

Privacy Notice

Effective Date: August 2026

The Massage Room Kington respects your privacy and is committed to protecting your personal information. This Privacy Notice explains how we collect, use, and safeguard your data when you visit

<http://www.themassageroomkington.co.uk>

1. Information We Collect

We may collect the following types of information when you interact with our Website:

- **Personal Information:** Name, email address, phone number, or other contact details you provide when signing up for classes, newsletters, or enquiries.
- **Usage Data:** Information about your interactions with the Website, such as pages visited, time spent on the site, and device/browser type.
- **Cookies and Tracking Technologies:** We use cookies to improve your browsing experience and analyze website traffic. You can manage your cookie preferences in your browser settings.

2. How We Use Your Information

We use your information for the following purposes:

- To communicate with you about class schedules, appointments, updates, and events.
- To process registrations and respond to enquiries.
- To improve our Website and services based on user behavior.
- To send promotional content if you have opted in (you can unsubscribe anytime).

3. How We Share Your Information

We do not sell or rent your personal data. However, we may share it with:

- **Service Providers:** Third-party platforms that help manage email communications, bookings, or website analytics.
- **Legal Requirements:** If required by law or to protect our rights and users.

4. Your Rights and Choices

You have the right to:

- Access, correct, or delete your personal data.
- Opt out of marketing emails at any time.
- Disable cookies through your browser settings.

5. Data Security

We implement security measures to protect your data, but no method of transmission over the internet is 100% secure. Please contact us if you have concerns about your information.

6. Contact Us

If you have any questions about this Privacy Notice, please contact us at:

Email: themassageroomkington@gmail.com