

Dr. Heather Smith, DNP, APN, NP-C 2249 Broadway, Suite 8 Grand Junction, CO 81507 Phone: (970)424-0722 Fax: (575)205-0393 Email: admin@riversedgepain.com

# NEW PATIENT CHECKLIST

Prior to your consultation appointment, please use this checklist as a reference to ensure that all of your documentation is ready and already in the hands of your provider. Please <u>return the following documents</u> and the attached paperwork via email or through US Mail:

- Completed New Patient Packet
- Copy of Driver's License or Photo ID
- List of your current medications including any over-the-counter medications or supplements
- List of any surgeries
- List of all care providers involved in your care

## **OTHER INFORMATION:**

You will not be scheduled for an appointment until we have received the paperwork back, fully completed, with all of the documents listed above.

## **APPOINTMENT TIMING:**

Most of our appointments will be completed in person, but if needed we do have the ability to provide visits via telehealth or telephone. If a video telehealth is scheduled, prior to your appointment, you will receive an emailed or texted link for the appointment. Your "Consent for Treatment" paperwork will have information specific to telehealth visits that you should make certain you review.

We want to provide our patients with treatment in a timely fashion. Please plan on checking into your in-person OR virtual waiting room at least 10 minutes before your scheduled appointment time, as there may be additional details that must be gathered or paperwork to be completed. Failure to arrive at least 10 minutes prior to your appointment time may result in rescheduling of your appointment. Please complete AND RETURN all forms prior and we will contact you to set up your initial consultation appointment.



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#### NEW PATIENT INTAKE

| Legal Name                    |                |                                      |                                   |
|-------------------------------|----------------|--------------------------------------|-----------------------------------|
|                               | (Last Name)    | (First Name)                         | (Middle Name)                     |
| Nickname                      |                | Previous/Maiden Name                 |                                   |
| Sex/Gender: M F               | Other Social S | ecurity Number                       | Date of Birth                     |
| Race                          | Ethnic Group   | Hispanic/Latino Not Hispa            | anic/Latino                       |
| Address                       |                |                                      |                                   |
| City                          |                | State                                | Zip Code                          |
| Mailing Address (if different | nt from above) |                                      |                                   |
| City                          |                | State                                | Zip Code                          |
| Home Phone                    |                | Ok to leave message?                 | Yes No                            |
| Alternate phone               |                | Ok to leave message?                 | Yes 🔲 No 📋                        |
| Email Address                 |                | Ok to leave message?                 | Yes 🔲 No 🔲                        |
| Marital Status                |                |                                      |                                   |
| Preferred Language            |                | If not English speaking              | g, family interpreter? Yes 🗌 No 🔲 |
| Religion                      |                | Do you have an Advar                 | nced Directive? Yes 🗌 No 🔲        |
|                               |                | EMERGENCY CONTACT                    |                                   |
| Emergency Contact             |                | Relationsh                           | ip                                |
| Phone                         | Altern         | ate Phone/Alternate Contact method _ |                                   |
|                               |                | EMPLOYMENT INFORMATION               |                                   |
| Employer                      |                |                                      |                                   |
| Address                       |                |                                      | Phone number                      |
|                               |                | PHYSICIANS                           |                                   |
| Primary Care Physician        |                |                                      |                                   |
| Referring Physician (if diff  | erent)         |                                      |                                   |
|                               |                |                                      |                                   |
| Preferred Pharmacy            |                | Pho                                  | one                               |



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#### NEW PATIENT FORM

#### PLEASE COMPLETE THE FOLLOWING PATIENT INFORMATION:

#### RATE YOUR PAIN ON A SCALE OF 0-10 WITH 10 AS THE WORST PAIN YOU HAVE EVER EXPERIENCED:

Present pain is rated \_\_\_/10 Worst pain is rated \_\_/10 Best pain is rated as \_\_/10 Acceptable level of pain is \_\_/10

What is the primary reason for your initial visit?

List any other providers involved in your PAIN MANAGEMENT: \_\_\_\_\_\_

#### MY PAIN:

My pain starts:

| <ul> <li>Suddenly</li> <li>Constantly present</li> <li>at any time</li> <li>with certain motions</li> <li>frequently</li> <li>sneaks up on me</li> <li>in certain positions</li> <li>at certain times</li> <li>when resting</li> <li>when standing</li> <li>occasionally</li> </ul> | Right Left                       | Right | Left Right                 | Left               |
|---|----------------------------------|-------|----------------------------|--------------------|
| The pain is:<br>  | The pain fee<br>sharp<br>stabbin | dull  | burning<br>g pins/needles_ | aching<br>tingling |

 $\bigcirc$ 

Have you had previous medical tests or treatments for your pain?

Have you had any previous medical treatments FOR YOUR PAIN SPECIFICALLY? \_\_\_\_\_ YES \_\_\_\_\_ NO

LOCATION - Please mark location of pain on the drawing below

(m)

E

| TEST         | WHERE | WHEN | TREATMENTS       | WHERE | WHEN | HELPFUL?   |
|--------------|-------|------|------------------|-------|------|------------|
| X-RAY        |       |      | Spine Injections |       |      | 🗖 Yes 🗖 No |
| MRI          |       |      | Physical Therapy |       |      | 🗖 Yes 🗖 No |
| CT SCAN      |       |      | Chiropractor     |       |      | 🗆 Yes 🗆 No |
| EMG          |       |      | Back brace       |       |      | 🗖 Yes 🗖 No |
| BONE DENSITY |       |      | Massage          |       |      | 🗖 Yes 🗖 No |
| OTHER        |       |      |                  |       |      | 🗖 Yes 🗖 No |

#### Medication allergies:

Are you taking any blood thinners such as coumadin, aggrenox, plavix or aspirin? □ Yes □No

Are you allergic to contrast dye, iodine, shellfish or latex? 🗖 Yes 🗖 No

List and indicate type of reaction:

## List Medications (if more room is needed, please attach separate sheet):

| Name | Dosage / Frequency |
|------|--------------------|
|      |                    |
|      |                    |
|      |                    |
|      |                    |
|      |                    |

#### **Previous Surgery:**

| Type of Surgery | Year | Reason |
|-----------------|------|--------|
|                 |      |        |
|                 |      |        |
|                 |      |        |
|                 |      |        |
|                 |      |        |

