



L I P S - AFTER CARE

Day 1 (Day of the Procedure):

It is very important to remove the lymph fluid from the surface of the skin in order to avoid heavy scabbing. Before bed, if the lips still have some dry lymph, rinse with lukewarm water, gently to remove the dry lymph, pat dry and apply Aquaphor/A&D ointment. Sometimes the lips can bruise even after the procedure. Bruising will subside within 24 hours post procedure.

Day 2-14:

The lips may be swollen the second day as well. Please do not ice the lips. Keep the skin moist at all times do not let lips dry out. Continue to apply the ointment throughout the day. **DO NOT LET LIPS DRY OUT.**

From Day 1-14 (or until the scabbing is gone):

Avoid:

- Water (aside from cleaning them)
- Makeup (only use ointment)
- Excessive sweating
- Sauna
- Pools
- Sun/Tanning beds
- Spicy foods
- Kissing

DO NOT pick the dry lips. **DO NOT** apply anything besides the ointment given to you. Following the procedure do not use creams that contain acids or ingredients that will lighten or exfoliate the skin. Touch-ups (if needed) can be done **NO SOONER** than 8 weeks after the original appointment. It is normal for color to disappear and then reappear later, it is part of the healing process.