



13720 SW Highway 126
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RETURN SERVICE REQUESTED

AUGUST NEWSLETTER 2022



9am service outside July 31st - August 28th,
on September 4th ONE Unity Service
inside Worship Center



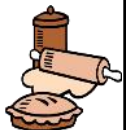
Lord's Acre Pie Baking Dates

Pie dates start this month!
Please plan to come and help make Lord's Acre Pies.
There is a job for everyone, no matter your skill level.
Older kids are also invited to attend with a parent or grandparent. (No child care available)

Save The Dates!

- Aug. 4th - Strawberry/Rhubarb
- Aug. 11th - Apple
- Aug. 13th - Oregon Berry
- Aug. 18th - Peach
- Aug. 20th - Marionberry
- Aug. 24th - Make Mincemeat
- Aug. 25th - Mincemeat, Rhubarb
- Aug. 27th - Cherry

Invite a friend!





Cowboy Fellowship at Powell Butte Christian Church

Cowboy Fellowship is EVERY Saturday night in the Historic Chapel at 7pm.

August 6, August 13, August 20, August 27

***Mud Springs Gospel Group** here at Cowboy Church August 13th! You won't want to miss this concert!!



RightNow Media

Here comes a free gift from Powell Butte Christian Church. RightNow Media is a streaming library of more than 20,000 Bible study videos to use as a personal Bible study or for group settings.

PBCC Family Information Update and

Welcome Survey



Please fill out to update your information or let us know you attended or visited a service. Hold your phone camera over this QR Code and it will open up to google docs web page.

Where Is This??

Be the first person to identify where this picture is on the PBCC church campus and win a gift!! Email Jeanne at pbcc@powellbuttechurch.com

with your answer or come to the office and let her know!! Let's see if you know your church campus!!

(You might only be able to tell from the emailed version, so you can see the picture better and color.)

**Last month's picture was out in front of the Historic Chapel and the prize was won by Stephanie Proffitt!!*



OPERATION CHRISTMAS CHILD

This month's highlighted item is **School Supplies**.

This month we are needing **NEW school supplies**.

Crayons, pencils, pens, sharpeners, rulers, notebook, paper, colored pencils, or markers.

You can check your favorite store for these items on sale, Walmart carries a big supply

You can bring any item and put in the box, it doesn't have to be only this item.

This is the BEST time to pick up school supplies for your own boxes.



AWANA STARTING IN SEPTEMBER

Awana will be starting up again on September 13th, 2022.

Online Registration starting August 8th.

Registrations (hard copy) available at Jeanne's desk August 7th

Tuesday nights 6-7:30

Ages: 3 (must be potty trained, and parent must be willing to help) through entering 6th grade

Any questions: Contact Jenny H. at pbcc@powellbuttechurch.com

PBCC Nursery - Looking for Volunteers!



We are needing a few more people to care for our littlest of church goers.

If you are interested in volunteering to serve in the nursery, please contact Krissa H., Nursery Director.

541-548-3066

Missionaries & Missions PBCC Supports

- AWANA - Jerry & Angie Berheim
- Central Christian School - Men's Bible Study
- Child Evangelism Fellowship - Jim and Lorella Monroe
- Christian Motorcycle Association - Cliff & Terri Roper
- Dynamic Church Planters - Paul & Cathy Becker
- Fellowship of Christian Athletes - Randy Hutchins
- Frontiers- A Mission to Reach Muslims- Narnia
- Frontiers Third Culture Kids -Kaycee Robinson
- Gideons -
- Grace Networks - Cash & Lisa Lowe

- Pregnancy Resource Center- Prineville
- KMI Kingdomwork Ministries Intl'- DC Lundy
- K & K in Uganda - Powell Butte Christian Church
- McKinley Indian - Wayne and Vallerie Goodman
- Medical Teams International Dental Van
- Mission 4 Mexico -
- Perspectives - Ann Andrews
- Pioneer Bible Translators - Dwayne & Helen Rainwater
- Project Love - Tom, Mindy, Pam, DC, & Linda
- Samaritan's Purse - Operation Christmas Child