#### **General Medical:**

| Heart problems                       | 🗖 Yes 🗖 No | High blood pressure         | 🗖 Yes 🗖 No |
|--------------------------------------|------------|-----------------------------|------------|
| Explain:                             |            | Explain:                    |            |
| Lung problems                        | 🗖 Yes 🗖 No | Cancer                      | 🗖 Yes 🗖 No |
| Explain:                             |            | Explain:                    |            |
| Liver disease                        | 🗖 Yes 🗖 No | Ulcers                      | 🗖 Yes 🗖 No |
| Explain:                             |            | Explain:                    |            |
| Kidney problems                      | 🗖 Yes 🗖 No | Diabetes                    | 🗖 Yes 🗖 No |
| Explain:                             |            | Explain:                    |            |
| Any disease of the nerves or muscles | 🗖 Yes 🗖 No | Stroke                      | 🗖 Yes 🗖 No |
| Explain:                             |            | Explain:                    |            |
| Drug or alcohol problems             | 🗖 Yes 🗖 No | Any previous fractures?     | 🗖 Yes 🗖 No |
| Explain:                             |            | Describe:                   |            |
| Psychiatric treatment                | 🗖 Yes 🗖 No | Any other serious injuries? | 🗖 Yes 🗖 No |
| Explain:                             |            | Explain:                    |            |
| Other:                               |            |                             |            |

#### Social History: Please check or complete as appropriate

| Tobacco products   | Smoking          | Y N How man        | ny packs a day years used         |
|--|------------------|--------------------|-----------------------------------|
| Alcoholic beverages a day  | Caffeinated beve | rages a day        | _ Recreational drugs              |
| Marital: Single  | Married          | Previous           | Divorced Widow/er                 |
| Children - number and ages   |                  |                    |                                   |
| Highest level of education achieve   | d                | Occupati           | on                                |
| Current/last employment  |                  | <i>µ</i>           | mount of time at current/last job |
| Family History: Please list any kno  | wn conditions af | fecting your biolo | gic parents and relatives         |
| Mother: Alive 🗖 Yes 🗖 No   | Age Co           | ondition           |                                   |
| Father: Alive 🗖 Yes 🗖 No   | Age Co           | ondition           |                                   |
| Other family conditions  |                  |                    |                                   |
| Family history is UNKNOWN YES  | 6 NO             | _                  |                                   |
| How did you find out about us? Phone Book / Internet / Friend / Family / Newspaper |                  |                    |                                   |

#### **CONSENT**

I hereby consent to have River's Edge Pain Specialists, PLLC, acquire medical and imaging records from previous provider(s) and via QHN as needed.

Patient's Signature: \_\_\_\_\_\_

Date: \_\_\_\_\_

## **INSTRUCTIONS FOR PATIENTS TAKING ASPIRIN / BLOOD THINNING MEDICATIONS**

Anticoagulants, anti-platelet drugs, or blood thinners may need to be discontinued prior to some procedures to minimize your risk of bleeding.

If it is necessary for you to hold or stop your blood thinner prior to a procedure, our office must consult with your cardiologist, primary care physician, or prescribing physician regarding temporary discontinuation of these medications. We will obtain approval and clearance for you to stop these if needed. You may restart your medications the following day (24 hours) after the procedure, unless otherwise indicated.

The following medications place you at risk for bleeding and therefore, <u>must be discussed at</u> <u>each visit:</u>

- Aspirin or aspirin containing products to include but not limited to: Ecotrin, baby aspirin, Anacin, Alka-Seltzer, Pepto-Bismol, Excedrin.
- NSAIDs: Advil, Motrin, Ibuprofen, Aleve, Celebrex (celecoxib), Mobic (meloxicam), Voltaren (diclofenac), Naproxen, Anaprox
- Coumadin (warfarin)
- Plavix (clopidogrel)
- Lovenox (enoxaparin)
- Vitamin E products
- Supplements: fish oil, garlic, Vitamin A, ginger, white willow bark, saw palmetto, ginko biloba
- Eliquis (apixaban)
- Fragmin
- Xarelto / rivaroxaban
- Pradaxa / dabigatran
- Reopro
- Aggrastat
- Integrilin
- Avastin
- Aggrenox (aspirin / dipyridamole)
- Persantine (dipyridamole)
- Arixtra (fondaparinux)
- Orgaran (danaproid)
- Heparin

## ACKNOWLEDGEMENT

I understand that failure to discuss these medications prior to my appointment date could result in cancellation and/or rescheduling of my appointment

Patient's Signature

| Date |  |
|------|--|



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# **REVIEW OF SYSTEMS**

<u>Constitutional</u> please check all that apply

| Reviewed All Elements No Sympto | m Co  | onstitutional Note |
|---------------------------------|-------|--------------------|
| Anorexia Chills Fatigue         |       |                    |
| Fevers Malaise weats            |       |                    |
| Weight Loss Weight Gain         | Dther |                    |
|                                 |       |                    |
|                                 |       |                    |
|                                 |       |                    |
|                                 |       |                    |

# **ENMT**

\_please check all that apply

| Reviewed All Elements No Symptoms       |            |
|---|------------|
| Ear Pain or Discharge Decreased Hearing | Nosebleeds |
| □Hoarseness □Dysphagia □Tinnitus        | ENMT Note  |
| Nasal Obstruction or Discharge          |            |
| □Sore Throat □Sinus Pains □Other        |            |
|   |            |
|   |            |
|   |            |
|   |            |

| EYES please check all that a                   | ıpply               |
|--|---------------------|
| Reviewed All Elements No Symptoms              |                     |
| Blurring Diplopia Discharge Eye Pa             | in Eyes Note        |
| □Irritation □Photophobia □Vision Loss          |                     |
| Floaters Other                                 |                     |
|  |                     |
|  |                     |
|  |                     |
|  |                     |
|  |                     |
| RESPIRATORY please check all the               | t apply             |
|  |                     |
|  |                     |
| Reviewed All Elements No Symptoms at this time | e Respiratory Note  |
|  |                     |
| Cough Dyspnea Excessive Sputum                 |                     |
| Hemoptysis Wheezing Painful Breathing          |                     |
| Sleep Disorder Snoring Dther                   |                     |
|  |                     |
|  |                     |
|  |                     |
| Cardiovascular please check all                | that apply          |
|  |                     |
| Reviewed All Elements No Symptoms              | Cardiovascular Note |
| Chest Pains Palpitations Syncope               |                     |
| Dyspnea on Exertion Orthopnea PND              |                     |
| Peripheral Edema Tightness Chest Other         |                     |
|  |                     |
|  |                     |
|  |                     |

| <u>GI</u> please check all th                 | nat apply                |
|---|--------------------------|
|   |                          |
| Reviewed All Elements No Symptoms             |                          |
| Abdominal pain Constipation Hematochezia      | GI Note                  |
| Jaundice Melena Nausea Jomiting               |                          |
| Change in Bowel Habits Diarrhea               |                          |
| Fatty Food Intolerance Heartburn Hemorrho     | lds                      |
| Indigestion Loss of Appetite Blood in Stool   |                          |
| Acid Reflux Other                             |                          |
|   |                          |
| GENT/Genitourinary please check all that app  | bly                      |
|   |                          |
| Reviewed All Elements No Symptoms             |                          |
| Decreased libido Dysuria Hematuria            | GENT/Genitourinary Note  |
| Hesitancy Impotence Incontinence              |                          |
| Nocturia Discharge Genital Sores              |                          |
| Other   |                          |
|   |                          |
|   |                          |
|   |                          |
| BJE/Musculoskeletal please check all that app | ly                       |
|   |                          |
| Reviewed All Elements No Symptoms             |                          |
| 🗆 Arthritis 🛛 Back Pain 🖾 oint Pain           | BJE/Musculoskeletal Note |
| Joint Swelling Muscle Cramps                  |                          |
| Muscle Weakness                               |                          |
| Leg Cramps Dther                              |                          |
| - ·   |                          |
|   |                          |
|   |                          |

