

WORKSHOP ON

Life Management Skills

*“Achieve Ultimate Success by
Reengineering Your Mind and Behavior”*



Resource Person

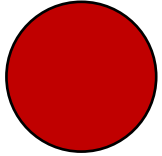
Professor Sanjay Saxena

Department of Management
School of Management Sciences
Varanasi, India

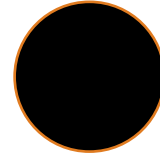
+91-7408424211

sanjay.saxena.lms@gmail.com

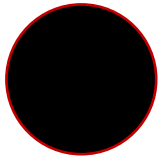
How Will This Workshop Benefit the Participants?



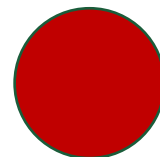
Participants will gain an understanding of how their minds are connected to physical reality.



They will discover how their minds are programmed and how to reprogram them.



They will learn to reengineer their behavior by understanding how their minds function.



They will learn to make the right decisions in their lives and manage their cash flow efficiently.

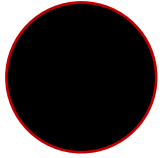
Module 01

Quantum Mind and Universe

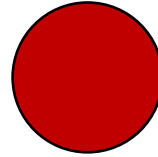
*“Destiny Appears Where You Focus
Your Brain’s Frequencies”*



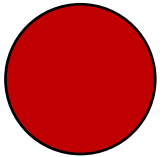
Module 01 – Quantum Mind and Universe



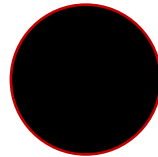
**What is the Fundamental Element
of the Universe?**



Vibrating Minds and Resonance



Human Minds and Physical Reality

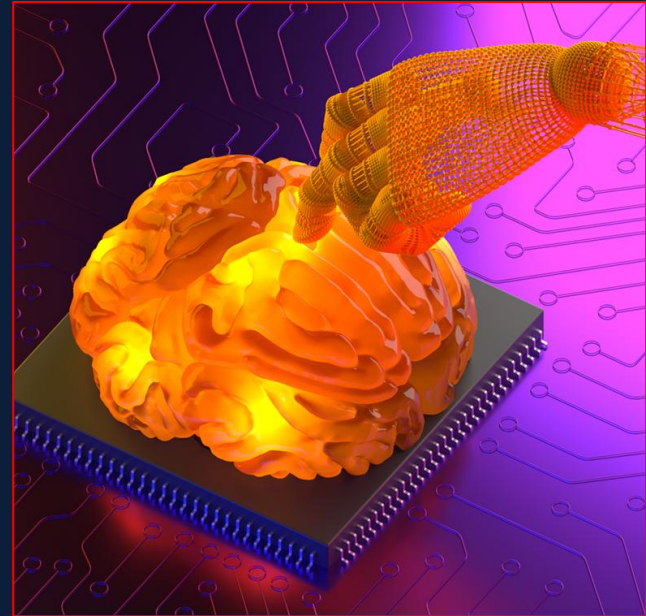


Nothing External

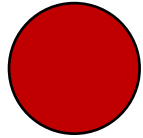
Module 02

Programmed Minds

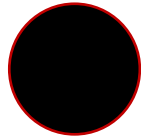
“Are you awake?”



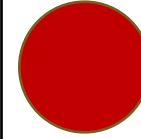
Module 02 — Programmed Minds



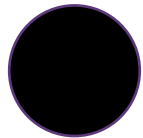
**Living in Sleeping
Mode**



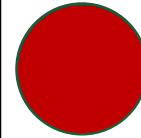
Living in the Past



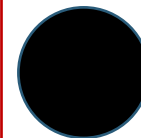
Stressed Mind



Sources of Stress



**How will you relieve
stress from your
mind?**



**How will you change
the philosophy of
your life?**

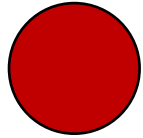
MODULE 03

Reprogram Your Subconscious

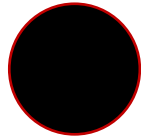
“Building New Highways”



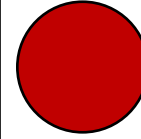
Module 03 — Reprogram Your Subconscious



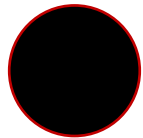
The impersonal character of the subconscious mind.



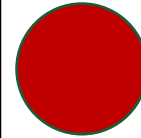
How will you control your perceptual distortions?



