



# High Blood Pressure Support Formula

A comprehensive cardiovascular support formula crafted to **help regulate blood pressure naturally through vasodilation, stress modulation, arterial repair, and antioxidant protection.** This multifaceted blend leverages nitric oxide precursors, adaptogens, polyphenol-rich botanicals, and heart-friendly micronutrients to support vascular tone, endothelial function, and systemic inflammation control.

# Key Benefits

1

## Vasodilation & Circulatory Flow

L-Arginine, Beet Root, Celery Seed, and CoQ10 promote nitric oxide production, aiding in smooth muscle relaxation and improved blood flow.

2

## Stress & Cortisol Modulation

Ashwagandha, Bacopa, Holy Basil, and L-Theanine help reduce sympathetic nervous system dominance—a root cause of chronic hypertension.

3

## Endothelial & Arterial Health

Grape Seed, Pine Bark, Olive Leaf, and Hawthorn Berry are rich in flavonoids that protect endothelial linings and reduce arterial stiffness.

4

## Diuretic & Fluid Balance

Parsley, Dandelion Root, and Hibiscus aid gentle fluid excretion to ease vascular volume without harsh depletion.

# What Makes This Formula Unique

## **Nitric Oxide Pathway Enhancement**

Combines L-Arginine and Beet Root with Gynostemma and Forskolhii to activate both enzymatic and non-enzymatic nitric oxide pathways, enhancing efficacy across metabolic types.

## **Dual Hawthorn Blend**

Includes both Hawthorn Berry and Leaf for their synergistic effects on cardiac tone, rhythm support, and peripheral circulation.

## **Polyphenol-Rich Vascular Protection**

Grape Seed, Pomegranate, Lycopene, and Green Coffee offer polyphenols and tannins that improve capillary integrity and reduce systemic vascular resistance.

## **Heart-Brain Axis Adaptogens**

Bacopa, Gynostemma, and Cat's Claw uniquely bridge cardiovascular and neurological health, calming nervous tension while enhancing endothelial resilience.

Take 4 per day, 2 in the morning and 2 at night for optimal results.