| Skin/Integumentary please cl  | neck all that apply     |
|---|-------------------------|
| Reviewed All Elements No Symptoms Dryness Itching Rash Suspicious Lesions Ulcers Breast Lumps Breast Pain Nipple Discharge Dther  | Skin/Integumentary Note |
| Neurological please check all that apply  |                         |
| Reviewed All Elements       No Symptoms         Paresthesia's       eizures       yncope         Transient paralysis       Tremors       Vertigo         Weakness       Headache       Dther              | Neurological Note       |
| Psychiatric please check all that apply   |                         |
| <ul> <li>Reviewed All Elements No Symptoms</li> <li>Anxiety Depression Hallucinations</li> <li>Memory loss Mental disturbance</li> <li>Paranoia Suicidal ideation</li> <li>Panic Attacks Dther</li> </ul> | Psychiatric Note        |
|   |                         |

| Endocrineplease check all that apply  |  |
|---|--|
| Reviewed All Elements No Symptoms   | Endocrine Note                           |
| Cold Intolerance Heat Intolerance Polydipsia  |  |
| Polyphagia Polyuria Weight Change   |  |
| Abnormal Sweat Excessive Hair Other   |  |
|   |  |
|   |  |
|   |  |
| Hematologic/Lymphatic please check all that   | apply                                    |
| Reviewed All Elements No Symptoms   |  |
| Abnormal Bruising Bleeding  | Hematologic/Lymphatic Note               |
| Enlarged Lymph Nodes Anemia   |  |
| Bleeding Gums Lethargy Nausea   |  |
| □Vomiting □Other  |  |
|   |  |
|   |  |
| Allergic/Immunologic please check all that apply  | ,  |
| Reviewed All Elements No Symptoms   | Allergic/Immunologic Note                |
| Hay Fever HIV Exposure  |  |
| Persistent Infections Urticaria   |  |
| Postnasal Drip Stuffy Nose Unusual Fatig  | ue                                       |
| Frequent Colds Other  |  |
|   |  |
| Constitutional, Gastrointestinal, Neurological, Musc<br>review of systems performed and all Negative              | uloskeletal, Cardiovascular, Respiratory |
| All Negative: General, Respiratory, Neurological, Ga<br>Endocrinological and Immunological symptoms revi<br>time. | -  |



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# CONSENT FOR TREATMENT

River's Edge Pain Specialists, PLLC, (hereafter referred to as REPS or REPS, PLLC) is committed to providing the highest quality healthcare services. These terms govern your use of the REPS services and are required to receive services from REPS. Please read the Terms of Services carefully before using REPS, PLLC services.

Please refer to our Notice of Privacy Practices to learn how REPS collects, uses, shares and protects your Protected Health Information (as defined under the Health Insurance Portability and Accountability Act of 1996 or "HIPAA").

**Revisions** We may modify these terms from time to time. We will notify you of material changes by posting the amended terms on the website (if applicable). If we have your email on file, we will also notify you of material changes by email. Please make sure we have your current email address so that you will receive notice of any material changes. If you do not agree with the revised changes, you should discontinue your use of the services before the effective date of the change. If you continue using the services after the effective date, you will be bound by the updated terms.

**General Consent for Treatment** You have the right, as a patient, to be informed about your condition and the recommended medical or

diagnostic procedure(s) to be used so that you may make the decision whether or not to undergo any suggested treatment or procedure after knowing the risks and hazards involved.

These terms affirm your permission to perform reasonable and necessary medical examinations, testing and treatment. You agree that that these terms are continuing in nature even after a specific diagnosis has been made and treatment recommended, and that you consent to treatment at this office or any other satellite office under common ownership, you consent to the use of information obtained over the course of your care for quality improvement and research purposes. These terms will remain fully effective until it is revoked by you in writing. You have the right at any time to discontinue services and/or decline any and all treatments, even if against medical advice. You have the right to discuss the treatment plan with your medical provider regarding the purpose, potential risks, and benefits of any test, procedure, or treatment ordered for you. If you have any concerns regarding any test or treatment recommended by your healthcare provider, you have the right and we encourage you to ask questions.

You hereby voluntarily request a physician, or advanced practice clinician (Nurse Practitioner, Physician Assistant, or Clinical Nurse Specialist), and other health care providers or their designees, as deemed necessary, to perform reasonable and necessary medical examination, testing, and treatment for the condition which brought you to seek care at this practice. You understand that if additional testing, or invasive or interventional procedures are recommended which are outside the scope of this general consent to treatment, you will be asked to read and agree to additional consent forms prior to the test(s) or procedure(s).

Our providers are an addition to, and not a replacement for, your local primary care provider. Responsibility for your overall medical care should remain with your local primary care provider, if you have one, and we strongly encourage you to locate and establish care with one if you do not.

# **Informed Consent for Telehealth Services**

Telehealth involves the use of secure electronic communication, information technology, or other means to enable a healthcare provider and a patient at different locations to communicate and share individual patient health information for the purpose of rendering clinical care.

Telehealth may include a patient consultation, diagnosis, treatment recommendation, prescription, and/or a referral to in-person care, as determined clinically appropriate. Some clinical needs may not be appropriate for a telehealth visit, and your provider will make that determination.

Your provider will be licensed in the state where you are located at the time of your consultation, or otherwise meet a professional licensure exception under applicable state law, and will establish a provider-patient relationship in accordance with the laws and rules in the applicable state. Your provider may only provide services to you while you are physically located in a state where your provider is licensed and authorized to practice. It is your responsibility to inform your provider anytime you require services in a different state.

The types of electronic transmissions that may occur using the telehealth platform include, but are not limited to:

Completion, exchange, and review of medical intake forms and other clinically relevant information (for example: health records; images; output data from medical devices; sound and video files; diagnostic and/or lab test results) between you and your provider via: asynchronous communications, two-way interactive audio in combination with store-and-forward communications; and/or two-way interactive audio and video interaction.

Treatment recommendations by your provider based upon such review and exchange of clinical

information; Delivery of a consultation report with a diagnosis, treatment and/or prescription recommendations, as deemed clinically relevant; Prescription refill reminders (if applicable); and/or Other electronic transmissions for the purpose of rendering clinical care to you.

## Emergencies:

Our providers do not address medical emergencies. Please do NOT use the services, including telehealth, for emergency or urgent medical matters. For all urgent or emergency matters that you believe may immediately affect your health, you should immediately call 911 or go to the nearest emergency room or urgent care facility.

