

**The Monthly Silence**  
**The Monthly Newsletter for Hopewell Centre Meeting of**  
**the Religious Society of Friends**  
**The First Month, January 2026**



Hopewell Centre Meeting of the Religious Society of  
Friends 604 Hopewell Road, Clear Brook, VA 22624

Telephone: 540-667-9114 Website: [www.winchesterquakers.org](http://www.winchesterquakers.org)

Dick Bell, Clerk of the Meeting, 304-268-8510

Donna Knight, Assistant Clerk of the Meeting, 540-771-8118

Judy Enterline & Pam Hambach, Pastoral Care [Judith\\_se@yahoo.com](mailto:Judith_se@yahoo.com), [pmbach@comcast.net](mailto:pmbach@comcast.net)

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\*If possible, The Monthly Silence will be published on or soon after the 20<sup>th</sup> of each month. Please send items you want included in the newsletter by the 17<sup>th</sup> of the month.

Please send donations to:

Hopewell Centre Friends

c/o Jim Riley

P.O. Box 165

Winchester, VA 22604

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***Please keep them in Prayer***

If you have any concerns you would like the Meeting to be aware of please contact Pam or Judy.  
We will be happy to share it.

See additional information about individual concerns in the Pastoral Care Report below

Sunday Cote's brother, John

Martha Hanley

Janet Harrison

Hilde Matheson.

Betty McCormick, her daughter Susie

John Trueblood family and friends

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**Meeting for Worship for Business  
Hopewell Centre Monthly Meeting, December 14, 2025  
Clerk Dick Bell, Presiding**

The Clerk opened the Meeting with a moment of silence.

**CQE:** (Continuing Quaker Education)

*"I look not to myself, but to that within me, that has to my admiration proved to be my present help, and enabled me to do what I believe of myself I could not have done."* Elizabeth Fry (Prison reformer 1780- 1845).

Comments included: This speaks to the light within. It was noted that we have a picture of Elizabeth Fry attending to prison reform hanging in the library. Also noted was an idea she put forth that didn't work so well. She thought that isolating prisoners in naturally lit rooms might help with their rehabilitation, but solitude often turned to loneliness.

**Thanksgiving and Concerns:** Jim Riley gave thanks for the life of Richard Taylor, a Meetinghouse neighbor who recently died and who often attended Meeting some years ago. Dick Bell reminded us of his automobile accident one year ago on December 13 resulting in neck surgery. He gave thanks for his life altering care from the hospital medical team, his daughter Anne, and Jonathan Tolman who is currently living with him. Becky Ebert expressed a concern for the health of John Trueblood who is currently in hospice care.

And now we have sadly learned that John passed away peacefully on December 14.

**Treasurer's Report:** Jim Riley gave the treasurer's report for November:

Major items included:

Contributions:

Individual and Family	\$ 1,855
Use of Centre	120
Sarah Zane Fund	100

Expenses:

Contributions	\$ 2,200 (\$200 to 11 organizations)
Mowing	140
BYM apportionment	1,801 (\$7,204 total for 2024)
Quarterly Insurance	2,880
Furnace service	876 for Centre and 115 for Hopewell

Checking Account Balance: \$ 13,056

Fund totals:	Rogers	\$ 45,000
	Sarah Zane	4,103
	Youth	11,441

The complete Treasurer's report is attached to the original minutes.

Jim then presented the Meeting's budget for 2026 which showed the itemized estimates for 2026 as compared to the actual expenditures for 2025. Of note is the continuing increase in expense for BYM apportionment and property insurance. Jim noted that the insurance bills apply to all of the Meeting owned property. He also explained that apportionment expense is based on unrestricted contributions which are contributions not designated for a specific fund. The budget is attached to these minutes.

Jim also announced that Laura Nell Obaugh, who recently passed away, has left a bequest to Hopewell Centre of about \$37,000 to be used for Friend's expenses when attending Quaker related events such as conferences, workshops, etc.

**Ministry and Counsel:** Christian Mollitor read the following report:

The committee met on December 1, 2025 via Zoom.

We discussed communications, which we thought were proceeding effectively.

