

Daily Six-Step Chart

Here is a practical chart to help you stay the course using the Six Steps to Overcoming Adversity described in this book. Feel free to copy it or create your own version:

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TheSixSteps.com

Six Steps to Overcoming Adversity: From the Financial Crisis to the Corona Pandemic By: Jack
Doueck

FREE DOWNLOAD

		Daily 6-Step Chart					
		STEP ONE	STEP TWO	STEP THREE	STEP FOUR	STEP FIVE	STEP SIX
	(Was it physical, financial, spiritual, mental or emotional?)	Faced Into It?	Let Go of Blame?	Lessons Learned?	Appreciated My Blessings?	Gave to Others?	Took Decisive Action?
DATE	Adversity in which Dimension?	Describe the Adversity					