

13720 SW Highway 126 PO Box 2 Powell Butte, OR 97753 (541) 548-3066 RETURN SERVICE REQUESTED

# **APRIL NEWSLETTER 2021**





## NEWCOMER CONNECTION LUNCH

Are you NEW, (newish) to PBCC? We would like to get to know YOU!

Also give you a time to answer any questions you might have about Powell Butte Christian Church. Please plan to come April 11th after the 10:30 am service in the Worship Center, (approximately at 11:45am)

Please sign up on the Newcomer Connection flyer that is in this weeks bulletin or on a **CONNECT Card** that is located behind chairs in the Worship Center or in the pews in the

Historic Chapel, and put that filled out card in any of the wooden boxes in and around the church. Also you can call the office and let us know you will be attending.

Please include everyone in the family, kids, or littles in the nursery so we can have those areas available during the meeting, if kids get restless!! 541-548-3066 or email pbcc@powellbuttechurch.com.



#### Marriage Maintenance Class

Starting on April 11th, "The Five Love Languages"

by Gary Chapman. Class starts at 9:35-9:40 in the Fellowship Hall of the Historic Chapel. Questions?? Contact Troy or Teresa Y. pbcc@powellbuttechurch.com.





#### Cowboy Fellowship at Powell Butte **Christian Church**

Cowboy Fellowship is EVERY Saturday night in the Historic Chapel at 7pm.

FOR APRIL-April 3- Miracles, April 10- The Cousins,

April 17- Tom Crabb, April 24- Charlie Walker

## LORD'S ACRE PIES



We are praying there will be Lord's Acre this year!

So time to donate supplies for Lord's Acre Pies. We need 590# plus bleached all-purpose flour (nothing heavier than 25# bags) We need 165# white sugar also, nothing heavier than 25# bags.

Please drop by the office or leave in kitchen on counter, in walk-in cooler or freezer with Lord's Acre written on it. Please notify Amber T. or Kristi D. or Jeanne in the office, that you have left items in the kitchen. Thank You for your dedication and support. You make

I a difference and make it possible to make LORD'S ACRE God Bless!

Pies

r this happen.

Thank you to the ones that have donated!!



## Sponsor Letters to Children in Uganda



D.C. & Pam L. are leaving for Uganda on April 15 and they would love to take letters to our sponsor children from anybody that wants to write one they can leave them at the church up until April 11.

### Lord's Acre 75<sup>th</sup> Cookbook Campaign

The Lord's Acre 75th Anniversary Cookbook recipe collection deadline is just a few weeks away.

Yes, April 23<sup>rd</sup> is the final day to email, mail or drop off your treasured recipes for this commemorative Lord's Acre cookbook. This church loves to cook so let's share our favorite recipes with each other!

We are looking for recipes in any category. We have the ability to mark recipes that are Gluten-free, Instant Pot, Keto Friendly, Vegetarian, Heart Healthy, Air Fryer, Crock Pot, BBQ, Wild Game, In Memory and Freezes Well. Please just indicate if your recipes belong in one of these categories. There will be a section on the

Recipe Template to indicate these options.

WE NEED RECIPES! There is a box outside the Historic Chapel Fellowship Hall and one in the Worship Center office area with blank recipe forms for you. Look for the Recipe Template WORD file attached to a recent email for those who would like to download it and type directly on that form.

#### We need all recipes in by April 23rd. This is the final deadline.

Please email me (Suzan B.: pbcc@powellbuttechurch.com or snail mail (Suzan B., P.O. Box 2, Powell Butte, Oregon 97753)

Start bringing those recipes in!