We reviewed and refined second hour RE's

December 7<sup>th</sup> – Relationships with Others *Sermon of the Mount*

December 14<sup>th</sup> – Meeting for Worship with a Concern for Business

December 21<sup>st</sup> – Trusting God *Sermon of the Mount*

December 28<sup>th</sup> – Potluck at Centre

January 4<sup>th</sup> – Inner and Outer actions *Sermon of the Mount*

January 11<sup>th</sup> – Meeting for Worship with a Concern for Business

January 18<sup>th</sup> – Prayers (Lord's prayer) *Sermon of the Mount*

January 25<sup>th</sup> – Potluck at Centre

February 1<sup>st</sup> – First two queries of the Spiritual State of the Meeting

February 8<sup>th</sup> – Meeting for Worship with a Concern for Business

February 15<sup>th</sup> – Second two queries of the Spiritual State of the Meeting

February 22<sup>nd</sup> – Potluck at Centre

We discussed the dual nature of Quaker life, which we believe requires an aspect of contemplation and reflection as well as an aspect of action.

We planned for the Spiritual State of the Meeting, reflecting on this set of prior queries (1. Has our Meeting helped you perceive and enact your leadings? 2. Was the Meeting there for you in time of need? 3. What satisfies you about the Meeting, and what discontents you? 3. Where would you like to see us as a Meeting go?)

Other items we discussed were finding a clerk for Nominating and discovering candidates for BYM camp scholarships.

Respectfully submitted,  
Ministry and Counsel written 12/3/25

**Social Concerns and Outreach:** Margie Riley sent the following:

- Our Nov. 12 WATTS dinner went well. Thank you to Dick Bell for leading this effort and to those who helped him serve the patrons.
- The Coming to the Table presentation of "Quaker Solutions to Slavery: Freedom, Colonization, and the Underground Railroad" on Nov. 20 at Centre Meeting House went well. We now have a free standing projector screen being kept in the front entrance storage area at Centre Meeting House. Please let the clerk know if you need to use it.
- Our regional gathering with Goose Creek, Shepherdstown, and Frederick went well on Nov. 23. Approximately 60 people enjoyed Meeting for Worship and discussion groups/potluck. Thank you to all for making this such a welcoming event. Feedback was very favorable. The planning committee will be meeting in January to work out details for continuing these gatherings in 2026 on the following 5th Sundays: March 29, May 31, Aug. 30, Nov. 22 (a week early due to Thanksgiving). Please share ideas with Margie Riley, who is working with Patricia Garber/Goose Creek, Helen Doore/Shepherdstown, and Betsy Tobin/Frederick.
- Anne Bacon and Kevin Slick have been working on getting a merchandise web address working. This has involved many details for setting up PayPal and coordinating with our checking account. Thank you to them for their diligence and continued coordination!
- Our working committee on the Goose Creek, Shepherdstown, and Kent Friends Meeting (Columbus, Ohio) minutes on current social concerns regarding the harms of our current government administration will lead a discussion during old business today.
- Work is continuing on compiling a list of past social concerns/outreach activities and also a reference list of individual outreach efforts of members/attenders.
- Our committee will be meeting in January, date and time tbd, to discuss projects and activities for 2026. Anyone interested is welcome to join us!

**Pastoral Care:**

Please hold these Friends in the Light:

Betty McCormick's daughter Susie Dawson who has recently been admitted to the hospital. She is continuing her struggle with long covid.

Hilde Matheson who is now living with her daughter Deborah.

Janet Harrison who is recovering from a kidney transplant.

Sunday Cote's brother John who had been admitted to the hospital and is now in rehab.

The family and friends of John Trueblood.

**Old Business:** The Clerk presented a synopsis of the three minutes sent to us from Shepherdstown, Goose Creek, and Kent Ohio Meetings (attached to these business meeting minutes). An Ad Hoc Committee that reviewed these minutes recommends that Hopewell Centre Meeting support all three. The Meeting agreed. The Clerk will now notify the Clerks of the three Meetings of our support. The question was then raised as to what should be the followup processes to make these minutes available beyond our own Meeting.

