

Nueva Alma Impact : Next-Generation Wellness Blend

A comprehensive daily wellness formula combining functional nutrients, superfoods, adaptogens, amino acids, vitamins, minerals, medicinal herbs, and therapeutic compounds. Designed for modern lifestyles, it **delivers foundational health support across multiple body systems.**



Key Benefits

1

Comprehensive Cellular Nutrition

Full spectrum of vitamins (A, B-complex, D, E, K), minerals (Magnesium, Potassium, Zinc, Boron), and key antioxidants (CoQ10, NAC, Alpha Lipoic Acid) that nourish cells and support energy, repair, and defense.

2

Immune & Inflammatory Balance

Turmeric, Ginger, White Willow, MSM, and Nattokinase help regulate systemic inflammation, enhance immune surveillance, and support recovery.

3

Detoxification & Gut Health

Chlorella, Dandelion (leaf & root), Nopal, Licorice, NAC, and Triphala promote liver phase I/II detoxification, gut mucosal repair, and microbiome support.

4

Neuroendocrine & Cognitive Function

Ashwagandha, Rhodiola, Bacopa, GABA, L-Theanine, and Gynostemma nourish the brain, support neurotransmitters, and buffer stress response.



More Key Benefits

1

Cardiovascular & Metabolic Support

Red Yeast Rice, Omega-3s, Green Tea, Garlic, and L-Arginine promote healthy lipid metabolism, nitric oxide production, and circulatory function.

2

Joint & Collagen Integrity

Marine Collagen, Glucosamine, MSM, and Proline support connective tissue health, reduce joint discomfort, and enhance skin elasticity.

3

Mitochondrial & Hormonal Resilience

NAD, L-Carnitine, Methionine, and Forskolin feed cellular energy pathways, while Kava and Maca balance adrenal and hormonal health.

What Makes This Formula Unique



Amino Acid Matrix

Rare blend of conditionally essential and performance-boosting aminos (Carnitine, Arginine, Proline, Methionine, Alanine, GABA) for repair, detox, and neurotransmission.



Polyphenol-Dense Superfruits

Aronia, Maqui, Camu Camu, Goji, Acerola, Rose Hip, Raspberry, and Strawberry offer a rainbow of antioxidants and vitamin C analogs to combat free radical damage.



Triple Adaptogen Axis

Ashwagandha, Rhodiola, and Gynostemma form a potent trifecta for regulating cortisol, protecting the nervous system, and promoting homeostasis.



Joint & Collagen Rebuilders

Includes Glucosamine, Marine Collagen, MSM, and Pumpkin Seed for joint comfort and tissue elasticity.



Greens & Algae Powerhouse

Spirulina, Barley Grass, Kale, Kelp, and Bladderwrack contribute chlorophyll, minerals, and thyroid support.



Innovative Ingredients

Zeaxanthin, Lycopene, Trehalose, and Chrysin provide specialized antioxidant, vision, and hormone-balancing benefits that are rare in most multiformulas.

Stage-Based Analysis

1

Stage 1: 0-6 Hours (Immediate Effects)

Focus: Fast-acting energy, digestion, circulation, and neurotransmitter balance.

Featured Ingredients: Guarana, Green Coffee, Cayenne, CoQ10, Alpha Lipoic Acid, L-Carnitine, NAD, GABA, Kava Kava, L-Theanine, Bromelain, and Black Pepper.

Outcome: Immediate physical and mental energy, smoother digestion, and enhanced nutrient delivery.

2

Stage 2: 6-24 Hours (Sustained Effects)

Focus: Glucose control, inflammation reduction, mood balance, and sustained antioxidant support.

Featured Ingredients: Gymnema, Green Tea, Red Yeast Rice, Fenugreek, Dandelion Root, Turmeric, Rhodiola, Hibiscus, MSM, Omega 3, and Zinc.

Outcome: Sustained metabolic balance, reduced inflammation, and smoother mood and energy transitions.



Stage-Based Analysis (Continued)

Stage 3: Days to Weeks (Adaptive & Cellular Effects)

Focus: Immune modulation, neurotransmission, hormone balance, and tissue regeneration.

