



ESPOSITO'S KARATE FITNESS CENTER

S U M M E R S C H E D U L E

June 16 – September 6, 2025

No classes on Monday, Labor Day, Sept. 1st

2024	Monday	Tuesday	Wednesday	Thursday	Saturday
Dynomites (Ages 4½ - 7 yrs)	4:00 - 4:45pm	4:00 - 4:45pm	4:00 - 4:45pm ----- 5:00 - 5:45pm	4:00 - 4:45pm	10:00 - 10:45am
Juniors White-Purple/Blue (Ages 7 - 14 yrs)	4:00 - 4:45pm	4:00 - 4:45pm ----- 5:00 - 5:45pm	5:00 - 5:45pm	4:00 - 4:45pm ----- 5:00 - 5:45pm	11:00 - 11:45am
Adv. Juniors Blue - Green (Ages 8 - 15 yrs)	5:00 - 5:45pm	5:00 - 5:45pm	6:00 - 6:45pm	5:00 - 5:45pm	12:00 - 12:45pm
Green/Brown - Brown/Blacks	6:00 - 6:45pm	Tournament/Sparring Class 6:00 - 6:45pm	6:00 - 6:45pm	Weapons Class (Blue Belt and above) 6:00 - 6:45pm	1:00 - 1:45pm
Jr. Black	7:00 - 7:45 pm Teaching class	7:00 - 8:00pm Open class		7:00 - 8:00pm Open class	
Moms*			9:15-10:15am		

230 Adams Street ▪ Newton, MA 02458 ▪ 617.965.1329

www.espositoskarate.com

* Separate from Adult Program

Minimum of 6 students per class