Suggestions and questions:

- Are there similar minutes from other Meetings in the United States and could they somehow be combined and distributed nationally?
- Can I as an individual share the minutes with others? Consensus was Yes.
- Can we send a condensed version of them to our elected representatives in Congress for Virginia and West Virginia? Consensus was Yes.
- Can we publish them in local newspapers? Not unless we get permission from the Meeting of the minute's origin.
- Should we send them to other area churches, publish on our website?
- Could we send them to FGC as part of a podcast such as Quaker Speak?

Jim Riley has volunteered to clerk the Nominating Committee with Becky Ebert and Dick Bell also as members. The committee will meet in March to begin the process of selecting a Meeting Clerk, Assistant Clerk, Recording Clerk, Treasurer, Assistant Treasurer, and other committee clerks as needed. The next three year term will begin in July, 2026.

The Meeting approved financing up to four campers for two weeks at any of the three BYM Quaker camps during the summer of 2026. The Meeting approved resending Layla and Malani McGill who attended Camp Catoctin this past summer. Anne Bacon is checking with St. Pauls AME church to see if two of their young people would be interested in attending.

It is with a heavy heart that we say an official farewell to Paul Britner and Karen Nelson who are moving to Lancaster, PA this month. Clerk Bell has sent a letter of introduction with them for presenting to their next Friends Meeting if they wish to do so. The letter details the many wonderful contributions they have made to our Meeting over the last several years. It is attached to these minutes. Paul and Karen, we hope to see you sometime on Zoom and at our next Homecoming. We miss you already.

**New Business:** Laura Nell Obaugh, who died recently, left \$37,000 to Hopewell Centre Meeting for the express purpose of providing assistance to individuals from the Meeting who would like to attend Quaker related events outside of our area. An example would be a scholarship to attend BYM annual session or attend a retreat at Pendle Hill. A committee will be formed to set the guidelines for use of the money. Among the guidelines will be suggesting the maximum amount allowed per year and per individual. See Jim Riley if you are interested in joining the committee.

### **Announcements:**

December 14: Blue Ridge Singers in concert at First Baptist Church at 3 p.m.

January 31: A called Interim Meeting for BYM to establish the important issues of the budget for 2026 and the governance of the camping program. Available on Zoom.

If interested, please first Zoom in on

January 8 for the input of ideas to consider at the interim meeting.

Go to BYM's website (<https://www.bym-rsf.org>) and sign up for weekly announcements if you haven't already.,

**In Attendance:** Clerk Dick Bell, Jim Riley, Dan Riley, Diane Popik, Anne Bacon, Ed Tilley, Sheila Tilley, Katherine Chatard, Kevin Slick, Josh Riley, Becky Ebert, Judy McCarthy, Katherine May, Christian Mollitor, Scott Lynch, and Jonathan Tolman

Respectfully submitted by Dan Riley, Recording Clerk

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From the clerk

I can recall the first meeting John Trueblood attended as a Friend. My immediate reaction was “Where do I know him from?” His face was that familiar. John often attended at that time with a goat-teed friend who continued to join him intermittently as the years wore on. We all got to know John, who was a hearty fellow whom everyone liked. We all loved the way that he referred to Marge his wife as ‘my bride.’ We all learned that more than anything John loved his family and that began with Marge.

John had lost a daughter when she was thirteen, I believe. That tragedy gradually revealed itself to narrative as we got to know John. I was not surprised he and Marge divorced then. (The statistics for divorce among couples who lose a child are an astounding 75% - at least it was the last time I checked.) Confounding that data, John and Marge reconnected and remarried. From my perspective their second marriage was like a romantic idyll.

John was a true laconic Quaker. He spoke in brief targeted messages – almost always asking for prayers for those struggling or in distress. John never forgot to keep in the Light John and Francine Guiser as they navigated her long illness. He was a champion of the truth, and he heeded well the injunction “Do unto others as you would have them do unto you.”

John had a famous progenitor who taught at Earlham. He and Travis Trueblood, a distant namesake, would often mention their Earlham ancestor. John always acted as if his personal story was one of rediscovering his Quaker past and that Hopewell really was an affirmation of something the universe had planned out for him from the beginning.

