



**THE WELLNESS
CONNECTION**

RESTORING HEALTH & RELIEVING DISCOMFORT

As we move from summer to fall, it is important to take time for ourselves to renew and nourish our bodies as we prepare for colder weather and darker days. If you are a gardener who is finishing a long season of working in the dirt or just need a treat for your hands, we are offering our scrub, cuticle cream and hand cream for 25% off this month. You can sample each in the studio and see how wonderful these botanical, all-natural products are.

*THE STUDIO WILL BE CLOSED ON SEPTEMBER 2nd



New Treatment Coming Soon

Clinically validated Shockwave Therapy is one of today's top non-surgical solutions for cellulite, and it will be available soon in the comfort of our studio. This therapy disrupts the fibrous tissue responsible for the uneven appearance on the skin. It improves the stimulation of blood flow and lymph circulation, stimulates the metabolism of fatty deposits and triggers the skin to produce more collagen and elastin fibers. If you would like to learn more or be part of our special trial, call Karen at 440-796-2179.

Serving You the Best We Know How

As we continue to grow, we need to adhere to our available options in order to avoid wait times for you:

- *Membership of unlimited 8 min. sessions \$120/month
- *Individual sessions of 16 minutes \$20/each
- *Add-on to membership (extra 8 minutes) \$10/session

Please remember that we cannot start a session later than 10 minutes prior to closing. As always, we thank you for your referrals by gifting your next month at \$99.



Did you Know???

Embarking on a new wellness modality can be a transformative experience. We welcome you to learn about "binaural beats" which has been around since 1839, but has gained popularity in the past two decades.

You can read about it in our latest blog post:

<https://thewellnessc.com/blog>

Open Therapy Hours: 8-11a.m. M-F and 3-6p.m. M-TH

Initial Consultation & Sessions for new clients are by appt: Call 440-796-2179

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