#### Forged Youth April Dinner Menu

April 7th Burritos with chips and salsa, fruit April 14<sup>th</sup> Spaghetti with meat balls and salad, fruit April 21st Potato bar with sliced meat, veggies, fruit April 28th Breakfast sandwiches, fruit

## **Missionaries & Missions PBCC Supports**

#### AWANA - Jerry & Angie Berheim

Africa Inland Missions International - Mary Lange Central Christian School - Men's Bible Study Child Evangelism Fellowship - Jim and Lorella Monroe Christian Motorcycle Association - Cliff & Terri Roper Dynamic Church Planters - Paul & Cathy Becker Fellowship of Christian Athletes - Randy Hutchins Frontiers- A Mission to Reach Muslims Gideons - Dale & Marlene Pedersen Grace Networks- Cash & Lisa Lowe Hope for the Nations - Chris & Debbi Blair Pregnancy Resource Center- Prineville

KMI Kingdomwork Ministries Intl'- DC Lundy K & K in Uganda - Powell Butte Christian Church McKinley Indian - Church of Christ Medical Teams International Dental Van Mission 4 Mexico - Mario Cervantes O.C.E.F. - Jim & Lorella Monroe Perspectives - Ann Andrews Pioneer Bible Translators - Dwayne & Helen Rainwater Project Love - Tom, Mindy, Pam, DC, Linda, Becky & Dean Samaritan's Purse - Operation Christmas Child



#### Essential Life Skills for Teens - Part 5

(adapted from several online sources)

Giving your child chores and responsibilities doesn't just make life easier for you—it's good for them, too! When a child accomplishes something on their own or learns a new skill, it boosts their self-esteem and prepares them for adulthood.

Here are the next three essential life skills your kids should be doing on their own by the time they're teenagers.

#### 15. Behavioral Skills

The character of an individual shows in the way they behave. Help your teenager build a strong personality by helping them develop healthy behavior. Here are a few basic things you could consider teaching them.

- Accepting a mistake, admitting a mistake, and taking responsibility for their actions are perhaps the first things you can teach your teen.
- Most teenagers have a problem apologizing. Teach them to say 'sorry' and not feel embarrassed about it.
- Teach them to be polite and say 'please' and 'thank you' when needed.
- Morality is a concept that you should introduce to your teenagers early on. That teaches them to stand up for what they believe is right, conscientiousness, and a sense of responsibility for the less fortunate.
- Teach them to stay true to themselves and others. This can be done by making them explore the values that are most important to them. Honesty is a trait that teenagers should be encouraged to develop.
- Learn to be flexible. Life has a way of changing at a moment's notice sometimes. Being able to adapt is key to getting through those unexpected times.

Teach them to ask for help when needed. It is important to be self-reliant, but there are times when we all need help. Explain to them that it is 'okay' to ask for help.

The only way to help your teenager learn about moral behavior, honesty, and character is through practice. Parents should guide children through their growing years to inculcate healthy behavioral traits.

#### 16. Skills to Stay Safe

17. When your teenage children are out in the world all by themselves, it is important to know how to stay safe. In fact, staying safe is one of the most important life skills for teenagers. Here are a few pointers that might help your teen to stay safe on the physical plane as well as the virtual plane (online).

- Stay safe on the road when alone. Teach your teen to use their common sense and avoid secluded parking lots, deserted roads, and empty plots away from civilization.
- Encourage them to have their cell phone with them when they are away from the home.
- Teach your teens what to do if they get a flat tire in the middle of the highway or the car breaks down at night on a deserted road. Encourage them to call for help and avoid venturing on their own at night.
- Avoid traveling with strangers or picking up hitchhikers when traveling alone.
- Ask your teen to get a ride at night or have someone meet them on the way.
- Keeping someone posted about their whereabouts is a good idea. Carry extra cash just in case they need to take a taxi or other form of transportation.

#### 17. Coping with Emotions

Teaching teens to cope with emotions will allow them to see both sides of a situation. Coping and self-management skills that you could teach your teenagers are mentioned next.