He was just a splendid fellow.

Some years ago John Trueblood, John Guiser, and Peter Ford began meeting casually at Paneras to have a cup of coffee and chat. From that small beginning grew OATS (Open And Truthful Sharing), our resoundingly successful Quaker men’s group which meets on the third Saturday of the month. We shall meet this Saturday before Christmas, and our topic will be theophany. I can’t think of a more appropriate topic for us to discuss because to know John Trueblood deeply was like catching an authentic glimpse of the face of God.

Respectfully submitted,

R. Dixon Bell                      December 18, 2025





## CALENDAR

**December 21st** – Trusting God *Sermon of the Mount*

**December 25th** – **Christmas Day**

**December 28th** – Potluck at Centre

**December 31st** – **New Years Eve** (holding all in the light for safe travels)

**January 1st** – **New Years Day** (may 2026 be everything you hope for)

**January 4th** – Inner and Outer actions *Sermon of the Mount*

**January 11th** – Meeting for Worship with a Concern for Business

**January 18th** – Prayers (Lord's prayer) *Sermon of the Mount*

**January 25th** – Potluck at Centre

**February 1st** – First two queries of the Spiritual State of the Meeting

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**February 15th** – Second two queries of the Spiritual State of the Meeting

**February 22nd** – Potluck at Centre



An abstract graphic on the left side of the page. It features a dense cluster of small, semi-transparent circles in various colors including green, yellow, orange, and red. These circles are interconnected by a web of thin, light-colored lines, creating a complex, organic shape that resembles a molecular structure or a network diagram. The background of the entire page is a dark, gradient brown, with a bright, circular light effect behind the network graphic.

# Blogs and Items of Interest

FROM THE MEMBERS OF  
HOPEWELL CENTRE MEETING

# January

Sparkling winter sunshine,  
Faces all aglow  
Making resolutions,  
And angels in the snow ~  
Steaming cups of cocoa,  
A year that's fresh and new...  
All of this is magic ~  
Unfolding just for you.





### Letters to the Editor

*Dear Reader,*

*Do you enjoy going to see plays and would like to support local theater and a wonderful non-profit? If so, please consider attending a fundraiser at the **Winchester Little Theatre** on Wednesday evening, January 14th, 2026. There will also be complimentary dessert served. The play is called "Wait Until Dark" by Frederick Knott, first performed on Broadway in 1966. The recipient of the tickets purchased is the **I'm Just Me Movement**, a local non-profit who is doing great work by strengthening youth, families, and communities through mentorship and positive development. <https://imjustmemovement.org/> I have five tickets to this performance. Please let me know if you would like one. They are \$30 a piece or whatever donation feels more comfortable for your budget. Thank you!*

*Peace,  
Vicki Quarles*

*Dear Reader,*

The Pastoral Care Committee has discussed an ongoing issue that we have observed. When one of our Friends is indisposed for whatever reason, it means so much to receive a call, text, email, or card letting them know they are missed. It is one thing to be told that people have asked about you, it is an entirely different thing to be contacted in one way or another personally. One thing the committee would like to do is put our Meeting cards on top of the cabinet leaving the Worship room to the left of the door along with a directory and a pen. If someone wants to grab a card they may. Or even suggest a group card. It is the whole Meetings responsibility to minister to this very important part of Pastoral Care, and it will do much to build a caring loving community.

Judy and Pam





## **Pastoral Care Quotable Quotes**

"Simplicity is the Glory of Expression"

*Walt Whitman*

## **Baltimore Yearly Meeting**

### **How do I sign up for weekly announcements and other information sent out by BYM?**

Go to the BYM website: [www.bym-rsf.org](http://www.bym-rsf.org).

Scroll down to the bottom to “Subscribe to our mailings.”

Click there and fill out the form online.

Indicate what information you would like to receive.

### **How can I get the latest copy of BYM’s Faith and Practice?**

Go to the BYM website.

Click on the menu in the upper right-hand corner.

Choose “Publications” and then “Faith and Practice.”

You can read it online.

Our meeting also keeps extra copies of the print version.



