

# GLO<sub>2</sub>FACIAL *Take Home* Guidelines

Glo<sub>2</sub>Facial is a breakthrough treatment that unlocks the body's natural superpowers to deliver calm, glowing skin and rebalanced beauty. Achieve amazing results with Oxfoliation™ with O<sub>2</sub> bubbles, amplify with LUX via our lite ultrasound experience, and detox with lymphatic massage.

## WHAT TO EXPECT:

There may be some degree of varying sensation which feels most active during Oxfoliation™. This is the result of internal oxygenation, release of active ingredients and physical exfoliation.

The possibility of redness and irritation exists, and I agree to notify my provider if any adverse reaction occurs prior to attempting any home remedies.

To achieve the best results, it is ideal to receive consistent monthly maintenance treatments.

## HOW TO PREPARE:

It is best to avoid surgical procedures or ablative lasers 6 weeks before.

Refrain from Neurotoxins, Injectables, chemical peels or aggressive exfoliation 2 weeks prior.

Avoid tanning 1 week before

Discontinue topical retinoids for a minimum of 3 days before.

## NEXT STEPS:

Keep skin clean, moisturized and sun protected. Reapply SPF every 2 hrs. when in direct sunlight for 1 week post treatment.

Avoid AHA's, BHA's, Retinol, Benzyl Peroxide and topical acne medications for a minimum of 3 days.

Avoid tanning, aggressive exfoliation, scratching or picking at the skin for 1 week.