## Security Measures:

The electronic communication systems we use incorporate network and software security protocols to protect the confidentiality of patient identification and imaging data and include measures to safeguard the data and to ensure its integrity against intentional or unintentional corruption.

# Possible Risks:

Delays in evaluation and treatment could occur due to deficiencies or failures of the equipment and technologies, or provider availability. In the event of an inability to communicate as a result of a technological or equipment failure, please contact the REPS, PLLC at (970)424-0722 or at **admin@riversedgepainspecialists.com** 

In uncommon circumstances, your provider may determine that the transmitted information is of inadequate quality, thus necessitating a re-scheduled telehealth consult or an in-person meeting with your provider or with your primary care provider, depending on circumstances.

In very rare circumstances, security protocols could fail, causing a breach of personal medical information.

# Informed Consent for Quality Improvement and Research

REPS, PLLC seeks to provide the best possible quality of clinical services, and use of health information for quality improvement and research activities is a crucial part of continuous practice improvement. You hereby consent for your health and general information, including lab results, to be used by River's Edge Pain Specialists, PLLC, for quality improvement and research purposes.

# **Consent to Use of Genetic Information**

REPS provides point of care drug screening tests as a convenience to improve your ability to benefit from treatment. A potential risk of point of care testing is that some patients may provide a test sample that is not their own, and to improve the integrity of testing your provider may periodically order a test to analyze genetic information in the sample to confirm its source.

You hereby consent to use of genetic information in lab samples that you provide for the purpose of confirming that the sample provided is yours.

## **Patient Acknowledgments:**

You further acknowledge and understand the following (please read and initial each item):

1. You have the right to withhold or withdraw your consent to the use of telehealth in the course of your care at any time, and this will not affect your right to continue to be seen in person or re-enroll in future care or treatment.

2. There is a risk of technical failures during the telehealth visit beyond the control of REPS. You AGREE TO HOLD HARMLESS REPS AND ITS EMPLOYEES, CONTRACTORS, AGENTS, DIRECTORS, MEMBERS, MANAGERS, SHAREHOLDERS, OFFICERS, REPRESENTATIVES, ASSIGNS, PARENTS, PREDECESSORS, AND SUCCESSORS for delays in evaluation or for information lost due to such technical failures.

3. In choosing to participate in a telehealth visit, you understand that some parts of the services involving tests (e.g. labs or bloodwork) may be conducted at another location such as a testing facility, at the direction of your provider, and will require you to travel to complete the test(s).

4. Persons may be present during the telehealth visit other than your provider in order to operate the telehealth technologies, assist the provider in performing their responsibilities, or improve the quality of REPS services. If another person is present during the telehealth visit, you will be informed of the individual's presence and role.

5. Your provider will explain your diagnosis and its evidentiary basis, and the risks and benefits of various treatment options.

6. You have the right to request a copy of your medical record. You can request to obtain or send a copy of your medical records to your primary care or other designated health care provider by contacting REPS.

7. It is necessary to provide a complete, accurate, and current medical history to your provider.

8. There is no guarantee that you will be issued a prescription, and that the decision of whether a prescription is appropriate will be made in the professional judgement of your provider. If your provider issues a prescription, you have the right to select the pharmacy of your choice.

9. There is no guarantee that you will be treated by a REPS provider. Your provider reserves the right to deny care for potential misuse of the services or for any other reason if, in the professional judgment of your provider, the provision of the services is not medically or ethically appropriate. **Notice of Privacy Practices Acknowledgement** 

Our Notice of Privacy Practices will be sent with all other patient paperwork. Please refer directly to that document for questions or concerns regarding how we may use and release protected health information about you. You have the right to review our Notice before signing this form. As provided in our Notice, the terms of

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our Notice may change. By signing this form, you acknowledge that you have reviewed our Notice of Privacy Practices attached. You may obtain a current copy of our Notice by sending us an email at admin@riversedgepainspecialists.com

You have the right to request that we restrict how protected health information about you is used or released for treatment, payment, or health care operations. We are not required to agree to this restriction, but if we do, we are bound by our agreement.

You consent to our use and release of protected health information about you for treatment, payment, and health care operations as described in our Notice. You have the right to revoke this consent in writing, and we will honor your revocation except where we have already made releases in reliance on your prior consent.

# Notice of Potential Information Loss Due to Technological Failure

Information transmitted through telehealth technology may be lost due to technological failure beyond the control of the REPS which can result in delays in treatment or other adverse consequences. You agree to hold harmless REPS and its employees, contractors, agents, directors, members, managers, shareholders, officers, representatives, assigns, parents, predecessors, and successors for consequences of information loss due to technological failure.

# Consent to Receive Protected Health Information via Email and SMS

You consent and state your preference for your provider and other staff and designees of REPS to communicate with you by email or standard SMS messaging regarding various aspects of your medical care, which may include, but shall not be limited to, test results, prescriptions, appointments, and billing.

You understand that email and standard SMS messaging are not confidential methods of communication and may be insecure. You further understand that, because of this, there is a risk that email and standard SMS messaging regarding your medical care might be intercepted and read by a third party.

# **Payment for Services**

You hereby agree to one of the self-payment plans with River's Edge Pain Specialists, PLLC. You agree and understand that you will be billed on a monthly basis even if you are not seen during that month as it is a concierge-type membership fee. You agree and understand that you are responsible for payment in full of any amount due at the time of service or you may not be seen by the provider.

You authorize REPS to charge your chosen payment method (your "Payment Method") for the medical services provided to you. If your Payment Method is invalid at the time payment is due, you agree to pay all amounts due upon demand. The third-party services provider who manages your Payment Method may impose terms and conditions on you, which are independent of these terms, and you agree to comply with all of those terms.

REPS may accumulate charges that you've incurred for the services and submit them to you at the end of each billing cycle. REPS reserves the right to correct any billing errors, charge errors, or mistakes even if payment has already been requested or received.

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In the event of failure to pay for the services rendered, you understand that you may be discharged from the services by REPS until such time as your account is paid in full. Additionally, you understand that you may be referred to a collections agency for non-payment of costs and fees due for the services rendered by REPS.

Rates are subject to change. Your subscription to the services is continuous and will be automatically renewed at the end of the applicable subscription period, unless you cancel your subscription before the end of the then-current subscription period. You may cancel your subscription any time.

Treatment Agreement (please carefully read and initial each item):

1. You agree to be civil and never to intimidate, threaten, or verbally abuse REPS staff.

2. You agree never to sell, share or give any of your medication to another person.

3. You agree to take any prescribed medication exactly as directed and to notify your provider if directions are unclear or you are unable to follow them for any reason.

4. You agree to notify your provider anytime a new medication is prescribed by another medical provider.

5. You agree to provide complete and accurate answers to your REPS provider.

6. You agree to provide your own sample of urine or saliva for drug testing promptly when directed.

7. You agree not to fill any prescription for an opioid medication unless it is prescribed or specifically authorized by your REPS provider, except in a medical emergency.