## Brigid of the Sacred Oak

*Twenty years her women spent with the oaks.*

*Twenty years  
to deepen relationship with the Holy Wild,  
to grow hands to nourish,  
to learn herbs to heal,  
to send roots into soil and soul,  
to garner Earth's wisdom,  
to become elders and kin among the oaks.*

*This is our lineage.*

*The time to claim who we come from is upon us.*

# Brigid of the Sacred Oak Wisdom of the Divine Feminine for our time

January 30-February 1, 2026

Wellspring Retreat Center, Germantown, MD

In the heart of winter, women gather on the feast day of St. Brigid, February 1. Also known as Imbolc, Brigid's feast day is an ancient Celtic festival midway between Solstice and Equinox, one that marks a deep turning toward the hope of spring. The women gather surrounded by oaks, the trees beloved of Brigid and the Druids, reflected in the name of Brigid's monastery, Kildare ("church of the oak"). In deep relationship with oaks and with the Earth the trees are rooted in, women of Brigid's time were healers, midwives,

counselors, and visionaries drawing from the life-giving Love of the Sacred Feminine.

In our own time of upheaval, loss, and uncertainty, how might we draw encouragement and inspiration from Brigid and the women of the Sacred Oak?

Join us for a weekend's immersion deep into the root and soil of the Sacred Feminine with stories of Brigid and women who exemplify her wisdom, in whose lineage we stand.

Be touched by the quiet presence of the winter landscape, the deep knowing rising from the softly breathing Earth and her resting inhabitants. Participate in guided circles of story and ceremony, dance, drumming, and council. Weave community with women drawn together into a wild and holy journey.

### A note about fees:

The times are hard economically, yet retreats like ours are vital. We are trying a modified sliding scale for retreat fees in an effort to keep the retreat affordable while meeting our costs. The scale applies to individual rooms. All options will cover our hard costs (venue and meals); the variable is with the amount available when hard costs are met for honorariums for the four leaders. Please select what you feel is right for you and for this retreat.

If choosing a shared room, we request that you **register with your roommate**.

Retreat leaders Lindsay McLaughlin, Leah Rampy, Lisa Bardack, and Katy Gaughan bring years of dedicated learning, practice, mentoring, and leadership in retreats, dance, and drumming.

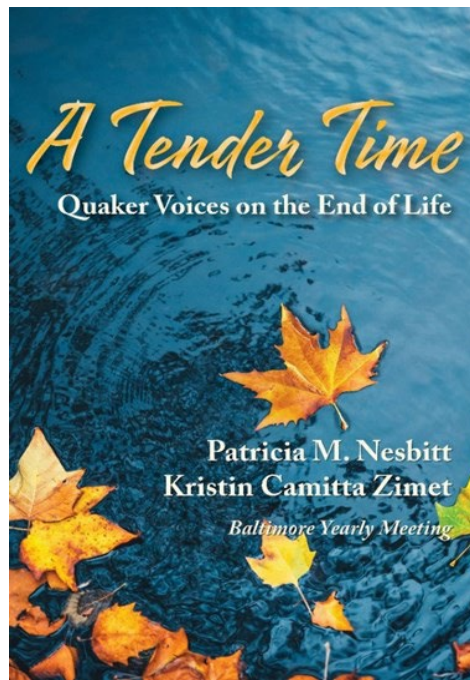
**Fees include lodging, six meals, and program.**

•\$395 •\$425 •\$475 •\$495 - single occupancy

•\$375 –double occupancy. Register with a friend/roommate

Register at Friends of Silence ([www.friendsofsilence.net](http://www.friendsofsilence.net))

Limited scholarships are available. Apply when registering.  
Please consider donating to Friends of Silence to help make these retreats possible.