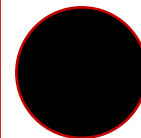
How will you change your attitude?



How to be artistic, principled, and decisive?



How to be modest and grateful?

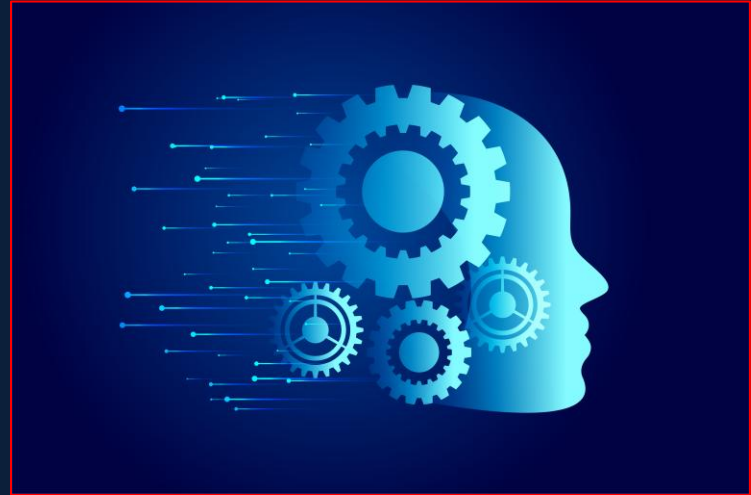


How to release all negatives from life?

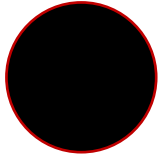
MODULE 04

Behavioral Reengineering

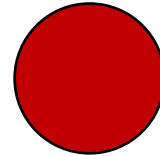
“Eliminate All Unnecessary Items”



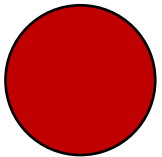
Module 04 – Behavioral Reengineering



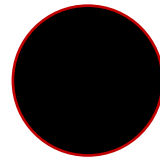
How will you live at the 10 X level?



How will you redecorate morning, office hours, and evening routines?



How will you create and live your vision?



How will you identify and nurture your instincts and passion?

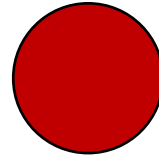
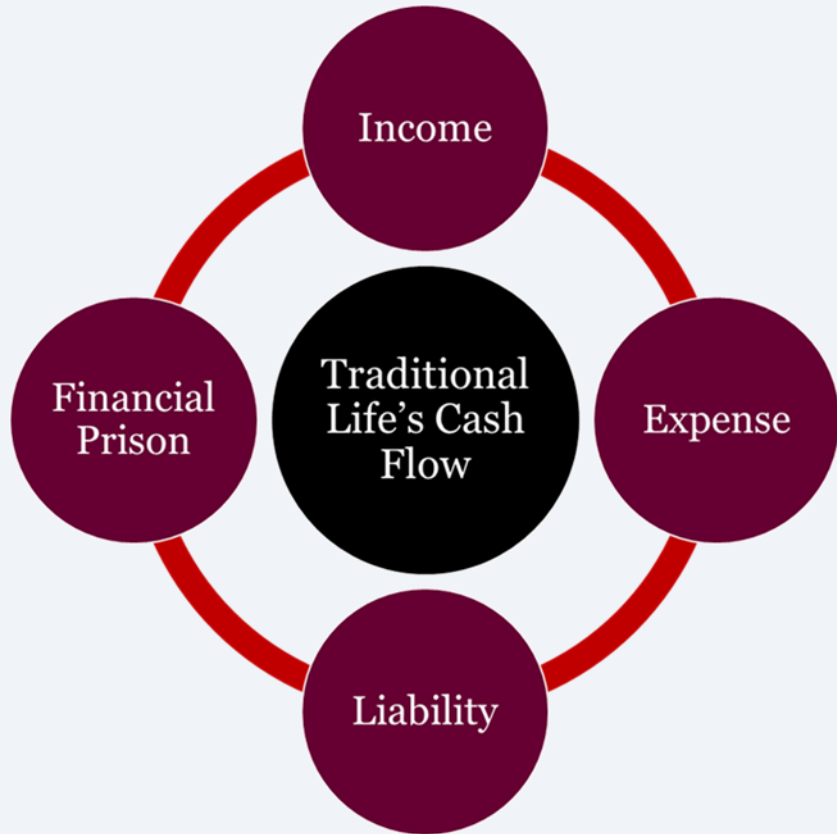
MODULE 05