Featured Ingredients: Ashwagandha, Rhodiola, Astragalus, Bacopa, Gotu Kola, Spirulina, Chlorella, Barley Grass, Marine Collagen, Glutamine, and Glucosamine.

Outcome: Improved resilience, cellular repair, and steady energy through endocrine and immune calibration.

1

2

Stage 4: Weeks to Months (Long-Term Benefits)

Focus: Anti-aging, vascular integrity, organ protection, and longevity signaling.

Featured Ingredients: Resveratrol, Pomegranate, Lycopene, Tomato, Rose Hip, Maqui Berry, Triphala, Licorice, Neem, Zinc, Vitamins D, K, E, and Nattokinase.

Outcome: Preserved cognition, lower systemic inflammation, reduced biological aging, and organ health over time.



Research-Backed Synergies

Mitochondrial Energy Production

CoQ10, Alpha Lipoic Acid, NAD, and L-Carnitine synergistically enhance mitochondrial energy production and cellular resilience. Studies show these compounds improve mitochondrial function, reduce oxidative stress, and support cellular metabolism.

- CoQ10 acts as a key component in the electron transport chain
- Alpha Lipoic Acid enhances mitochondrial function
- L-Carnitine transports fatty acids into mitochondria
- NAD plays a critical role in cellular metabolism

Adaptogen Triad

Ashwagandha, Rhodiola, and Gynostemma form a potent adaptogen triad that regulates cortisol and enhances HPA axis function. Research shows these herbs effectively manage stress and improve overall well-being.

- Ashwagandha reduces morning cortisol levels
- Rhodiola improves mental performance and stress resilience
- Gynostemma modulates stress responses and improves energy

More Research-Backed Synergies

Liver Detoxification Support

Chlorella, Dandelion, Triphala, NAC, and Milk Thistle support Phase I/II liver detox and help bind, neutralize, and excrete toxins. These substances enhance the liver's ability to process and eliminate harmful substances.

- Chlorella contains chlorophyll that enhances detoxification
- Dandelion exhibits hepatoprotective properties
- NAC acts as a precursor to glutathione
- Milk Thistle contains silymarin that protects liver cells

Joint & Connective Tissue Support

Marine Collagen, Glucosamine, MSM, and Vitamin C regenerate connective tissue and reduce joint inflammation. These compounds work synergistically to enhance joint health and alleviate symptoms of joint disorders.

- Marine collagen provides essential amino acids for cartilage
- Glucosamine stimulates cartilage production
- MSM has anti-inflammatory properties
- Vitamin C is essential for collagen synthesis

Comparative Analysis: Impact vs. Competitor

Impact Advantages

- Comprehensive whole-body vitality and cellular optimization formula
- Rich in adaptogens (Ashwagandha, Rhodiola, Gynostemma)
- Extensive polyphenol-rich superfruits (Aronia, Camu Camu, Maqui)
- Contains functional mushrooms for immune support
- Includes NAD, marine collagen, and MSM
- Multi-stage benefits from immediate to long-term

Impact unites ancient herbalism, modern science, and nutrition innovation for unmatched systemic support, while Competitor is better suited for short-term performance enhancement or high-protein training recovery.

Competitor Limitations

- More focused on athletes and bodybuilding than broad wellness
- Contains synthetic additives and allergens
- Lacks modern adaptogens and mushrooms
- Less comprehensive in phytonutrient density
- Missing NAC, glutathione-leveling compounds
- Limited polyphenolic diversity for cellular resilience



How to Use & Summary of Benefits

Dosage

4 per day: 2 in the morning, 2 at night

Key Benefits Summary

- Immediate energy, digestion, focus, and calm
- Daily metabolism, mood, and inflammation balance
- Cellular regeneration and stress resilience
- Long-term cardiovascular, joint, immune, and cognitive protection

How It Excels

- Synergistic multi-system formula with nootropics, adaptogens, functional mushrooms, superfruits, and key cofactors
- Balanced activation stack combining mitochondrial enhancers with adaptogens and calming agents
- Comprehensive neuroendocrine and cognitive support
- Immune & detox synergy for long-term gut, liver, and immune support
- Vascular + anti-aging blend for protection against aging and vascular strain