**A wise blend of practical advice and spiritual grounding. This book is optimistic and upbeat. It can be referred to again and again."**

*Terence McCormally, MD, Clinical Professor, Geriatric Medicine,  
Virginia Commonwealth University*

**"A delightful read! Not just for Quakers:**

**it is spiritually wise, clinically sound, and exceedingly pragmatic."**

*Jim Higginbotham, Associate Dean, Professor of Pastoral Care and Counseling,  
Earlham School of Religion*

**"A gentle conversation, like talking to a trusted friend."**

*George Schaefer, former Care & Aging Coordinator,  
Philadelphia Yearly Meeting*

On the End-of-Life Working Group of Baltimore Yearly Meeting, **A Tender Time** explores practical, emotional, and spiritual aspects of aging and dying well. A unique collection of voices, historical and contemporary, illustrates making end-of-life decisions.

This open-hearted primer moves through personal experiences from aging to dying and then outward in widening circles of caregiving. Intimate stories give poignant examples of aging and dying well, without fear. There are multiple ways that Love can guide us to the end.

Patricia and Kristin offer guidance on pastoral care at the end of life. The book includes resources for families, friends, and Quaker meetings, including checklists, sample forms, queries for clearness, and an annotated list of further readings.

**A Tender Time** is for sale now from Pendle Hill Bookstore and from FGC QuakerBooks. It will be available from major commercial outlets in Fall 2024. Contact [admin@bym-rsf.org](mailto:admin@bym-rsf.org) for bulk sales.

*We have Re's using queries from this book from time to time.  
Get a copy, you will be glad you did)*



# COACHING PEACE



Linda Wilk, MAPC

[https://open.substack.com/pub/lindawilk/p/all-is-suffering?utm\\_source=share&utm\\_medium=android&r=b37x](https://open.substack.com/pub/lindawilk/p/all-is-suffering?utm_source=share&utm_medium=android&r=b37x)

## RESOURCES TO LEARN ABOUT QUAKERISM AND THE WORLD

We want to provide a list of some resources for Friends to learn about what Quakers believe; what Quakers do in the world and a little bit about how to understand what is going on in the news. This list is by no means comprehensive, and we encourage others to send in resources that have been helpful to them.

### LOCAL

- the **libraries** at Hopewell and Centre; lots of books, prior issues of Friends Journal, pictures and other materials
- the **Hopewell Centre Meeting** website: [www.winchesterquakers.org](http://www.winchesterquakers.org)
- the **Baltimore Yearly Meeting** website: [www.bym.rsf.org](http://www.bym.rsf.org); go here to access the latest **Faith and Practice** which is in the process of being revised. New paper copies of Faith and Practice will be coming soon.
- the **BYM camping** website: [www.bymcamps.org](http://www.bymcamps.org)
- in the library at Hopewell is a **QuakerSpeak DVD** about “What Quakers Believe” Check it out.
- Friends Wilderness Center**; [www.friendswilderness.org](http://www.friendswilderness.org)

### NATIONAL AND INTERNATIONAL

- Website: [www.quaker.org](http://www.quaker.org); What do Quakers Believe? How do Quakers Worship? How do Quakers Live? Find Quakers
- Friends Journal**; monthly publication, many back issues at Hopewell, website [friendsjournal.org](http://friendsjournal.org). All issues available on the website
- Podcast; Quakers Today** sponsored by Friends Journal
- Thee Quaker Project**: weekly podcast; [www.theequaker.org](http://www.theequaker.org)
- Quaker Speak**; bi-weekly Quaker video sponsored by Friends Journal; [www.QuakerSpeak.com](http://www.QuakerSpeak.com)
- Friends General Conference bookstore**; [www.quakerbooks.org](http://www.quakerbooks.org)
- Friends General Conference** website; [www.fgcquaker.org](http://www.fgcquaker.org)
- Friends Committee on National Legislation**; Quaker lobby organization; [www.fcnl.org](http://www.fcnl.org)

- American Friends Service Committee; [www.afsc.org](http://www.afsc.org)
- Friends United Meeting; [www.friendsunitedmeeting.org](http://www.friendsunitedmeeting.org)
- Pendle Hill; Quaker study and retreat center in Pennsylvania; [www.pendlehill.org](http://www.pendlehill.org)
- Friends World Committee for Consultation; Quakers around the world; [www.fwcc.world](http://www.fwcc.world)
- Right Sharing of World Resources; [www.rswr.org](http://www.rswr.org)
- Quaker United Nations Office; [www.quno.org](http://www.quno.org)
- Friends Library; [www.friendslibrary.com](http://www.friendslibrary.com)

## OTHER

-many in the meeting subscribe to a daily newsletter from Heather Cox Richardson called **Letters from an American**. She writes about current and historical events from a historical perspective. Good for putting events of the day in a broader context.