Managing Life's Cash Flow

*“Managing money is more important
than simply earning it”*

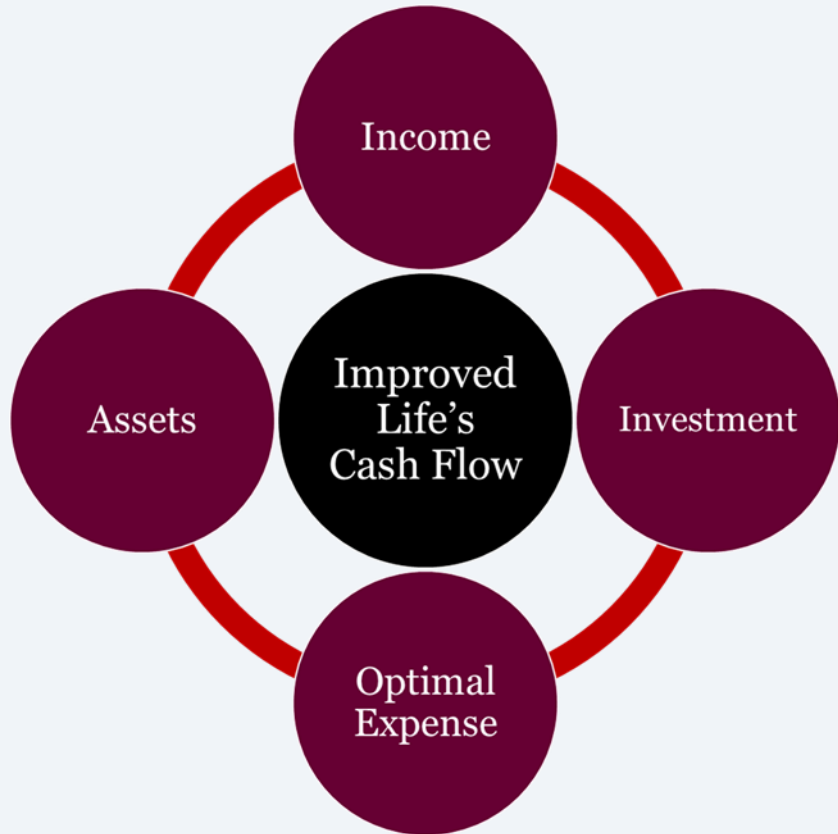


Module 05 – Managing Life's Cash Flow



What are the consequences of the traditional cash flow of life?

Module 05 – Managing Life's Cash Flow



How will you adopt a new, improved cash flow for your life?

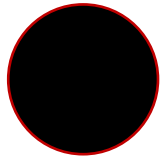
What are the three financial habits to become rich?

MODULE 06

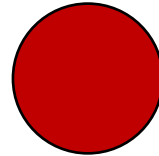
Never Give Up

“Soldiers Never Quit Until They Die”





**How will you defeat your fear
and frustration?**



How will you bounce back in life?

Requirements in the Training Room

Please ensure the following are arranged before the lecture begins:



Laptop & LCD/LED for Presentations

For projecting the lecture slides and exhibits to all participants.



Photocopies of the Workbook

Sets to be made and distributed to all participants.



Audio Facility with Collar Mic

To ensure clear audio delivery across the training hall.



Classroom Settings of the Training Hall

Hall arranged for classroom-style seating to facilitate learning.



Writing Pad and Pen for Each Participant

Each participant needs materials for note-taking and exercises.

Workshop Schedule

ONE DAY

Morning 10:00 am — Evening 04:30 pm Session End

Session I

10:00 am – 01:00 pm

- Quantum Mind and Universe
- Programmed Minds
- Reprogram Your Subconscious

Lunch Break

01:00 pm – 02:00 pm

Lunch · Networking · Refreshments

Session II

02:00 pm – 04:30 pm

- Behavioral Reengineering
- Managing Life's Cash Flow
- Never Give Up

Evening Tea

Tea · Session Concludes

Fee Structure

₹ 20,000
per day

Additional logistical expenses, if any, will be charged at actuals.

Professional Honorarium

₹ 20,000 per day of lecture engagement.

Logistics at Actuals

Travel, accommodation, and local transport will be charged at actual cost separately.



Life is Beautiful

THANK YOU



Contact

+91-7408424211

sanjay.saxena.lms@gmail.com

<https://sanjaysaxena.in>