

13720 SW Highway 126 PO Box 2 Powell Butte, OR 97753 (541) 548-3066 RETURN SERVICE REQUESTED

JULY NEWSLETTER 2020



YOUTH & WELL INFO

Forged Youth

Like the rest of you we have been taken for a loop by the unprecedented circumstances we have found ourselves in over the last several months. Everything from the stay at home order, to the cancellation of the school year, to the on going civil unrest and protesting will prove to



be a landmark in the lives of our youth. We at Forged youth are determined to be a place where your students can come and learn about the life altering love of Christ.

Unfortunately all of our Summer camps have been cancelled along with most other Summer programs. We are working diligently to figure out how to start youth group up again safely and wisely as well as trying to organize some events throughout the Summer so that our students can reconnect and have fun! If you want to stay connected email Pastor Ethan, and I will add you to the youth ministry calendar. Once we have more info on starting back up we will be informing body.



The Well

The Well is starting slowly to get rolling again. Unfortunately The Hub where we had been meeting for the last year is closing down, so for now we are meeting Sunday's at 5:30pm in the youth room at the church.

Questions?? Contact Pastor Ethan



GriefShare- Summer Support

How do you work through grief during a pandemic? GriefShare experts offer helpful insights on how to cope with current social restrictions and anxieties, and what Scriptures to turn to for guidance. The Summer Support series includes brief videos and questions you may be facing today. The last 3 will be offered starting June 25.

You can access the video for free by

visiting the following site and creating a login. <u>griefshare.org/my</u> Then call or email me and I will send you the questions to think about for each session. Praying for you as God heals you during this season of grief. Questions contact Ann A.

Summer Support series topics include:

• COVID-19 & Grief • Anxiety & Grief • Dealing with Loneliness

Establishing a New Normal After Grief-

Addressing these topics will be GriefShare experts you've come to trust, such as Brad Hambrick, Sabrina Black, Norm Wright, Linda Mintle, Ramon Presson, Robert DeVries, and Susan Zonnebelt-Smeenge.

Supporting Teenagers and Young Adults During the Coronavirus Crisis

Excerpts from an article By Caroline Miller

Having teenagers confined to home during the coronavirus crisis may not be as labor-intensive as being holed up with small children, but it definitely has its challenges. While younger children may be thrilled at the prospect of having parental attention 24/7, adolescents are likely to feel differently.

Here are some tips for parenting teenagers (and young adults suddenly home from college) during this time. Emphasize social distancing

The first challenge with teens and young adults may be getting them to comply with the guidelines for social distancing. Teenagers tend to feel invincible, points out David Anderson, PhD, a clinical psychologist at the Child Mind Institute, and they may think that the new coronavirus is not as problematic for their age range as it is for older people. Parents are reporting a lot of pushback when teens are told they can't go out and get together with friends. "They want to see their friends, and don't see why the social distancing should apply to them," says Dr. Anderson. Parents are asking what to tell them. "Our answer is that exposure to this virus is an exponential thing, and that it's not really about them," says Dr. Anderson. "It's not really about the fact that they feel fine. It's the fact that they could be asymptomatic carriers and they could kill others, including their grandparents." One thing to emphasize, he adds, is: "You just can't know that your friends are well. And while you may be comfortable taking that risk, you're also bringing that back in your house."

It's also important to help your teenagers understand that no one really knows yet how the coronavirus affects people of different age groups - contracting the virus might be very dangerous for your teenager, even though the facts are still unclear.

Understand their frustration over not seeing friends

For teenagers and young adults, friends are hugely important, and they are supposed to be – bonding with peers is one of the essential developmental tasks of adolescents. If your teen is sulking about being stuck at home with parents and siblings, a direct conversation might be helpful, says Rachel Busman, PsyD, a clinical psychologist at the Child Mind Institute.

Acknowledge that you know it's frustrating for them to be cut off from friends. Listen to what they're feeling, validate those feelings and then be direct about how you can work together to make this situation bearable.

Loosening rules about time spent on social media, for instance, will help compensate for the socializing time lost with school closings. Encourage them to be creative about new ways to interact with their friends socially.

Validate their disappointment

For many the most painful part of the coronavirus crisis will be losing important experiences: high school sports seasons, proms, theater productions, high school, and college graduations. And while we're all missing out on very valued activities, adds Dr. Anderson, "it's especially problematic for teenagers who are wired in their brains to think about novelty and pleasure seeking and seeking out new frontiers to be limited in this way."

Give them room to share their feelings and listen without judgment (or without reassuring them that everything will be fine).

Some will be worried about missing activities expected to help them with college applications and scholarships. Kids are understandably wondering how this will affect their futures. Again, give them room to share how they are feeling and acknowledge the real stress they may be under. Then express confidence in your child's ability to rebound.

Help them practice mindfulness

Mindfulness techniques can be very helpful in this kind of situation, where our routines are disrupted and we may feel overwhelmed by frustration and disappointment. Mindfulness teaches us to tune into our emotions in any given moment and experience them without judgment.

