

# KRISHANA JOHNSON-JAMES

*Author of, Planting a Song and There's No One Just Like Me!*

## ABOUT THE BOOK

Journey loves playing the piano, but she is scared to play in front of others. When she is asked to accompany the children's choir at a talent show, she is overwhelmed with doubt and fear. Will Journey find the courage to play before the crowd?

This story is about:

- building self-confidence
- positive self-talk
- developing a growth mindset

**To view the book trailer, click here** or visit [www.YouTube.com/@plantingourstories](https://www.YouTube.com/@plantingourstories).

**To read more about the book:**  
<https://plantingourstories.com/planting-a-song>.



## REVIEW



"As a child, a book like this would have helped me understand that others felt the same way I did, to learn that mistakes are okay, to know that it's okay to seek support from others, and that positive self-talk helps improve self-confidence. As an adult, this book serves as a great reminder of simple ways to build self-confidence. I highly recommend!"

**Sonia Dong,**  
*Co-owner of Henkaa, Pianist, and Mom*

## BUY THE BOOK

**Canada, USA, and International:**  
<https://plantingourstories.com/books>

# ABOUT KRISHANA JOHNSON-JAMES



Krishana Johnson-James is a teacher and author dedicated to nurturing young minds. With over twenty years of experience in the classroom, she has seen firsthand the incredible power of teaching growth mindset and how it can transform children's confidence and resilience.

Krishana wrote **Planting a Song** to encourage young readers to embrace challenges and celebrate their unique journeys. She is also the author of the book, **There's No One Just Like Me!**

Krishana loves helping people work on creative goals and finding ways to document and share their stories in a creative way. She especially enjoys putting a spotlight on inspiring people and groups who are making a positive change in the world around them.

## Media Features:

[Bold Journey Highlight \(2025\)](#)     [Bold Journey \(2024\)](#)

[Book Feature on Kidlio Magazine's Instagram page](#)

[CanvasRebel](#)



# CONNECT WITH KRISHANA

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