

MAKE A FACE MASK

Hospitals desperately need PPEs (Personal Protective Equipment). You can help by sewing a cotton face mask.

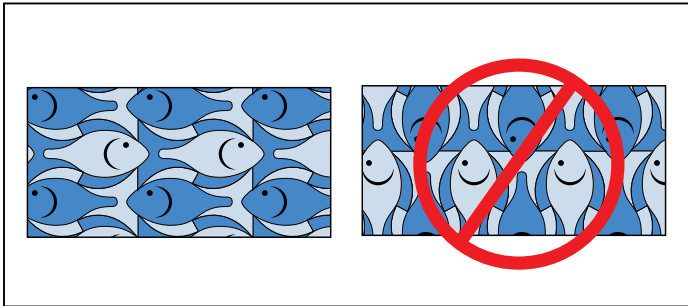
Please share freely. Dedicated to our courageous healthcare workers.

© 2020 Rebecca Ruth Designs

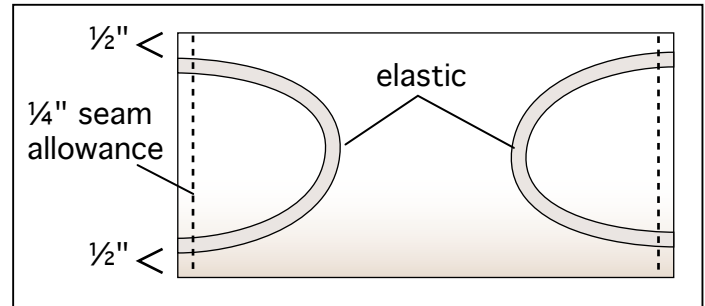
SUPPLIES:

- Cotton fabric for the outside of the mask. A cotton batik or quilting cotton is recommended because of its tight weave.
- Cotton flannel fabric for the backing. Or, use the same fabric as the front.
- ¼ - or ⅛ -inch-wide elastic

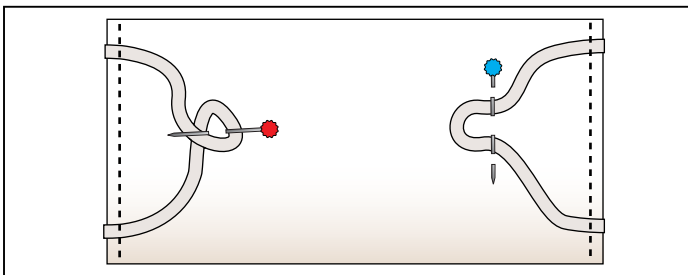
Amounts for:	1 mask	15 masks
Cotton front	6" × 8"	5/8 yard
Flannel back	6" × 8"	5/8 yard
Elastic	14"	4¾ yard



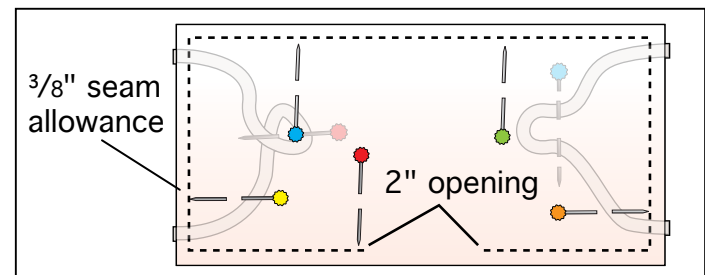
1 For each mask, cut 6" × 8" rectangle *each* from cotton and flannel fabrics. Cut two 7"-long pieces of elastic for each. *Tip:* The long side of the mask will go across the face. Check that the print will look good in that direction.



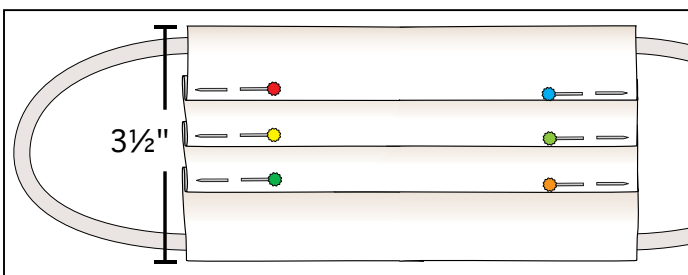
2 On the *right* side of the front rectangle, pin the elastic to the short ends of the rectangle. Baste across each end using a ¼" seam allowance.



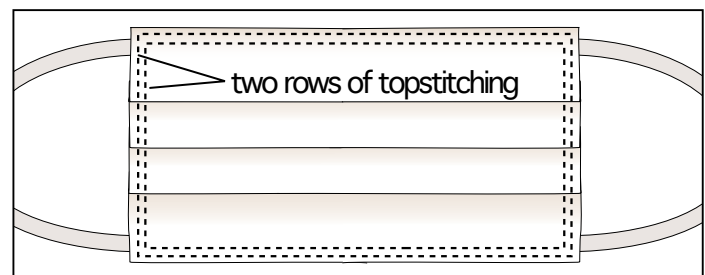
3 To hold the elastic out of the way while assembling the mask, pinch or twist it to the center of the front rectangle and pin to hold.



4 Pin a back piece to the front piece with *right* sides facing. (The elastic is inside.) Sew around the perimeter using a ⅜" seam allowance. Leave an 2" opening. Turn the mask to the *right* side; press.



5 Fold the short ends of the rectangle into three even folds. The short end should measure 3½".



6 Topstitch around the mask. Add a second row of topstitching. The mask is done!