In what's called "radical acceptance," we let ourselves sit with our emotions rather than fighting them. As Joanna Stern, PsyD, a clinical psychologist at the Child Mind Institute, explains, "You tell yourself it's okay to feel anxious right now. It's okay to feel scared. It's okay to feel angry. You're accepting the feelings you have and validating them because we're all having those feelings. It's really important that you accept them as they are rather than fighting them."

In other words, says Dr. Stern, "We say to ourselves: 'This sucks, and I'm going to be sad about it, and I'm going to be angry about it, and I'm going to feel anxious about it,' or whatever it is. This then allows us to move on and say, 'Okay, so now what needs to be done?'"



NEW OUTSIDE SERVICE STARTING

Beginning July 12th, Powell Butte Christian Church will be offering a 9:30 service on Sundays. This service we'll meet outdoors on the west lawn, provided we have good weather. For days that may be too wet or windy, we will be meeting in the Historic Chapel.

So bring your own lawn chairs, your family, your coffee, and join us for a unique worship experience. This would be a great opportunity for families with children to come and worship together.

For questions or concerns, please contact Pastor Trey. You will need to let us know that you're coming- as is the case with our other services - but, being outdoors, we can accommodate many, many more people at this new service so there is no worry about running out of room. You can fill out a "save my spot" notice by going to our website and clicking on the reservation link.

Men's Wednesday Bible Study Starting Back Up

It is time to start back to Men's Wednesday Bible Study!! It will be starting up July 8th at 7am outdoors! Eat BEFORE you come, bring your own coffee. Questions? Contact Pastor Trey.

Children's Church NEWS!

Starting July 5th Kingdom Kids Children's Church will be starting back up at the 10:30am service. The kids will be outside, so there will be plenty of room to spread out! They will also have shade canopies for the kids! Questions? Contact Jenny H.





Perspectives on the World Christian Movement will be offered at Desert Song Church in Redmond, Oregon 6-9 PM, Tuesday's September 1 – December 15, 2020

Great things happen when our hearts align around God's global purpose. Perspectives will take you on a journey of seeing God's covenant throughout <u>Scripture</u>, exploring God's global purpose of redemption through <u>History</u>, expanding your understanding of reaching across <u>Cultures</u>, and engaging <u>Strategically</u> in the present work He is doing here and around the world.

If you are interested in learning more about this great disciple class, please contact me! Members of PBCC will receive a \$75 rebate when they complete the class. Sign up today at <u>www.perspectives.org</u> and receive a \$25 early bird sign up bonus!

ORIENTATION AND THE FIRST 2 NIGHTS ARE FREE

Call me today for more information: Ann A.

Missionaries & Missions PBCC Supports

AWANA - Jerry & Angie Berheim Africa Inland Missions International - Mary Lange Central Christian School - Men's Bible Study Child Evangelism Fellowship - Jim and Lorella Monroe Christian Motorcycle Association - Cliff & Terri Roper Dynamic Church Planters - Paul & Cathy Becker Fellowship of Christian Athletes - Randy Hutchins Frontiers- A Mission to Reach Muslims Gideons - Dale & Marlene Pedersen Grace Networks- Cash & Lisa Lowe Hope for the Nations - Chris & Debbi Blair Pregnancy Resource Center- Prineville KMI Kingdomwork Ministries Intl'- DC Lundy K & K in Uganda - Powell Butte Christian Church McKinley Indian - Church of Christ Medical Teams International Dental Van Mission 4 Mexico - Mario Cervantes O.C.E.F. - Jim & Lorella Monroe Perspectives - Ann Andrews Pioneer Bible Translators - Dwayne & Helen Rainwater Project Love - Tom, Mindy, Pam, DC, Linda, Becky & Dean Samaritan's Purse - Operation Christmas Child

Kingdomwork Ministries International April, May, June 2020 Newsletter

From March 2020 newsletter: None of us know what the future holds. We DO know that God is still on His throne and that Jesus is at His side interceding for us. As the song says, "All my hope is in Jesus..." That certainly echoes my heart. Sooooooo, what will KMI be doing for the remainder of 2020. First, we will continue to pray. "Nothing happens without prayer." I still firmly believe in the power of prayer. Our prayers offered to God asking for His perfection according to His will for all situations is my daily prayer. Please pray for the Lord to grant us wisdom and an extra portion of His Spirit as we seek Him in how we should move ahead. I recently saw a Facebook post & photo by one of my former students. She was talking about her oldest so who races dirt bikes. With permission to share from M, here is part of the posting: "This here is my 25 year old today. We got to go watch him tear up the track this weekend. The thing is I was happy out there because this is what brings L. joy. Proud of him, so proud! We have spent many, many years doing this right here with him. Love!" I was deeply touched by this post for several reasons. First, having known M. for most of her life, I am very proud of the mother that she is to her boys. Her support started the moment her firstborn was conceived and will continue through eternity. Second, I am honored to see a mom go to the dirt bike track time and time again knowing that risk of injury is just around the nest corner...possibly right before her very eyes. And third, doesn't M's unconditional love for L. remind you of how God must feel about His children: us? When we find the "zone" of what He has in store for us and then go for it, full throttle, I think that our joy brings Him great joy. M, as L.'s joy brings you great joy, your joy brings God great joy.