8. You agree to provide at least 24 hours notice to reschedule an appointment, and you understand that medication refills will only be provided during scheduled appointments. You understand that your REPS provider is only licensed in certain states and can provide no service to you while you are located outside of their states of licensure.

9. You agree to notify REPS in advance when you are going to be unavailable to complete a random drug screen or medication count.

10. You agree to complete a medication count promptly within 24 hours when directed.

11. You agree to store your medication in a safe, secure place where it's not accessible to others and especially not accessible to children.

12. You agree to provide prompt notice to REPS of any change in your contact or payment information.

13. You agree to read all materials and ask any questions needed to help you understand them before signing anything.

14. You agree never to operate a motor vehicle while speaking or texting with any REPS staff member, and not to openly display or use an illegal substance during your interactions with staff or providers. 15. You understand that your treatment plan is determined by your medical provider and will be modified based on your changing situation and needs. Your provider will develop the treatment plan collaboratively with you and will respect your preferences and decisions to every extent possible. Situations may occur when your preferred treatment is no longer medically safe. Failure to abide by this treatment agreement may lead your provider to determine that your current treatment regimen is no longer safe and to refer to a different treatment setting.

\_\_\_\_\_ 16. You understand that REPS provides medical assessment, treatment, and needed support for that treatment which may include referral when needed. The appropriate treatment is always at the discretion of your provider.

You certify that you have carefully read, understand, and agree to the terms above, and you consent fully and voluntarily to this agreement. The undersigned is the patient, the patient's legal representative or is authorized by the patient to execute this form and accepts its terms.

Client Signature

**Date** 



Dr. Heather Smith, DNP, APN, NP-C 2249 Broadway, Suite 8 Grand Junction, CO 81507

Phone: (970)424-0722 Fax: (575)205-0393

Email: admin@riversedgepain.com

# FINANCIAL RESPONSIBILITY AGREEMENT

\*\*\* Payment is required at the time medical service is rendered \*\*\*

For the purposes of this Financial Responsibility Agreement (this "Agreement"), River's Edge Pain Specialists, PLLC, is hereby referred to as REPS or REPS, PLLC.

REPS, PLLC, is committed to providing the best quality medical services. REPS provides comprehensive pain management diagnosis, medical assessment for prescribing medication management, and additional services (collectively, the "Services"). This Agreement outlines your financial responsibility in relation to receipt of the Services from REPS, PLLC.

# **Payment Options and Fee Schedule**

At this time, REPS is not accepting insurance plans and does not offer insurance billing for services rendered. We operate under a concierge-type subscription service for medical care. At this time, REPS offers two subscription plan options:

**Basic package** - Unlimited monthly in-person/telephone visits with medication management (if applicable) and referrals for outside care.

**Enhanced package** – Unlimited monthly in-person/telephone visits with medication management (if applicable), referrals for outside care, and in-office procedures: (medications/supplies used for procedures will be charged to the patient separately – costs will be disclosed to the patient prior to the procedure taking place).

You understand that a hold in the amount \$30.00 will be placed on your credit card for scheduling your first appointment with REPS. This hold will be released after you arrive at your first appointment.

Lastly, by signing the acknowledgment below, you consent to the use and disclosure of protected health information as regulated by HIPAA, and authorize the release of any information needed for the purposes of treatment, payment and health care operations, including, but not limited to the processing of payment for the Services you receive.

with their costs.

# <u>Fee Schedule – Please Select One of the following (sign only one)</u>

Option A: Basic package - \$120 monthly starting on the day of the initial appointment. Includes unlimited monthly in-person/telephone visits with medication management (if applicable), referrals for outside care, an initial assessment of your full medical history, mental health history and substance use history, performance of a physical exam, diagnosis and creation of a care plan. Your card will be automatically charged every 28-31 days, starting the day of your initial appointment.

**Client Signature** 

Option B: Enhanced package – \$220 monthly starting on the day of the initial appointment. Includes unlimited monthly in-person/telephone visits with medication management (if applicable), referrals for outside care, in-office procedures, (medications/supplies used for procedures will be charged to the patient separately – costs will be disclosed to the patient prior to the procedure taking place), an initial assessment of your full medical history, mental health history and substance use history, performance of a physical exam, diagnosis and creation of a care plan. Your card will be automatically charged every 28-31 days, starting the day of your initial appointment.

**Client Signature** 

By initialing below, you understand and acknowledge that (read and initial each item):

1. You are electing to purchase the Services which may or may not be covered by your medical insurance if you obtained similar services from a different provider.

2. You understand that we do not accept insurance or bill insurance on your behalf and are electing not to use a medical insurance policy benefit.

3. You have been given a choice of the Services provided by REPS, along with their costs.

4. You have selected the Services and you are willing to accept full financial responsibility for payment of the Services.

5. Should you choose to submit a claim to your insurance company on your own behalf for the charges incurred for the Services provided by REPS, you understand and agree that whether or not your insurance company provides any reimbursement does not affect your continued subscription with REPS or alter any amount due to REPS directly from you.

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Date

Date

#### **Additional Fees and Charges**

Urine Drug Screening: You will be required to provide a specimen for a point of care urine drug screening every 3 months and if selected for a random screening or screening upon suspicion. You agree to present to the clinic within 24 hours of being notified of a random or suspicion screening. You will be responsible to pay \$35 for each point of care urine drug screening and the charges are due prior to providing the sample. If results are not as expected or your specific prescriptions are not testable on a point of care basis, your sample may be sent to a laboratory for confirmation of the results. You may provide your insurance information to the laboratory and they may bill your insurance as a courtesy if they are able.

Saliva Testing: You may receive a saliva drug test based on your provider's discretion for a variety of reasons. You will be responsible to pay \$30 per saliva test and charges are due prior to providing the saliva sample.

For patients purchasing the Enhanced Package, you may incur additional charges for medications or supplies required for procedures. You will be informed the total cost of those items prior to the procedure taking place.

 $\checkmark$  By signing the acknowledgement, you have read and agree to the payment options outlined in Additional Fees and Charges.

Client Signature

Date

## MISCELLANEOUS PAYMENT TERMS AND CONDITIONS

## CONSENT FOR RECURRING CREDIT OR DEBIT CARD PAYMENTS

By signing below, you have read and agree to the payment and subscription terms set forth in REPS terms of treatment. You acknowledge that you will be charged the rate above monthly as part of your subscription to REPS services. Such rates are subject to change. Your subscription to the Services is continuous and will be automatically renewed at the end of the applicable subscription period, unless you cancel your subscription before the end of the then-current subscription period. You may cancel your subscription any time.