# Stage 1: Immediate Effects (0-6 Hours)

## Focus

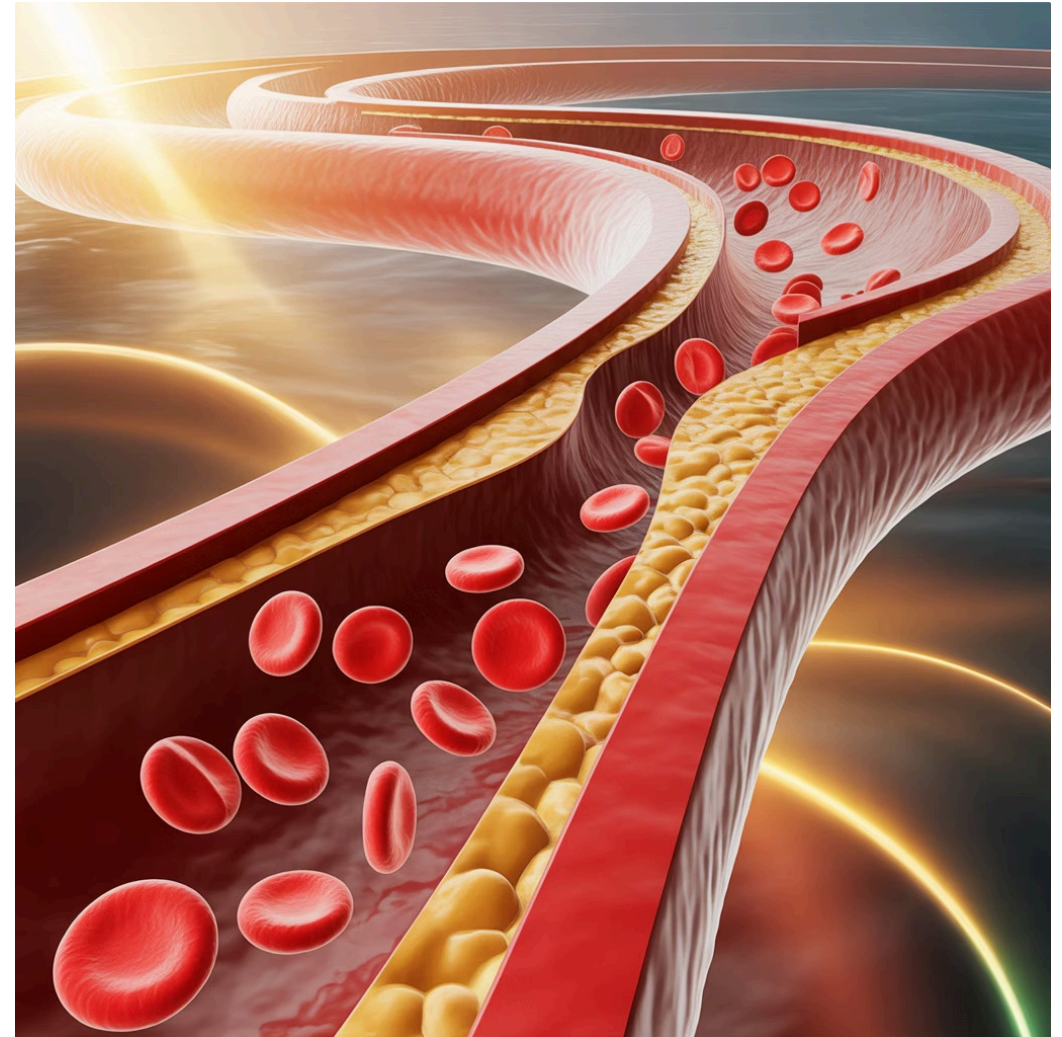
Vasodilation, circulation improvement, and initial blood pressure reduction.

## Mechanics

This phase activates nitric oxide (NO) pathways, relaxes arterial walls, and supports early-phase antioxidant buffering.

## Featured Ingredients

- Beet Root & L-Arginine increase NO production
- CoQ10 & Magnesium support endothelial function
- Cayenne & Garlic improve vessel dilation
- Celery Seed begins mild diuretic action



Outcome: Improved circulation, reduced arterial pressure, and faster delivery of nutrients throughout the body.

## Stage 2: Sustained Effects (6-24 Hours)



### Anti-inflammatory Support

Hibiscus, Olive Leaf, and Green Tea reduce ACE activity and support vasodilation, helping maintain lower blood pressure throughout the day.



### Renal Clearance

Graviola, Burdock Root, and Mulberry Leaf promote fluid balance and antioxidant liver-kidney support for natural detoxification.



### Hormonal Balance

Ashwagandha, Holy Basil, and L-Theanine regulate the stress response, reducing cortisol-induced hypertension for sustained pressure control.

Outcome: Reduced stress-related pressure surges, improved fluid clearance, and blood vessels remain relaxed and protected throughout the day.



