



## 1-2-3 Magic & Emotion Coaching (2-12 yrs)



The course is designed to assist parents to manage their child's difficult behaviour such as tantrums, yelling, fighting and arguing. You will also learn practical skills to develop your child's positive behaviour and help make parenting an enjoyable experience. Parents will learn;

- How to discipline without arguing, yelling or smacking
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour

### Term 2 ONLINE

Thursday night

19 May (3 weeks) 7pm -

9.30pm

**\$45**

subsidies available

Course will be online if restrictions continue otherwise in person



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For a full list of course dates visit  
[www.grlc.org.au/parenting](http://www.grlc.org.au/parenting)