(And truly it brings great joy to me as well.) It would be easy to sit around and whine about the current situation in the USA and around the world, but that's just not very productive. Instead, we at KMI have chosen to keep in touch with the different overseas ministries we partner with and have taken more time to support our local ministries as well. We have sponsored fundraisers for the folks at K & K, the Koromajong,

Ministries and The Hope and Healing Center Hospital in Iganga to help overseas. In the meantime, we have looked ahead to winter and purchased our first load firewood logs for the needy next winter, sponsored two donations to Shepherd's House, helped with two food banks, and helped some specific individuals here in their time of need. All that to say that we are not just rolling over and playing dead. We do not have our head in the sand, and we are not "looking the other way." That isn't in the cards for KMI. The Board of KMI recently met via technology and made financial budgetary changes to help impact positively those in the most severe need. On a personal level, Pam and I have pretty much remained at home on the farm. We start out each day with a cup of K & K coffee as we have our morning devotional followed by our personal Bible study. We finished Job and are now going through Jeremiah. Both are significant of course or they wouldn't be in the Bible. Job is a man of great faith. Even in the midst of the removal of blessings and the allowance of damage by God, Job NEVER denied his love for God and even said that even "though He slay me" that he would remain with God. I pray that someday I can have 1/10th of that faith.

Like everyone else---except the Lord of course---we don't really know what the near or distant future holds. We simply put our trust in the One who know everything. As of now we have not yet cancelled the Sipi Pastor's conference scheduled for October. There are a lot of variables that would have to come about in order to go, so we will wait on the Lord and see. NO other plans have been made for going to Uganda but "we never know!" The folks at K & K and the surrounding areas such as Atari and Ngenge are doing O.K. So far, the locusts have not been a huge problem, they have had rain, and there is no Covid in the area. We pray that it stays that way. Initially we sent funding for 6 months' worth of food for the villages and students in the rather large area that we work with and support. The Amazing Grace church, under the supervision of Pastor Mike and his wife Phylis, have done 3 food dispersals, all in small groups or individually to meet Ugandan government codes and regulations. It is our hope that the food will last through August. The government has recently recanted on the opening of certain grades of school. They are not ready countrywide for that to happen. Masks, transport, students traveling across the country with parents, and lack of funding all play a part in their decision. They are truly trying to prevent an outbreak in the rural areas as the medical care in those areas is nearly non-existent. We are making plans to move forward with the construction portion of the two steel frame dormitories that were erected in February when we were there. We should be able to wire funds over this coming week. Thank you for your prayers and support. We continue to help in ways that we can, for as many people as we can. If you ever have specific questions, please don't hesitate to call me at. I would love to answer your questions and deal with any concerns that you might have. Or, if you just want to know what is going on give me a call and we can shoot the breeze about God's calling for KMI. We love you and are thankful for each of you and your heart for following the Lord Jesus Christ. Your relationship with Him is the most important thing of all. Keep that solid and tight. Keep Him first in everything. THAT, will bring Him and you true joy. If you don't believe me, ask M. Believe me: she knows!

Powell Butte Christian Church 13720 S HWY 126, Powell Butte, OR, 97753 541-548-3066 www.powellbuttechurch.com



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
*Worship Services: Saturday Night Cowboy Church - 7pm SUNDAYS: 8:30 & 10:30 AM -In person and online service. 11:30am Historic Chapel Service *(note time change)		1	2 Lord's Acre Crafts 9am	3 OFFICE CLOSED	4	
5 Worship Service*	6 Ladies Quilting 9am	7 Ladies Quilting 9am - 3pm Lord's Acre Crafts 9am	8	9 Lord's Acre Crafts 9am	10 OFFICE CLOSED	11 COWBOY CHURCH 7pm
12 Worship Service* 9:30am Outdoor Svs	13 Ladies Quilting 9am	14 Ladies Quilting 9am Lord's Acre Crafts 9am	15	16 Lord's Acre Crafts 9am	17 OFFICE CLOSED	18 COWBOY CHURCH 7pm
19 Worship Service* 9:30am Outdoor Svs	20 Ladies Quilting 9am	21 Ladies Quilting 9am - 3pm Lord's Acre Crafts 9am	22	23 Lord's Acre Crafts 9am	24 OFFICE CLOSED	25 COWBOY CHURCH 7pm
26 Worship Service* 9:30am Outdoor Svs	27 Ladies Quilting 9am	28 Ladies Quilting 9am Lord's Acre Crafts 9am	29	30 Lord's Acre Crafts 9am	31 OFFICE CLOSED	





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Don't see your birthday or anniversary listed here? Call the office at 541-548-3066 and give us your birthday and/ or anniversary so we can add it to our list!