

KEN ALLEN TRAINING, LLC

AK / AR (OR ANY DEFN CARBINE) GEAR LIST (BASIC)

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GEAR LIST (Min Required) NOTE: ALL REQUIRED unless noted OPTIONAL - Add normal range gear as per individual preference / experience and or per training / competition requirements.

Carbine / Rifle / SBR - Any Defensive Carbine / Rifle / SBR (AK, AR, Galil, SCAR, HK, Mini14, PCC, etc)

Spare Carbine - Highly *Recommended* - Any Defensive Carbine / Rifle / SBR

Handgun: Defensive Type w/ OWB Belt Mounted w/ Retention ONLY & appropriate support equipment

NOTE: Single Action Only Handguns only allowed with *proven* prior experience in dynamic training

Shotgun - Any Defensive Shotgun - If do not have one, a basic loaner Defn type will be available

Blast Can or Suppressor - **REQUIRED on ALL Concussive Multi-Port Muzzle Breaks or Comps** - *Optional: Flash Suppressors only* , no suppression or can required - (Standard AK74 device or similar ok)

Slings (Adjustable 2 pt) - **Both Carbine / Rifle and Shotgun - slings are required**

Chamber Flag - large enough to be visible from reasonable distance

Optic (Dot and or Magnified) - *Optional / Recommended* (Dot Optic is simple, versatile) - Irons always OK

Flashlight / Batteries (handheld light required)

Carbine Magazines - Min. 6 Standard Capacity (20 or 30 rnd)- mark boldly / identifiable

Pistol Magazines - Min 6 (10 rnd min standard capacity) - bring extra of each

Sturdy Belt / Shooter Gloves / Hat / Small Rucksack or Daypack (Strong / Durable)

Magazine Carrier - Carbine Mag Carrier (Chest Rig, Plate Carrier, Belt Mounted, Cargo Pockets, Etc)

Note: As a Low Profile alternative or "new to competition or training" - Cargo Pockets w/belt mounted carriers are sufficient

Carbine Ammunition - 500 rnds estimate - ONLY standard velocity or subsonic range ammo - **NO Steel Core, NO AP, NO 7n6, NO M855 / SS109, NO Green Tip, etc**

Pistol Ammunition: 100 rnds estimate

Shotgun Ammunition: 50 rnds estimate - non plated buckshot / +10 Slugs estimate - lead only

Personal First Aid Kit and Tourniquet (TQ) - TQ must be carried on-person during event

Training Tourniquet (separate from required live safety TQ)

Eye Protection (MUST BE Worn and Wrap Around Type): Both Clear and Sun Protection

Hearing Protection (MUST BE Worn) Electronic (recommended) - **Over Ear Required on Range**

Sharpie Marker (min 2) / **Lube** / **Rag** / **Notepad w Pen**

Tools (ANY NEEDED for adjustment or field repairs - including for front iron site or optic)

Target Stapler (Required) T50 Staple Type w/ **Long Staples** / **Ammo Loader** (Optional)

Sturdy Footwear Closed Toe and Laced REQUIRED

Long Pants Only - Cargo Pants (recommended) - Bring extra in case you shat yourself w/ excitement

Long Sleeve Shirt - Some stages is required - does not need to be worn at all times