#### PATIENT DISCHARGE/ COLLECTIONS FEES

In the event of failure to pay for the Services rendered, you understand that you may be discharged from the Services by REPS until such time as your account is paid in full. Additionally, you understand that you may be referred to a collections agency for non-payment of costs and fees due for the Services rendered by REPS. You understand that you will be responsible for a 30% collection fee, all agency and attorney fees and costs associated with the collection process (such as court costs), and that these fees and costs will be added to your account balance. Should REPS at any time be utilizing a contracted billing and/or collection service, you will be responsible for whatever collection fees and costs associated with your collectible account in accordance with their policies and the laws of the State of Colorado. You understand and agree that that you will be responsible for paying the entire amount of your account balance due in addition to the collection fee.

#### **RETURNED CHECK FEE**

You understand that in the event that your check is returned for insufficient funds, you agree to provide cash, money order or certified check for the full amount of the payment owed, in addition to a \$50.00 returned check charge. Should REPS at any time be utilizing a contracted billing and/or collection service, you will be responsible for whatever collection fees and costs associated with your collectible account in accordance with their policies and the laws of the State of Colorado.

## **RE-APPLICATION FEE**

You understand that should you allow your membership subscription to lapse for any reason, you may re-apply with the clinic, but a \$99 re-registration fee will be charged.

## **CANCELLATION POLICY**

REPS requires 24 hours notice to cancel an existing appointment, whether in-person or via telehealth or telephone. If 24 hours notice is not provided to REPS, it will be considered a "no show".

## NO SHOW AND LATE CANCELLATION POLICY

You understand that you will be assessed a \$30.00 fee if you miss an appointment without having provided a 24-hour advance notice of cancellation. You further understand that if you show up more than 5 minutes late to a 15 minute appointment or 10 minutes late to a 30 minute appointment, you will be considered absent and will be assessed a \$30.00 fee for missing your appointment.

## CREDIT CARD AUTHORIZATION AND DECLINED CARD FEES

You hereby authorize REPS to process any credit card saved as "Card on File" and you understand that this authorization will remain in effect until the expiration of the credit card account. If my card is declined, I will be responsible for a \$25 fee for reprocessing.

## AUTHORIZATION

On behalf of myself, I understand and agree to the following (read and initial all items indicating your acceptance):

1. I will be charged a monthly fee in the amount agreed upon in the Fee Schedule section above for Pain Management Services as described at REPS.

- 2. If I elect to prepay annually I will receive a one-month discount per year.
- 3. I may cancel at any time, but no refunds will be issued for paid fees.

4. If my membership lapses I may re-apply at any time subject to a \$99 re-registration fee; acceptance will be dependent upon availability of clinic space.

- 5. I will pay a \$25 fee for declined credit or debit card transactions.
- 6. I will pay a \$50 fee for any unpaid/returned check.
- 7. I will pay a \$30 fee for late cancellation or no show of any appointment.

8. Any fees in addition to the specific fees described in the Financial Responsibility Agreement will be discussed with me in advanced and automatically charged to my account's credit/debit card at the time such items or services are provided to me.

9. My participation is continuous and by signing below I authorize recurring credit/debit card charges.

10. My participation is voluntary and subject to the terms and conditions of membership detailed in the Consent for Treatment, Financial Responsibility Agreement, and Controlled Substance Agreement (if applicable).

\_\_\_\_\_11. I understand this agreement does not include comprehensive health insurance coverage nor is it a contract of insurance.

\_\_\_\_\_12. I understand other specialty care, hospitalizations, surgery, third-party medical treatment and other medical products and services not specifically provided by REPS are my sole responsibility and are not included or paid for by REPS.

\*\*\*\*\*\*

I, THE UNDERSIGNED HAVE READ AND UNDERSTAND THIS FINANCIAL RESPONSIBILITY AGREEMENT. I HEREBY ACKNOWLEDGE THAT I AM FULLY RESPONSIBLE FOR MONTHLY FEES WITH SELF-PAYMENT OF SERVICES.

Client Signature

**Date** 



Dr. Heather Smith, DNP, APN, NP-C 2249 Broadway, Suite 8 Grand Junction, CO 81507

# Phone: (970)424-0722 Fax: (575)205-0393

#### Email: admin@riversedgepain.com

Dear valued patients,

We are asking that you please review the details of your responsibilities pertaining to a new policy regarding presence at the office when you do not have an appointment. We request that you please review the details and initial and sign where indicated. We appreciate your understanding and cooperation in this matter.

While most of our patients would never behave inappropriately, some people who are in pain can be unpredictable in their behavior and this is a safety concern for all patients and staff. We also have fire department regulations and privacy issues to be considered. Due to these factors, we ask that none of our patients are present at our office if they do not have an appointment.

Thank you, River's Edge Pain Specialists Staff

Date: \_\_\_\_\_

\_\_\_\_\_ I will not show up at the office of REPS for any reason unless I have an appointment scheduled or staff has asked me to come in for a specific reason.

\_\_\_\_\_ I will not arrive more than 15 minutes early for my scheduled appointment.

\_\_\_\_\_ If I am unable to reach the clinic by phone, I will message on the website or wait until my next appointment. I will not leave multiple messages.

\_\_\_\_\_ I will not loiter in the parking area if the clinic is not open.

\_\_\_\_\_ I will not leave anything outside of the office for staff.

\_\_\_\_\_ I will not attach or tape anything outside of the office or to the door/window and anything left in this manner will be thrown away, as REPS has no way to verify it was truly from me.

\_\_\_\_\_\_ I understand that if I leave my personal information outside of the office I have put myself at risk for identity theft and that REPS staff is NOT responsible to ensure that information is not seen by others.

\_\_\_\_\_ I understand that the building REPS operates in is owned by another party and there are a number of other businesses operating in the building as well. I will be respectful of the owner/landlord, their loitering policies, as well as the other businesses and business owners in the building.

Name

#### Signature



Dr. Heather Smith, DNP, APN, NP-C

2249 Broadway, Suite 8

Grand Junction, CO 81507

Phone: (970)424-0722 Fax: (575)205-0393

Email: admin@riversedgepain.com

# NOTICE OF PRIVACY PRACTICES Effective Date: January 1, 2023

# THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USEDAND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

#### WHO WILL FOLLOW THE PRIVACY PRACTICES IN THIS NOTICE

We provide health care to our patients and residents together with physicians and other health care professionals. This Notice of Privacy Practices ("Notice") describes how we will use and disclose medical information. The privacy practices described in this Notice will be followed by:

- Any member of our workforce authorized to access your medical record
- Members of our medical staff
- · Allied health professionals who participate in your health care

#### . OUR COMMITMENT TO SAFEGUARD YOUR MEDICAL INFORMATION

Each time you visit our facility, a record of your visit is made. The information we create or receiveabout your past, present or future physical or mental health is called protected health information ("PHI"). Your medical record is a means of communication among the many health professionals who care for you. PHI may include documentation of your symptoms, examination, test results, diagnoses and treatment. It also includes documents related to billing and payment for care provided.