# Stage 3: Adaptive Effects (Days to Weeks)

## Focus

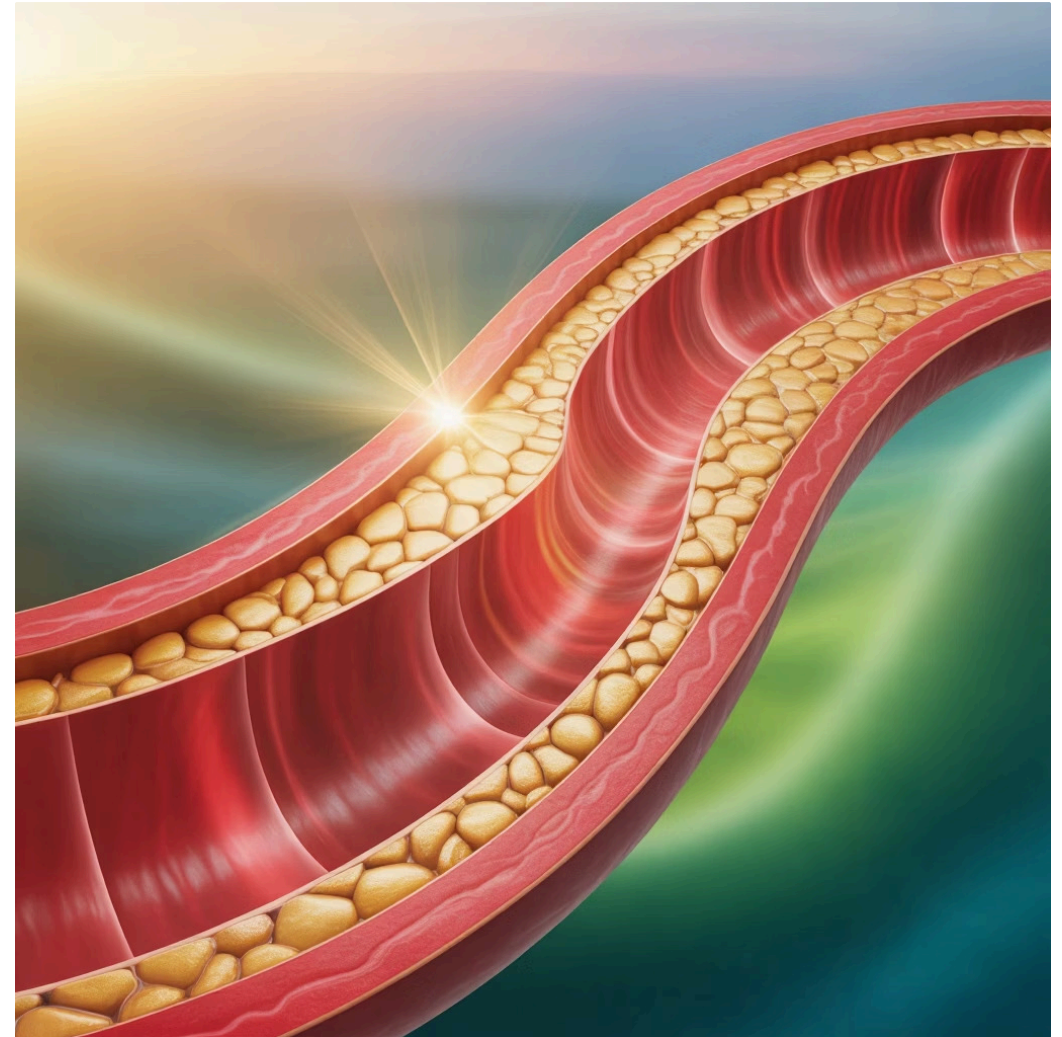
Endothelial repair, anti-atherosclerosis activity, and cardiovascular rhythm support.

## Mechanics

With sustained use, the formula reduces vascular inflammation, improves endothelial nitric oxide synthase (eNOS) activity, and helps reverse arterial stiffness.