Lord's Acre 2022 Pie Baking

9 a.m. – Early Birds are welcome at 8:30

What To Bring? Rolling Pin, Apron (optional), Friend
*dessert provided



Crews Needed To:

Roll Pie Crusts & Assemble Pies (No experience needed)
Cleanup
Bag, Mark & Store Pies (after pies are frozen.)
Clean Large Oven (evenings or weekend)

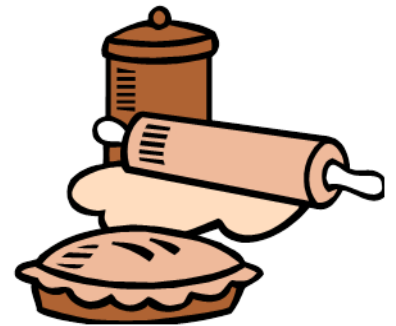
Children are welcome to come & play. Bring an extra rolling pin for them to play with pie dough trimmings. No childcare provided.

This is a wonderful opportunity for Christian fellowship.
All helping hands are welcome!

Questions?

Kristi D, Amber T. or Kristy C.

Thursday August 4 - Strawberry/Rhubarb
Thursday August 11 - Apple
Saturday August 13 - Oregon berry
Thursday August 18 - Peach
Saturday August 20 - Marionberry
Wednesday August 24 - make Mincemeat
Thursday August 25 - Mincemeat, Rhubarb, any leftover fruit
Saturday August 27 - Cherry



LORD'S ACRE PIES

We are still collecting donation supplies for Lord's Acre Pies. We need 25# all-purpose flour (nothing heavier than 25# bags). We have all the sugar needed for pies. But will still need more sugar for candy and cinnamon rolls. We also need butter (sticks) 66 lbs. and pecans (8 of the 2 lb. packages). Please drop by the office or leave in kitchen on the counter, with Lord's Acre written on it. Please notify Jeanne in the office of your donation.

Thank You for your dedication and support for this project!

“DID YOU KNOW?...”

Did you know that we have a sermon podcast? As Summer approaches and plans are made to travel over the various weekends in the next few months, we wanted to let you know that you can stay connected to the messages via podcast. The podcast files (each week's sermon) are available first on our website. On the front page, if you scroll down a bit, you'll see the files listed there. Just click on the one you want to hear and, voila!, you can stay up-to-date on our series in the Gospel of Luke. You can also go to other platforms where podcasts are published (Apple and Google) and subscribe to what we call our “Sunday Sermon Podcast.” Just search for “Powell Butte Christian Church” to find us.



From the desk of Suzan B., Life Skills Ministry Youth Coach

11 Common Problems of Adolescence, And Their Solutions Pt. 2

Clinically reviewed by Michelle Bowyer, MSW

Adolescence is a phase when children go through several changes as they journey from childhood to maturity. It is also a vulnerable time for children since they may experience several problems of adolescence, such as unhealthy behaviors, which may lead to significant problems later in life. Concerns about adolescent behavior are also common during this time, making it difficult for parents to connect with their children.

How To Deal with Common Problems of Adolescence

Adolescence is not an easy time for children or parents. The only way to deal with needs and problems at this age is to know about them and be ready to face them. Parent-adolescent conflicts that cause insecure and unstable feelings have a linear association with pubertal maturity. Understanding and dealing with these conflicts positively could help your child be more responsible and social (1). Here is our list of the most common problems, and their solutions that adolescents have to deal with.

4. Substance Use and Abuse

Teenagers are vulnerable and can be easily swayed to the wrong side. Substance abuse is one of the biggest problems that parents of adolescents around the world have to deal with.

- Peer pressure is one of the significant factors that drive adolescents to take up smoking and drinking or to do drugs.
- The tendency to take risk encourages most teens to try smoking or drinking even before they are of legal age.
- What may start as a 'thrill', can become a habit if it remains unchecked.
- If there is somebody who smokes or drinks at home, they can become your teen's role models.
- Poor self-esteem and the need to be 'cool' can push adolescents to smoke or drink.
- Easy access to substances like cigarettes, alcohol, drugs, and anabolic steroids may increase the temptation to try illicit substances.

