



Circle of Security (Birth to 12 yrs)



The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Circle of Security assists parents and caregivers to:

- Understand their child's emotional world by learning to 'read' their needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honour the innate wisdom and desire for their child to be secure.

Term 2 - Online

Thursdays

10am - 12.30pm

from 19 May (7 weeks)

\$60 on ZOOM

subsidies available



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For a full list of course dates visit
www.grlc.org.au/parenting