We are committed to protecting the privacy of your medical information. We are required by law to:

- maintain the privacy of your medical information;
- provide you with this Notice about our privacy practices that explains how, when, and whywe use and disclose your PHI;
- abide by the terms of the current Notice;
- make a good faith effort to obtain your written acknowledgement that you have received this Notice; and notify you following a breach of your unsecured PHI.

#### II. HOW WE MAY USE AND DISCLOSE MEDICAL INFORMATION ABOUT YOU

This Notice informs you about the ways in which we may use and disclose medical information about you. The following categories describe different ways that we use and disclose medical information. For each category of uses or disclosures, we explain what we mean and give some examples to help you better understand the meaning. If a use or disclosure is not included in one of these categories, we will seek your permission first.

#### Uses and Disclosures without Your Permission

The following categories describe different ways that we are permitted to use and disclose your medical information without your permission (which is called an "authorization" under HIPAA).

**For Treatment.** We may use and disclose your medical information to provide you with medical treatment and services. We may disclose medical information about you to doctors, nurses, technicians, medical students, and other health care personnel who provide you with health care services or are involved in taking care of you. This may include health care professionals at other facilities, such as your doctor's office, other hospitals, nursing homes or home health agencies. For example, a doctortreating you for a broken leg may need to know if you have diabetes because diabetes may slow the healing process.

**For Payment.** We may use and disclose your medical information to bill and collect payment for the treatment and services provided to you. This information may include your diagnoses, procedures and supplies used. For example, we may need to give your health insurance plan information about surgery you had at the hospital so your health insurance plan will pay us for the surgery. We may also contact your health insurance plan to obtain prior approval for a treatment you are going to receive or to determine whether it is covered by your plan. We also may provide information about you to other health care providers that have treated you or provided services to you to assist them in obtaining payment.

**For Health Care Operations.** We may use and disclose your medical information for operations necessary for our facility to function and make sure our patients receive quality care. For example, we may use your medical information in order to evaluate the quality of health care services that you received or to evaluate the performance of the health care professionals who provided health care services to you. This information may also be used in an effort to continually improve the quality and effectiveness of the health care and services we provide. We may disclose your medicalinformation to another health care provider or a health plan that you have a relationship with, fortheir operations' activities.

**Business Associates.** We may disclose your medical information to other companies that help us. These business associates may include billing companies, claims processing companies, collection agencies, accountants, attorneys, consultants, and others that assist us with payment activities or health care operations. We contractually require our business associates to safeguard the privacy and security of your PHI.

**Individuals Involved in Your Care or Payment for Your Care.** We may disclose medical informationabout you to a family member, personal representative, or other person involved in your care or responsible for payment of your health care services. We may also discuss your condition with yourfamily or friends and tell them that you are in the hospital. If you do not want us to share informationwith your family or others involved in your care, please contact the person listed in Section V of this Notice.

**Food and Drug Administration (FDA).** We may disclose your health information to a person or company subject to the jurisdiction of the FDA to report adverse events, product defects or problemsor biologic product deviations; to track FDA-regulated products; to enable product recalls; to

make repairs or replacements; or for other purposes related to the quality, safety or effectiveness of a product or activity regulated by the FDA.

**Public Safety.** We may disclose medical information for public safety purposes in limited circumstances. We may disclose medical information to law enforcement officials in response to a search warrant or a grand jury subpoena. We also may disclose medical information to assist law enforcement officials in identifying or locating a person, to prosecute a crime of violence, to report deaths that may have resulted from criminal conduct, and to report criminal conduct at the facility.

We also may disclose your medical information to law enforcement officials and others to preventa serious threat to health or safety.

**Judicial and Administrative Proceedings.** We may disclose medical information if we are ordered to do so by a court, for an administrative hearing, or if we receive a subpoena or a search warrant. You will receive advance notice about this disclosure in most situations so that you will have a chance to object to sharing your medical information.

**Fundraising Activities.** We may use your medical information in an effort to raise funds for our facility, including through our affiliated Foundation. The money raised through these activities issued to expand and support the health care services and educational programs we provide to the community. If you do not wish to receive our fundraising communications, you may notify the Foundation and we will honor your wish. Future treatment or payment will not be conditioned upon your decision regarding receipt of fundraising communications.

**Facility Directory.** We may include certain limited information about you in our facility directory while you are a patient at our facility. This information may include your name, location in the facility, general condition (such as whether you are in fair, good, or serious condition), and your religious affiliation. The directory information, except for your religious affiliation, may be disclosed to people who ask for you by name. Your religious affiliation may be given to a member of the clergy or designated church representatives even if they don't ask for you by name. You have the right to withhold information in the facility directory from being disclosed to others. If you do so, it means that we will not be able to tell your friends, family or others (such as florists) where you are. If you want to withhold information in the facility directory, please contact the person listed inSection V of this Notice. **Disaster Relief Efforts.** As part of a disaster relief effort, we may disclose your medical information to an agency assisting in the relief effort so that your family can be notified about your condition, status and location. You may have the opportunity to object unless it would impede our ability to respond to emergency circumstances.

**Coroners, Medical Examiners and Funeral Directors.** We may disclose health information consistent with applicable law to coroners, medical examiners and funeral directors to assist themin carrying out their duties.

**Research.** Under certain limited circumstances, we may use and disclose your medical information for research purposes. For example, a research project may involve comparing the health and recovery of all patients who receive one medication to those who receive another for the same condition. All research projects are subject to a special approval process. Before we use or disclose medical information for research, the project will have been approved through this research approval process.

**Reports Required by Law.** We will disclose your medical information when required to do so by federal, state, or local law. For example, we make disclosures when a law requires that we report information to government agencies and/or law enforcement personnel about victims of abuse, neglect, or domestic violence; when dealing with gunshot and other wounds; to report reactions to medications or problems with products; or to notify people of product recalls.

**Public Health Activities.** We may disclose your medical information for public health activities. For example, we report information about births, deaths, and various diseases to government officials in charge of collecting that information.

**Health Oversight Activities.** We may disclose medical information to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.

**Organ and Tissue Donation.** If you are an organ donor, we may notify organ procurement organizations to assist them in organ, eye, or tissue donation and transplants.

**Workers' Compensation.** We may disclose your medical information to the extent necessary to comply with laws relating to workers' compensation or similar programs providing benefits for work-related injuries or illness.

## Military, Veterans, National Security and Other Government Purposes. If you are a member

of the armed forces, we may release your health information to military command authorities or to the Department of Veterans Affairs if they require us to do so. We may also disclose medical information for certain national security purposes and to the Secret Service to protect the president.

**Correctional Institutions.** If you are or become an inmate of a correctional institution or under thecustody of a law enforcement official, we may disclose your medical information to the correctional institution or law enforcement official. This disclosure may be necessary for the institution (i) to provide you with health care; (ii) to protect your health and safety or the health and safety of others; or (iii) for the safety and security of the correctional institution.

