



FOLKVANGR FOREST CATS

Bringing Home Baby

In order for life with your new kitten to run smoothly, make preparations before bringing your baby home.

Kitten Proof

The first thing you should do is kitten-proof your home by viewing each room from kitten level. Close or block off windows, vents, and any nooks and crannies she might be tempted to explore. Move electronics and power cords, window blind cords, and any other strings out of reach. Completely remove objects that might pose a choking hazard. It's also a good idea to set aside a quiet area as "base camp" for your kitty to get used to their new surroundings. This space should be off-limits to other pets, and young children should only be admitted with adult supervision. Furnish the space with a litter box, food and water dishes, comfortable bedding, and a toy. It is usually a good idea to keep the food and water away from the litter box, as cats don't generally like to eat near where they do their business — but then again, who does!

Sleep

Kittens sleep a lot at a young age — like between 16-20 hours a day a lot. For this reason, it is important that your kitten has a comfortable place to take a nap and sleep at night. You might be tempted to want to keep her/him in your bedroom, but unless that's where you want to keep the litter box, it is best to section off somewhere in the house that is just for them. This will allow your kitten to get comfortable in their own space without disturbing your own. It's not uncommon for kittens to wake up in the middle of the night and meow loudly or with a burst of the zoomies, hoping to get your attention or someone to play with, but unlike babies that cry at night, you should do your best to ignore them unless you hate sleep 😊. Slowly, they will learn that nighttime is for sleeping, and you're not going to come to their every cry. It also avoids setting a bad precedent where you have to get up every night.

Grooming

We regularly brush, groom and our kittens get at least one bath before going home. They also get regular nail trims to get them used to it. It is a good practice to handle your kitten in a way a vet will (check teeth, ears, nose, eyes etc) to get them accustomed to a check-up handling. It reduces stress for both cats and vets if they are trained to not resist a once over! NFC's are a large breed cat and will not be considered fully grown until they are 5 years old.

Socializing

We try to make sure that your kitten is used to many sights and sounds so that very little is "new or scary." We have a busy house that the kittens are very used to. They are raised under foot and are used to the vacuum being run multiple times a day beginning the week of birth. They have been on car rides at least twice and get handled regularly every day.



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Introducing Pets

Our kittens are used to the hierarchy of our kitten pride and our dogs and other animals. Your family pets may not be as thrilled to welcome the new baby into their space as you are, at least not initially. It is important that you manage the introduction to your family carefully and that they are always supervised until you are sure everyone is comfortable and safe (this could take a week or more). Older cats are likely to be less energetic than your new young kitten so you may need to limit play time. Be prepared to have separate space available (Crate, Room, etc) in case you do need to keep them apart. If you want tips or tricks let us know and we can consult and advise on best ways for your particular family. We are also here to help if you need advice after you get your baby home. How long it will take for them to accept or bond really depends on your cat or dog.

Feeding

We free feed all of our cats/kittens with dry kibble in multiple places around our home. We use a variety of Purina brand kitten kibble (Purina Pro Kitten, Purina One Kitten, Purina Naturals Kitten, and Purina Kitten) so your kitten will be used to a reputable brand and type that should be easily accessible to you. You will not need to offer this wide variety, but we do it so that new kitten parents have a choice. Pick one that works for you. If you are going to switch their food to a different brand do it slowly over about a 1 ½ to 2 week period. Days 1-3 feed ¾ Purina Kitten and ¼ the new kitten food. Days 4-5 feed ½ Purina Kitten and ½ new kitten food. Days 6-8 feed ¼ Purina Kitten and ¾ New Kitten food..etc. If at any point kitten starts getting tummy issues go back to the previous ratios. Our cats/kittens are very active and we feed all of our cats (even our older kitties) kitten food. We do recommend feeding kitten food for at least the first 2 years of your cats life.

We also give wet food 2x per day. The kittens have also been introduced to raw food (wet and freeze dried) from an early age. Talk with your veterinarian about what works best for you.

We get Dr. Marty's Freeze Dried Raw Food or My Pet Carnivore [Quality Raw Pet Food from Nutritious Local Sources | My Pet Carnivore](#) or www.mypetcarnivore.com





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Supplements

I use Enisyl-F, which is a lysine supplement, for all my cats especially if they are exposed to a stressful event (i.e. a new home, vets visits, before and after spay/neuter or any surgery, car rides, new pets, etc.). Lysine helps build kittens immune systems and to fight viruses or illness. We also use Forti-Flora or other high quality pro-biotics to support good gut health which improves overall health. I recommend pro-biotics especially if your cats have been on anti-biotics for any reason.



Litter

Norwegians are a large cat we use large litter boxes (open and closed) throughout our home. We have approximately one litter box per cat throughout our home. We use both Fresh Step and the Worlds Best Litter and Pellets, but find that all the cats prefer the Fresh Step Litter.



If you have any other questions, please feel free to reach out to us. Most importantly enjoy your new baby and welcome again to our Skogkatt Family!

Christie

Folkvangr Forest Cats