [here](#) to learn more about how to submit an application for the call for abstracts for the summit. Applications for abstracts are due February 14, 2022. This is an event hosted by the schools of dentistry, nursing, medicine, and other programs that are invested in the healthcare industry. People pursuing careers in these fields will benefit from attending Registration isn't available yet. [More information](#) about the Third Biennial National Summit on Promoting Well-being and Resilience in Healthcare Professionals will be available in the future.

Learn more [HERE](#).

Please email resilience@its.jnj.com if you would like to feature an upcoming event.

If you have not already submitted a response to the evaluation survey shared in the last newsletter, please complete the survey.

Follow this link to the Survey:
[Take the Survey](#)

Not a part of The Resilience Collaborative?

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