

New Rider Maintenance Class Schedule

PAGE	TOPIC	TEACHING STYLE	MINUTES
<i>Tire & Tube Service</i>			
12	Wheel Removal	Demo & Lab	30
14	Removal of Tire & Tube from Rim		
15	Inner Tube Inspection		
17	Inner Tube Repair		
21	Installation of Tire & Tube on Wheel		
22	Wheel Installation		
<i>Chains</i>			
106	Chain Wear and Damage	Lecture	5
107	Chain Cleaning	Demo	10
107	Chain Lubrication	Demo & Lab	10
<i>Rear Sprockets</i>			
38	Sprocket Inspection & Cleaning	Demo & Lab	15
<i>Derailleur Systems</i>			
127	Index Adjustment (Rear)	Demo & Lab	20
<i>Wheel Service</i>			
62	Wheel Wear, Damage, & Repair	Lecture & lab	15
<i>Brake Systems</i>			
153, 163, 175, 177, 179, 180, 181	Show pads-to-rim and pad-to-rotor inspection; demonstrate as applicable to student bikes	Demo & Lab	20
173	Show adjusting cable slack at adjusting barrel		
<i>Frame & Fork</i>			
205	Frame Damage	Lecture	10
TOTAL:			135