

# Disciplemaking at Your School in 5 Minutes

Discipleship doesn't require a classroom or a long-winded lecture—it starts with small, intentional moments. If you only have five minutes, here's how to invest in someone's faith journey effectively.

## 1. Pray for Guidance (30 Seconds)

Before you approach someone, take a moment to ask God for wisdom. Pray:

*"Lord, help me encourage and strengthen this person in their walk with You. Give me the right words and a heart that reflects Your love."*

The best discipleship moments are Spirit-led, not scripted.

## 2. Check In with Intentionality (1 Minute)

A quick check-in can make a big difference. Instead of a casual "How's it going?" ask:

- *"What's God been teaching you lately?"*
- *"How's your time in the Word going?"*
- *"How can I be praying for you today?"*

This shifts the conversation toward spiritual growth in a natural way.

## 3. Share a Quick Encouragement (1 Minute)

If they share a struggle, offer biblical encouragement. Keep it simple:

- *"I know you're stressed about exams—Philippians 4:6 reminds us not to be anxious but to pray."*
- *"You're not alone in that struggle. Even Paul wrestled with sin (Romans 7:15-25), but God's grace is bigger."*

The goal isn't to solve their problems but to point them to Christ.

## 4. Offer a Challenge (1 Minute)

Help them take a small step forward in their faith. Try something like:

- *"Let's memorize a verse together this week—how about Romans 12:2?"*
- *"Want to read through a short book of the Bible together?"*

- “What’s one way you can live out your faith this week?”

Discipleship grows through small, consistent steps.

## 5. Pray Over Them (1 Minute)

Before you go, offer a quick prayer:

*"Father, thank You for (name). Help them grow in faith, trust You more, and reflect Your love today. Give them strength and wisdom. In Jesus' name, amen."*

It may feel small, but these five minutes could be the encouragement someone needs to stay faithful. Keep showing up, keep investing, and watch God work!