- Self-management or control, this allows them to set the pace to how they react to different situations, people, and things in life.
- Teens will have to cope with loneliness and being away from their loved ones when they go to college. It can be a difficult time for them if they do not learn how to deal with the change.
- Avoiding impulsive decisions that can have severe consequences, mostly negative.
- Managing feelings in a healthy way. Teach your teen to think and act rather than react. Reactions can result in negative consequences, but thoughtful action seldom does.
- As an adult, your teen will have to deal with stress at work, home, in personal relationships, and so on. Coping with stress is an important skill you should help your teen acquire.
- A critical skill that you should help your teenager with is accepting their emotions. Tell them that no emotion is bad or good, and it is okay to feel happy, sad, afraid, angry, aroused, silly, jealous, and even guilty. The trick is not to dwell on a particular emotion.
- Teach them different ways to deal with their emotions, such as physical activity, meditation, listening to music, or just by talking about it.
- Spirituality can also help in coping with major changes in life.
- Remember, teenage brains are going through a major change. Therefore, empathize with them where possible and understand that they are still learning to manage emotions and stay calm.

Look for Part 6 of Essential Life Skills for Teens in the May newsletter.

If you or your son or daughter are interested in seeking support from this ministry, please contact Suzan at <a href="mailto:pbcc@powellbuttechurch.com">pbcc@powellbuttechurch.com</a>, or leave a message with Jeanne at the church office.

#### 75<sup>th</sup> Edition Lord's Acre Cookbook Recipe Template

Please <u>PRINT</u> recipe below						
-or- (1) email to Suzan B. (pbcc@powellbuttechurch.com); (2) mail to Suzan B. (P.O. Box 2, Powell Butte, Ore. 97753) <u>OR</u> (3) drop them off in the designated boxes at the PBCC Church Office or Fellowship Hall in the Historic Chapel.						
Submitted by:	(if you would like your name to be printed in the cookbook)					
Cookbook Tab Section:	Servings:	Cooking temperature:				
Recipe Title:	Prep Time:	Cook time:				

Ingredients:

Instructions:

Special Notes:

\_\_\_\_Heart Healthy \_\_\_Keto Friendly \_\_\_Slow Cooker \_\_\_Instant Pot \_\_\_In Memoriam \_\_\_Air Fryer \_\_\_Vegetarian

**Recipes due NO LATER THAN April 23, 2021** 

Powell Butte Christian Church 1372O S HWY 126, Powell Butte, OR, 97753 541-548-3066 www.powellbuttechurch.com







Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Worship Service Saturday Night Cow SUNDAYS: 8:30am In person a 10:30 am In person 11:30am Historic C	boy Church - 7pm nd online and online			1 Lord's Acre Crafts 9am	2 OFFICE CLOSED	З соwвоу сниксн 7pm
4 Easter Worship Svs* 6am Sunrise Svs. 8:30am Svs. 10:30am Svs. 11:30am Svs.	5 Ladies Quilting 9am	6 Ladies Quilting 9am Lord's Acre Crafts 9am	7 Men's Bible Study 7am Women's Bible Study 9am MS & HS Youth Group 6:00pm	8 Lord's Acre Crafts 9am GOT Mt. 6:30	9 OFFICE CLOSED	10 COWBOY CHURCH 7pm
11 Worship Service* Newcomer Lunch 11:30am	12 Ladies Quilting 9am	13 Ladies Quilting 9am Lord's Acre Crafts 9am Awana 6:00pm	14 Men's Bible Study 7am Women's Bible Study 9am MS & HS Youth Group 6:00pm	15 Lord's Acre Crafts 9am	16 OFFICE CLOSED	17 COWBOY CHURCH 7pm
18 Worship Service*	19 Ladies Quilting 9am Board Mt. 6:00 pm	20 Ladies Quilting 9am Lord's Acre Crafts 9am Awana 6:00pm	21 Men's Bible Study 7am Women's Bible Study 9am MS & HS Youth Group 6:00pm	22 Lord's Acre Crafts 9am	23 OFFICE CLOSED	24 cowboy church 7pm
25 Worship Service*	26 Ladies Quilting 9am	27 Ladies Quilting 9am Lord's Acre Crafts 9am Awana 6:00pm	28 Men's Bible Study 7am Women's Bible Study 9am MS & HS Youth Group 6:00pm	29 Lord's Acre Crafts 9am	30 OFFICE CLOSED	