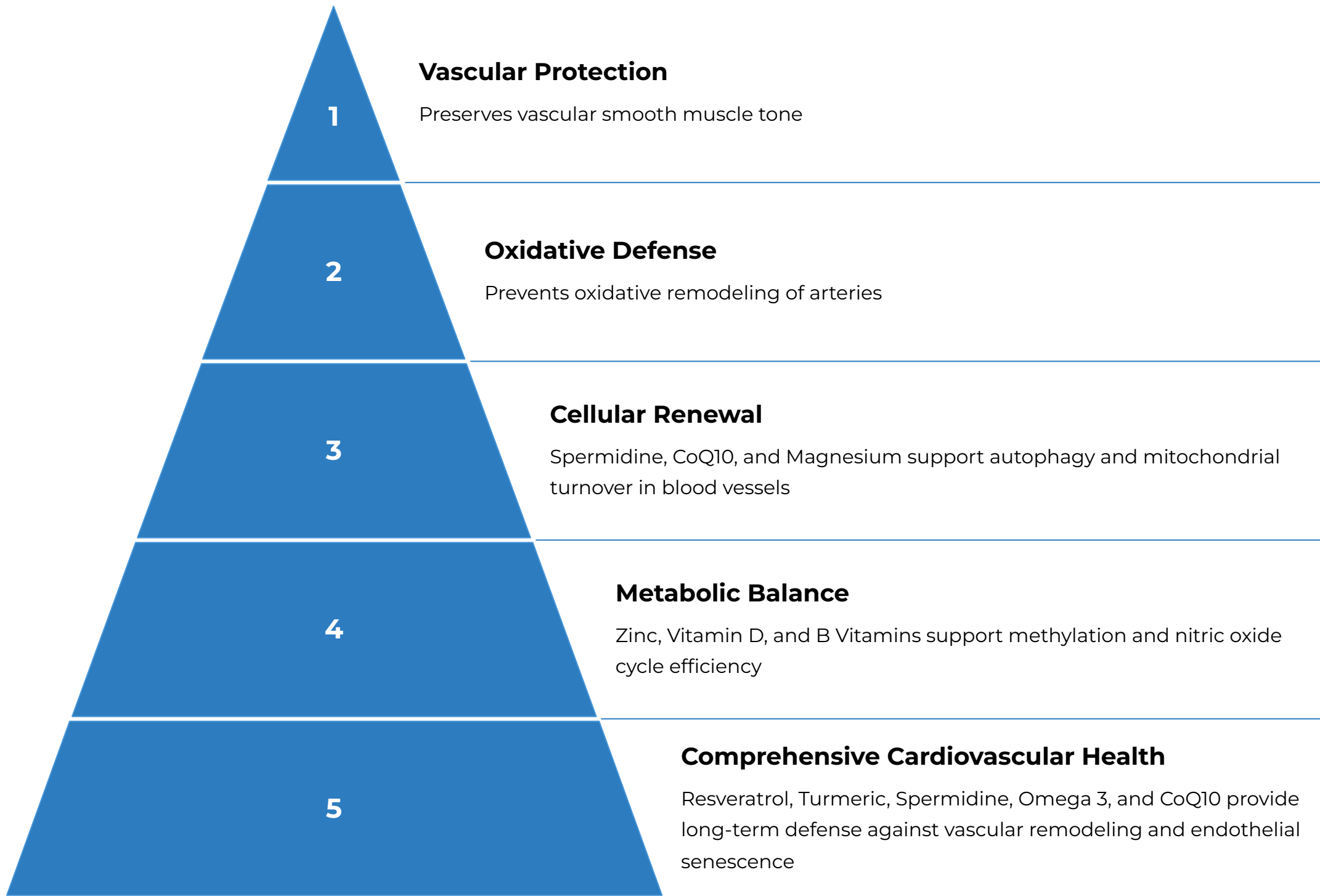
## Key Synergies

- Pine Bark, Grape Seed, and Pomegranate protect endothelium
- Cinnamon, Cacao, and Lycopene improve arterial elasticity
- Notoginseng, Forskolhii, and Gotu Kola enhance microcirculation



