

GIGI'S VEGAN + WELLNESS CAFE

MENU

100% LIVING FOODS

KALE YEAH CRUNCH SALAD \$16

KALE, APPLE CRANBERRIES, PUMPKIN SEEDS, SUNFLOWER SEEDS, CARROTS, PURPLE CABBAGE, SUNDRIED TOMATOES, RED ONIONS, PEPPERS, WALNUT CRUMBLES, SPICY HUMMUS DRESSING

UN-TUNA SALAD \$16

CHICKPEAS, APPLES, CAPERS, DILL, LETTUCE, TOMATO, CUCUMBER, ALFAFA SPROUTS, CASHEW CHEESE, ON LETTUCE

TACO SALAD \$16

SPRING MIX, RED ONION, BELL PEPPER SHITAKE MUSHROOMS, NO YEAST CASHEW SAUCE

90% LIVING FOODS

I LOVE NACHOS \$18

PLANTAIN CHIPS, BLACK BEANS, ONIONS, GUACAMOLE, NO YEAST CASHEW CHEESE, CILANTRO PICO DE GALLO, MARINATED JACKFRUIT & SHITAKE MUSHROOMS.

KALE YEAH WRAP \$16

TORTILLA, KALE, CARROTS, PURPLE CABBAGE, SUNDRIED TOMATOES, RED ONIONS, PEPPERS, WALNUT MEAT, SPICY HUMMUS.

UN-TUNA WRAP \$16

TORTILLA, CHICKPEAS, AIOLI, TOMATOES, LETTUCE

I LOVE Jackfruit Wrap \$18

TORTILLA, KALE, CARROTS, PURPLE CABBAGE, SUNDRIED TOMATOES, RED ONIONS, PEPPERS, MARINATED JACKFRUIT & SHITAKE MUSHROOMS, SPICY HUMMUS

I LOVE Jackfruit (Bun or Mixed Greens) \$18

BBQ JACKFRUIT, SHITAKE MUSHROOMS, PURPLE CABBAGE ON BUN WITH SIDE SALAD

16oz RAW Organic Cold Pressed juice \$11

TRULOVE-APPLE & GINGER ROOT (DIGESTIVE)

HEART BEET- BEET, APPLE, CARROT (ANTIOXIDANT)

CELL FOOD-KALE, GREEN APPLE, LEMON, PINEAPPLE (MINERALS)

VITALITY-CUCUMBER, CELERY, SPROUTS (IMMUNITY)

Soup \$5/ Spicy Hummus 8oz \$11/ UN-Tuna 8oz \$10/ Jackfruit & Shitake Mushrooms 8oz \$11

Fresh Fruit 8oz \$5/ House Dressing Or Small Sauce Serv 2oz. \$3/ Extra Nut Cheez 2oz \$4

Walnut Meat 8oz \$11/ Kale Chips \$6/ Nuts \$6/ Gigi Seasonings \$4