

## AFTERCARE

**Expect the color to be much darker than expected!** Expect slight swelling, thickness, unevenness and/or redness for the first few days following the procedure.

Every 30 minutes - for 4 hours after your appointment blot your eyebrows with a clean cotton pad or paper towel (make sure your hands are clean). Doing this will help soak up the lymph fluid that is naturally released from your body in order to create a healing barrier for an injury, “the scabbing process”. We want to avoid scabbing as much as possible because this can pull out the pigment. If any scabbing does occur during the healing process please avoid picking it and let it fall out on its own.

4 hours after getting your brows done wash with antibacterial soap, like Cetaphil, and cool water to gently cleanse your eyebrows for 10-15 seconds. You will be washing your brows morning and night for 14 days. Always be sure to wash your brows outside of the shower with cool water and looking in a mirror so you can be extra gentle. Only wipe gently in the direction of hair growth avoiding circle motions or hard rubbing. When rinsing, be sure to rinse every trace of soap from the micro-bladed area. Rinse and pat dry with a clean paper towel.

Healing ointment and/or grape seed oil needs to be applied 3 times daily (only 2X/day if skin is oily). After washing is a great time to apply the ointment or oil. Do not apply the ointment unless the area is dry. Less is more when considering how much ointment to apply; the amount applied to each eyebrow should be comparable in size to half of a grain of rice.

Apply an even and small amount with a CLEAN Q-tip to each brow. Think of your brows as an open wound and make sure anything that touches them is clean!

- Do **NOT** get brows wet other than cleansing them for 14 days. This means NO shower water, sauna, hot tub, lake, ocean, and/or sweat should touch your brows. When showering be sure to keep water cool in order to avoid steam which will cause the pores to open and scabs to soften. Also, be sure to avoid letting any soaps run down your face because this could cause color discoloration.

- Avoid sweating for 14 days, sweat can change the pigment color

- Stay out of the sun for AT LEAST 14 days

- Avoid brow makeup, brow tints, and other facial treatments for 14 days

- Avoid using anti-aging or acne products that lighten, brighten, or tighten around them and never on them ever! This is anything with Retinol, Glycolic Acid, Salicylic acid, etc.--they can be applied to the face just not directly over brow area.

**The goal is no scabbing or flaking we want hydrated healing!**