



Mommy and Me Program Rules and Expectations

Revised November 20, 2024

1. There is absolutely zero tolerance for illegal substances, alcohol, any substances designed to mimic an illegal substance (i.e., Kratom or K-2), steroids, any protein type substance that can give a false positive or substances that are being used in a manner differently than they have prescribed. Possession of any substances can be grounds for immediate dismissal from the Restoration of Hope Project Mommy and Me Program. All positive tests are treated as such, and clients will be required to leave the property within one hour. If a client believes they have taken a substance that has caused the test to be a false positive, they will be required to pay for their own laboratory test.
2. Clients who take medications (whether Medication Assisted Treatment or prescribed by a doctor or over the counter), will be required to secure said medications away from children's reach upon arrival in the RHP program. Controlled medications will be required to have a medication log sheet and will be subject to a count as staff sees necessary.
3. All clients are subject to random drug testing and/or BAT (Blood Alcohol Test) without notice and with or without cause or explanation. (Refusal to submit to testing will be treated in the same manner as having submitted a positive test result; the client will be immediately dismissed from the RHP property. The client, likewise, will be considered to have submitted a positive test if they should leave the property at any time for any reason before having submitted to testing. Note: When the client submits a urine sample for screening, they must do so with the bathroom door open and not flush the toilet until the sample has been physically passed to the RHP staff conducting the test.
4. In cases in which clients are found to be under the influence of any illegal substances, alcohol, or medication that is not prescribed to them or medication that is being taken outside of prescribed instructions, the approved emergency contact will have one hour to pick up the child(ren). If the approved contact cannot be reached or cannot get the child(ren) we will contact Isabel's House for placement. Each client should have an Emergency Contact who can assist with care if needed.
5. The use of any illegal substances, alcohol, or medication that is not prescribed to them or medication that is being taken outside of prescribed instructions, is considered child neglect and in some cases child abuse and will be reported to the Division of Family and Child Services. All RHP staff are mandated reporters.
6. Clients must complete a detoxifying program before they are considered for readmittance. Clients must also meet with program Directors. A relapse will forfeit your place in the Mommy and Me program, however you will be considered for our recovery housing.
7. Clients are required to maintain a recovery aftercare maintenance program for their substance use disorder and mental health disorder. Clients are required to attend at a minimum of one per week. This treatment is required and will be required as part of the RHP Mommy and Me Program. The cost of this treatment will be included in the program fees if the client is using

RHP services. RHP respects the right of a client's choice of services. Clients that choose services elsewhere will be responsible for the cost of those services themselves. Depending on the client's need, more than one treatment interaction may be required.

8. There is zero tolerance for weapons of any type, and they are strictly prohibited from being in a client's possession. Possession is defined as: Care, Custody or Control. Weapons are not allowed in the buildings or on the property of RHP. Such weapons include but are not limited to: Firearms, rifles, shotguns, ammunition, swords, spears, knives with a blade over four inches, brass knuckles.
9. There is zero tolerance for tattoo guns or for tattoos to be administered on RHP property. Due to the health risks and possible spread of infectious diseases (such as Hepatitis C) there is zero tolerance.
10. Pornographic materials of any sort are prohibited in a client's individual possession, in their rooms or on RHP Property. (Such materials include but are not limited to magazines, movies, computer downloads, phone downloads, drawings, sex toys etc.).
11. Clients have no expectation of privacy in this program. All clients are subject to search of their person, their personal belongings, their rooms and surrounding areas at any time without cause or explanation. This also allows law enforcement to search for anything they deem necessary. Failure to submit to search will be treated in the same manner as having been found in possession of a Zero Tolerance item and will result in immediate dismissal from the RHP program and the RHP property thereof.
12. Smoking is allowed in designated areas only and all trash placed in the proper buckets. VAPING in the house will NOT BE TOLERATED. Violation of this rule is subject to a \$250 fine and /or dismissal.
13. Clients are required to keep their personal belongings and areas neat, clean and orderly at all times. Clients are required to make their beds every morning. Food is not allowed in any room but the kitchen or dining area. This helps reduce the risk of unwanted pests.
14. Clients must shower at least once daily (there will be no exceptions to this rule). Clients will not leave personal belongings in the bathroom.
15. Clients must wash and put away their personal eating utensils after each use (this includes plates, bowls, cups, silverware, pots and pans, etc.).
16. Clients are responsible for washing and folding their own linens every week (sheets, blankets, pillowcases, towels, washrags, etc.).
17. Clients are asked to turn off lights when they are finished using them and/or leaving the room. Clients will be expected to lock the door when leaving the residence.
18. Clients must maintain gainful employment while in the program. Clients who do not have employment or who lose employment will be required to communicate with the RHP staff.
19. Clients that are receiving disability benefits are considered employed. They will still be required to be out of bed and fully ready for the day by 8 AM. This is important as they need to be ready to be in active recovery.

