

GIGI'S VEGAN + WELLNESS CAFE

MENU

100% LIVING FOODS

TACO SALAD

\$15

SUMMER MIX LETTUCE, HOUSE MADE MUSHROOMS, GUACAMOLE, PICO, CHEEZY SAUCE, PLAINAINS

UN-TUNA SALAD

\$15

CHICKPEAS, APPLES, CAPERS, DILL, LETTUCE, TOMATO, CUCUMBER, ALFAFA SPROUTS, CASHEW CHEESE, ON LETTUCE

KALE YEAH CRUNCH SALAD

\$15

KALE, APPLE CRANBERRIES, PUMPKIN SEEDS, SUNFLOWER SEEDS, CARROTS, PURPLE CABBAGE, SUNDRIED TOMATOES, RED ONIONS, PEPPERS, WALNUT CRUMBLES, SPICY HUMMUS DRESSING

20% LIVING FOODS

I LOVE NACHOS

\$18

PLANTAIN CHIPS, BLACK BEANS, ONIONS, GUACAMOLE, CASHEW CHEESE, PICO DE GALLO, JACKFRUIT, CLANTRO

KALE YEAH WRAP

\$15

TORTILLA, KALE, CARROTS, PURPLE CABBAGE, SUNDRIED TOMATOES, RED ONIONS, PEPPERS, WALNUT CRUMBLES, SPICY HUMMUS

UN-TUNA WRAP

\$15

TORTILLA, CHICKPEAS, AIOLI, TOMATOES, LETTUCE

MUSHROOM DELIGHT WRAP

\$15

TORTILLA, HUMMUS, MARINATED MUSHROOMS, CASHEW CHEESE & LETTUCE

ORGANIC COLD PRESSED JUICE

16 oz Seeded Watermelon

\$11

16 oz Apple-Ginger Juice

\$11

16 oz Apple-Beets-Carrots Juice

\$11

16 oz Green Apple-Pineapple-Kale-Lemon Juice

\$11

16 oz Cucumber-Celery-Sprouts Juice

\$11

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WELLNESS MENU

Health & Wellness Shots

Inflammation {Ginger, Turmeric, Pepper}	-	\$4.00	Longevity {Sea Moss}	-	\$4.00
Wheatgrass **Delivers oxygen, nutrients & balance pH levels	-	\$4.00	Brain Detox {Sprig Water, "Blue Majak" Spirulina }	-	\$4.00
Immunity Booster {Lemon, Lime, Cayenne, Zinc}	-	\$4.00			

Nut Free Smoothies

Superfood {Sea Moss, Mango, Banana}	-	\$12.00	"Sweet Life" {Strawberries, Ginger, Pineapple, Mango}	-	\$11.00
"Iron Man" {Mango, Kale, Hemp Seeds, Protein, Cinnamon, Coconut Water}	-	\$12.00			
Heavy Metal Detox {Banana, Wild Blueberries, Detox Tea, Cilantro, Spirulina}	-	\$12.00			

Beverages & Sides

Detox Tea	-	\$3.95	Cocoa French Pressed Coffee	-	\$5.95
Mountain Valley Spring Water *SML	-	\$4.50	Herbal Loose Tea {Chamomile, Mint, Hibiscus. Lemon Ginger, Sour Sop}	-	\$3.50
Mountain Valley Spring Water *LRG	-	\$8.50			