<https://heathercoxrichardson.substack.com>

What have we left out? Let us know.

## **Helpful Resources for Immigrants**

**📢 📢 THIS IS MEANT TO BE A NON-EXHAUSTIVE LIST, PLEASE ADD TO IT WHEN YOU SEE FIT! 📢 📢**

### **General Enforcement**

- Know Your Rights Card: <https://www.nilc.org/resources/know-your-rights-card/>
- Know Your Rights: What to Do if You Are Arrested or Detained by Immigration: <https://www.nilc.org/resources/know-your-rights-what-to-do-if-arrested-detained-immigration/>
- Warrants & Subpoenas: What to Look Out for and How to Respond: <https://www.nilc.org/resources/warrants-and-subpoenas-facts/>
- Know Your Rights: Trump's Registration Requirement for Immigrants: <https://www.nilc.org/resources/know-your-rights-trumps-registration-requirement-for-immigrants/>

### **Locating Loved Ones**

- How to Find a Loved One After a U.S. Immigration Arrest: <https://www.nilc.org/resources/how-to-find-a-loved-one-after-a-u-s-immigration-arrest/>
- Tracking the CECOT Disappearances: <https://www.nilc.org/resources/tracking-the-cecot-disappearances/>

### **Education**

- Know Your Rights: Immigrant Students and Schools: <https://www.nilc.org/resources/protecting-our-students-and-families/>
- Education Providers and Immigration Enforcement: Know Your Rights & Your Students' Rights: <https://www.nilc.org/resources/education-providers-and-immigration-enforcement-know-your-rights-know-your-students-rights/>
- Protecting Immigrant Students & Employees: Guidelines for Higher Education Institutions: <https://www.nilc.org/resources/protecting-immigrant-students-employees-guidelines-for-higher-education-institutions/>
- Protecting Our Students: What You Need to Know About the Rights of Immigrants and the Threat of Deportation: <https://www.nilc.org/resources/know-your-rights-immigrant-students-and-schools/>

### **Workplace**

- A Guide for Employers: What to Do if Immigration Comes to Your Workplace: <https://www.nilc.org/resources/a-guide-for-employers-what-to-do-if-immigration-comes-to-your-workplace/>

### **Health Care**

- Know Your Rights: Health Care and Health Insurance for Immigrants: <https://www.nilc.org/resources/health-insurance-and-care-rights/>
- Health Care Providers and Immigration Enforcement: Know Your Rights, Know Your Patients' Rights: <https://www.nilc.org/resources/healthcare-provider-and-patients-rights-imm-enf/>
- Know Your Rights: Immigrants' Participation in Protests: <https://www.nilc.org/resources/immigrant-participation-in-protests-rights/>

### **How to be a Good Ally/Informing your Community 101**

- Planning in case of an immigration emergency <https://familiesuniteddcmetro.org/>
- Filming of an ICE arrest <https://www.youtube.com/watch?v=s2wGxRN5YPM>
- Zine demonstrating ICE Operation Disruption <https://zinesforever.com/z/karens-guide-to-disrupting-ice>

***This list was sent to us by Zakee McGill***



*(Please send links, coming events, or interesting items you would like to share with Friends and readers to Donna Knight)*

January 31: A called Interim Meeting for BYM to establish the important issues of the budget for 2026 and the governance of the camping program. Available on Zoom.  
If interested, please first Zoom in on

January 8 for the input of ideas to consider at the interim meeting.



**Mike Hambach    January 17th**

**Karen Nelson    January 23rd**

**Remember Laura Nell Obaugh    January 26th**

(Check the Hopewell Directory for your birthday, contact Rebecca Ebert if we need to add it)

Hopewell Centre Meeting of  
Religious Society of Friends  
604 Hopewell Road  
Clear Brook, VA 22624