20. The nightly curfew is 10:00 PM for clients in the Mommy and Me Program. The curfew will be extended to 11:00 PM Friday and Saturday night, on the contingency that the client does not owe fees. Failure to meet curfew will result in clients receiving an incident report and urinalysis.
21. If the client is working before curfew (6 AM) or past curfew, they MUST provide documentation verifying clock in/clock out hours. These will be subject to verification from any RHP Staff or Manager.
22. Clients will observe lights out at 10:00 PM every night. Exceptions will be made for special events or for employment purposes.
23. Guests are not allowed at any RHP property UNLESS prior approval has been received from either the Housing Director or the Executive Director on a case-by-case basis. Clients are to be respectful, and courteous to their neighbors, at all times. Case workers and other professionals working with you or your child(ren) will have access to the meeting room located on the property.
24. After 45 days, clients are eligible for an overnight pass once each month with staff approval. After 120 days, clients are eligible for an overnight pass two per month with staff approval. All 24-hour passes must be submitted 7 days in advance. After 6 months, clients are permitted to take their two-night outs consecutively; 48-hour pass requests must be submitted 14 days in advance. Overnight passes are a privilege that is earned (fees must be current, all chores completed, and all treatment requirements met). Clients MUST agree to make themselves available for random U/A and BAC test Regardless of their location or activity (Failure to do so will result in termination from the program.)
25. TV's and stereos should be kept at a minimum to be courteous to other residents that may be resting. Radios, I-Pods and other personal entertainment devices must be used with the accompaniment of personal headphones so as not to disturb fellow clients with extraneous noise.
26. Clients must sign in/out on the provided log sheet when arriving on property. Log will include time in/out, destination and client initials or signature.
27. Clients are required to perform house chores daily to be assigned by RHP staff. House must be kept to a high standard. Chores are to be a priority over anything other than employment, treatment, legal appointments (PO/Court), or medical appointments.
28. Clients are responsible for their own food. If group meals are agreed upon all clients are encouraged to share in their responsibility of the purchasing and preparing of said meal. All clients are assigned refrigerator, freezer and pantry space. Eating other clients' food without their permission or knowledge is stealing and grounds for immediate dismissal.
29. Clients are individually responsible for the documentation (weekly activity sheet) of chores, treatment, financials and related staff signatures. (If it was not written on the activity sheet, it did not happen). Also, loss of weekly activity sheet will result in an initial fine of (\$25) for the first offense, (\$50) for the second offense and meeting with program director on third offense to determine if the client is allowed to stay in the RHP program.
30. While answering the house phones clients are asked to speak politely and professionally to any caller.
31. Clients may have a small TV in their room. Clients cannot hang TVs on the walls of the Mommy and Me bedrooms.

32. Furniture in the house is not to be moved without the express permission given by only the Housing Director or the Executive Director.
33. Any relationships between clients and staff are strictly not permitted and may result in both parties being terminated from the RHP program.
34. Clients are not to talk about their legal/criminal background or charges. The program is to help clients start a new life not dwell or relive their past transgressions.
35. RHP is a Recovery program. Housing and Treatment are included in the program and therefore the fees are paying for the client's treatment and housing. Fees are not rent, and clients are not tenants. If you are dismissed/terminated from the RHP program, you are to leave the house quickly without disturbance. RHP works closely with probation and parole, law enforcement, Division of Family Services, the courts, and all supervising authorities. Any incidents will be reported immediately.
36. Clients understand that they are participating in a program by their own choice, and that the chain of command to be followed in this program is: House Manager, RHP Staff, the Housing Director and finally Executive Director.
37. Clients that fall behind in their program fees will face dismissal once they are two weeks behind in fees (or at any point that a client just refuses to pay their program fees). Clients will be expected to attempt to get caught up on fees if they are behind and will be expected to pay at least 60% of their income until they are caught back up. Clients are expected to pay their fees by Sunday (the first day of the upcoming week). Those clients that fail to keep their balance paid up, could be placed on curfew. Clients who owe must communicate their plan pay with RHP staff. Clients could be discharged from the program if they owe fees and are 'miscellaneous spending' (ie buying cigarettes). This is stealing from the program.
38. Clients terminated from the RHP program must collect their personal belongings (under staff supervision) or make arrangements within 24 hours of said termination/dismissal. Any belongings not collected within 24 hours (or arrangements made) are subject to being donated.
39. Program fees are due on Sunday (the first day of the week) by 3:00 PM. The fees cover the following week. Anyone not paying their fees by Wednesday of the following week will incur a \$15 Late Fee and could be placed on curfew. No passes or other privileges will be granted while a client is behind on fees. Overnight pass requests will be automatically denied if turned in owing a balance. Late Fees will continue to accrue each week as the client is behind on fees. Only payment arrangements with the Executive Director or Housing Director will be an exception to this rule.
40. Failure to comply with the house rules and regulations will result in serious sanctions and/or penalties, including but not limited to fines, additional chores, or dismissal from the RHP program.

***The Restoration of Hope Project Mommy and Me Program Rules are subject to change without notice and are at the discretion of the RHP Staff. Honesty and Accountability are paramount to your success in this program. Dishonesty and lack of accountability will get you dismissed quicker than a relapse.

By signing these rules, I understand that I am participating in the program on my own accord. I agree to follow all the rules and expectations to the best of my knowledge and ability. I agree that failure to meet program expectations and requirements could result in my immediate discharge from the

program. I also understand that if I am to participate in illegal activity such as drug use, it will be reported to the Division of Family Services.

Name (Print) _____

Name (Signature) _____

Date _____