Solution

- Keep an eye on your child's behavior. Look for erratic behavior and change in their appetite, sleep patterns, and moods.
- Do not spy on them or accuse them of any wrongdoing. Encourage them to talk and be honest. Tell them what your concerns are and discuss the problem with them.
- If your child is not willing to talk to you, the doctors can ask confidential questions to know if they are abusing any substances. Avoid going as far as a drug test, as that may come across as confrontational and threaten the child.
- If necessary, get your adolescent the appropriate treatment.

5. Educational challenges

High school is not all about fashion, friends, and parties. Children also have a lot of educational activities on their plate.

- Pressure to perform academically and obtain college admission can be stressful and make your teenager moody.
- Juggling school work, extra-curricular activities (must for college admissions) and chores at home can be tiring.
- Distractions at school can result in poor academic performance, which will add to the pressure

Solution

- Support your child's aspirations for college education as what they need is the encouragement to do well.
- You could cut down their household chores to enable them to focus on their school projects when needed.
- Nutrition and exercise can help them get the strength and endurance they need to get through the hectic high school period.
- If you feel your child is getting overwhelmed with his daily activities, cut down on a few tasks because adolescents still don't have the lung capacity of an adult and get tired sooner than a grown-up person.

6. Health problems

Adolescents are vulnerable emotionally and physically. Without proper nutrition and healthcare, they are susceptible to illnesses. According to a 2015 WHO report, 1.3 million adolescents died in 2015, a majority of them had preventable diseases.

- Teenagers have a hectic schedule as they hop from one activity to another with little time to eat or rest properly. Unhealthy eating habits prevent them from getting the nutrition they need.
- Consciousness about their body can lead to eating disorders, especially in girls. Adolescent girls who worry about their weight and appearance can develop disorders like anorexia or bulimia.
- Stress can also lead to loss of appetite and sleeplessness in young children.
- Unhealthy eating habits and a less active lifestyle could also lead to obesity – this is often the case when your child consumes a lot of empty calories through fast food and sodas.

Solution

Parental guidance can help abate health problems in adolescence to maintain a healthy lifestyle. Lead by example and encourage your children to eat healthy food, exercise right and sleep on time.

- Ensure they get nutrition through their meals. Give them a balanced diet.
- Be there for them emotionally and physically as this will help them deal with any possible disorders.

Look for "11 Common Problems of Adolescence Pt. 3" in the September 2022 PBCC Newsletter.

Camps at Wi-Ne-Ma 2022





AUGUST 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Office Hours in August 10am-2pm	1 Elders Mt. 6:30pm	2 Lord's Acre Crafts 9am	3 Men's Bible Study 7am	4 Lord's Acre Crafts 9am	5 OFFICE CLOSED	6 COWBOY CHURCH Potluck 6pm SVS at 7pm
7 Worship Services*	8 Ladies Quilting 9am Deacons Meeting 6:30	9 Ladies Quilting 9am Lord's Acre Crafts 9am	10 Men's Bible Study 7am	11 Lord's Acre Crafts 9am GOT Meeting 6:30pm	12 OFFICE CLOSED	13 COWBOY CHURCH 7pm
14 Worship Services*	15 Ladies Quilting 9am Board Mt. 6:30pm	16 Ladies Quilting 9am Lord's Acre Crafts 9am	17 Men's Bible Study 7am	18 Lord's Acre Crafts 9am	19 OFFICE CLOSED	20 COWBOY CHURCH 7pm
21 Worship Services*	22 Ladies Quilting 9am	23 Ladies Quilting 9am Lord's Acre Crafts 9am	24 Men's Bible Study 7am	25 Lord's Acre Crafts 9am	26 OFFICE CLOSED	27 COWBOY CHURCH 7pm
28 Worship Services*	29 Ladies Quilting 9am	30 Ladies Quilting 9am Lord's Acre Crafts 9am	31 Men's Bible Study 7am	<p>*Worship Services: Saturday Night Cowboy Church - 7pm SUNDAYS: 9:00am Outside on the lawn - In person 11:30am Historic Chapel In person & online</p>		



August Birthdays



Not Available
on the Internet