## Uses and Disclosures Requiring Your Permission

Other uses and disclosures of medical information not covered by this Notice will be made only with your written permission. If you provide us permission to use or disclose medical information about you, you may revoke that permission, in writing, at any time. If you revoke your permission, we will no longer use or disclose medical information about you for the reasons covered by your written authorization, but we cannot take back any disclosures we have already made based on the permission you gave us before. If you want to revoke your permission, please contact the person listed in Section V of this Notice.

**Marketing Activities.** We will not use or disclose your PHI to sell you products or services of a third party, unless you provide permission. We may suggest products or services to you during ourface-to-face communications.

Sale of PHI. We will not sell your PHI to third parties without your permission.

## Medical Information That Has Special Protection

**Mental Health Records.** The use and disclosure of information obtained in the course of providing mental health services are protected by federal and state laws. We may communicate information fortreatment purposes to qualified professionals, for payment purposes or if we receive a court order. Otherwise, we may not disclose any of your mental health information without your permission.

**Psychotherapy Notes.** Psychotherapy notes are the personal notes of psychotherapists. We must obtain your permission to use or disclose psychotherapy notes, except under limited circumstances.

**Alcohol and Drug Abuse Patient Records.** Use and disclosure of any medical information about you relative to alcohol or drug abuse treatment programs, is protected by federal law. Generally, we will not disclose any information identifying you as a recipient of alcohol or drug abuse treatment unless: (i) you have consented in writing; (ii) we receive a court order requiring the disclosure; or (iii) the disclosure is made to medical personnel in a medical emergency or to qualified personnel for

research, audit, or program evaluation.

**HIV/AIDS Information.** Use and disclosure of any medical information about you relative to HIVtesting, HIV status, or AIDS, is protected by federal and state law. Generally, we will need your permission to disclose this information; however, state law may allow for disclosure of information for public health purposes.

**Minors.** As a general rule, we disclose PHI about minors to their parents or legal guardians. However, in instances where state law allows minors to consent to their own treatment without parental consent (such as HIV testing), we will not disclose that information to a minor's parents without the minor's permission unless otherwise specifically allowed under state law.

#### Participation in Health Information Networks

We participate in the Colorado Regional Health Information Organization (CORHIO) which is a secure computer network which provides safe and efficient ways to share medical information with other health care providers. For example, if you require emergency medical care while you are traveling, providers at other health care facilities in Colorado could have access to your medical information to assist them in caring for you. By participating in this network and other electronic information exchanges, we intend to provide timely information to health care providers involved in your care. If you do not want your information to be shared through CORHIO, you may "opt out" by contacting the person listed in Section V below. This is an "all-or-nothing" choice, because CORHIO cannot block access to some types of medical information while at the same time permittingaccess to other medical information. Opting out of CORHIO may limit your health care providers' ability to provide the most effective care for you.

#### III. YOUR RIGHTS REGARDING YOUR MEDICAL INFORMATION

The following section describes your rights:

**The Right to Inspect and Obtain a Copy of Your Medical Information.** You have the right to see and receive a paper or electronic copy of medical information that may be used to make decisionsabout your care. (The law requires us to keep the original record.) Usually, this includes your medical and billing records. To inspect and/or receive a copy of your medical information, you must submit your request in writing to our Health Information Management Department at: 2249 Broadway, Suite 8, Grand Junction, CO 81507. If you request a copy of the information, we may charge you a reasonable fee based on our costs.

**The Right to Amend.** If you believe that medical information we have about you is incorrect or incomplete, you have the right to request that we correct the existing information or add missing information. To request an amendment, you must make the request in writing along with your reason for the request to the person listed in Section V below.

**The Right to a List of Disclosures.** You have the right to request a list of certain disclosures of your medical information. To request this list or accounting of disclosures, you must submit a request in writing indicating a time period, which can be no longer than six years, to the person listed in Section V below. The first list you request within a 12-month period will be free. For additional lists during the same year, we may charge you for the costs of providing the list. We willnotify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

The Right to Request Restrictions on How We Use and Disclose Your Medical Information. You may ask us not to use or disclose your medical information for a particular reason related to treatment, payment or health care operations. We will consider your request, but we are not legally obligated to agree to a requested restriction except in the following situation: if you have paid for services out-of-pocket in full, you may request that we not disclose information related solely to thoseservices to your health plan. We are

required to abide by such a request, except where we are required by law to make the disclosure. To request restrictions on the use or disclosure of your PHI, you maydo so at the time you register for services or by contacting the person listed in Section V below.

**The Right to Request Confidential Communications.** You have the right to ask that medical information about you be communicated to you in an alternate confidential manner, such as askingthat appointment reminders not be left on an answering machine, that mail be sent to an alternate address, or that notices or reminders be sent by e-mail instead of regular mail. We will agree to all reasonable requests so long as we can easily provide it in the format you request. To request medicalinformation be sent to an alternative address or by other means, please contact the person listed in Section V below in writing, or in a clinic setting, please contact the practice manager.

**The Right to a Paper Copy of This Notice.** You have the right to a paper copy of this Notice. You may ask us to give you a copy of this Notice at any time. Paper copies are available at our only locations..

#### **IV. COMPLAINTS**

If you believe that we may have violated your rights with respect to your medical information, you may file a written complaint with the person listed in Section V below. You also may send a writtencomplaint to the Office for Civil Rights, U.S. Department of Health and Human Services, 200 Independence Avenue S.W., Room 515F, HHH Building, Washington, D.C. 20201 within 180 days of an alleged violation of your rights. *You will not be penalized for filing a complaint aboutour privacy practices. You will not be required to waive this right as a condition of treatment.* 

#### V. PERSON TO CONTACT FOR INFORMATION ABOUT THIS NOTICE OR TO COMPLAIN ABOUT OUR PRIVACY PRACTICES

If you have any questions about this Notice or wish to make a complaint about our privacy practices, please contact our Privacy Officer at (970)424-0722 or via e-mail at <u>admin@riversedgepain.com</u>. Formal complaints must be in writing. Complaint forms are available at main location. Complaints should be sent to the Privacy Officer at River's Edge Pain Specialists, PLLC, 2249 Broadway, Suite 8, Grand Junction, CO 81507 or by e-mail.

#### VI. CHANGES

We reserve the right to change the terms of this Notice and our privacy policies at any time. We reserve the right to make the revised Notice effective for medical information we already have about you as well as any information we receive in the future. Before we make an important changeto our policies, we will promptly change this Notice and post a new Notice in our registration areas. The Notice will contain the effective date. You can also request a copy of this Notice from the contact person listed in Section V above at any time or can view a current copy of the Notice on our website at goodsamaritancolorado.org.

#### **VII. ACKNOWLEDGEMENT**

You will be asked to sign an acknowledgement of your receipt of this Notice of Privacy Practices.We are required by law to make a good faith effort to provide you with our Notice of Privacy Practices and obtain an acknowledgement from you that you received it. Your care and treatmentat our facility does not depend on signing the acknowledgement.