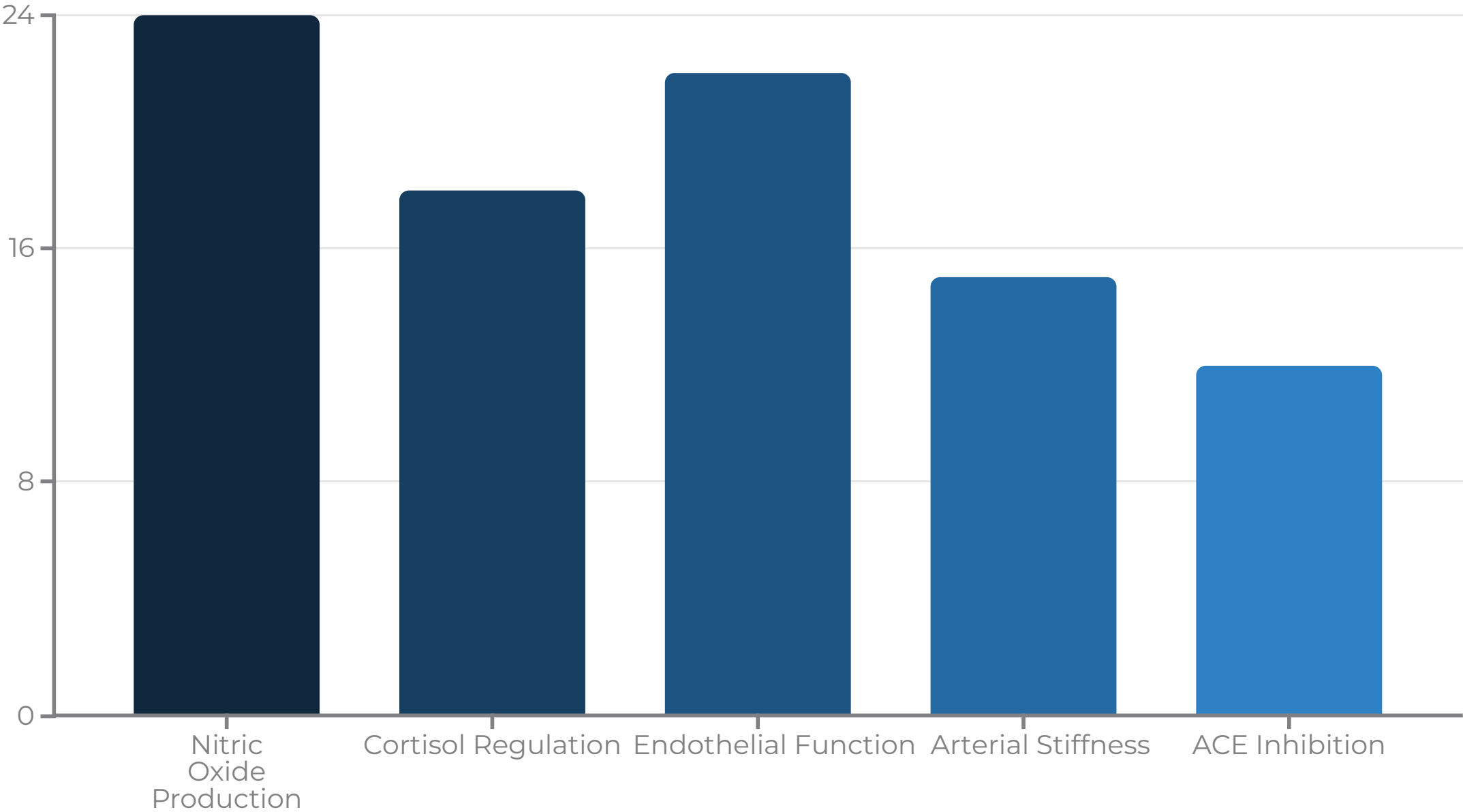
Outcome: Increased vascular elasticity, normalized rhythm, reduced arterial plaque risk, and improved blood vessel recovery.

# Stage 4: Long-Term Benefits (Weeks to Months)



Outcome: Lasting blood pressure normalization, improved endothelial tone, and protection from chronic cardiovascular disease.

# Research-Backed Mechanisms



This High Blood Pressure Support formula **excels through its comprehensive approach to cardiovascular health, addressing multiple pathways simultaneously: enhancing nitric oxide production, modulating stress response, protecting endothelial function, improving arterial elasticity, and inhibiting ACE activity**—all supported by extensive clinical research.